Druggists

They act like Exercise.

Pancakes made

of Falcon Self-Rising Pan-

cake Flour are very easily pre-

pared and their quality never varies.

Falcon Self-Rising

Pancake Flour

is tested in our own laboratory and is warranted to contain the most valuable portions of wheat, corn and rye. All that is best for the stomach. The proportion of each grain

adapts Falcon to all seasons and it suits all stomachs.

Muffin Recipe

Two cups of Shannon & Mott Company's Faicon Self-Rising Pancake Flour, one cup milk, one heaping tablespoonful butter, one tablespoonful sugar, two eggs; mix the ingredients thoroughly before adding the pancake flour. If richer multins are wanted, add more eggs. Use no salt, yeast, or baking powder.

The Best Grocers Sell Falcon Pancake Flour.

SHANNON & MOTT COMPANY. Millers of Falcon Pure F. Des Moines, Ia.

CASTORIA

The Kind You Have Always Bought, and which has been

in use for over 30 years, has borne the signature of

Chart flitcher: Sonal supervision since its infancy.
Allow no one to deceive you in this.

All Counterfeits, Imitations and "Just-as-good" are but

Experiments that trifle with and endanger the health of

Infants and Children-Experience against Experiments

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Pare-

contains neither Opium, Morphine nor other Narcotio substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind

Colic. It relieves Teething Troubles, cures Constipation

and Flatulency. It assimilates the Food, regulates the

Stomach and Bowels, giving healthy and natural sleep.

CENUINE CASTORIA ALWAYS

The Kind You Have Always Bought

In Use For Over 30 Years

Bears the Signature of

The Children's Panacea-The Mother's Friend.

and has been made under his per-

Sootning Syrups. It is Pleasant, It

Best for pancakes, but try this

·for the Bowels

PITTSBURG PHIL STILL IN THE GAME

Report That He Was Dying at Ashville Is Emphatically Denied.

HE WILL RACE STABLE AGAIN

His Brother Makes the Annonncement And Declares That "Phil" Will Have Big String This Season.

Regarding the recent reports to the effect that "Pittsburg Phil," the noted turfman and plunger, was dying at a sanitarium and that he would never ap pear in the racing game again, the following from New York will be read with interest by those interested in turf events in this country:

W. C. Smith makes a flat denial of the story sent out from Asheville, N C., that his brother, George E. Smith (Pittsburg Phil), is in a bad way physically. The big trainer has just returned from Asheville, and said that his brother was in better health than he had enjoyed for three or four years. Mr. Smith is not at sanitarium, as reports had it, but i living at a hotel He takes a great deal of exercise, and is feeling so well that contemplates coming back to the turn the coming season with the largest stable

he contemplates coming back to the turf
the coming season with the largest stable
he ever campaigned.

The stable will be trained by W. C.
Smith, who will devote his entire attention to his brother's interests, having
given up all outside horses. The stable
will be accumulated gradually, as the
opportunity to buy likely racing material
is presented, but it is expected that the
trainer will have enough horses by the
middle of the season to keep him busy.

No effort has been made so far to get
a stable together, but both gentlemen
will be on the lookout for any horse that
it is possible to buy that would seem to
fit in with their plans. Mr. Smith's
celers probably will be seen at the early
meetings hereabouts.

The news that Pittsburg Phil would
again be found among the owners racing
at the Metropolitan tracks, came as a bit
of surprise to the public generally. It
had been assumed that he was through
with racing so far as the ownership of
horses was concerned. He has, in fact,
expressed himself in such terms, and
it has generally been supposed that such
was the terms of his restoration to good
standing last summer.

At Sheepshead Bay, during the June
meeting of 1905, the stewards of the
yackey club notified the secretaries of
the various racing asseciations not to
receive any further entries from Mr.
Smith. This followed the suspension of
Shaw by a few weeks, and caused quite
a commotion at the time.

Mr. Smith made several efforts to
have a rehearing of his case, but wan
not successful until last summer, when
during the Saratoga meeting he was restored to good standing.

Mr. Smith raced quite prominently for
several years, and has been a central
figure around the race tracks of New
York form any years, Belmar was the
last good herse to carry his colors.

