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CHARLES W. PENBOSE, EDITOR. WEDNESDAY, - JAN. 9, 1884

THE PRESERVATION OF HEALTH

WE understand that at the Bishop's meeting, held last evening, the "Word of Wisdom" was the topic of some discussion. It appears somewhat singular, in view of the plainness of the revelation (section 89 of the Book of Doctrine and Covenants) on the subject, that there should be any particular difference of 'opinion upon the subject.

Strong, and hot drinks are designated as not good for man, except that the former are beueficial for outward application, in the washing of the body. It is stated by individuals who were personally acquainted with the Prophet that "hot drinks" had special

Prophet tant "not units" hat spectas reference to tea and coffee, but doubt-less included the general principle that any hot liquid taken into the stomach had an injurious effect, a fact attested by many emluent physiclans. Meat, according to the "Word of Wisdout" should be used but sparing-ly, and it is even better that its con-sumption as an article of food should be confined to times of cold and fam-ine. Tobacco is declared to be injuri-ous to man, and should be applied to bruises and as a remedy for sick cattle. While a few articles are named as tending to deteriorate the physical health of markind, the bountless which can be used to build up, sustain and enliven the body are almost boundless in extent and variety, being practically without limit. The "Word of Wisdom" should not be viewed through technical spectacles but in accordance with its spirit and intent. It is not merely the rigid obser-vance of the admonition of the Lond that should be sought, but a temperate and wise course of life and compliance with all the command mdutsthat will se-cure the promises portrayed in the re-velation. A man may conform to the etter of the revelation and rward, because he may in some other respects fail miserably in preserving his body from influences that diminish the health. If he refirain from partak-ing of all the injurious materials speci-ally named, and yet engage in physical or mental labor beyond his powers of endurance he will break down. If he seme, as also if he be guilty of ex-cesses in directions not specified. We have seen numerous instances litustrative of the principle we are now trying to explain. The failure of the realization of the promises was be-course of the spirit, although not in the letter of the revelation. The summit of mere technical observ-ance is reached when a person imagines he can oomply with a principle we are not pring men. These are exhibited prob-ably as in mich in the adulteration of ta-so on the spirit, although row far such designs may yet be carried we are not p

their resumption or adoption being generally an indication of a disposition to pander to the physical appetites at the spirit of the Lord, which speaks peace and teaches restraint to the soul of man. Not only should men and women act

Not only should men and women act throughout life in harmony with the principle of an existing imperative duty to preserve their bodies from every species of contamination, but teach their children to be imbued with this important idea. In this matter example is all-important. The rebuke of a parent to a child, for instance, for the use of tobacco while the admonish-er is whiffing the fumes of the weed in regular puffs is not entitled to any ap-preciable degree of respect. There are doubtless people, how-ever, of advanced years, who have been so long addicted to certain habits that they feel it almost impossible to totally break them off. Such individu-als are not to be frowned upon, as weak-ness in some form is the common lot of humanity. But when such is the case the teaching of the young by those per-sons should be tinged with au expres-sion of regret at the advisor's inability to comply with the letter of the pre-cepts tendered. All excesses are foreign to the letter and genius of the Gospel, and while on this point it may be well to state that while those who "drink with the drunken" or engage in the business of dispensing "liquid fire" to their fellow creatures may hold a technical stand-ing in the Church and be nominally within its pale, they are virtually out-side of its spirit.

IN MEMORIAM.

THE following well deserved tribute to Utah's deceased friend, Gen. Thomas L. Kane, is taken from the columns of the Philadelphia Americant

L. Kane, is taken from the columns of the Philadelphia American: General Thomas L. Kane (brother to Dr. Kane, the Aretic explorer), who has just a man much out of the ordinary, and so nearly a realization of the cheralier sons peur et sans reproche as to deserve not merely the meagre regard of this paragraph but a full and just biography. He had early enthusiasms for bettering the condition of markind, and with a singular carnestness and freshness of spirit he held fast to them to the end. At sixteen he went to England, where he would have inheritate a consider and freshness of spirit he held fast to them to the end. At sixteen he went to England, where he would have inheritate he came home to organize a society of young re-formers in politics and philanthropy. Out of this he emerged because, in spite of family and social ties in the opposite direction, he was drawn to the eide of anti-slavery; and when in 1850 the Fugilive Slave Law was en-acted, he resigned his position asUnitedStates for its execution. In the following year it was that Costaer Hanway and the other par-ties charged with "trasson" in the fugilive-slave riot at Christiana were tried before his father, Judge Kane, in the United States District Court; and it was he, the son, who aided in their defence, and provided them an hadsome Thanksgiving Day dinner while the went to Salt Lake City, to endeavor to negotiate an understanding between the Marmons and the Areas defining between the Marmons in the President, when General Harbey's fock was an active and carnest par in healif of the Indians. When the Rebellion hroke out, he was among the first of the Union yoluniteers, and he led with magnit-cent courtse an active and earnest par in healif of the Indians. When the Rebellion hroke out, he was among the first of the Union yoluniteers, and he led with magnit-cent ourse of the Pennsylvania reserves, usu-ally shnown as the "Becktalle," resigning at last with wounds that disabled him for life.

