

Physical Welfare of the Young and Rising Generation

THE Salt Lake City Young Men's Christian association was organized March 9, 1899, and existed without adequate equipment until the present building was opened June 15, 1905. It now accommodates a membership of some 1,300 men and boys and can accommodate 500 more by using every inch of available space. The present equipment was provided entirely by subscription, the last dollar of which was raised in the recent campaign for \$150,000. Because of the source from which funds are secured and also because 20 per cent of the operating cost is raised by subscription annually the Y. M. C. A. is considered here as elsewhere a semi-public philanthropy. This is necessarily and legitimately so, because the association deals in the main with those in the educational period of life.

Each local policy is self-governing but by frequent conventions and conferences the valuable experience and consensus of opinion of the entire brotherhood is made available for each local field. Hence it is not surprising to find that the policy of the Salt Lake association, as recently stated by the executive secretary of the board of management, corresponds very closely with that laid down for the same organization in New England, old England, Continental Europe or Asia.

ALL ARE WELCOME

Neither the amount of money an industrious man has, the creed he believes or does not believe, nor the country in which he was born, affects the welcome which is promised him in the local Y. M. C. A.

That this policy is accepted as satisfactory by the community is amply proven by the recent successful campaign for funds and by the further history of the achievements of the past year. Among the associations of North America, Salt Lake City Y. M. C. A. ranks first in the number of boys passing international educational examinations; fifteenth in the amount of tuition fees received; nineteenth in the amount of expense for educational work; fourteenth in the enrollment of boys in Bible study; seventeenth in the number touched in extension work; twelfth in the amount paid for religious work; twenty-sixth in the number enrolled in gymnasium classes; twenty-third in the number of positions secured by the employment bureau, but in the matter of population, Salt Lake City ranks fifty-seventh. Hence it will be seen that the place of Salt Lake City in this world-wide movement is far in advance of that expected when her population is considered.



OSCAR L. COX,
General Secretary.



WINDSOR V. RICE,
President.



JOHN D. SPENCER.

Among the achievements of the past year, an event of great importance was the winning for the second time of the McBurney cup. This cup is given for six months of each year to the association in North America having the largest actual number of members under eighteen years of age who are passed in the international

examinations in educational work by the international board of examiners in New York city, and for the other six months to the association so passing the largest per cent of its membership under 18 years of age.

The religious work has cost on an average \$2,500 per year since its inception. It aims to be sane, aggressive, non-sectarian and fair. The leaders in this department of association work are firmly convinced that the greatest single service that can be rendered to any young man is to cause him to make a thorough study on his own part of the teachings of Christ and then to cause him to apply his own conclusions. The fact that this

policy appeals to all young men alike is shown by the fact that over 33-1-3 per cent of the Y. M. C. A. membership have L. D. S. affiliation while the remaining 67 per cent represent every other creed and men of no creed.

The physical work of the association has a total attendance in classes last year of 24,019. Forty-seven different groups were organized in physical teams with 320 different men and boys engaged. In the wrestling classes the work has been more nearly individual and has been handled satisfactorily. The basketball team played successfully in the state both from the standpoint of conduct and score, and later visited Wyoming and Colorado, defeating all whom it met by a score of more than double of its opponents.

During the year the Y. M. C. A. officers assisted in the organization of 10 different leagues for amateur athletic games in the city and have also been in a position to advise and cooperate with all the physical educators of the state in the matter of securing a higher standard of sportsmanship and more faithful adherence to amateur definitions.

This department also conducts the summer camps, mainly for boys, which are carefully organized with a view not only to recreation but to the general educational, physical and moral profit of the members.

An explanation for the excellent showing made by the local Y. M. C. A. is only necessary to point to the men who have given so largely of themselves in order to serve the young men and boys of the community. The board of management is made up of the following representative citizens: Windsor V. Rice, president; John D. Spencer, vice president; John D. Spencer, recording secretary; F. A. Timby, auditor; Frank B. Stephens, attorney; W. W. Armstrong, chairman committee on educational work; John D. Spencer, chairman committee on membership; Dr. E. D. Hammond, chairman committee on religious work; L. C. Miller, chairman committee on physical work; Lafayette Hanchett, chairman committee on social work; C. W. Whitley, chairman committee on house; L. L. Terry, O. A. Honnold, W. J. Orem, M. H. Walker, W. Mont Perry, C. R. Peasall, Wm. H. Tibbals, C. P. Overfield.

The executive force of the association and the capacity in which they serve are: Oscar L. Cox, general secretary; Elwood S. Brown, secretary for physical and social work; Oscar B. Grich, physical director; James R. Adair, physical instructor; J. Gustav White, secretary for educational and religious work; Homer L. Holmstrom, secretary for boys; H. S. Dwell, principal association institute; S. L. Fuller, office secretary and C. P. Dewey, assistant office secretary.