ON THE RACE TRACK.

Some Reasons Why Croker Was Placed Under the Ban.

London, Jan. 11.—A serious scandal promises to develop in racing circles as a result of the Jockey club's action in interdicting Richard Croker from training his horses at Newmarket. The history of Mr. Croker is that when, at the Newmarket sales in September, Mr. Croker appeared as a bidder for certain vearings he was informed that he was opposite. Lord Marcus Beresford, who, it is vell known, has entire charge of king Edwards racing stable. This did not deter Mr. Croker, and it was suggested to him that if he insisted in competing he would not be allowed to train his horses at Newmarket.

Mr. Croker, however, was not influenced, claiming that his conduct was not discourted as he was dealing through an agent, who did not know his adversary in the transactions and mercily carried out his instructions.

In an interview in Dublin Mr. Croker said he was still completely in the dark regarding the whole matter, and expressed astonishment at the fact that the stewards did not give a season for their section.

dewards did not give a season for their

action.

A newspaper said today Mr. Creker intends to sell his residence at Wantage, England. For some months past he has been living in Ireland, where it is reported, he will reside altegether hereafter.

Bad Day for Favorites.

Los Angeles, Cal., Jan. II.—Pavorites had another disastrous day of it at Asect. not a single one finishing first. The 2-year-old race was an upset for the favorite. Kitty B, both Tendi, which was 10 to 1, and Silver Sue, finishing alead of her. Heather Honey and Rough Rider were the two strongly played horses for the third race, but Elie at 4 to 1 upset calculations by beating both of them out. Weather, clear; track, good. Summary:

Summary:
First race, slx furlongs-rGeat Mogul
won, Mai Lowery second, MacFlecknoe
third. Time-1:1514,
Second race, selling, three and a half

My Offer to Kidney Sufferers

I will give you a full dollar's worth of my remedy free to try without cost or deposit or promise to pay.

I could not make this effer—a full dollar's worth free—if mine were an ordinary kidney remedy, it is not. It treats not the kidneys themselves, but the nerves that control them. The cause of kidney trouble lies ALWAYS in these nerves. The only way to cure kidney trouble is by strengthening and vitalizing and restoring these kidney nerves. That, is exactly what my remedy—Dr. Shoop's Restorative—does. Therefore I can make this offer with the certain knowledge that every kidney sufferer who makes this trial will be helped.

When I say "nerves." I do not mean the ordinary nerves of feeling, thought, action. I mean the automatic nerves, which night, and day, unguided and unseen, control and actuate and operate every vital process of life. These are the master nerves. The kidneys are their slaves. Your mind cannot control them. Your will cannot swa ythem. Yet when they are strong, you are well; when they are not, you weaken and die.

I have written a book on the Kidneys which will be sent when you write. This book explains fully and clearly how these tiny, tender "inside" nerves control not only the kidneys but each of the other vital organs.

I have made my offer that strangers to my remedy may know. It is not intended

only the kidneys but each of the other vital organs.

I have made my offer that strangers to my remedy may know. It is not intended for or open to those who have used my remedy. They need no further evidence, But to those who have not heard, or hearing, may have delayed or doubted, I say, "simply write and ask," I will send you an order for which your druggist will hand you a full dollar bottle—and me will send the bill to me. There are no conditions—no requirements — simply write me today.

write me today. For a free or Book I on Dyspepsia-der for a full Book 2 on the Heart. dollar bottle you Book 3 on the Kidneys. Shoop. Box 3713. Book 4 for Women. Racine, Wis. Book 5 for Men State which book Book 6 on Rheumatism.

Dr. Shoop's Restorative

For Pain

Take a Dr. Miles' Anti-Pain Pill, and the Pain will disappear Like Magic.

Not by paralyzing the nerves and glands, like opium, morphine, cocaine, and other dangerous drugs, but by increasing the natural secretions.

This action is obtained as a result of modern discoveries in medicine, making t possible to relieve pain without had after-effects.

