

How to FALL ASLEEP, - We came across the following receipt for wake-fulness, yesterday, and publish it for the benefit of "all whom it may con-cern." Says the discoverer of the pro-cess: I turn my eyeballs as far to the right or the left, or upwards, or down-wards, without pain, and then com-mence rolling them slowly, with that divergence from a direct line of vision around to their seckats, and continue this until I fall asleep; which occurs generally within three minutes, always within five at most. The immediate ef-fect of this procedure differs from that of any other that I have ever heard to

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