WOMAN AND HOME.

SOME OF THE THINGS WHICH GO TO MAKE THE IDEAL HOME.

Women as Physicians—The Sleeping Room—Doubtful Women—Economy in the Family—Treatment for Sprains. How Her Love for Reading Was Started.

If one's home is fair and fine, with soft carpets, rugs, pictures, statues, chairs, with gentle service, luxurious living, loving children, gracious wife, should all the blessings that these things give, even if one be the apparent source of them himself, be gathered and secured there by circumspection and self doubt, be kept in one's self alone, like the lone the dog guards and buries till he can come back to it? It is not privacy and seclusion that give a home its sacredness. For from it, it is its happiness, its healthiness, its helpfulness, its capacity to do good, its humanity that happens and healthiness, its power of lifting all the rest of the world into its own atmosphere.

Those homes that are open to the homeless are the sacred ones; the homes where there is always a place for the weary, always a seat place at the table for the wanderer; the homes whose beauty is used abroad like the precious dew from heaven that Paris rolled about. There may be many mansions in heaven, but he who thinks that the mansions from which every other heavenly habitant is excluded has made a mistake in the place; it would not be heaven then.

However we may dispute and declare that a man has a right to be undisturbed in his own house, yet we know house-bound creatures that we all regard the man who brings another home to dinner sure of a cordial greeting for him there, who will put for the stranger full the welcome in on the on a holiday when homes are shrunk; who throws open his home to the parish, whose lights are always shining and beckoning as you go by his windows, across whose discovery gleam are often coming and going; who keeps his home as much and this is so remarkable that he must have other people to love it, too and if they have nothing half so alone, then some some other person of it will take them that man we all know to be a good citizen, a honored husband, a Christian in deed whomever he may be in faith, and within a gentleman.—Harper's Bazar.

Women as Physicians.

I do not believe to say, with due deference to the judgment of others, that in my opinion it is desirable to the well being or society that the study of medicine by Christian women should be discouraged and extended. The prejudice that allows women to enter the profession—I nursing and medicine—from the profession of medicine cannot be too strongly condemned, and its existence can be explained only by the force of habit.

It has been urged that women do not as a rule possess the intellectual powers of men, but their ability to pursue the moral medical studies has been sufficiently demonstrated, and it is admitted, even by those who concede to men a higher order of intellect and greater powers of reflection, that what women may lack in that direction seems to be supplied by that logical instinct with which they have been endowed by God. It is evident also that if female nurses may with propriety attend men as well as women, that physicians, and reasonably be withheld from the female profession. Indeed the position of the nurse might be regarded as open to much graver objections, inasmuch as the physician makes but a transient visit to the patient, while the nurse occupies the sick room day and night.

The admission of female physicians upon women is productive of incalculable benefit. Much serious and continued suffering is undergone by women, and many beginnings of grave illness are neglected because of the extreme delicacy which prevents them from submitting to the professional services of men. There is also an immense number of cases, known to all who have been connected in charitable or reformatory work, in which no influence or assistance can be so effectual as that of a physician who is also a woman and a Christian.

The alleviation of suffering for sisters of all classes would result from the presence among us of an adequate number of qualified female physicians cannot but be evident to all, but I wish to emphasize as strongly as possible the moral influence of such a body, than which there would be no more potent factor in the moral reformation of society.—Cardinal Gibbons in Century.

The Sleeping Room.

Whatever your room is, and however it is furnished, be sure of one thing—that it is a room where you come to go to bed in it. Don't carry dirty water standing in the wash basin or slop bowl. Don't leave dirty clothes in the room, unless it is unavoidable, and then put them in the closet or a bureau drawer. Always, even in the coldest weather, open the window a crack. If you are liable to colds you can force off a draught by hanging a shawl or extra blanket over a chair in front of the window. This is better than a folding screen, because it can be large or high, and can be hung from heaven. These remarks may seem unnecessary, but I have known some very nice people—like Butcher's Mrs. Prim—who were the reverse of nice in their own chambers.

Some folks sleep in dens—literally unventilated dens—where the windows are never opened and where the sun never comes. We need not say that such people shall its light be allowed to wake the morning sleeper or shall the blinds be fast closed? This, as a rule, would depend on which one you rise. If you get up at 6, it will be well enough to leave the windows unshaded, for the sun is a splendid alarm clock, only failing on rainy days. The majority of people, however, would do better to close the blinds on retiring.—Edith Minter in Homemaker.

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Roast or boiled potatoes should never be served in a covered dish. The steam which escapes from the potato, having no way of evaporation, becomes moisture and soaks back into the potato, making it wet and soddy. While waiting to serve the potatoes cover the dish with a napkin.

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