You can safely depend upon Dr. Miles' Anti-Pain Pills to relieve and cure such pains as Neuralgia, Headache, Stomachiche, Menstrual Pains, Rheumatism, Backache, Toothache, etc.
They will also, by their calming action on tie nerves, almost instantly re-

lieve such distressing feelings as Dizziness, Car-Sickness, Indigestion, Irri-tability, Eleeplesaness, Nervousness, etc. Not merely do they relieve, but they also absolutely cure, because by persevering in their use, you do away with

the cause.
Dr. Miles' Anti-Pain Pills are guaranteed that first package will benefit, or your money back. Never sold in bulk. "I am thankful for the good Dr. Miles' Anti-Pain Pills have and are doing me. Ever since the war I have had spells of severe throbbing head-ache, caused by catarrh, until six years ago, I began taking Anti-Pain Pills, the only remedy that ever gave me relief. Since then I have not had one hard attack, because I take a Pill and it overcomes the difficulty."—GEO. SAUNDERS, Greensburg, Ind.

FREE Write to us for Free Trial Paln Pilis, the New Scientific Remedy for Pain. Also Symptom Blank. Our Specialist will diagnose your case, tell you what is wroug, and how to right it, Free. DR. MILES MEDICAL. CO., LABORATORIES, ELKHART, IND.

furiongs—Tendi won, Silver Sue second, Kitty B third. Time—45.
Third race, selling. Brook's course—Elie won, Rough Rider second, Heather Honey third. Time—2:04.
Fourth race, selling, six furiongs—Cloverton won, Sugden second, Suie Christian third. Time—1:15½.
Fifth race, selling one mile—Eleven Bells won, Byea G second, The Lieutenant third. Time—1:42%.
Sixth race, five furiongs—Ralph Reese won, Light of Day second, Sweet Kitty Bellairs third. Time—1:01¼.

Events at Oakland.

San Francsico, Jan. II.—In the handicap today Nigrette, an odds on favorite, did not do any better than show. As there were but four starters in the event, there was not much of a contest. The favorite, under a slow pace, flattered her backers for half a mile, when Bombarding passed her, winning under double wraps by three engths. Oro Viva also out-sprinted the favorite to the wire, securing the place by five lengths. It was a procession all the way. Weather, clear; track, muddy. Summary;

the way. Weather, clear; track, muddy. Summary:
First race, Futurity course, selling—Suburban Queen won. Brennus second, Yellowstone third. Time—1:13¹4.
Second race, three and a half furlongs—Sir Wilfred won. Daruma second, Abe Meyer third. Time—1:43¹4.
Third race, six and a half furlongs—Minjo won, Educate second, Flanuer third. Time—1:25¹4.
Fourth race, one and a sixteenth miles—Barbardler won, Oro Viva second, Nigrette third. iTme—1:50.
Fifth race, one and an eighth miles—Barrack won, Theorera L second, Ginspray third. Time—2:0.6
Sixth race, five and a half furlongs—W. R. Condon won, Squire—Johnson second, San Nicholas third. Time—1:08.

WITH THE BOWLERS.

Railroads and Independents the Contesting Teams Last Evening.

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The Railroads and the Independents were the centesting teams in the bowling league games last evening, and the former carried off the honors by capturing two of the three games played. No records were broken but some fairly good individual work was accomplished. Davis of the Independents was high man, while Whitney and Price tied for second place. The scores follow:

RAILROADS.

INDEPENDENTS.

. .852 936 820-2608 47 69 13 21 Averages Schilling 174 1-3; Davis, 133; Howe, 162 1-3; Evans, 171 1-3; D. Spitz, 167 1-3.

FOOTBALL IN ARIZONA.

Graphic Account of the Great College Game is Published.

Game is Published.

Football in Arizonal Yes, they play the game down there, and an account of the game, as seen by a reporter on the rompstone Epitapa, is well worth reading and is hereby reproduced:

"At 2 o'clock, quil. the clans had gathered at the old ball grounds. All the boys were incased in feather beds and other defenses. There were two doctors, an ambulance, a siretcher, a gallon of arnica, all kinds of bandages, and a Red Cross wagen, and they needed them all.

of arnica, all kinds of bandages, and a Red Cross wagon, and they needed them all.

