

The City of Today is an Odd Conglomeration of the Ancient and Modern.

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Special Correspondence.

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ANAMA, Colombia, Jan. 23.-More than anywhere else on the two continents this narrow isthmus shows how hard and fast the young America of the north is treading on the heals of the older America of the south. "New" Panama, as it is called,

was built just 230 years ago-soon after the burning of "Panama la Vieja," (old Panama), which received its royal charter in 1521 and after a brilliant existence of a century and a half, was destroyed in a single aight by a handful of buccaneers. The stranger in the city of today sees everywhere abundant evidences of its Castillian origin. There are ancient casas of Moorish architec. ture, as drowsy-looking and heavily picturesque as those in old Castile, their central courts enclosed within enormously thick walls, iron-barred casements with folding doors of solid wood in lieu of windows, and awaingshaded verandes; while andwiched numerously between them are Young American hotels and boarding houses, saloons, dry-goods and tailor's shops and tonsoral artists, flaunting gaudy signs inscribed with such familiar leg-ends as "Free Lunch;" "Boston Baked Beans;" "Ten cents a shave;" and— worst of all—"Pants," that word of U. S, coinage that goes with "gents") four dollars a pair."

#### GREEN PAINTED TOWN.

At the first glimpse of Panama you wonder why all the older buildings are painted dark green-the stately old palpainted dark green-the stitlety old pai-ace of the bishop, the great cathedral and even the row of colossal saints standing in mitches along its facade-their benign countenances and flowing hair like their robes, a vivid green. lose inspection, however, shows that the coloring is not paint, but a thick, mouldy growth that covers everything, applied by hot and humid asmosphere Though surrounded on three sides by

the sea, Panama is walled like a feu dal city. These defenses, now partial ly broken down and overgrown with bushes, were originally from 20 to feet high with most and bastions on the land side, battlements and towers at frequent intervals, mounted with many pieces of cannon. According to history, so much money was spent on these walls that at last the Spanish king wrote to enquire whether they were being made of silver or of gold. Their builders had lately suffered so much at the hands of legalized pirates, under Morgan, that they neglected no means of defense for the new capital. Mor gan, you know, was a Welshman of low birth, and most of his followers were outlaws from the British Isles. At one time he had 2,000 men under his command and a fleet of 37 vessels. Though an acknowledged pirate, guilthe most dreadful atrocities and the wanton murder of innumerable men, women and children, he was under commission from the king of Eng-land as a "privateer" in his raids upon Spanish territory, the only stipulation being that he should iurn over part of his stealings to the royal treasury. Ing then at war with Spain, A Albion looked with kindly eye upon all Mor-gan's atrocities against the Spanlards,

even the burning of the proud old city of Panama, the plundering of its homes



Panama's principal theater occupies an old convent, an enormous structure, within whose quaint cloisters, during two hundred years, black-robed nuns lived in privation and prayer. Verily this is an age of contrasts! It was opened for its present use a few years ago by Sarah Bernhardt, as that queer of the demi monde, "Camille," Among other noteworthy buildings are the sovernor's palace, which commands a harming view of the bay and its green slands; the inte sumptuous headquar-ers of the defunct canal company; the ters of the defunct canal company: the Colejio Esperanza (Hope college), for girls, directed and taught by teachers from the United States; the Colejio del isthmo, for boys; and half a dozen fine old churches. Among the latter, that of Santo Domingo, is perhaps most interesting, though now in ruins. It was built soon after the founding of the city, and in its day was one of the richest sanctuaries in the new world, nossessing extraordinary store of jewrichest sanctuaries in the new world, possessing extraordinary store of jew-elled vestments, golden altar-service, lamps and crucifixes. The church it-self was built by the queen of Spain and the ladies of her court, each con-tributing to the pious work what money she could afford. When the time came for easting bells for its tower, there was no money left to pay for the matel they should contain. So the metal they should contain. So the sealous queen invited not only the no bility, but people of all classes, to come and witness the casting of the bells and to contribute thereto. On the appointed day they came in crowds, high and low, rich and poor. When all was ready the queen threw a handall was ready the queen threw a hand ful of gold into the great crucible, and the ladies and gentlemen of her court did the same; and then the poor followed with donations of silver and copper, greater in quantity but less in value. Thus the amount of metal rapidly increased, but still there was no enough. Then the queen threw in all the golden ornaments she work; her ladies did the same. The gallant courtiers cut the sliver buttons from their jackets, the buckles from their shoes, and the officers wrenched th jeweled handles from their swords. Th excitement grew intense. Rings, brace lets and valuables of all sorts, some of lets and valuables of all sorts, some of them precious relics and family heir-looms, together with brass and from and the meaner trinkets of hot pollol, all went into the crucible. And thus the bells of Santo Domingo were made. Their tones were the sweetest and clearest ever heard, and whenever they were heard priests and people crossed themselves and suid a univer. When the were heard priests and people crossed themselves and said a prayer. When the church for which they were designed was burned, about 20 years ago, they were not injured by their fall from the lofty tower and were afterwards hung in the catheral, but listening to the discordant, ear-splitting clatter that is-sues continually from its tower, one is inclined to doubt the story of the sweet tones of the famous bells.

