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SALT LAKE CITY. - JAN. 8, 1907.

MIND AND HEALTH.

A Chicago physician, Dr. Charles Gilbert Davis, is quoted as having arrived at the conclusion that "a majority of the cases of illness which come under the daily observation of the physician are largely due to the condition of the mind."

This thought is not new to physicians, nor to the observant and thoughtful layman. "A sound mind in a sound body" is an accepted axiom. The power of mind over matter is not disputed. But if the conviction becomes general that sickness and health are to a very large extent dependent upon the condition of the mind, this should have a wonderful influence upon the affairs of mankind. It would furnish a strong motive for a moral life and the cultivation of all the nobler qualities of the human soul.

It has been erroneously supposed that physical exercises alone are capable of building up the system and produce a strong race, though the ancient states certainly did not perish because physical culture was neglected. With a better understanding of the creative and sustaining power of the spirit of man, the relation between it and the tabernacle in which it dwells for a short time, will also be more clearly comprehended.

Dr. Davis argues:

Dr. Davis argues: "If a thought can in an instant of time dilate or contract the blood vessels, causing a rush of blood to or from any part; if it can increase or diminish the secretion of a gland; if it can hasten or retard the action of the heart; if it can turn the hair gray in a single night; if it can force tears from the eyes; if it can in an instant produce great bor 'y weakness; if it can produce insomnia; if, as has often occurred, it can bring instantaneous death—then is it not natural for us to conclude, without further argument, that it may bring about a more or less continuous derangement of the physical organism, which we call disphysical organism, which we call dis-

He cites the fact that sometimes a person returning from the funeral of a loved one takes sick and dies, as an illustration of the power of thought over the body. He calls attention to the bad effects that sometimes follow a fit of anger.

"Time and again," he says, "I have observed acute illness in an infant where it was permitted to nurse immediately after the mother had been engaged in a quarrel, and on more than one such occasion I have seen death follow in a few hours."

Dr. Davis some years ago conducted some interesting experiments. He sent trained assistants into the haunts of vice as well as respectable homes, and cognizance of them, for reasons best known to himself.

Besides the proprietors of the saloon there was one other man who got mad. very mad. He was Martin E. Mulvey. member of the city council and friend of the White House Bar owners, spokesman for and representative of the saloon interests, to whom "permission and protection promises" had been made before election. These had now been violated and after a stormy interview with the head of the police department he concluded, that he would tender his resignation as a member of the council, quit politics altogether and lay bare to a waiting world the secret workings of the "American" party administration. Officials of the latter trembled at the outlook and got busy The bluff had worked and Mulvey tore up his resignation and promised with a wink and a smile to stay. What happened at the council meeting last night showed that he had dictated terms and that they had been accepted. After a caucus of the "American" party members into which their chief oracle had been called for

advice, it was voted to renew the abrogated license on the ground that it had been revoked without "notifying" the bar proprietors.

Surely here is a spectacle which affords food for reflection on the part of all decent people of the community. A saloon has its license cancelled for the reason that it has violated the law on the Sabbath day. The Chief of police declares that it shall not open its doors again. A member of the City Council says it shall or he will resign. He writes his resignation with a strong string attached, and is "seen" by apprehensive associates, and at an opportune time withdraws it. Still all is not settled and a secret session is called. Invited to it with the Mayor of the city is the editor of the party's organ. The result is the saloon is again doing business. This morning his paper excuses, condones, covers up and suppresses an account of the meeting and says the license is restored because of a mistake. How does this appeal to the erstwhile and much concerned Ministerial association and to the law and order people

TALKING OF PANICS.

of the city generally?

Those who believe in the periodicity of panics and financial crises, explain that the country had a severe crisis in and following 1837. At the end of 10 years there was lacking any noticeable reaction, but in 1857 came a panic of great severity. The intervention of the Civil War broke up the regular industrial order, and this country went through the 10-year point following without trouble, though England did not. Our time came in 1873, which brought the worst panic experienced since 1837. Ten years from 1873 saw the moderate depression of 1883 followed by the financial panic of 1884. Ten years again brought the very disastrous crash of 1893. And thus, we are told every twentieth year or nearly so,

proves to be a year of depression. In view of the notes of warning sounded in the financial world recently, the following description of the situation previous to the panic of 1873 by James Ford Rhodes, quoted by the New York World, is of timely interest.