TEMPERANCE IN WASHINGTON

The rapid growth of the cause tof temperance in Washington is noted by a correspondent of the Springville Republican, who alludes to the fact that the three leading candidates for Speakerformerly used stimulants, sometimes to excess,"and adds:

to excess, "and adds: Two of them are now total abstainers and have been for some years, while the third only uses wine in a moderate quantity at his dinner. I can count a dozen Senators who used to tipple who have not drunk a drop in two years, and there is not a Senator, with perhaps an exception or two, who is not prudent and most temperate in the use of lignor. Nearly all of them do not touch anything except a light wine at dinner. It is so in the House. It is so with most of the public men. There has grown up a sentiment inderately, and that he is better off with-out any of it. Three years are I saw one of the most brilliant members of the Senate star-gering drunk in front of Willard's Hotel. The other day I saw that he left his cham-pagne untouched at a dinner. Said he, "I haven't touched alcohol in any form for three years. I, woke up one morning realiz-ing that pretty much all the temperance lecturers have said was true, and I simply said to myself that I have not felt a repur-nance for liquor." Garland, the learned lawyer from Arkansas, is a teotolaler. Said he: "I was passing by the cemetry near my home one day, and I saw the graves of a dozen trilliant me who began life with me, every one of them hastened to his end by whiskey. I unade up my mind that I have Two of them are now total abstainers and

the same light that Mormonism is now viewed by public opinion in the United States. Yet it finally triumphed over all hatreds, contempt and persecution, and has for six teen centuries remained the religion of nine teen centuries remained the religion of nine-tenths of Europe and America. The pro-grees of Mormonism has been more rapid than that of Christianity was for the first half-century after Christ, and yet, strange as it may seem even to philosophic minds, this progress has been made in an era which has been more than any other within historic limits marked for its intellectuality and its discoveries in the path of pure reason and science. That a system of faith founded in fiction and the atmost bigotry, without one spark of truth or reason in it, should have obtained such a footing in such an era and in the most enlightened part of the world, is a mystery more impeneirable than the rise of Mohammedanism. The foregoing is from a long leader on "The Mormon Problem" in a re-cent issue of the San Francisco Chron-icle. It is a mixture of truth and error.

The foregoing is from a long leader on "The Mormon Problem" in a re-cent issue of the San Francisco Chron-icle. It is a mixture of truth and error. History shows that the "heresy" of to-morrow, and that "the best public opinion" is frequently foolish and wrong. The religion of Jesus Christ eighteen centuries ago was regarded in the same light as "Mormonism" is to-day and for the same reasons. The two systems are exactly similar, one being a reproduction of the other, having the same organization, doctrines, ordinan-ces, anthority, gifts, powers, spirit and objects. The opposition to each is from similar sources and for similar reasons. Ignorance and prejudice op-pose "Mormonism" as they opposed early Christianity. The so-called "beet public opinion" condemned Christ and His Apostles and the same teachings, prests and doctors denounced Christ-anity and invoked the secular law for its destruction and the punishment of its deterents, just as the editors and professors, the Puritans and the prea-chers act now in reference to "Mor-monism." Public opinion is no safe guide in re-gard to anything that is strange or seems to be new. *Fox populi* has cru-cified and put to death the best men the world ever saw. And nothing that has couse to makind as an innovation has escaped abuse and violence, ema-nating not only from the populace, but from "the beet public opinion." God Almighty never yet introduced his word and will to the inhabitants of this word and will to the inhabitants of this