"Summed up in a nutshell, feotball is about like this: "The first thing is a kickoff, which doesn't amount to much. Then, after that a fellow holds the ball between his legs, with a row of shaggy old boys behind him, who stand with glittering eyes and fangs protruding while somebody blows a whistle and somebody else counts, any old way, till he comes to a certain number, when the ball is fired backward, someone catches it, runs about six feet, when just twenty-one men pile on him, jam him in his slats, twist him like a pretzel, and flatten him out until he isn't thicker than a tortilla: then they all fall off and holler: Water, water, water! Bring the doctor! And they rub his leg and chunk him in the neck, and bring him to, and lift him tenderly on a stretcher, and as they bear him away he lifts his only whole hand and waves it to his comrades and yells for Tombstone or the 'varsity, as the case may he.

And now we are all on the ground, and the boys are lockeying and the automobilers are resting, and old No. 3 is paning as she pumps allr, and on one side of me is one of Tombstone's incomparable specimens of angelic pleasantness in the guise of a school "marm," and one the other an old dame who looks as if she had been carved out of Jerkey, and the small boy with a tin horn and a rubber snout on the end of it was there making the ambient air hideous with incessant discord, and a welly rider who imagines he is Count Cassini riding down the enemies of the fatherland, is plunging about on horseback, among the women and children, till the officers yank him earthward and the big signal goes up and the battle begins.

They start at the middle of the builting, and the Tuscans have evidently entered into contract to drive the Tombstone out from a contract. An old Kansas snowplow would not be

sion lias Had Enough.

Cincinnati, Jan. II.—A sensation was caused today by the announcement that August Herrmann, president of the Cincinnati club, will resign as chairman of the National baseball commission. Baseball men now here are trying to prevail on Mr. Hermann to reconsider. He says he is through with the national commission, however. The major leagues are particularly anxious for Herrmann not to resign, but if he insists they say they want John T Brush, president of the New York National leagus team, to succeed him. An effort will also be made to have minor league representation on the commission, in which event either George Tebeau or Howard Griffiths and one more minor league man, possibly Pat Powers, may be admitted to the commission.

The National baseball commission adjourned today. Besides deciding to investigate the Jack Taylor case, the commission adjourned today. Besides deciding to investigate the Jack Taylor case, the commission adopted a number of verbal changes in the national agreement and referred to the National and American leagues, for further consideration, the demands of the National Association of Minor leagues for an increase in the price for the drafted players.

Other changes in the agreement about

players.

Other changes in the agreement about which there was no contest were accepted by all concerned and will be formulated and sent to the National and American for leagues for final adoption. The proposed changes in the national agreement suggested by the commission include the following:

ingested by the commission of the California slowing:
The drafting season of the California sague is to be changed in order to allow hat league to play longer season than he leagues in the east. the leagues in the east.

They also recommend the reopening of the draft on the Tacoma club, from where no players were secured under this rule because of a misappreheusion regarding the reserving of two of the men.

Cincinnati, O., Jan. II.—The baseball season will open Friday. April 14, and close Oct. 5 or 8, the schedules of the National and American leagues providing for 14 games.

President Hermann of the National mes. It Hermann of the National on has no intention at present of resigning.

The national board of arbitration has announced the following decision: J. C. Harris, claimed by Houston, Tex., and Ardmore, released from all reservation.

Ralph Rose Barred.

Affh Arbor, Mich., Jan. II.—Raiph Rose, the champion shot-but athlete, was tonight declared ineligible for all time by the board of control of athletics of the University of Michigan. Rose recently participated under the colors of the Chicago Athletic association in an athletic meet in New York city. Permission to participate at New York had been refused him by the Ann Arbor board of control. Rose's reinstatement, it is now stated, could be secured, if at all, only by a majority of the Western intercollegiate conference.

SCIENTIFIC MISCELLANY.

