

mut which I suffered from for a supervise My physician chronic catarrh no one year has put this remédy to greater test than the prescribed for me, but somehow his of years, I am only too pleased onal endorsement ast year. Peruna I decided to try it. After I had taken but three bottles I found myself in fine health."-Mrs. M. J. Brink. Peruna is the acknowledged catarrh remedy of the age. Dr. Hartman, the compounder of Peruna, has written a Peruna is not simply a palative, to rebook on the phases of catarrh peculiar to women, entitled, "Health and Beaulleve some of the most distressing symptoms of catarrh. It is a permathe most distressing ty." It will be sent free to any ad-dress by The Peruna Medicine Co., nent and radical cure. A multitude of women are praising it every day. Columbus, Ohio. was suggested to me, ver, I did buy a bottle, and be MANY CRATEFUL LETTERS SENATOR SULLIVAN CURED OF INCIPIENT CATARRH. **RECEIVED BY DR. HARTMAN**

Letters From Women.

continued its use for five weeks.

prise to myself as well as to my friends."-Anna Prescutt.

A constant drain of nervous vitality depleting the whole nervous system causes the mucous membrane surfaces

practical difference, between this condi-

Person.

side of a week.

which Peruna has been put to test in all forms and stages of acute and and unfit to my home,

directions: The Peruna Medicine Co., Columbus, O. Gentlemen-"This is to certify have used two and one-half bottles o Peruna for a very bad case of catarrh, and am happy to say to you that I have been entirely cured and gladly recom-mend Peruna to any one suffering from catarrh in any form. Have also used it in my family with satisfactory results, indigestion nervousness etc. Peruna adapted to the case, and never falls to both as a tonic and remedy for ca-tarch."-W. S. Lane. cure every case. In some cases catarrh has a tendency to become chronic and it not infre-quently sets up disease that finally proves fatal. Peruna taken in time will prevent these cases. To substitute some other remedy means dangerous

in joining with General Wheeler, Con-gressman Brewer and others in recommending Peruna as an excellent tonic ind a catairfh cure. Living

from morning till night but Peruna. I was a sick woman when I first wrote you. I have a bright, clear color now, and I am altogether a well woman.

"I think leucorrhœa is the worst of female diseases, for 1 saffered all sorts of pains. I thought at first that I had ulceration of the womb, and Peruna has cured me. I am now a sound woman. "Peruna is the best friend I ever had on this earth-it must be praised-it cured me."-Mrs. Florence Aitkins. Pelvic Catarrh. Catarrh is a very frequent cause of that class of diseases popularly known as female weakness. Catarrh of the pelvic organs produces such a variety f disagreeable and irritating symptoms that many people-in fact, the majority of people-have no idea that they are caused by catarrh.

a such as I suffered from, made burden to me. My breath was se stomach bad, and my head so that I was usually trouheadache, and although I y so-called remedies, nothing e permanent rellef. I was rath ged with all medicines when

was finished there nge in my condition. Much ged I kept on until I was comed in a month's time, and I my general health is also ex-Annie Catron.

form the catarrh may have whatever symptoms it may iced; whatever damage it has shed. Peruna is the only hope

Peruna is the woman's friend every-where. It is safe to say that no woman cures all cases of chronic camptly and permanently. There ever used Peruna for any catarrhal de-rangement but what it became indisto failures. utifal Young Society Woman's pensable in her household.

Bess F.Healy, 521 Wabash street, Minn., a prominent society

Every day we receive letters from women like the following. Women who have tried doctors and failed; women who have tried Peruna and were cured. ok Peruna last summer when all run down, and had a head-ad backache, and no ambition for Miss Katie Klein, 6125 Bartmer Ave., St. Louis, Mo., writes: I now feel as well as I ever my life, and all thanks is due "Peruna has done me more good for catarrh than the best doctors could. I excellent Peruna."

suptoms of summer catarrh are alike in different cases, but the chamon ones are general lassihad catarrh so bad, but after taking Peruna it is entirely gone, and I feel like a different person."-Miss Katle Yed-out, tired-out, used-up, feelings, combined with a less heavy, stupid, listless, Klein. Miss Anna Prescott's Letter. dtion. Relish for food and Miss Anna Prescott, in a letter from illy to digest food seems to be 216 South Seventh street, Minneapolis,

