

Hon. W. H. Sebring, late Brigadier General of the Florida State Militia, also ex-County Judge of Levy County, Florida. This prominent gentleman in a letter from 133 West Fourth street, Jacksonville, Florida, writes

"I can cheerfully recommend your valuable remedy, Peruna, as a very excellent tonic, and also good for coughs, colds, catarrh and general debility."-W. H. Sebring.



ed a day. Hon. D. Y. Corbin, is ex-United States Senator and cousin of Adjutant General Corbin of the United States Army. Judge Corbin is one of the best known lawyers in Chicago and stands high professionally and socially. The following endorsement coming from such a man cannot help but add weight and importance to the thousands of testimonials from the hum-bler walks of life:

dangerous and should never be neglect.

There Is No Remedy Known to the Medical Profession That is Used and Endorsed By So Many Men of National Prominence and Undoubted Integrity.

DESERET EVENING NEWS: SATURDAY, FEBRUARY 27, 1904.

A great many remedies to temporar-ily relieve catarrh have been devised from time to time, such as sprays, snuffs, creams and other local applica-tions, but, as a rule, the medical profession has little or no enthuslasm in the treatment of catarrh.

It is generally pronounced by them to be incurable.

It therefore created a great sensa-tion in medical circles when Dr. Hart-man announced that he had devised a compound which would cure catarrh permanently. The remedy was named Peruna and

in a short time became known to thou-sands of catarrh sufferers north, south, east and west.

Letters testifying to the fact that Peruna is a radical cure for catarrh began to pour in from all directions. Thousands of such letters are on file in the office of The Peruna Medicine

In every city and hamlet of the land the phrase that Peruna cures catarrh wherever located has become almost an axiom.

Peruna is a specific for all catarrhal diseases. It acts quickly and bene-ficially upon the inflamed mucous membrane thus removing the cause of catarrh. Catarrh is catarrh wherever located.

Catarrh is essentially the same everywhere. The remedy that will cure ca. tarrh in one situation will cure it in all situations.





CATCHING COLD. How Prevented-How Cured-By the Renowned Medical Author and

Physician, Dr. Hartman.

Catching cold is really the acute stage of catarrh. A sudden chilling of the surface of part of the body drives the blood to the interior of the body, and its presence in unusual quantitles causes temporary congestion of some organ, which may continue long enough to produce the disturbance cal. led "a cold." The mucous membrances of the respiratory tract are oftenest damaged by this rush of blood to the warmer parts of the body because of their loose structure, which affords little or no support to the delicate vessels turgid with an unusual supply of blood. Peruna acts directly on the vasa-motor system of nerves, which give tonicity to these overcrowded vessels, and enables them to regain their usual elasticity, and thus prevent further derangement. Chronic catarrh is so undoubtedly and directly the result of an ordinary cold that it would be quite correct to call chronic catarrh a settled or old cold. At least one-fourth of the inhabitants north of the fortleth degree of latitude are more or less afflicted with catarrh in some form. To say that this vast multitude of people is miserable is only to give a mild statement of the

An Oounce of Prevention is Worth a Pound of Cure.

case.

The treatment of colds ought to begin with the appearance of the first symp-Since a cold has the invariable effect of producing congestion of some mucous surface, the remedy for it ought to operate there also. The compound, Peruna, was devised with especial ref-erence to this effect. It operates by in-creasing the circulation in the mucous nembrances of the whole body, and, no matter where the cold may have settl-ed, whether in the head, throat, lungs, kidneys or urinary organs, Peruna will immediately relieve the congested membrane and stop the discharge.