Young Women's Christian Association.



MRS. MARY A. CAFFALL,
Treasurer.

MRS. E. B. CRITCHLOW,
President.

MRS. C. E. MARKS,
Recording Secretary.

SOME three years ago a mere handful of earnest women gathered themselves into the initial organization of the Young Women's Christian association of Salt Lake. Today the association numbers between 800 and 900 women of the city, and early in the new year this number will reach 1,000. This band of women is united in the one purpose of furthering and aiding the cause of young women, whether it be along social, intellectual, spiritual or physical lines. The membership includes the wealthiest women in the city as well as a very large number of girls who are able to pay only the trifling sum of \$1 per year to belong to the organization.

The first line of work taken up locally was the establishing of a boarding home, and local people will recall with what pride the first boarding home at 255 Second East was opened, and how great a step in the growth of the association this seemed. Within a year this place was found to be utterly inadequate, as for lack of room not half of the girls who needed and were willing to pay for just such a home could be accommodated.

A larger and more commodious house was secured at 445 south West Temple, when the beautiful old Keyser home was transformed into a splendid boarding home for the association. Here from 20 to 30 girls at a time have been accommodated with a comfortable, homelike boarding place at a rate which would meet the slender income of the many wage earning girls. But the rates are not the main feature in the home life by any means, for the homelike, friendly atmosphere has done much to establish that primary need of the young woman earning her own way—the social side of her life.

Today after three years of life this home, too, has been found to be inadequate, and the work has grown to such proportions that a larger boarding home is one of the needs of the near future.

For the past two years the association has had its up town office and headquarters in the Brooks Arcade, opposite the Knutsford hotel, and here has been carried on a great share of the work of the organization. The luncheon and rest rooms are here occupying the

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south side of the top floor. Here four rooms were secured at first, an office, a rest room, a tiny box of a kitchen (where food was kept warm after having been cooked at home), and a dining room.

All this was changed last summer, and early in August a well equipped cafeteria was established utilizing the entire south side of the top floor. The rooms used before were rearranged to provide additional library and rest rooms. The cafeteria has paid for itself already and during the month of November when 2,546 were served at lunch a slight profit in this one department was realized for the first time.

EMPLOYMENT BUREAU.
Almost since the first organization of the local association employment bureau work has been carried on, and every month sees more efficiency in this department of the work. This aim to be especially helpful to the girl or woman who is seeking employment and without any cost to her, but it is also invaluable to those who are seeking the kind of help with which the Young Women's Christian association might come in contact.

The educational classes this year have been especially practical and helpful, although as yet they are not largely attended. The physical department is recognized everywhere as a great factor in interesting women in the work of the association. Through the courtesy of the Y. M. C. A. a gymnasium class of 100 members meets once a week for instruction in the fine gym of that organization.

WORSHIP AND RECREATION.
Sunday vesper services are held in the up town rooms at 5 o'clock.

Once each month an evening affair is given under the direction of the social committee, and these monthly evenings have proven not alone interesting but helpful as well. Subjects have been presented and discussed, and the music and merry games have played

their part in furnishing a happy hour for many a girl.

One branch of the work with which many Salt Lake women are familiar, and which has already won for itself great commendation from people of all creeds is the Traveler's Aid branch. This means the meeting of the daily trains as they come into the city, bearing many young girls who are seeking friends, a place to work, or permanent employment, or who for any reason are homeless or friendless in a strange city. Not many years ago Salt Lake was shocked over the tragic death of a young woman, capable of good repulse and of honest purpose, but unable to obtain employment, who in a fit of despair ended the whole sad story by death. This one incident opened the eyes of men and women in this community and made the Traveler's Aid a welcome innovation here.

"MINISTER OF THE TRAINS"

Today a gentle, kindly faced woman meets the incoming trains, and with eyes accustomed to just such work sees each young woman who comes alone and perceives quickly if she needs care or attention, or protection. It may be that she is only "train sick" and needs a place to rest between trains; it may be that she is not used to traveling and needs someone to direct her where to go, or it may be that she seeks friends whose address is unknown to her. Not long ago a very young girl reached Salt Lake having had her pockets picked on the train and being shy and afraid she had not told any one of her home address, and the kindly "minister of the trains" wearily, hungry and discouraged she told her story, and money was furnished her by the association to continue her trip.

This in brief is the kind of work being carried on by the good women of this organization. The local association is under a board of directors headed by Mrs. E. B. Critchlow, who has brought to the work all of the splendid enthusiasm with which she is endowed as well as a consecrated love of humanity. To her indefatigable courage and optimism is due almost entirely the success of the organization as it exists today. Through her good business ability and clear-headed management the association has been lifted over shoals on which a less firmly builded organization might well have lost out.