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"Mormons believe a great deal too much of Christian doctrine." They do believe a great deal too much for mod-ern apostate Christendom. They believe in primitive Christianity just as it first existed with all its precepts and spirit-ual powers, many of which "the best public opinion" of these times has dis-carded. And this restoration of the ancient gospel contains so much truth and reason that the modern masters of logic and sectarian orthodoxy are not able to point out where its errors are, and therefore, like their prototypes of old, appeal to the arm of the feivil law and some of them to military force, to put down that which they cannot reach by argument and scripture. It would indeed be a "inystery" if this system could make such headway among the most enlightened nations "without one spark of truth or reason in it." The mystery is all in the mind of the Chronicle and other papers with similar foolish notions. They do not understand this thing which they op-pose and denounce as heresy. They never explain what it is. "Polygamy" much of Christian doctrine." They do

their hold upon the Gospel, and gradually edge away from the Church, they take on the habits so common everywhere of using tobacco, resort-ing to a greater or less degree to im-bibling stimulants, and indulging in other practices outside of the spirit of the body. Perhaps this is but the re-sumption of habits of indulgence formed before there was any connec-tion with the Church, or it may be that they are taken on for the first time, and in the curve finance and the curve fin

in oriental nations, and "the best pub-lic mind" has never investigated it be-sides, the marriage doctrines of "Mor-mouism" are but a very small part of the system. Its fundamental doctrines should be studied and the source of its power should be traced by those who wish to delate on the phenomenon of its success or to denouace it as untrue. "Mormonism" makes promises which are sufficient to destroy it at ouce if it contained no truth or reason. And these are not of temporal benefits, as frequently declared by its opponents. People abroad are not induced to em-brace it by offers of land or any mate-rial advantages. They are told that if they will repent of their sins and be baptized into this faith they shall re-ceive the Holy Ghoat and its manifesta-tions, with a direct testimony from God that the system is true and di-vine. In every part of the world thoses who obey it in faith receive the fulfi-ment of the promises, and that is why they leave their native lands and gather with the Latter-day Saints to furth, where they expect to receive further truths and ordinances and spiritual blessings. "Mormonism" succeeds like primitive Christianity, from the very saue causes, and is op-posed and hated for the very same rea-sons.

Tom the very same causes, and is op-posed and hated for the very same rea-sons. It is no "political heresy" either. It is not hostile to this government in any sense. It does not attempt to in-terfere with it. The "Mormon" peo-ple who are citizens of the United States claim no greater rights than those of other citizens. They are unit-ed in their political faith and action, and carry out in practice that which Democrats and Republicans proclaim in theory. They eschew division and vote together. It is claimed that they vote as they are directed by their Church leaders. If this were true, what difference would there be between voting as their leaders advise aud members of political parties voting as their "bosses" dictate? The freedom of the individual and the rights of the body of believers are recog-nized and taught in "Mormonism" there is no coercionn it, and with a strictly secretballot the terrorism false-y said to be exercised over the masses is simply an impossibility. But the "political heresy" is in the anti-"Mor-mon" idea and method. According to that, a leading "Mormon" has no polit-ical rights. As soon as he becomes prominent among his people he must case to exercise the privileges of citi-zenship and his influence with less active aud thoughtful minds. And if he attempts in a perfectly lawful and legitimate way to prevail uyon others to adopt his views or vote for persons whom he considers the right men for office, he must be deprived by force of any political power whatever. This to us is the rankest kind of "political heresy," and the baldest kind of as-sumption and absurdity. As to the foundation of our faith, the mere assertion that it is "founded in device we do the utwest bivet mir uses for

heresy," and the baldest kind of as-sumption and absurdity. As to the foundation of our faith, the mere assertion that it is "founded in fiction and the utmost bigotry" goes for nothing. The facts do not bear ont the statement. Those who are acquainted with them are likely to be better judges of their value than those who have never fairly investigated them. Every religious creed on its introduction has been deuounced as fiction, and the term bigotry has always been applied to the intense conviction of persons full of zeal for their faith. The facts on which the system called "Mormon-ism" is founded are sustained by the very best kind of evidence and if there is any bigotry in the people who have embraced that faith, it is because of human weakness and folly, and not a result of its teachings. For it accords the broadest liberty to all mankind, aud uses no means of coer-cion upon believer or dissenter, and its doctrines concerning the future of the human-race are more hopeful, charit-able and godilke thau anything that human-race are more hopeful, charit-able and godlike thau anything that has been proclaimed for many centu-

has been proclaimed for many centu-ries. It will be, indeed, difficult to put down this religious system, whether it be heresy or not. Those who believe in it may be disfranchised, persecuted, imprisoned, slain. But "Mormonism" itself will surviva all attacks and ad-versities, and will continue to spread and prevaik, flourishing upon the mar-tyrdom of its votaries, and strengthen-ed by the misrepresentations of its adversaries. And "the best public opinion" will some day wake up to the fact that those who have forgot it most have understood it least, and that the despised and abused system contains the world's panacea and is destined to become the universal faith and endure for ever. for ever.

LOCAL PROTECTIVE POLICY.