There is no fact of medical science better established than that a teaspoon-ful of Peruna before each meal during the winter season will absolutely pro-tect a person from catching cold. Now if this is true (and there is no doubt of it, thousands of lives would be saved, thousands of - 01 chronic catarrh prevented, by this sim. ple precaution within reach of every one

The day was when men of prominence hesitated to give their testi-monials to proprietary medicines for publication. This remains true today of most proprietary medicines. But Peruna has become so justly famous, its merits are known to so many peo-ple of high and low station that no one hesitates to see his name in print rec-ommending Peruna. The highest men in our nation have

given Peruna a strong endorsement. Men representing all classes and stations are equally represented. The most distinguished men of the

United States have no hesitation in lending their influence to assist in let-ting the people know of the virtues of Peruna. Nearly one-half the people are in some degree affected by catarrh. Therefore it is almost a national curse and it is of national import that the people should know of Peruna. Catarrh is an American disease. Pe-

runa is an American remedy. Catarrh is the result of changeable climate. Peruna is the result of long and careful experimentation. Catarrh enters the system through the nerve-centers. Peruna enables the nerve-centers to repel and expel catarrh from the system. Catarrh is a systemic disease, cura-ble only by systemic treatment. A remedy that cures catarrh must aim directly at the depressed nerve centers This is what Peruna does.





gives his exerpience with Peruna in the following words "Some time ago I contracted a severe cold which settled on my lungs and in my head. I tried many remedies, all of which gave me no relief. I concluded that my case was catarrh of the head and lungs,

and seeing Peruna so highly recommended I began using it, experiencing the very best results from the first bottle. I continued using Peruna for a short while, and have never felt the least symptoms of catarrh since. Peruna is certainly a good medicine, and deserves the highest praise which is given it by the General public."-W. G. Durham, Greensboro, Ga.



"Two years ago I had a serious at-tack of Is grippe, which seemed to baffle the physicians, and I was unable

a continual settled cold in the head,

throat, or chest; discharges grow thicker and more offensive, loss of flesh, despondency, loss of appetite, headache or cough, and general lassi-

Now this is about the order in which

symptoms of chronic catarrh make their appearance, and if the sufferer is

fortunate enough to find a cure the

symptoms will begin to disappear in exactly the reverse order. There may

be at first no perceptible improvement

in the earliest symptoms, while the lat-

ter symptoms show prompt improve-

givings, I can assure you.

hand.

tude.

ment.

eases, is a cold.



Colds are considered one of the necessary ills of life. One is liable to catch cold both summer and winter. Very often a cold is the starting point or cause of a lengthy and dangerous any sort of local treatment. A catarrhal disease. Colds are always is known by every physician.





John V. Wright, Law Department, General Land Office of Tennessee, in a letter written from Washington, D. C., says the following of Peruna for catarrh:

"I have used Peruna in my family and can cheerfully recommend it as being all you represent, and wish every one who is suffering with catarrh, general debility or prostration could know of it. I would advise all such to take it in time and forestall the terrible consequences, I regard it as a most valuable remedy and most cheerfully recommend it."-John V. Wright.

use of Peruna been a blessing to those troubled with catarrh. So many of my acquaint-ances have been cured and benefited y its use that its curative qualities hould be generally known. I do not hesitate to recommend it as the best remedy yet discovered for that dis-ease."—D. Y. Corbin, 916 Chicago Opera House, Chicago, III.

There are two things that the whole medical profession agree about con-cerning catarrh. The first is that catarrh is the most prevalent and omnipresent disease to which the people in the United States are subject. All classes of people have it. Those who stay in-doors much and those who go out-dors much.' Working classes have it and sedentary classes have it. The doctor finds catarrh to be his

constant and ever-present foe. It complicates nearly every disease he is called upon to treat. The second thing about catarrh on which all doctors agree, is that it is

difficult to cure it. Local remedies may give relief but they fail to cure permanently. Sprays or snuffs amount to little or nothing except to give temporary relief.

Catarrh a Systemic Disease.

Catarrh is frequently located in inter-nal organs which cannot be reached by any sort of local treatment. All this



Silas Hare of Sherman, Texas,

was born in Ross county, Ohio, removed to Hamilton, Texas, when thirteen years of age. Served one year in the war with Mexico. Was Chief Justice of New Mexico in 1862. Practiced law in Indiana in 1850. Settled in Sherman, Texas, in 1865. Was District Judge, and was elected to 50th Congress, was defeated by Hon. Jo-seph W. Bailey, now United States Senator from Texas. Is the father of Major Hare, who served with distinc-tion in the Philippine War. This dis-

tinguished gentleman in a letter from the Hamilton House, Washington, D. C., says: "I earnestly recommend your Perua to all persons suffering with catarrh or nervous disorders. I am satisfied that it is a good and wholesome remedy."-Silas Hare.