OLD PANAMA LA VIEJA.

Panama La Vieja, or all that re-mains of it, is six miles from the pres-ent city. You take a carriage near the main plazza and turn into the Street of the Nuns," Arrived at the

ity walls, you should walk a little dis

stance in order to inspect "The gate of the monks"-an antique archway,



This matter will be found to be entireby different from and superior to the usual run of food articles, in that every tem is a nugget of cullnary wisdom and minently practical. Conducted by Katherine Kurtz, Marquette Building, Chicago, to whom all inquiries should be addressed. All rights reserved by Hanning Co., Chicago.

#### Menus for Three Days. SUNDAY.

BREAKFAST. Frult. Cream. Cereal. Creamed Potatoes. Fried Tripe.

Raised Rolls. Coffee. DINNER. Chicken Pures. Fricasee of Lamb. Mashed Polatoes. Stuffed Onlons. English Walnut Salad. Cheese Wafers. Fruit Tapioca Pudding. Coffee.

SUPPER,

old Meat, Spiced Peaches, Bread and Butter Sandwiches, Cold Ment,

## Cinnamon Bun, Cocoa. MONDAY. BREAKFAST.

Steamed Figs with Cream. Cream. Poached Eggs. Brolled Bacon. Toast, Coffee,

L HOHEON. Curried Eggs.

Brown Bread. Lemon Sauce Rice Croquettes. Coroa.

DINNER. . Water Thin Crackers, Stuffed Olives. Clam Broth.

Salmi of Duck. Creamed Peas. Mashed Potatoes. Celery Salad. – C Apple Dumplings, Coffee, Cheese Balls. Hard Sauce

TUESDAY BREAKFAST.

Stewed Prunes. Cream Cereal. Fried Apples. Pork tenderloins.

Wheat Muffins. Coffee. LUNCHEON. Cheese Fondu. Parker House Rolls, Cheam Cheese Croquettes. Wine Sauce, Tea, DINNER. Boulilon in Cups." Saited Wafers. Corn Relish.

Veal Pot Pie with Dumplings. String Beans. Waldorf Salad,

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**Golden** Gate

Mocha and Java

1 AND ADDRESS

Rice Pudding. Coffee, Asparagus Soup.

Cut one bunch of asparagus into small pleces reserving a few of the green tips, which boil by themselves separately. Boil the asparagus until very tender and rub through a selve into one pint of good rich milk; bring to boiling point and stir into it one tablespeonful of but-ter and of flour rubbed to a paste. Stir green tips, senson with salt and pepper-and serve very hot.

#### Mushroom Soup.

Cook can of mushrooms in water with a bay leaf, celery and a little pars-ley. When tender rub through a purce sleve and return to the liquor in which they were bolled. Add to this one cup of milk, bring to a boiling point, then stir in one pound of butter and one of flour rubbed to a paste. When it begins to thicken, season with salt and pepper. Serve steaming hot. Serve steaming hot.

Bean Soup.

Soak one cup of white beans in water over night. In the norning pour the water off and cover with fresh water, then simmer gently until tender, which will require from two to three hours. When soft rub through a colander, or sieve, return to the kettle, season with salt, pepper and butter, bring to steaming point and serve liot.

#### Cream of Rice Soup.

Place one quart of stock made from fish hones in a saucepan, add to it three table moenfulle of rice and boll gently for one half-hour. Then add to it one cup of milk, bring to steaming point and serve while hot.

#### Cream of Vegetable Sonp.

Place in a saucepan three small onions, one small carrot cut into small pleces, a small white turnlp, one bay leaf, two or three cloves, a small blade of mace, cover with cold water and simmer gently for one hour. When the vegetables are all tender, rub them through a fine sleve return to the liquor in which they were boiled, add one cup of milk, bring to boiling point, then stil in one tablespoonful of butter and one or flour rubbed to a paste. Stir until it thickens, season with salt and pepper and serve while hot.

fiquor and keep it hot; put the clams with a minced onion on to cook with a quart of water, and let them simmer for thirty minutes, then add a scant pint of milk and when it boils thicken with a tablespoonful of and one of flour ru a paste and blended rubbed with the hot clam juice and two well, beaten eggs. Senson to taste with sait and pepper and serve quickly. A little pair thing he



your receipts which you publish in the paper with great interest for a long time and now feel that I am entitied to ask a question. I have seen so often at the butcher's calf's brains, which they tell me are fine, but as I did not know how to prepare them, have never bought any. Would you kindly give me the before a fine? the information?

