Their place must be supplied, or nature will suffer, and the benefits sought to be gained by the change will not be reached. Persons accustomed to the use of stimulants, such as liquors, tea, coffee, tobacco, etc., who attempt to refrain from the use of these articles, will not be so tempted to relapse if their tables can be supplied with a good variety of wholesome food. This variety can be obtained, if proper steps are taken, without much, if any, additional cost; for the flesh of the hog and other animals is an expensive article of diet in this country.

We can advance true civilization by adding such varieties to our stock of food as will build up the human frame, cultivate the brain and develop the faculties. The more the variety of food and the better adapted to these purposes the greater the result will be.

Want of space and time prevents our dwelling upon this subject at greater length to-day. We shall allude to it again.

HOME ITEMS.

FROM TUESD AY'S DAILY.

CORRESPONDENCE for publication is requested to be written on one side of the paper only.

No notice can be taken of anonymous communications. Correspondents' names must in every instance accompany their communications, not necessary for publication, but as a guarantee of reliability.

THEATRICAL .- The Omaha Herald of the 7th has the following:-

UNDER THE GAS-LIGHT .- Mr. Methua Scheller, the celebrated Scenic Artist is now engaged in painting the gorgeous scenery for the play of "Under the Gas-Light," which will be put on the boards at the Academy of Music on next Monday night.

The desire of quite a number of our citizens has induced Madame Scheller to play afarewell engagement for five nights only, prior to her leaving for the Salt Lake City Theatre, in which she will appear in the new and picturesque drama of Life and Love in these times, entitled "Under the Gas-Light," a play that has created a great sensation in New York, Philadelphia and other leading cities.

Madame Scheller is one of the favorite Stars of the West, and the bare announcement that she intends to play this engagement will give her crowded houses during the coming week.

Madam Scheller intends paying a visit to this city during the coming season, when our citizens may be favored with "Under the Gas-Light" and other attractions.

St. Thomas.—The following comes from St Thomas, Pah-Ute Co., Arizona, with a list of subscribers' names for the NEWS, and enquiries concerning the Juvenile Instructor:-

"The people enjoy excellent health and spirits. The mild weather and gentle showers have made the wheat crops, both early and late, look very promising. Since the return of Bishop James Leithead and the arrival of the lately appointed missionaries, the enterprise and goodfeeling of the people have increased, and they are trying to keep pace with the spirit of the times in every respect."

FROM WEDNESDAY'S DAILY.

STILL SLEIGHING .- We met Bishop Nichols, from Box Elder, yesterday evening, a few minutes after he stepped off the stage. He looked around and noticingour scarcity of snow. said, in reply to the question of how the Brigham City folks were: "First-rate; but we have snow there; sleighing still!' That's a weather item from the next county but one north.

STORMY .- The late stormy weather has extended east some distance, and rendered ingress to the Sweetwater country difficult for a longer period than it was expected it would be. The Sweetwater Mines of the 14th says:-

One of the severest snowstorms that we have experienced this season visited us last night and has been raging incessantly up to our going to press to-day (Il o'clock a.m.), and no percelyable signs in the firmament of its abatement. We are fearful it will prove hard on some who are bound for Sweetwater. March is proverbially a treacherous month, and the present one is not belieing that character. Pilgrims for the Land of Gold! take it easy! Better be slow and sure than by your haste expose yourselves to dangers and privations by which no particular advantage is gained.

DIED.-In Fountain Green, on the 29th of February, 1868, the infant son of Peterand Mary Oldroyd, aged 7 months and 3 days. Mill, Star please copy.

MINERSVILLE,-By letter, dated March 10th, from the Hon, J. H. Rollins of Minersville, we learn that he reached home from this city in eight days, but had a very cold journey and had the misfortune to get his feet somewhat frosted. They have had a very cold winter in that section of country, the snow having been a foot deep for six weeks in Minersville and Beaver Valleys. The health of the people generally is

Moroni,-By letter from Elder Orson Hyde, dated Moroni, March 25, we are informed that snow falls about every night, and melts as regularly in the day time, keeping the roads one vast quagmire and nearly suspending all tra-

STARTING EARLY .- A party of U. P. R. R. Surveyors, under command of Engineer Hodges left to-day for the north. They appeared well' equipped for the campaign, and design, we understand, going direct to Cache Valley, through Box Elder kanyon, thence, if the snow in the

The party consists of the following named gentlemen:-Mr. F. S. Hodges, Engineer; Mc-Cabe, Assistant; Chas. de La Baume, Topographer; A. Doremus, Transit-man; R. Camp, Leveller; S. L. Sprague, W. Beaty, W. Edgar, J Worley, V. Crockett, G. Lienhart, Lenba, J Glasser, N. Brown, J. Donley.