WOMEN AT THE HELM.

Associated with Mrs. Critchlow are Mrs. W. M. Thome, Mrs. C. E. Marks, Mrs. Mary A. Caffall, Mrs. J. R. Bowditch, Mrs. A. O. Clark, Mrs. John Weir, Mrs. L. M. Bailey, Mrs. G. R. Hancock, Mrs. C. E. Plummer, Mrs. B. Beatty, Mrs. C. J. McNitt, Mrs. P. A. Simpkins, Mrs. A. T. Moon and Mrs. R. L. Tracy, and with these the various committees who hold themselves responsible for the work of the association. But directing the whole, putting through all lines of work, keeping in sympathy in every department and touching all of them with the wonder of her ability and enthusiasm, is the general secretary, Miss Mabel Johnson, under whose direction the association has more than doubled its membership.

Miss Johnson came here last summer to assume the work after a most interesting experience in Billings, Mont. For two years previous to her coming she had held a similar post there and had built up a very successful association out of all proportion to its population.

It is his place to develop her tastes in all the matters in which he is interested. Nor is this hard to do. Every woman is flattered by a man talking to her as if she was his equal, and confiding his hopes and plans and ambitions to her. It is because men leave their wives completely out of their social and intellectual life that so few women are companions to their husbands.

The only subject that the average couple has in common are their children and monthly bills. Hence the dullness of married life.

It is also true that it is a man's fault if his wife is extravagant and doesn't understand the value of money. Often a girl never has any money before she is married. Everything she has had has been given to her, and she is absolutely ignorant of the purchasing power of a dollar.

The first money she ever handles is her husband's salary, and it is his business to teach her how to get the most out of it, how to save, and why it is so valuable for a young couple to lay up something for a rainy day, or to be ready to take advantage of some opportunity that may come to the man.

Women are nearly all good financiers when they have the chance, and it is nothing short of stupidity that makes men fail to take advantage of this talent that is rusting out at their own firesides.

As for a woman being a good housekeeper, a man has simply the right to assume that his wife is, and the first time a bride sets her husband down to a meal that would be a menace to the stomach of an ostrich he ought to be thankful for his health and happiness, to protest so strongly that she will never dare do it again. In these days of cookery books there is no excuse for anybody who can read not learning the art of preparing food properly.

If she would learn to keep house properly, if she hasn't enough love for her husband to make her want to render some return for all he does for her, and if she is too slothful and lazy to do her duty, the man is perfectly justified in complaining, and complaining strongly.

A little tact, a little firmness, a little playing on woman's vanity, which is a harp with a thousand strings; a little appeal to the heart, it's perfectly easy to manage a wife, and stupid is the man who hasn't the wit to do it.

Free Kindergarten Movement in Salt Lake City



MRS. SIMON BAMBERGER,
Treasurer.

MRS. C. E. RICHARDS,
President.

MRS. J. K. HARDY,
Secretary.

ALMOST a score of years ago a small number of Salt Lake women, realizing the utmost importance of kindergarten training for children whose parents could not afford to send their little ones to the paid institutions, established the free kindergarten of Salt Lake City. For a number of years it struggled along, the board of directors making strenuous efforts to keep the breath of life in the infant. But the public finally made up its mind that the project was worthy of support and of late years has contributed so that the stormy days are over.

Its location has been migratory. For a number of years the school board gave the use of the Thirteenth ward schoolroom and afterward the kindergarten was removed to St. Mark's schoolhouse and from there to the west side of the city, where it was very badly needed. When the kindergarten department of the normal branch of the University of Utah was established, the free kindergarten was put in charge of the head of that department and since that time the instruction in the two schools has been practically identical, with the best and most advanced kindergarten methods.

At present there are 46 children enrolled in the building on Fourth West between Fourth and Fifth South, in two small rooms which are entirely inadequate to the needs, constantly in-

creasing. The board of directors is desirous of purchasing a small house in the neighborhood and establish a day nursery in connection with the kindergarten. It is a crying need of the neighborhood. This house may be obtained for \$1,000, and it is hoped by the board that the public will come to its financial rescue.

The following constitute the present officers and board of directors: Mrs. C. E. Richards, president; Mrs. J. K. Hardy, secretary; Mrs. Simon Bamberger, treasurer; Mesdames J. M. Dart, E. Hall, Seldien I. Clawson, W. S. McCormick, E. O. Lee, G. W. Moyer, E. V. Silver, E. V. Jones, H. P. Henderson, W. H. Brintz, E. A. Wedgewood, C. W. Watson, M. L. Ritchie and Mary Ryan; Misses Mary Fox and Lucille Franke.

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