

PICKING STRAWBERRIES. 

HE strawberry season is at its height at East Mill Creek. Everybody, big and little, is out picking berries. The fruit is in a time condition, and there is a big crop. This is a good thing, because strawberries are practically all the fruit they will get out here this season, the heavy frost earlier in the year, having killed all else. A covering of snow during the night of the frost saved the

berries. And so the wise and fortunate ones are enjoying the fruit in the season thereof, and are not only preserving it for winter usc, but are having strawberries for breakfast, strawberries for dinner, strawberries for supper; they come fresh fom the patch in their naked beauty, or supplimented with cream and sugar; they are to be found in short-cake, in pies, as preserves, and as jelly-can there be anything more to be desired, this reveling in the best berry that grows? ART OF BERRY PICKING.

Henry Ward Beecher once wrote beautifully about the excellencies of strawberries; but, of course his knowledge was not frst-hand. One doubts if he ever picked strawberries all day in the hot sun. If the occupation was not so backbreaking, one would say that strawberry picking is one of the finer arts. Some never learn it, while others become expert. For an adult

has tried it, and has concluded that until such times that man is endowed with a much looser hinge in his back than he now has, strawberry picking is

with a much locer ninge in his back than he now has, strawberry picking is for children and Japs. To the man with a large ripe field of herries, there are trials with children pickers. Though physically the most able, there is something in their men-tal make up that goes against them; they carelessly step on the vines, and even sit on the berries; they pick the over-soft and the bad ones, making a lot of extra work in sorting; they tire soon-boys by the half-dozen come each morning to get a job. For half a day they revel in the rows, and stuff themselves full of the delieious fruit; then the afternoon sun gets hot, and by night they are done-"Can't come tomorrow." Then there is a new lot in the morning-and so it goes. VERITABLE PANORAMA.

VERITABLE PANORAMA.

The view from East Mill Creek is at its loveliest now. The Salt Lake val-ley lies at one's fect, and it is green from the Jordan to the Wasatch. The whole presents a wonderfully beauti-ful panorama. The Pioneer monument in Salt Lake is five miles north and four miles west from the East Mill ART OF BERRY PICKING. mry Ward Beecher once wrote tifully about the excellencies of vberries; but, of course his knowl-was not f "st-hand. One doubts ever picked strawberries all day e hot sun. If the occupation was so backbreaking, one would say strawberry picking is one of the arts. Some never learn it, while s become expert. For an adult e vertebral cartilage pads have

GREEN LANDSCAPE.

From this viewpoint the floor of the Salt Lake valley reminds one of a stretch of English landscape. At this season of the year the whole is in-tensely green, not having a brown or yellow spot to modify it. Fields and trees cover the valley, with the lorden cleaning on its west.

Fields and trees cover the valley, with the Jordan gleaming on its west-ern edge. The wonder is that in an irrigated section, such a luxury of growth should everywhere be seen. The view at night is no less entranc-ing. Then the lights come out. To the northwest Salt Lake City glows with electricity, the north bench being more plainly seen, the lights being ar-ranged, as the farmer plants his 'trees, in rows intersecting at right angles.

in rows intersecting at right angles. Wandamere glows in light, and Mur-ray looks quite a town. The red blaze of the furnaces may be seen at Murray. and even the western hills are aglow with red fire, Mill Creek is near the mountains.

M.II Creek is near the mountains. Their craggy summits streaked with snow, are just east and south. Every evening they send down cool breezes, driving away any smoke which might come from the city or the smelters. These breezes are more than mild in minute but them in code script they winter; but then, in early spring they drive away the frost, which makes this part of the valley the best fruitgrowing district in the state. Last spring's frost was the only serious one they had experienced since fruit trees were planted here

PROSPEROUS MILL CREEK. Signs of prosperity abound every-where at East Mill Creek. The farm-

lost much of their elasticity, this back bending labor is severe. The writer has tried it, and has concluded that until such times that man is endowed to-date community.

Among the beautiful spots of East Miss, Creek is Mrs, Emery-Holmes' country house. It stands on the bank of the rushing creek, embowered in trees and surrounded by well kent or the rushing creek, enhowered in trees and surrounded by well kept walks, lawns, and flower beds. The "honk," "honk" of the automobile may often be heard when Mayor Brausford token takes a party from town to spend a day at Oakwood, the name in big white letters which stand over the drivewa leading through the hedge into the

grounds. Mill Creek was one of the first places to be settled in the valley. A mill was built on the creek the A floui after the pioneers arrived, in 1848. This mill was operated by John and Frank-lin Neff, and was the first in the valley to make bolted flour. The mill pond is now part of Oakwood, and is made into a miniature pleasure lake.