One of the most remarkable of insect-One of the most remarkable of insect-catching plants seems to be a grass (Cenchrus echinatus Linn.) that is a great pest along the edge of Cuban cane fields. With the beginning of the rains, says E. A. Schwarz in calling attention to this plant, great swarms of insects appear, and they are caught in enormous numbers in the flowering spikes of the grass. Even beetles so large that they cannot be easily held in the hand are retained, only a large earwig and a large bug being able to earwig and a large bug being able to escape. The plant seems to derive no benefit whatever from its ruthless cap-

A new use for carborundum has been discovered in Germany. Two large gas retorts becoming very leaky, a paste of equal parts of carborundum and fireclay was applied to the still red hot edges of the cracks, and in three minutes the retorts were receiving their usual charges of coal, subsequently proving quite sound. For repairing a cold object the carborundum may be mixed with one-third of its weight of water-glass instead of fire-clay.

Powders for the temper are prescribed by Sir Lander Brunton. As the irritability preceding an attack of gout comes on, he gives 20 grains of bicarbonate of potash with 10 to 20 grains of bromide of potassium; and for the irritability coming before a headache or caused by heart troubles he advises a few doses of bromide of potassium and salicylate of soda.

shown that man utilizes about 96 per-cent of the material and 91 per cent of the energy of his food. The steam en-glie, with an efficiency of 10 per cent or less (so peop marking by comparior less, is a poor machine by compari-

Eplipsy, though known to Hippo-crates 3,000 years ago and numbering its victims by millions, still remains one of the most mysterious and neg-lected diseases. It is estimated that not less than 150,000 living persons in the United States are eplieptics, and they are no fewer elsewhere, all class-es, conditions and ages being affected. The attacks may appear but a few times in a long life, or they may num-ber hundre's and even thousands in 24 hours. There are four chief forms. Eplipsy, though known to Hippo 24 hours. There are four chief forms, viz: (1) a sudden severe fit, with loss of consciousness and muscular control; (2) a mild fit, with partial unconscious (2) a finid fit, with partial unconscious-ness; (3) a spasm in a single leg or arm or group of museles, and (4) a temporary blank in the memory. Feeble mindedness usually follows epilepsy, insanity developing in fully 20 per cent of the cases. Considering the off of the cases. Considering the off-claimed relationship between genius and epilepsy, Dr. W. P. Spratling, a specialist in spilepsy, contends that the disease always impairs the mental powers, and that Caesar, Napoleon, Mohammed, Swedenborg and other great epileptics must have become affected when their strength was on the

Radiant, the invention of two English

Husler's Flour

Habit—and, notwithstanding it is only 10 days old, it is already firmly fixed.

engineers, is blaimed to increase the emclency of gas hees as remarkably as the incandescent mantle adds to the light. It is a product of the waste of chemical works, replaces asbestos or fire-clay balls, and causes the gas to burn brightly and completely, trebling the heat. The material can be had in any quantity at no greater cost than the class of th

Whether matter undergoes change of properties on being charged with electric current has been a subbeen practically negative. Mr. Paul R. Heyl states that when carrying a heavy current the change in the tensile strength of iron cannot exceed half of 1 per cent, and the melting point of tin can hardly be changed two decrees: can hardly be changed two degrees.

A very infusible fire-brick, promising to serve many needs, is made by ce-menting quartz gand with magnesia, drying and carefully burning.

Some new and simple radium experiments have been described by Prof. Orazio Rebuffat, an Italian physicist, On rubbing a glass tube with wool in a medium containing a radium salt, a lu-minous glow followed the wool, and a glow also appeared when the finger was glow also appeared when the fluger was brought near the excited glass. Using a vacuum tube brought into connection with a tube of radium sait, a brilliant glow appeared inside when the outside of the glass tube was rubbed with wool. This experiment, it is believed, makes it possible to demonstrate the production of emanations from vadium mixtures of low grade, or feeble activity.

The action of water as an anaesthetic is illustrated in some recent cases brought to notice by Joseph Clements. In one case five hemorrholds were injected with distilled water, when they were removed in 15 minutes without pain and the matical at once returned. pain, and the patient at once returned home. In another case two fistules were opened and scraped, one after the injection of water, and the other without it. The last operation was exceedingly painful. The action of the water is declared to be the same as that of solutions of cocaine or other drug-a filling of the interspaces of the tissues, thus temporarily suspending in-tercellular respiration, and paralyzing the local nerve centers.

