

THEATRE AT SALT LAKE CITY.

A correspondent of the Utica Herald, from Salt Lake City, says:

It is easy to say much about the general appearance of Salt Lake City, her theatre, temple, tabernacle, plan of irrigation, regular streets, spacious yards, sulphur springs, lofty mountains, healthy climate and shady walks, but difficult to do so and not fall in the style and matter of some of others. The tabernacle not yet being completed, the theatre is really the distinguishing architectural structure, especially the inside of it. It was built by and belongs to President Brigham Young. In size, commodious arrangements and in artistic decorations, it has but one superior—except in San Francisco—in the United States, and that one is Niblo's Garden in New York. It is larger than the Olympic, and more tastefully finished than Wallack's. It is superior in every respect to either the noted Royal Theatre in Edinburgh, or the Oxford in London, and compares favorably with Drury Lane. The outside of the building begins to show signs of decay, and is greatly in need of several good coats of paint to give it an outward appearance the interior so justly warrants. On Wednesday evening I witnessed Augustus Daly's great play "Under the Gaslight." I had seen the same play in several of the best American theatres, but never with equal effect in which it was brought out here. The scenery was beautiful, and was painted expressly for this theatre by a Mormon artist. It comprises the Hudson River, and views of the New York Harbor by starlight, the seashore at Long Branch at sunset, and the Tombs, Baxter street, and Fifth avenue by moonlight. The lights and shades of life in New York, its poverty, its vice and crime, its riches, its pride, its virtue, its ugliness, and the whole line of devils connected with the so-called fashionable religious society of Gotham, were vividly and truthfully delineated. I procured a front seat, price \$1, in the first tier or dress circle that I might have a better opportunity to sketch the audience. Notwithstanding the great size of the house and the busy season of the year, every seat was occupied.

The whole audience was tastefully attired and extremely quiet and respectable in appearance. That part of the play representing life among the lowly of New York seemed to excite the utmost interest from all present. It is a phase of life unknown in Salt Lake. But few here are extremely rich, while none are distressingly poor. There is considerable complaint on the side of hard times and scarcity of money. The Indian troubles are keeping back their overland immigration to Nevada and California, which has been the great support to Salt Lake in years gone by. Brigham's railroad contract is expected to make money plenty and times lively for the next six months at least. By another season the railroad will either be completed to this place or thirty miles north, and from thenceforth Salt Lake City will take its place as one of the most fashionable and agreeable watering places and summer resorts on the American continent. The wealthy denizens of the metropolitan cities along the Atlantic will find here not only the life-giving mountain air, but also all the intellectual advantages and enjoyments they left behind. They will here find all the romance of a mountain retreat, combined with the comforts of refined city society. I only hope that this fair city, whether it continues to prosper under Mormon or Gentile rule, may be as well governed, may have as few disreputable inhabitants, and may be as peaceable and happy as it is today.

KEEP IN THE SUN.

A writer in Harper's Bazar, has the following sensible remarks on the health-giving properties of the sun's rays:

Every one is familiar with the process of growing celery. A deep trench is dug, in which the seeds are sown or the sprouts set, and with the growth of the plant the earth is carefully heaped up until the whole is nearly buried. By this means the light is excluded almost entirely, and the vegetable becomes pale and tender succulent of our tables.

Paleness and tenderness are always the result of depriving an organized being whether a plant or an animal, of the light of the sun; but these qualities, however desirable in a sprig of celery are indications of an artificial and unwholesome condition. The human being soon loses in obscurity his color and toughness, and with them, all brightness of intelligence and vigor of body. Children brought up in mines and cellars are branched, dwarfed, stupid, liable to disease of all kinds, and short-lived; and grown-up, however vigorous, they may have been previously, will very soon when deprived of light, become pale and feeble.

There cannot be a greater mistake than for our delicate dames, who pass so much of their lives in-doors, to sit or lounge in dark rooms. They require all the sun's light they can get. It is true that whatever defects of toilette or complexion they may have will be better concealed from a chance visitor by obscurity; but this small gratification is too dearly purchased at the cost of health.

The sun's light is not only essential to the preservation of the natural vigor of the body, but acts very beneficially as a remedy in disease. The French, in make great use of it, particularly in their hospitals. To the windows of these, there are attached inclined planes upon which the sick are laid, and exposed on every clear day to the sun's light. This has a more powerful tonic effect than all the iron, quinine, porter wine and spirits which are so much used with us.

Weak and sick children are especially benefited by exposure to the sun's light, and mothers would do well to reverse their usual order of the nurse. "Keep in the shade." We say, "to have science and experience on our side, 'Keep in the sun.'"

[The principle advocated in the above is no doubt true; but when the weather is so excessively hot as it is at present, we think "Keep in the shade" is the safer plan.—Ed.]

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