Approach of Catarrh Not Always Noticed.

Catarrh is silent and insidious in its ravages, but it pervades nearly every household and hovers like a pestilence over every hamlet and city in our land. Catarrh (and its legitimate conse-

quences) has desolated more hearth-stones, made wretched more happy lives, and ended more brilliant careers than all other diseases combined. Catarrh may end in deafness, blindness, loss of smell, loss of taste, or the

entire loss of voice. Diphtheria, bronchitis, pneumonia, consumption and pleurisy began alnost always as the result of a catarrhal attack.

The worst forms of dyspepsia and Bright's disease of the kidneys are also the direct consequence of neglected cases of acute catarrh.

Even when the victims of acute catarrh escape all of the above men-tioned liabilities, there remains the great probability of its ending in hronic catarrh.

The only hope of success in the permanent cure of a case of chronic catarrh is to devise some remedy that stimulate the nerves which supply the capillary blood vessels.

There is but one remedy that has this most desirable effect, and that remedy is Peruna. this most Peruna is not a temporary palliative,

but a radical cure. It is the only reliable internal remedy ever devised to cure any case of catarrh, however long the case may have been standing.

To devise some systemic internal remedy which would reach catarrh at

its source, to eradicate it permanently from the system-this has been the desire of the medical profession for a long time. Forty years ago Dr. Hartman confronted this problem. He be-lieved then that he had solved it. He still believes he has solved it. He cures thousands of people annually. During all these years Peruna has been the remedy upon which he has relied. There is but one remedy that has the diesirable effect, and that remedy is

Peruna. Peruna, is now to be found in every drug store and nearly every home in the land.

A Cold, the First Step Toward Chronic Catarrh.

After a cold has been contracted a teaspoonful of Peruna every hour will shortly cure it leaving no trace of it be-After chronic catarrh has be hind. come established, or the first stages of consumption have been reached, it will take much longer to effect a cure. It seems strange that as well known and as well established as these facts are that anyone should neglect to profit by them, and yet no doubt there are many who pay little or no attention to them and go on catching cold, acquiring

chronic catarrh and consumption. Peruna kept in the house and properly used will therefore not only act as a safeguard against the ailments which result from sudden cold waves. but will also prove a sure remedy for this class of ailments.

Pe-ru-na Cannot Be Imitated.

Some things may be successfully imitated, but Peruna cannot be. Every one purchasing Peruna should look out imitations. Examine each package carefully. If you have ever used Peru-na or if you have ever tasted it, you are not in the slightest danger of be-ing misled by these imitations, but all those beginning the use of Peruna should beware.

Beware of imitations. Believe no one who tells you that he has a remedy that is making the same cures that Peruna is making.

If you have any doubt as to the genuineness of the bottle of Peruna you are using, write to Dr. Hartman and the fraud, if there be any, will soon be detected.

The Tenacious Character of Chronic Catarrh.

Perhaps the majority of physicians believe chronic catarrh to be incurable but no wonder. It is a hard disease to cure. Many physicians cannot cure it, at least only temporarily. A very few have had the extensive experience to cure catarrh permanently.

Among these few stands Dr. Hartman. His fame in curing chronic ca-tarrh is known far and wide. His principal remedy is Peruna. He has used this remedy for nearly 40 years. It

cures catarrh permanently-old cases slowly but surely; new cases quickly and lastingly. There need be no failure. Coughs, colds, la gripple, influenza, bronchitis, and all diseases of the throat, chest and lungs are promptly curable by Peruna

As a remedy for winter diseases it has no equal.

Men of Prominence Do Not Hesitate to Endorse Pe-ru-na.