He says: "At that time it is not surprising that business men and bankers did not foresee what was coming. Prosperity was written all over the face of things. Manufacturers were busy, workingen in demand, streets and shops were crowddemand, streets and shops were crowd-ed, and everywhere new buildings go-ing up. Railroad earnings as com-pared with 1872 showed a gratifying in-crease. Prizes of commodities were high, demand pretty good; everybody seemed to be making money and no-bedy suppedied for a moment that he body suspected for a moment that he was living in a fool's paradise. "For the basis of all this activity ap-peared to be sound. The wheat crop was large and the product of corn, though smaller than that of the previthat alth was large and the product of corn, though smaller than that of the previ-ous year, was nevertheless fairly good. The best authorities reported that the supply of breadstuffs in Europe would be short and that there would be a ready demand at high prices for every available bushel of our exportable cereals. Wheat had begun to move and the old corn was coming forth: it was feared that the capacity of the rail-roads and ocean steamships would be insufficient to carry the freight that was offered them. It was estimated that the coton crop would exceed four million bales (then a large product), and for this the demand in Europe was of course constat. "If prices were high, it might be asked, were they abnormal? Transpor-tation was the sure gauge of activity. and was not Cornelius Vanderbilt, the greatest captain of industry, paying \$120 per ton for steel rails for his four-track road? Would this far-seeing man make such preparations at so high a cost unless he believed existing con-ditions permanent? Money, it is true, was tight, but this was surely an in-dication of prosperity; it was due to the demand of the West and South for their New York funds in order to move the crops. Late in the autumn the greenbacks and other currency would relare to the money center, having been advantageously employed in send-ing out surplus products abroad and thereby reducing our foreign debts and enhancing our credit. "Such reasoning looked plausible enough in August, 1873."

clare that it is against good 'citizen ship to wish for one. Tomorrow some of the brokers in Wall News. street will open their business with

prayer. It is to be feared that most of them are far more used to prey than to pray.

People are still waiting for Mr. Hall Caine to say which seven plays of Shakespeare are fit to live. They would dislike very much to select seven wrong ones and throw the rest away.

In San Francisco policemen are detailed to protect members of the school. boards while they steal coal for the schools. All kinds of stealing seem to have protection in San Francisco.

The Metropolitan Life Insurance company is going to erect a fifty-story building in New York. This will be the top-notcher of buildings, unless some one should have a still higher am-

A plot to change the present conditions in Cuba is said to have been discovered. If it is so it will seem just like old times in the island. The Cubans generally take to plots and revolutions

as naturally as a duck does to water. The Russian revolutionists who stole the official cipher of the government and used it to save six terrorists from the gallows must be admired for their ingenuity if not for their audacity. In the way of revolutionary expedients. Russia is the land of surprises.

Senator Gearin says that the federal government cannot compel Califor-

nia to maintain public schools. That is true, but it is not the point at issue That is whether, there being public schools in California, the children of Japanese residents in the state have a right, under the treaty with Japan, to attend them. It is an intricate question and one that cannot be decided off

HERE POLICE DON'T MIND 'EM. London Evening News.

The Metropolitan police stations are at last to be connected by telephone. The dislike of the head authorities to having their officers disturbed on the frivolous pretext that the ringer-up has been entertaining burglars un-awares is well known, but it is always possible to take the receiver off the hook,

A DISAPPOINTED HUSBAND.

Woman's Home Companion. Another husband's view is entertain-ing. The wife had joined the club, rather against his real desire. His final rather against his real desire. His final consent was gained only by the promise that she would be a lay member, never accept an office, nor allow her name to be in the papers. After a year or so of membership, during which the piedges had been implicitly obeyed, the wife debated with him concerning the con-tinuance of her membership. "What's the matter with you Masin?" respondthuance of her membership. "What's the matter with you, Maria?" respond-ed the husband energetically. "Aren't you as smart as other women? I have read the club notes for two solid years, and as far as I can see you have not even seconded a motion!" And then, forgetting his past injunction: "Now, you stay in that club until you have made some kind of a mark. I can't stand it to have this town believe I, married a woman without brains."

married a woman without brains. FLORIDA FARMING.

Miami (Fla.) Metropolis.

Alligator Joe, the well known alliga-tor trainer, has just come off a hunt in the Everglades, where he captured seventeen monster alligators and croco-diles and added them to his great col-lection of these reptiles, numbering now over 7,000. Joe has the distinction of be'denominational' is 'enwadol'-only seven letters and three sylisbles?" For our part, we wish the English word for it were fourteen letters and seven syl-lables shorter than it is.-London Daily

Like Thoughts.