#### Calf's Brains.

Soak the brains in cold water for onehalf hour, then remove all the skin and see that they are perfectly clean and free from blood. The loosely in a piece of thin cheese cloth and place in bolling water with one small onion, two cloves one bay leaf and salt to taste. Simmer one bay leaf and sait to faste. Similer gently for twenty minutes, then remove; allow all the water to drain off, remove the cloth, mash with a wooden spoon, then stir into this the yokes of two eggs and juice of one-half lemon. Place over the fire and cook until it thickens. Then remove, form into croquettes, dip in beaten egg and bread crumbs and fry n deep fat.

These may also be cut into small pieces after boiling and serve with a

Mrs. Jane W. writes: I have looked in every cook-book I could get hold of for a receipt for fruit cookies. Would you be so kind as to furnish me with one through the columns of your paper? Fruit Cookies.

Beat to a cream one-half cup of but-ter with two of sugar, then add one cup of sour cream in which one teaspoon-ful of soda has been dissolved. Mix al Mix all well together, then season to taste with nutmeg and cinnamon, add enough flour to make a dough stiff enough to roll out, then add one cup of chopped rais-Roll out very thin on a board, cut with a cake-cutter and bake in moderately hot oven.

# THE FIREMAN'S CAT.

"Nan, the Rag," famous fire cat, lost her life Wednesday in the discharge of her duty. In springing to her place beside the driver of engine company is of Jersey City, she misjudged her dis-tance, fell under the horses' hoofs, and was trampled to death. Nan attached herself to the engine

company several years ago, and soon learned the trick of responding to alarms. At the sound of the gong she would abandon the pursuit of mice and seek her station. It was apparent that she enjoyed the ride to fires, and was regarded as the mascot of her compan-

A few months ago Nan broke her les while scrambling on the engine, and the injured limb was set by a department surgeon. Until Nan had entirely re-covered it was necessary to keep her onfined in a cage to prevent her from itempting to take her usual station when the alarm was rung. On hearing the bell she would scratch at the bars in her eagerness to get out. When finally released she was quite thin, and the firemen believed that her condition as caused by worry over her enforced Icleness .- New York Times.



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#### LEAVE SALT LAKE CITY.

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Provo and all intermediate points so. 11-For Ogden and all inter-





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added to the broth mixture.

Clam Bisque. Chop fine one and one-half dozen clams, carefully strain and heat the

It ns.

and churches and convents, and the torturing of the citizens to make them disclose hidden riches. Yet the rich-ert treasures of the city were lost. Soon as the tide of battle turned in favor of the invaders, the wise Panamians loaded a ship with the gold and silver and jewels of the churches and convents, the king's plate, precious stones and private valuables of every description, and sent them off in haste to Spain. Apprehending something of the kind, Morgan sent out a ship to overhaul any departing vessel; but its officers and crew, eager to do their share of looting the doomed city, disobeyed orders and came back. In a fury of rage at finding themselves thwarted in the object of their expedi-tion, the patriotic sons of Britain outtion, the patrictic sons of Britain out-did themselves in deeds of barbarity. Finally they marched away, driving before them a thousand wretched pris-chers and two hundred mules laden with plunder, leaving behind a wide swath of rapine and desolation. Their distinguished services were promptly recognized by the British government. The arch-niente was at once knighted The arch-pirate was at once knighted by King Charles II and given an important commission, and luxuriating in stolen wealth, picusly ended his days as Sir Henry Morgan. MODERN PANAMA.

Panama is an indian word signifying "plenty of figh." Like other Spanish-American cities, its central feature is a big plaza surrounded by the principal

edifices of church and state. Straight through the middle of it runs the "Street of the Nuns" (Calle de los Mon-

jas), which sacrilegious North Ameri-

cans now call main street. The Cabil-do, or government house, where all the

business of the municipality is conduct-ed, occupies one side of this plaza, and

opposite to it the stately old palace of the bishops; while the other two sides

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quaintly carved and growned by a watchtower, which leads through the moss grown ramparts to the beach. Following the path of the monks of old. rolowing the path of the monks of ald, you presently find yourself on a wide expanse or coral reef, which, if the tide is out, is literally "alive" with shrimp, hermit, crabs, cutile fish and other forms of deep sea life, and strewn with kemp, marine ferns and mosses and shells of curious forms and colors.