Minn., writes: eruptions sallow complexion "I am sincerely grateful for the relief I have found from the use of Peruna. coated tongue, fitful irreg-It help to complete the picture I was completely used up last fall, my appetite had failed and I felt weak and so common at this season. A burder a burden, husiness a dread, a mockery, friends a bore, and tired all the time. My druggist advised me to try Peruna and the relief I exlleges a tedious round of disperlenced after taking one bottle was truly wonderful.

so exactly meets all these conmand is so great for and am glad to say that my complete restoration to health was a happy sur-MF at th season of the year ossible to supply it. fails to bring an immediate and a thorough course of it leads permanent cure. Anna John in, 60 Clergy street, e suffered

to suffer accordingly. This is the con-dition called systemic catarrh. It very nearly resembles, and there is really no for several years blood, and it would break out in unsightly WOUS hi n my fac I also had severe took Peruna and soon hat it cured the indigestion and appetite I was also we the humor out of My skin is now smooth and my health is excellent."-Miss

Crow, 1114 Edith Place, Tenn

Peruna is equally efficacious in curing a chronic case of catarrh of the throat as in curing sys-temic catarrh or catarrh of the stomach. Catarrh is essentially the same wher-I am only too glad a. I have had more e I can remenhave tried p ever located. Peruna cures catarrh. Peruna Makes You Feel Like a New re press ptions, and while p me for the time to Peruna that I owe a per-It was recommended to me Miss Marie Coates, a popular young woman of Appleton, Wis, and president of the Appleton Young Lailes Club, d been cured through I save it a trial and it not also speaks in glowing terms of Peruna A letter recently received from her by irth but toned up the

Nellie Crow. is a Discase that Does Not Cure liself.

vast multitude of people be to the above state-it place catarrh is a life fured. Catarrh is a ot cure itself, and is y the best of remedies. try to treat catarrh. generally fail to cure. to a doctor and give After they have they generally try es three or four. As generally obt to Peruna at last. taken to effect a cure.

Perana is the Woman's Friend The Time to Treat Catarrh is Everywhere. at the Onset of the Disease.

> Hon. W. V. Sullivan, United States Senator from Mississippi, in a letter re-cently written to Dr. Hartman from Oxford Miss says the following

For some time I have been a sufferer from . catarrh in its most in cipient stage so much so that I becam alarmed as to my general health, But 25 health. But hearing of Pe-

runa as a good remedy. I gave It a fair trial and soon began lo improve, Its effects were distinctly beneficial, removing the

annoying symptoms, and was particularly good as a tonic, "I take pleasure in recommending

your great national catarrh cure runa, as the best I have ever tried."-W. V. Sullivan.

THE SOLDIER'S POET ENDORSES PE-RU-NA.

Says Peruna is the Best Remedy on Earth for Catarrh.

tion and the condition known as neuras-Colonel John A. Joyce, well-known thenia, or nervous prostration. Peruna will be found to effect an imthroughout the country as the "Sol-dier's poet," is an ardent friend to Pe-runa. He speaks of it in the following mediate and lasting cure in all cases of systemic catarrh. It acts quickly and beneficially on the diseased mucous membranes, and with healthy mucous in a recent letter from Washington, D. C.

Gentlemen: "I think there is no better medicine sold than your remedies for catarrh. They have cured me. It would take a volume to tell you the membranes the catarrh can no longer good they have done me. Peruna is the best remedy on earth for catarrh and I think I have tried nearly all of them. John A

A. E. Kidd, Elgin, Ill., writes: "I an-42 years of age, and have had catarrh of the head for over half of my life, as or the nead for over half of my life, as a result of scarlet fever, followed by typhoid fever. I got so had that I was almost constantly coughing and clear-ing my throat. The catarrh greatly im-paired my eyesight, and the hearing in one ear, and reduced my weight to 110 pounds

The Peruna Medicine Company, of Columbus, Ohio, reads as follows: "I am glad to call the attention of my friends to Peruna. When that languid, "I tried nearly every catarrh remedy advertised, besides a great many differtired feeling comes over you, and your food no longer tastes good, and small annoyances irritate you, Peruna will make you feel like another person inent physicians' treatments, all of which falled, and the physicians would finally tell me that I could not be cured in this climate; that I ought to go to a dry climate, etc. "I had heard and read of Peruna, and

"I have now used it for three seasons and find it very valuable and efficaci-ous."-Miss Marie Coats,

Peruna cures catarrh permanently. It cures old chronic cases as well as a slight attack, the only difference being in the length of time that it should be

Rend the testimonials of these two people that were cured by Peruna. Had the druggist recommended one of these imitations of Peruna, would it be sup-posed for an instant that these two peo-ple would be well^{*}today.

ceugh, WOMEN SUFFER NEEDLESS MISERY.