The handsome young minister sighed "And they say," he muttered, "they And two minds think allke." And opening the wardrobe door he placed within the twenty-seventh pair of Christmas slippers that had arrived that day.-Exchange.

Loyalty.

The Western Senator had purchased a home in the east. "Do you intend to abandon your state?" he was asked. "Not at all," he replied. "I need it for purposes of mileage."--Philadelphia Ledger.

His Business Suit

Benevolent Lady-What makes you wear such an awfully torn suit of clothes? It is simply a mass of tat-

ters. Useless Urban-It's de nature of me business, mum, wot causes me to flash dese togs, mum. Benovelent Lady-And what is your business, may I ask? Useless Urban (with dignity)-I'm a collector of rents, mum,-Toledo Biade.

Of Course Not.

They had arranged to meet downtown They had arranged to meet downtown during the afternoon, and she had kept him waiting for considerable time. "What do you mean by keeping me standing on the corner like a fool," demanded the angry husband. "Now, don't start anything, dear," calmly rejoined his wife, "I can't help the way you stand."--Chicago Daily News. the w. News,

'Twas False.

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"I think the baby has your hair, ma'am." said the nurse girl looking pleasantly at her mistress. "Gracious!" exclaimed the lady, glancing up from her novel. "Run into the nursery and take it away from him! What will that child do next?"--Yonkers Statesman.

RECENT PUBLICATIONS.

Volume One, Number One, of "Catch-words: A Magazine of Inspiration and Good Cheer." In place of pictures, or essays, or stories, each page of this unique magazine is devoted to a quo-tation from Robert Louis Stevenson, artistically hand-lettered by Mr. Will Dwiggins and printed in red and black on deckle-edge stock. The quotations in the first issue of "Catchwords" all bear on friendship. Every page of the little magazine is worthy of being framed for one's library or den. In view of the present epidemic of post cards and motto cards, "Catchwords" ought to "catch on."-Canterbury Co. Volume One, Number One, of "Catch-

munity.

SALT THEAT RE MANAGER LAKETHEAT RE MANAGER FLORENCE ROBERTS And her original New York Company Tonight and Wednesday Matinee, "The Strength of the Weak," By Alice M. Smith and Charlotte Thompson, THURSDAY AND FRIDAY NIGHT, "MARIA ROSA," By Angel Guimera. Prices-51.50, fl.00, 75c, 50c. Next Attraction: Frifan, Saturday and Saturday Matinee, McIntyre & Heath's 'The Ham Tree.'' Prices, 50c to 1.50; Matinee, 25c to \$1. Sale Wednesday.



ONE-THIRD OFF

Embracing all Undermuslins for Ladies and Children, including Infants' wear. Fine new line that we have just received for spring, consisting of lace and embroidery trimmed Skirts, Gowns, Chemise, Drawers, Corset Covers, etc. The greatest display of Ladies' and Children's Undermuslins, including Infants' wear, we have ever shown. It will be impossible to obtain similar values, both as to quality of muslins, the fullness of material in a garment, and the tucks, embroidery and lace-to be sold at one-third less than regular prices.

Z. C. M. I.





as a result ne and moral degradation do not go together. He says:

gether. He says: "Examine the blood of a man or woman living a life that constantly outrages a previously finely educated conscience, and you will find the cor-puscular element far below par. Ex-amine the blood of the failen woman who has been reared and educated in the strict tenets of the church, but who has drifted away into the haunts of sin, with a conscience night and day goading her to the brink of des-plood is healthy. We have come to know that in the body of the most healthy person there are bacilli of one or more dangerous diseases. These bacifil are inactive, but they are al-ways ready to assert themselves and produce disease as soon as the num-ber or vitality of the corpuscies fails upper hand."

The most recent theories regard the red and white corpuscles of the blood us standing armles at all times ready to repair damaged tissues, and destroy hostile invaders of the body. Our health, our lives, depend on the condition of these little workingmen and soldiers. Thought produces a wonderful effect upon them. In fact, they may be regarded as subject to the command and direction of the mind. How necessary for the mind, then, to be in a condition t lead right! It is claimed that an outraged conscience, hate, envy, anger and fear crush the vitality out of them and leave the citadel of life exposed, while faith. hope, happiness and love create them and send them swarming through the body till every fiber and tissue throbs with life.