The melting of glaziers in winter has called for explanation. Dr. R. von Lendenfeld of Prague, believes that the earth's interior heat cannot account, for more than three to six per cent of the effect, but that the principal cause of the melting is the heat from the work of the ice in descending. The pres-sure of winter snows would probably somewhat increase the internal melting.

Aside from errors of refraction, W. H. Rivers finds the eye of all races and classes of men to be practically the same. The apparent superior sight of savages is attributed entirely to practise and education, with familiarity with the surroundings.

FISH CULTURE.

Correspondent Offers Some Suggestions to the Legislature

Will you please find space in your valuable paper for the following as it may be of interest to some of your caders, especially to our law makers, who are now in session. I have just been reading the report of the state fish and game commissioner of the state and in it I find some good sug-

a suggrestion to the hoofs and elhows that plowed up that innocent mesa for two long hours.

HERMAN WANTS TO QUIT.

Chairman National Baseball Commission Has Had Enough.

Every resolution that I made for New Year's has been broken except the general success of the commissioner reports, wild ducks are on the decrease in the northern counties, it is not so in the northern counties, it is not so with Utah county according to information furnished me and by observations made by himself; and I still maintain that if wild rice was imported it would do more to increase our wild game than any other thing that could be done.

But it is not my purpose to dwell at length upon our winged birds, but rather upon the necessity of increasing our fish supply. I find in general that other states are taking hold of this industry to supply food for thelrown people and also for commercial purposes. For instance, the Puget Sound produces over \$5,000,000 in salmon alone yearly. Over 24,000,000 pounds was caught in the Oregon rivers last year. But Washington is the chief Salmon supply point, there being over \$6,000,000 invested in this business, giving employment to 10,000 persons whose

\$6,000,000 invested in this business, giving employment to 10,000 persons whose carnings amount to over \$3,000,000. The state maintains 19 large hatcheries producing many millions of fry. The U.S. fish commission operates 37 stations and sub stations and results in producing over 1,173,833,462 fish and egs yearly which are placed in public and private waters.

Take for instance the nation of Japan whose product in fish runs high into the millions yearly. The country is only about one half as large as ours, but they have 18 skilled fishermen to our one, they have about one million and the United States about 150,000. Their principal meat is fish and their physical strength and endurance in the war in which they are at present inphysical strength and endurance in the war in which they are at present involved, shows the wisdom of fish food. If it were not for the fish food of Europe many of her subjects would go hungry. To see the thousands and thousands of pounds of fish that cames into the Billingsgate market in terral wonders what London alone, a person wonders what becomes of it, but by 8 o'clock in the merning it is dispatched to the various city markets and is soon consumed. Billingsgate market covers over 39,-000 square feet, with adjacent buildings and many tons of fish come in there

Now to come to our own streams and

the carp being the most numerous, and very few people will eat them when they get a chance. Now, instead of enlarging the present state hatchery, would it not be well to build a subhatchery somewhere in Utah county, so the lake can be stocked with good value. the lake can be stocked with good va-ricties of fish such as the following white and rock bass, lake sturgeon buffalo fish, channel and mud catfish frum, fresh water lobsters and shrimps and white fish. I need not enumerate more but there are over 50 varieties of fresh water good fish that would thrive and do well in our lakes and streams, but we need somebody to look after this business that has in mind the interest of the whole state, and not one county or section of the state. Water farming can be made more profitable than land farming. Let us have more fish and food for both fish and game, with prop-

malarial fever and jaundice, fill he tool Electric Bitters, which saved his life At Z. C. M. I. Drug department; price



Stanford, Jr., university, at Palo Alto, Cal. Beneath its massive and handsome towers all visitors must pass in order to enter upon the great campus which has been beautified until it is surpassed by no other college grounds in America. The gateway is Italian in design and is constructed of the buff sand-stone which enters so largely into the composition of the college buildings in he quadrangle. It stands about 200 yards from Palo Alto railway station, at the beginning of the broad, tree bordered avenue which leads to the quadrangle. On each side of the avenue is a tower about forty feet in height and roofed with ed tiles. The cost of the gateway was about \$25,000.