"HOW ARE THE MIGHTY FALLEN.

"How are the mighty fallen." is th thought that is uppermost in mind when you are searching the site of Old Panama for traces of its former magnificence! Historians iell us that among its 7,000 houses were many state ly palaces, furnished and adorned wit great magnificence; and that beyone the city far and wide, stretched the plantations which supplied wherein the fair Panamains, with their cabelleros, were wont to resort in the cool of the day. There were churches and monasteries and convents, all wo derfully rich in jeweled ornaments and altar pieces wrought by the foremos artists of the time; long lines of build ings used by the opulent Genoese a a market house for their slaves; and even the king's stables, where the beasts were kept that carried the gold and sliver of Peru and Mexico to Por to Bello, for shipment to Spain, were more luxurious in their appointment than any of the deselfines in the median than any of the dwellings in the moder city. Today the place that was one the brightest jewel in the Castfliar grown, where the conquest of an empirwas planned, is a dismal heap of ruins in the midst of a pestilential swamp, in In the hidst of a pestionitial swamp, in-habited only by snakes, iguanas and aligators. Here and there a turnet, or bit of wall, overgrown to the top with bushes and twined around and around with vines and creepers re-mains a meloneholy relie of the past. Northerners who have never seen it, can form little idea of tropic luxuri-ance in this hot and humid atmosphere especially after two conturies of up. -especially after two centuries of un-disturbed growth. The watchtower o disturbed growth. The watchtower of San Jerome is an example of this. It is in the form of a hollow square, 100 feet high, and is said to have been built six years before the old city's destruction. It still stands entire, so wound about and upheld by woven vines that it cannot fall, though trees and busbes grow on its summit, whose sturdy roots running duranced base. sturdy roots running downward, have completely filled the inner space,

YOUR UNCLE SAMUEL IS BUSY.

Uncle Sam is a great business man and a great boss. He is like the mil-lionaire head of a big concern who signs a \$10,000 check in one breath and

cape his e-y, eye. At times his ghance is cyclopic: again it is microscopic, but

between two nations; tomorrow he ap-points a fourth-class postmaster. To day he issues \$100,000,000 worth o bonds; tomorrow he pinches a moon shiner. Today he defies all Europe, and tomorrow he sends some poor devil to of for four years for stealing 30 cents orth of postage stamps.

So it is today. After balancing his books for the year and finding himself 'steen umpty hillions to the good, he turns round with a great show of severity and commands his army officers to wear only a certain color and make o shoes, because one of them-one of all his thousands-was discovered wearing

tan shoes with a dress sult. Which shows that, besides being a great manager and organizer, Uncle Sam is an old gentleman of exquisite taste.-Post-Dispatch.

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Who has Rheematism, about my wonderful cure." FRANCES CISCO, Pineknewville, Ky., writest.-"Your "5-DROPS" has been the means of saving me from the grave. Thanks, to this remedy. I now whop health as I never did before in nevertheen years. I feel like like like is worth the living because I and well. I suffered unable acony for six years. Had Rheumatism. Threat she liker involte nearly st. of the SUSAN B-HOPKINS, Greenwood, We, writest.-"Me see had a hed couple for severest non-the and was threatened with Bronchills. I rave him your "2-DROPS", as directed, and in one week his couple was cared anathere is no sign of a rentry."

MAS. A. M. WHITTINGTON, Glotter, Miss. writes:-"'I have received "5 DBLPG" and have been taking it. Have been greatly benchud by it. My little dangater was taken very sick with La impre and had a very high forcy. I gave here "-DROPS" and robbed her Spine with the randy and the fover left her and she is well sgain." Largo Size Bottle (300 Deces), \$1.00. For Sale by Druggiete.

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Deformity of the hands in on my friends and neigh-characteristic of the hands in on my friends and neigh-characteristic of the hands in on my friends and neigh-characteristic of the hands in on my friends and neigh-characteristic of the hands in on my friends and neigh-characteristic of the hands in on my friends and neigh-the statem, size on hospital mattering with such seen.

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cases fiven up by doctors and hacpitals. Remember that I ask you no money, tim-ply send your hame and address for firse box, and bouid you need more you can have it at a triffing cost. It is not my intention to accomputate a hig fortune out of my discovery, but what I want is to relieve misery and torture. Addr. John A. Smith, Milwaskes, Wis. Send NO money NOR stamps.