And thus we have the strongest pos. sible motive-self-preservation-for obedience to the commandments of the moral law and the cultivation of that which is good and noble in the human character. Virtue, righteous ness is life; sin is death,

WHAT A SPECTACLE!

The good people of this city were last night treated to a piece of political legerdemain the like of which the have not witnessed in many a day. It will be recalled that two weeks ago Salt Lake's astute and incomprehensible Chief of police peremptorily orderethe closing of the White House saloo whose proprietors had refused to cotribute to the "American" party campaign fund, and who were accused of "doing business on Sundays." In explanation the Chief said that they h unquestionably violated the law an would never secure a renewal of licens with his consent. One hundred and fly other saloons were open on the same Sabbath days that this one was cater ing to the thirsty and motley crowd that are said to have passed through it portals. But the hero of the ten thou and-dollar robbery scandal took no

We do not believe in re-echoing evry alarmist note that may be sounded these days, but the opinions of Stuyvesant Fish, Rockefeller, and Secretary Shaw are entitled to consideration, and they all counsel to conservatism. The surest way by which to avert a panic is to avoid wild speculaion and make progress sure, even if dow. It is well to learn wisdom of the

In time of prosperity prepare for trikes.

past.

han be in	sople would rather "but; in" nyited.
	ing correspondence almost is at 6's and 7's.
	ighes is looking forward and o decried him are looking
	own price sales are the only mocking that should be en-

d it proved to be a Dead Sea apple. It is unlawful to ask for a railroad

pass; and strict constructionists de-

over 7,000. Joe has the distinction of be-ing the only living man who captures and handles with ease the largest of alligators and crocodiles. The act is easy. He jumps on their backs and has them in his control in a very few seconds. His alligator and crocodile farm is situated a mile up the river, and a new rock road to it has been built, making it a pleasant ride by con-veyance. The farm has been greatly enlarged since last season, and people who have never seen Joe perform will find a novel treat in store for them this winter.

THE DAY OF THE MEMOIR.

Harper's Weekly This is a day for the memoir and the reminiscence, and there are no better or more interesting agencies for the transmission of the facts of life than

transmission of the facts of life than the memoly or the blography. Gibbon's autoblography gave to the world a story of social, literary, and political conditions such as neither history nor fiction has been able fully to present. When we go back in our minds to the early civilization of Europe, what liter-ature illumines France and Italy like the confessions of Commines and the Lord of Joinville and Benvenuto Cel-lini? Just now we are having spread before us such material for the study of social and political conditions as the before us such material for the study of social and political conditions as the world has rarely enjoyed. The Glad-stonian epoch in English politics is al-most completely illustrated by John Morley, the Duke of Argyle, and others: it would be better, of course, if we could have a closer and more intimate view of Disraeli; but recently there was given to us an illuminating vision of the opinions of his contemporaries in Winston Churchill's and Lord Rose-bery's book on Lord Randolph, and in bery's book on Lord Randolph, and in Gorst's book on "The Fourth Farty." On the continent not only is the Bison the continent not only is the Bis-marck regime as an open book, but so far as contemporaries are in a position to judge a great man's life, a verdict, at least temporary, has been pro-nounced. There will doubt'ess he a just-er verdict later. We have also an abun-dance of material on the third Napol-con's dynasty; and it is possible that in this coult y past and coming hos a will this could y past and coming too a will own most strenuous episode. events, those who are reading are absorbing some very pleasant liter ature which is not fletion.



Fair Customer (doing her Christmas shopping)—I'd like to get something for a-for a young man, but I hardly know what he would want. Intelligent Salesman—I think I do. We have an excellent pholographic studio on the top floor. Elevator in the next alsie.—Exchange.

Brief Welsh Words.

Brief Weish Words. "One of your Weish readers who feel fagrieved when their language is un-fagrieved when their language is un-dy dis 'translation into Weish of that ingle German word for "attempter of the of the aunt of a Hottentot poor the one word five separate Weish words, "seeking to perpetuate the fail-into one word five separate Weish words, "seeking to perpetuate the fail-hot one word five separate Weish is this "muss length." He adds: "The way the hottentotig." True, the Weish words, but hottentotig." The English words, but hottentotig." The English words but the benase, taken altogether, is shorter in Weish."

at All Sessions.