It is occasionally said in relation to the Latter-day Saints that they are too exclusive in their operations. We do not believe that they are near so much so as any other people would be under similar circumstances.

A clique of conspirators have been leaving no stoue unturned to injure the "Mormon" community, seeking to bring them under the most despotic

world over, in reference to any people —Those who seek to deprive the peo-ple of their liberties and intrigue for office to rule over them with an irou hand, should not receive the support of those they would oppress. If this pro-per policy were strictly adhered to, the power of the would be oppressors would be greatly curtailed. It is a protective policy, in harmony with the "first law of nature"—self-preserva-tion, and to pursue it is an inalienable right.

Right. Should a real crisis in local affairs arise, we do not doubt that a course of that kind would be nearly universal with the people, because the complete force of an issue would be full upon them, but a culminating point should not he awaited for the adoption of self-protection. If time were "taken by the forelock," it is doubtful if a crisis would be reacked at all, as a wise course on the part of the people would be likely to retard the progress of the crusaders. When a man is positively known to be arrayed against the people as au

When a man is positively known to be arrayed against the people as an active or covert enemy, he has no pro-per claim upon their patronage. While he should be treated with courtesy, a withdrawal of active support would be quite consistent under the circum-stances. If they could only fully real-ize the fact, the people have in this connection a powerful lever for their own protection within their grasp. It will be a cold day in business for some who feed and fatten on their substance when they sense the important fact. A policy of sustaining friends and

A policy of sustaining friends and letting demonstrated enemies severely alone is one that commends itself to sensible people everywhere. Many persons having no connection with the Church have expressed surprise at the suicidal policy pursued by many of the Latter-day Saints, who fall to recog-nize the importance of this question. Reform in this connection is needed.

LOCAL NEWS.

FROM FRIDAY'S DAILY, JAN. 4.

ROCKVILLE NOTES. — A bounteous and steady rain fell at Rockville, Kane County, on the 21st, 22nd and 23rd, Little or no freezing thus far. General health good. A commodious and much-needed meeting-house is predicted as among "foregone conclusions."

For THE EAST.—We learn from the Ogden Heraid that it was the intentiou of Hon. Moses Thatcher, accompanied' by F. S. Richards, Esq., to take last, evening's train from that clty for Wash-ington and New York. They expected to be absent about one month, in the Interests of Utah affairs. Pleasant trip. trip

BADLY HURT.—A few days ago, says, the Logan Journal, a Danish boy about 12 years old, living with Mr. Samuel Holt on the College farm, was leading a horse by a rope which he wound round his arm. From some cause the horse started to run, and dragged the boy a considerable distance by the arm. The elbow was pulled out of the socket and the boy sustained such severe injuries that fears of his recovery are entertained.

A BEAUTIFUL GIFT.—The great Rock Island Ronte has issued a new and most comprehensive Cook Book, of 128 pages, filled with new and reliable re-ceipts from the best caterers of this and other countries. No housewife can afford to be without it; and though worth one dollar, it will be sent to any address, postpaid, upon receipt of ten cents in stamps. As they will go like hot cakes send at ouce to E. St. John, G. T. & P. A., Chicago, Illinois.

G. T. & P. A., Chlcago, Illinois. CHANGED HANDS.—We are informed from a reliable source, that the Co-operative drug store business of Provo has passed into the hands of Mr. Reed Smoot, who purchased it for \$5,000. The transaction took place but recent-ly. Mr. George A. Richards, a com-petent and obliging clerk, formerly employed at the Z. C. M. I. drug de-partment in this city, has been engag-ed to conduct the business in Provo for Mr. Smoot, who still retains his position as superintendent of the East Co-operative store in that place.

AT REST. — Thomas Sorrensen, of Nephi, Juab county, whose death notice appears elsewhere, was a faithful Saint, a loving husband and a kind father. He joined the Church in Denmark, his native country, from which land he also emi-grated at his own expense over fifty poor Saints, at a cost of \$5,000. He did not suffer pain previous to his death, and only a few hours before walked from one room to another. He called his children to him and blessed them as his voice grew weaker, and finally feli peacefully asleep, in the 44th year of his age. nis voice grew weaker, and peacefully asleep, in the 44 his age.

his age. HOME AGAIN.—Elder Hampden S. Beatie, Jr., returned yesterday morn-ing from a mission to the Southern States, upon which he started on the 27th of last February. With the ex-ception of three weeks in Tennessee, he spent all of his time in the State of Kentncky. He much enjoyed his labors, never had better health, and values his experience beyond all price. He baptized two persons, assisted in baptizing several others, and though threatened in some instances, as a general thing was well