Female Weakness is Pelvic Catarrh.

Located.



Miss Ella M. Moreland, 502 D. street,

S .E., Washington, D. C., writes: "I am anxious to show my gratitude for what Peruna has done for me, and hope this will reach the eyes of some woman who has suffered as I did. For three years I had intense pain regular! every month with cramps and head every month with cramps and head-ache. At such times I was hardly able to be about and felt very weak and worn out. 1 tried a much advertised remedy but found that it gave me no relief, when a visitor advised me to try Peruna, telling me how it had cured

her of a similar trouble. I have so often since thanked her for calling my attention to it for it is certainly a blessed medicine for sick women. Almost from In and heard and read of Perdina and meetings for sick women. Almost from the first day I felt better and within five weeks I had added nine pounds of my weight and it seemed I never felt better in my life. I have enjoyed the best of health since and giadiy endorse period to suffer year after year with a disease that can be permanently cured. Ohio.

Peruna as a Spring Medicine. If the symptoms are a general feeling of lassitude, poor circulation of the blood, restless, disturbed sleep, with fantastic dreams, confusion of mind, craving appetite, heavy, tired feelings, balloadies

BEAUTIFUL GIRL SAVED FROM CONSUMPTION.

Miss Hadley, of Indiana, Cured of a Severe Cough.

Sibyl A. Hadley, 26 Maine St., Huntington, Ind., writes: "Last winter after getting my feet

wet I began to which

gradually grev worse until my throat was sore and raw. Ordinary reme dies did not help me and cough remedies nauseated me. Reading an a dvertisement of what Peruna could do, I cided to try bottle, and gine how glad

felt when it scan to relieve me in a very short In less than two weeks

MANY HAVE CATARRH WHO DON'T SUSPECT IT.

Peruna is a Tonic That Cleanses the System of all Catarrh.

Diseased nerves are directly tracea ble to poor digestion, and poor diges-tion is directly traceable to catarrh, With the slightest catarrh of the stomch no one can have good digestion. Very few of the many women who ave catarrh of the stomach suspect what their real trouble is. They know they beich after meals, have sour stom ch, a sensation of weight or heaviness, fullness, irregular appetite, drowsiness, gnawing, empty sensations, occa-sional pain-they all know this; but they do not know that their trouble is catarrh of the stomach. If they did hey would take Peruna.

Peruna cures catarrh wherever loated. As soon as Peruna removes caarrh from the stomach the digestion becomes good, appetite regular, nerves strong, and trouble vanishes. Peruna strengthens weak perves, not by tem-porarily stimulating them, but by re-moving the cause of weak nerves—poor digestion. This is the only cure that lasts. Remove the cause: Nature will do the set. Beenus remove the cause

to the rest. Peruna removes the cause. **Catarrh Sixteen Years**

Mrs. Elizabeth Scherer, Monte Vista Colo., writes: "For sixteen years I suf-ered with catarrh and stomach trouble. I doctored and took patent medi-ines without benefit. I read in one of your almanacs about Peruna a thought it would perhaps help me. and have used nothing at all in the way of remedies except Peruna for about two years, and my health could not be bet-ter than I now enjoy. This remedy is er than I now enjoy. also good for coughs and colds. I shall never be without it in my house."

"Health and Beauty" sent free by The Peruna Medicine Co., Columbus,

Peruna is recomended by more men of prominence than any other pro-prietory medicine.

Peruna cures catarrh wherever cated. Peruna is not a guess nor an ex-neriment—it is an obsolute scientific periment-it is an obsolute scientificertainty. Peruna has no substitutesno rivals. Insist upon having Peruna

THE FIRST STAGE OF CHRONIC CATARRH.

A Serious Mistake Which Thousands are Making.

The first stage of catarrh is what is commonly known as "catching cold." It may be in the head, nose throat, or lungs. Its beginning is sometimes so severe as to cause a chill and considerable fever, or it may be so slight as to not hinder a person from his usual business. In perhaps a majority of cases little or no attention is paid to the first stage of catarrh , and hence it is that nearly one-half of the people have chronic catarrh in some form. To neglect a cold is to invite chronic

catarrh. As soon as anyone discovers the first symptoms of catching cold he should at once begin the use of Peruna according to the directions on the bottle, and the cold is sure to pass away without leaving any hady effects.