ORIGINAL BISHOPRIC. The East Mill Creek ward was organ-

ized July 15, 1877. John Neff was selected as bishop, and his counselors were Henry B, Skidmore and Samuel Oliver. This was 32 years ago, and lected Neff and his two original counselors still preside at East Mill Creek. This is a remarkable record of service. To look at the bishop, who is hale and hearty, and the ideal picture of a whitehaired man, bright, active, and ripe with the wisdom of a long life in the service of his fellow men, one would



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MISS EMILY MONK, 4678 Fifth East St., Calders Station, Salt Lake City

## READ MISS MONK'S STORY.

Miss Monk says: "I have been sick for a long time, u fact for years I have been ailing; but last winter I became so much worse I decided to consult Drs. Shores, ad Catarrh. My head ached. I was short of breath, tired; no ambition; generally run down and discouraged I began Drs. Shores' treatment a month or so ago, and in a week began to feel better. And to make it short, I will say I am feeling better in every way now-head clearer, and all my symptoms steadily improving, and I am pleased to recommend Drs. Shores to all who need good, reliable Spec lalists. "EMILY MONK " (Signed



Was It Consumption

"For a long time I have suffered terribly with my head, throat and lungs. I had headaches continually-never free from them. My breathing was so heavy that my wile could sit in one room and hear me breathing in the next. At night I would take coughing spells and cough inces-santly, and nothing checked or relieved it. I would get up tired in the mornings: had no appetite; bowels irreg-ular; and when Iwent up in the residence district on the hearb I would lose up breath and have to come heat unar; and when Iwent up in the residence district on the bench I would lose my breath and have to come back at once. Doctors here and elsewhere told me my lungs were affected and Consumption inevitable. After trying everything I heard of, my wife persuaded me to go to Drs, Shores, the local Experts, and I did so not quite a month ago, and began treatment. The second night after the treatment of did whet searches the second might after the second might aft er starting their treatment I did not cough; soon er starting their treatment I did not cough; soon my headaches deased, and, today, after three weeks' treat ment, I do not cough at all, my head is clear, appetite good, bowels regular, and I can walk all day and de my work easily, and that tired-out feeling is contrely gone. It has been such a wonder to me that I deem it a duty to tell my experience for the benefit of others who suffer. I will be glad to talk with anyone interested who will call on me. (Signed) R. F. ELVIN."





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B.A.YA

the wood is dried up until it resembles cork. This along with the unique masonary found by Prof. Cummings at Moab makes a particulary encouraging commencement. Perhaps you have never heard of

the "Moonlight" country? Well, it has reference to that belt of territory lying east of the San Juan river stretching far down into Arizona and dotted over with ruins of the Moki. The story of its naming describes quite drastically the nature of its plains and solitudes. A cowboy had ridden for several days without water and finally in the last extremity of dispair he ran across some Indians and demanded where he could find water. They refused to tell him and that night wandering over the plains in the moonlight he found a little spring and so saved himself. He named the place Moonlight Waters and the country has taken the name from that.

Dr. Hewlett has just returned from Europe and reports that he believes we shall soon know a great deal more about early America than we do now. for the reason that he has found about " coo.ooo manuscripts at Seville, Spain, which relate the experiences of the various explorers who have penetrated America. There are many maps, for example, which give the exact location of the many publos in Arizona and New Mexico that he found simply by

glancing through a few of the pack-

nges given to his disposal. He say,

he believes there are enough manu-

scrips at Seville to keep several men

busy several centuries issuing a fair

sized volume each year. This should be

of particular interest to us as Utah re-

ceived its share of exploration by these

same adventures.

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CRAYON SKETCH OF THE BLUFFS.

The San Juan is running at high five feet above the water's edge, and the people are much excited over the speed just at present and is washing the city of Bluff out of existence. Alprobable outcome. The San Juan i: ready a plot of ground of 50 or 60 acres full of quicksand and therefore it is of field land has been washed away dangerous to attempt to change its and this is serious, when one thinks course.

that there is only a very narrow strip The thermometer is high at Bluff, but the trees are laden with fruits, and af-ford a picturesque view in combina-tion with the high red sand stone cliffs of land on the north bank of the river that is fit for cultivation. The city lies between two high bluffs only four or rising precipitously in every direction.

-partly in a shallow iron pan and attly scattered on the ground lowed to burn three minutes, and then received the contents of two foam ex-inguishers, which quickly arrested the When the foam was removed and fire. thre relighted, water from a 2-inch hose was insufficient to check the flames, which sprend rapidly, endangerlig near-by buildings.

ver fire department, 18 gallons of ben

Bees return to their hives in a direct line when they have been carried away and liberated, up to two miles. This has been supposed to be due either to the sense of sight or of smell, but the experiments of Gaston Bonnier have proven that neither sight nor smell can serve the purpose, and that bees have a special "sense of direction." This sense is not in the antennae.

A novel luxury for the hotel bed-hamber is a new signal apparatus that small telephone receiver is placed near the head of the bed or even under the

pillow, and pressing a button causes a set of gongs to strike, announcing through the telephone the hour, quarter, and number of minutes past the quar-



Divers increase the time that they can remain under water by a little preliminary deep breathing. A late experimenter has found that without preparation he could hold his breath for only 42 seconds; but after one minute of forced breathing he could hold it for 2 minutes and 21 seconds; after three minutes, for 3 minutes and 21 seconds; and after six minutes, for 4 minutes and 5 seconds. The effect of the forced breathing ap-pears to be a freeing of the blood and body tissues from considerable carbon dioxide. It proves to be undesirable, however, to continue the forced breathing more than two or three min-utes, for if it is prolonged the muscles of the hands become rigid, and re-main completely paralyzed for a min-ute or two after holding the breath begins. In actual practise, the pearl Bell 4622.

begins. In actual practice, the pearl divers of Ceylon take only a few deep breaths before descending.

specialty. The trackless land is as difficult to travel without a compass as the track-



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