RHEUMATISM

Several years ago I was afflicted with what the doctors called Sciatic Rheumatism, or Lumbago, suffering the most intense agony at times, and being confined to my bed about a year, although four of the best physicians (one of whom was my

father) attended me during my illness.

They could give me only temporary relief, and I think they tried about all the remedies known to medical science, dosing me with strong medicine until my stomach got into such a me with strong medicine until my stomach got into such a condition that I could digest nothing, and neither myself nor my friends had any hope of my recovery. I was persuaded to try S. S., and before finishing the first bottle I found that I had the right remedy. I continued to take it until it cured me perfectly. This was about nine years ago, and I have been in splendid health ever since.

Murfreeshore, Tenn. Murfreesboro, Tenn.

J. D. MANSON.

I was terribly afflicted with Rheumatism for eighteen months, and during my sickness tried the skill of many good physicians, all of whom pronounced my case hopeless. I was for a year in such a helpless condition that I was unable to dress or feed myself. I had filled at different times 52 prescriptions suggested

by friends, none of them giving me any relief. I finally decided to include S. S. S., and took the first dose while hobbling about on crutches. After taking two bottles I found so much relief I was able to relinquish the use of one crutch, and a faithful continuance of the medicine relieved me of the other crutch, and shortly afterwards enabled me to go to my work. I have had no return of Rheumatism, although this was five years ago. 2135 N. Senate Ave. J. O'MALLEY.

Fiery liniments, drawing plasters and penetrating oils never cured a case of Rheumatism; because it is not a local or skin disease, but a disease of the blood caused by a sour, acid condition of that vital fluid. The kidneys and bowels get weak, the liver torpid, and the poisonous accumulations that should pass off through the usual channels of nature are absorbed by the blood and distributed into the muscles, joints and nerves through the circulation, producing inflammation and swelling of these parts, excitement of the nerves and other painful and disagreeable symptoms of the disease. Rheumatism sufferers look with dread upon the winter season with its damp,

cold, changing weather, for the first slight exposure is liable to bring on an attack, and the sharp, cutting pains and feverish, swollen joints and muscles make life miserable with almost unbearable torture. Local applications will often give relief for a little while, but can do no permanent good, because the trouble is not within their reach; and even while the symptoms are being relieved by such treatment the blood is becoming more heavily charged with the uric acid poison, and the next attack will be more severe. S. S. S. cures this discovered to proper ration all the always horsens and going into the ease by arousing to proper action all the sluggish organs and going into the blood, driving out all the acid and poisonous matter, renewing and strengthening it, and toning up the entire system by its fine tonic effect. It contains no Pot-

ash or other harmful minerals, but is purely vegetable and is recognized everywhere as the surest and safest blood purifier. Our special book on Rheumatism will be mailed free to all who write, and our physicians will give medical advice to all sufferers, without charge. THE SWIFT SPECIFIC COMPANY, ATLANTA. GA.

But It is not my purpose to dwell at

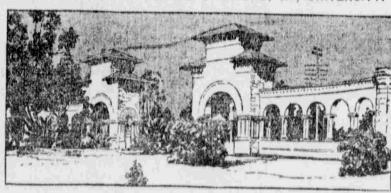
Now to come to our own streams and lakes. Certainly something ought to be done to increase our fish and good varieties of fish. I learn incidently that Mr. A. O. Slade, our present county warden, is in the race for state game commissioner and I think that he is a man that understands the business, and as Utah county produces more fish than all the rest of the state. I thing she should be recognized. I see in Mr Sharp's report that he recommends that Sharp's report that he recommends that provision be made for exhibits at state fairs, which will be all right, but it seems to me that after nine years experience, the exhibit at the last state fair was very amusing to Utah county people and also to others.

At present there are about 12 different varieties of fish in Utah county, the carry being the most numerous, and

Yours respectfully, EDWARD SOUTHWICK.

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The cut shows the beautiful new gateway recently completed at Leland



DR. JAMES E. TALMAGE.

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