Unless this is done the cold is almost sure to end in the second stage of catarrh which is making so many lives miscrable. If Peruna was taken every time one has a cold or cough chronic catarrh would be practically an un-I was known dlasage

Miss Rosa Gerbing, a popular society woman of Crown Point, Ind., writes; "Last winter I took a long drive in

the country, and being too thinly clad I caught a bad cold which settled on by lungs, and which I could not seem o shake off. I had heard a great deal of Feruna for colds and catarrh and I mought a bottle to try. J am pleased that I did for it brought speedy relief. It only took two bottles, and I consider

this money well spent. "You have a firm friend in me, and I not only advise its use to my friends, but have purchased several bottles to give to those without the means to buy, and have noticed without exception that it has brought about a speedy sure wherever it has been used."-Miss Rosa Gerbing. Mrs. Howe, 507 Wabash street, St.

Paul, Minn., writes as follows: "I am only too glad to recommend

Peruna, especially to women. It is a sure cure for weakness peculiar to our sex. I have used it in my home for years, and would not think of being without it. I always say a good word for your excellent tonic, Peruna."-Mrs. How

Miss Mary Kemkemer, 44 Raymler St., Cleveland, Ohlo, writes:

"I am glad to advise you of the very satisfactory results I have experienced through the use of Peruna. I contracted a severe cold at an evening party which ttled on my lungs most persistently.

'No medicine helped me until mother gave me Peruna, which quickly caused a complete change for the better and cured me in three weeks. I have had no bad after-effects nor recurrence of the trouble and am truly grateful to you for your wonderful Peruna."-Mary Kemkemer.

Hon. Philip B. Thompson, Jr., Member of Congress from Kentucky, in a recent letter has the following to say of the national catarrh remedy, Peruna. The letter was written at Washington, D.C., and reads as follows: "My friends have used your remedy. Peruna, and I take pleasure in testifying to the merits of your medicine. Besides being one of

your medicine. Besides being one of the very best tonics it is a good, sub-stantial catarrh remedy."

Catarrhal Weakness.

A great proportion of women have some catarrhal weakness which has been called by the various doctors she has consulted, by as many different These women have been treatames. ed and have taken medicines with no relief, simply because the medicines are not adapted to catarrh. It is through a mistaken notion as to the real nature of the diseases that these medicines have been recommended to them.

Dr. Hartman's Free Advice,

If all womn who are suffering with any form of female weakness would write to Dr. Hartman, Columbus, Ohio, and give him a complete description of their symptoms and the peculiarities of their troubles, he will immediately re-ply with complete directions for treat-

ment, free of charge, "Health and Beauty," a book written especially for women, sent free by Dr. Hartman, President of The Hartman

Sanitarium, Columbus, Ohlo. Thousands of Women Cured Every Year.

Pelvie catarrh is almost a new term n medical literature. Dr. Hartman who used the term, but through his writings he has made it a familiar phrase to nearly the whole of the clvized world.

Before it was discovered that the ailments of women depended chiefly on catarrh of the pelvic organs, these cases were regarded as incurable. Now thousands are cured every year. The Now same diseases that once seemed beyond th reach of man are promptly and permanently cured by Peruna.

Peruna cures catarrh, whether of the pelvic organs or any other organ of the uman body.

Peruna has become renowned as a ositive cure for female allments, simly because these allments are mostly due to catarrh. Catarrh is the cause of the trouble. Peruna cures the catarrh. The symptoms disappear,

Peruna is not simply a paliative, to relieve some of the most distressing symptoms. It is a permanent and radi-cal cure. A multitude of women are praising it every day.

A Physician's Endorsement.

Dr. M. C. Gee, is one of the physicians who endorse Peruva. In a letter written from 513 Jones street, San Fran-cisco, Cal., he says:

There is a general objection on the part of the practicing physician to ad-vocate patent medicines. But when any one medicine cures hundreds of ople, it demonstrates its own and does not need the endorsement of the profession

Peruna has performed so many won derful cures in San Francisco that I am convinced that it is a valuable remedy. I have frequently advised its use for women, as I find it insures regular and painless menstruation, cures leucorrhota and ovarian troubles, and builds up the entire system. I also consider it one of the finest catarrh remedies I know of. I heartily endorse your medicine."-M. C. Gee, M. D.

If you do not derive prompt and sat-isfactory results from the use of Peru-na, write at once to Dr. Hartman, giv-ing a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

