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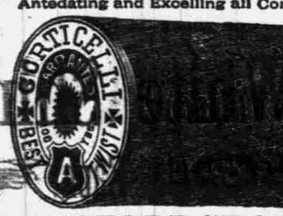

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WHO IS UNACQUAINTED WITH THE GEOGRAPHY OF THIS COUNTRY, WILL SEE BY EXAMINING THIS MAP, THAT THE

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Parents BUY Children's Shoes with TRADE A.S.T.Co. MARK BLACK TIPS REFLECTING THE LIGHT

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They CURE DYPSOMANIA (the Alcohol Disease) by their charming action upon the STOMACH, restoring its natural tone and entirely destroying the MORBID APPETITE for stimulants. MALARIA disappears before them, and PERFECT HEALTH resumes its sway.

For sale by all Druggists and Dealers. Price, $1 per bottle.

J. H. THOMAS.

EVENING NEWS.

Thursday, July 29, 1886

CORRESPONDENCE.

HYGIENIC MEDICINE.

An Intelligent View of an Important Subject.

SALT LAKE CITY, July 26, 1886.

Editor Deseret News:

I have read with much interest Brother D. M. McAllister's articles upon the subject of health, which have appeared from time to time in the DESERET NEWS. In Dr. Jackson's "platform," as published in The Laws of Health, and copied into the article in the NEWS of the 23d inst., occurs one sentence upon which I wish to make a few remarks. It is:

"That, therefore, the best philosophy upon which to proceed, any first any sick person, is to employ such means as, had they been properly used, would have kept him from getting sick."

This proposition, doubtless, is true, and may be restated thus:

The organism of man, like all other creations of nature, is governed by natural laws. These laws are fulfilled by a right use of certain hygienic or health agents; these are—air, light, water, food, exercise, sleep, clothing, temperature, and the passions, a right use of these resulting in health, while their misuse results in disease. It therefore necessarily follows that as a special misuse of some one or more of these agents have resulted in disease, a special right use of them, adapted to the requirements of each particular case, will result in health.

If the above views are fully accepted by the public one of the chief difficulties in the way of hygienic medication will have been removed, for to accept them implies a good familiarity with some of the fundamental principles of medical science. But while the people believe that medicines "cure disease," that something must be "taken" in order to "remove disease," and that nature has provided drug remedies for diseases, very little can be done in treating disease by the life agencies.

The people look upon disease as being a thing having its residence in the body, and that medicines attack this thing, diseases, to kill, expel or eradicate it. Not long since a country doctor declared that he had a medicine which would "knock rheumatism higher than a kite."

That statement was a vulgar expression of the popular theory of disease and of the action of medicine. The man felt that rheumatism should speak of him, and, by implication, of removing disease.

Now, if disease is a thing which invades the human system, working devastation and death, of course this thing must be attacked by a medicine, a drug, a poison in order to kill, expell or subdue it; therefore, what is the use to talk of air, food, water, etc., for that purpose? Disease would laugh at you. The health agents are not "strong enough" a medicine, in other words, a poison must be employed to rout this fellow, "Disease."

The above paragraph represents the popular view of diseases, of the inefficiency of hygienic medication, and of the superiority of drugs. But medicines have failed millions of times and have destroyed millions of lives does not seem perceptibly to shake the faith of people in their employment, for having at the theory of the efficacy of medicine firmly fixed in their minds, they conclude that the failure and death resulting from the use of drugs, is not because theories are false and drugs bad, but for the reason that the proper drug or combination of drugs has not yet been discovered for the particular case; so they go on trying one doctor and medicine after another until they get to the end of life or till they become disgusted with all systems of treatment.

Before the people can receive the only true system of medication, the hygienic, they must be convinced that the prevailing medical philosophy teaches:

1. A false theory of the essential nature of disease, and,

2. A false theory of the action of medicines. Their theories being the reverse of the truth, and, therefore, the reverse of nature, it follows