Over fifty members of Congress, twenty-eight Generals of our Army, Governors, Admirals, Mayors, prominent lawyers, physicians, business men, club men, literary men and scholars of prominence and many other men of

national reputation endorse Peruna. Thousands of people in the humbler walks of life use it as a family medi-cine. Used once in the home it always stays. Almost all the diseases of win-ter are due to catarrh: Peruna cures catarrh wherever located.

Promptness of Pe-ru-na Unequalled. Peruna can be relied upon to cure slight colds and coughs and other catarrhal ailments with a promptness that is unequaled by any other reme-

It first invigorates the system in creases the appetite, then the patient begins to gain flesh, hope takes the place of despondency, and all the mishievous symptoms which the chronic catarrh has produced will disappear one by one in the reverse order of their

appearance. It has cured thousands upon thousands of this harrassing and distressing malady.



JUDGE W. H. PARSONS.

W. H. Parsons is ex-State Senator and ex-Special Judge of the Supreme Court of Texas, also Brigadier-General in Confederate Army. In a recent let-ter from 925 H street, N. W., Washington, D. C., this prominent gentleman says:

"Upon the recommendation of personal friends and many strong testimonials as to the efficacy of Peruna in the treatment of the numerous symptoms of the grippe with which I have been afflicted for four months past, I have been induced to undergo a treat ment with this justly celebrated formula. I feel a decided change for the better after using it only one week. It is especially good in toning up the stomach and has a decided effect upon

my appetite. I therefore feel much encouraged that I am on the road to complete restoration.

"My numerous friends in Texas,

where I have had the honor to command a brigade of herV eteran Cavalry in a four years' war, may accept this voluntary testimonial to the merits of Peruna as a sense of obligation on my part for its wonderful efficacy." W. H. Parsons.

Catarrhal Symptoms Vary According to Their Location in the Body.

Every organ of the body is liable to catarrh. Symptoms of eatarrh differ according to the part affected. If the catarrh is confined to the nose the symptoms will be sneezing and mucous discharges, or the formation of dry scabs, corresponding to the stage of the disease

When in the pharynx it causes hawking, enlarged follicles and tonsils, and sometimes deafness. In the larynx it produces horseness, and often loss of volce. As soon as it reaches the traches bronchial tubes, cough, with and abundant mucous expectoration, ensues, Upon reaching the lungs catarrh speedily causes consumption, and all of the symptoms of that dread disease follow sooner or later. Catarrh also at-tacks the urinary tract, producing in the kidneys "Bright's Disease," in the bladder chronic cystitis, and in the urethra small, frequent and painful mic-turitions. Peruna is a specific for cat-arrh wherever located and in all stages. Catarrh is capable of changing all the life giving secretions of the body into scalding fluids, which destroy and in-flame every part they come in contact with. Applications to the places affect. ed by catarrh can do little good save to soothe or quiet disagreeable symptoms Hence it is that gargles, sprays, atom. izers and inhalants only serve as tem porary relief.

If you do not derive prompt and sat isfactory results from the use of Pe-runa, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of

The Hartman Sanitarium, Columbus,

to attend to my office work and it ser-iously interfered with my routine of business. One of my students who had been cured and benefited by using Peruna advised me to try it, and act-on his advice I did so, but with mis-"I was heartily surprised to find that a change for the better set in almost as soon as I had finished the first bottle and I was able to take up my work again in a week, and in two weeks I had entirely recovered my good health. Peruna is well deserving of praise." --William Farr. The Season of Catching Cold. The season of catching cold is upon us. The cough and the sneeze and the nasal twang are to be heard on every The origin of chronic catarrh, the most common and dreadfull of dis-The order in which the symptoms of chronic catarrh occurr are nearly al-ways as follows: A cold which hangs on longer than usual; a sensitiveness of the air passages, by which one catches cold easily





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Judge H. Henry Powers, of ermont, writes from Morrisville, Vt.: "Peruna I have used in my family with success. I can recommend it as an excellent family remedy and very good for coughs, colds and catarrhal affections."-H. Henry Powers.