CACHE Co.-Bro. Wm. Hendricks of Richmond, Cache Valley, has bought out the partners in the Grist Mill situated on High Creek, thoroughly overhauled the machinery, supply- ing down his sultry rays, it will be an ungrate- Conferences. Preparations for emigration were its facility for turning out a quality and quanti- ful care which thus provided fruit for the mouth ty of flour second to no other mill in the North. adjacent to the mill, refitted it with new cards, which President Young is daily setting, worthy and everything necessary to insure satisfaction of imitation on a widely extensive scale. to patrons.

Persons from a distance can have their grists and rolls by stopping over night. William proposes to do the "square thing" by all who will patronize the High Creek Mills.

FROM THURSDAY'S DAILY.

COMPETITION. - The effects of competition, by spare. reducing prices, must be of special benefit to Atchison, Kansas, just now. Hear what the Champion says:-

"The washing machine man offers to wash clothes for nothing, to show the virtues of hipatent, and a man with a corn-sheller is offers ing to shell corn for the cobs. Provisions are coming down in price, and there is a great reduction in the charge for beefsteaks. Better days are coming."

It would not be surprising if we were to learn next from that city of increasing delights and prospective "better days," that an enterprising clothing, if they would only come to board with and the light, knowledge, union, peace and him-boarding, of course, gratis.

FIGHT WITH INDIANS AT SALMON RIVER .-The Tri-Weekly Post, (Helena,) of the 12th inst., gives a short account of a fight with Indians at Salmon River a few days previously. A party of Reds, who were known to have committed several murders on Salmon River, werpursued by two companies improvised for the purpose, one organized at Salmon City, the other at Leesburg. The Indians, on findine themselves pursued, made tracks with all img aginable haste, and succeeded in fortifying themselves on the top of a mountain before their pursuers came within range. The fight lasted from morning till dusk, all the efforts of the whites failing to oust the Indians. Two of the latter were known to be killed, and one of the former, Mr. J. L. Shoupe was severely wounded, having his arm badly splintered and shattered above the elbow.

MOUNT PLEASANT. - By letter from Bro. Geo. spirit prevails among the people of Mount Pleasant. That much interest is felt in the emigration of the poor from Europe, and although the people have been considerably impoverished by the late Indian war, they are making liberal donations to the Emigration Fund. This state of feeling is said to be due in a great measure to the unremitting labors of the Bishop and his Counselors.

FOR PROVO .- Presidents B. Young and H. C. Kimball, with Elders A. O. Smoot, B. Young Jr, and Theodore McKean, who left here yesterday afternoon for Provo, arrived at American Provo at 15 minutes past three.

Nor DEAD .- Willis Bartholomew, who returned to this city by coach on Tuesday morning, leayes to-morrow to visit his parents at Fillmore, who from his long silence, have supposed him hundredyards to a quarter of a mile.

FROM SATURDAY'S DAILY.

GRASSHOPPERS NORTH.-The vast numbers of grasshoppers, or locusts, which visited us last season and deposited their eggs, give a deep in. terest to everything connected with them in any place contiguous to this Territory. From persons traveling south towards this Territory during the locust-flight, we learned that a much greater number went northwards than came this way, clouds of them of greater density than way towards the northern part of Idaho. Where does not seem very clear, as travelers from Salmon River spoke of the locusts flying north and coming south, at the same time, as they jour. neyed to this Territory. But the fact remains that they deposited their eggs numerously in Idaho as well as in Utah, and the farmers north seem to dread their ravages, and are talking of evil," though many think so. not planting this spring. The following extract is taken from the Idaho Statesmen. The advice given in it is sound:-

"There is a general idea among the farmers of Ada county that the grosshopper plague will be served will be worth as much as the whole mode of communicating by writing.

would be in a year of general prosperity. A wide awake farmer will hardly let his ground lie idle because the grasshoppers may be bad.

A Good Example.-To-day we noticed Bro. Hamilton Park setting out, for Prest. Young pear, apple, plum and cherry trees, on the side- shire Conference. In both instances nearly all walk half a block south of this office, These were new members and adults. The Elders are for shade. And in a few years, when the generally were in good health. Elder W. B. the cool bliss of that shade, as the sun is pour- | End, Southampton and the Channel Islands ing new bolts and otherwise greatly improving ful heart indeed, that will not thank the thought- progressing. and shade for the body, when both need them He has also purchased the carding machine so much. This is an example, like others

> brought us up a specimen of grasshopper eggs months, for the last month of which he was this afternoon from the 7th Ward, in a cake | confined to bed. The Times says: of earth. They were so numerous that the eggs occupied about a fourth of the entire bulk, valleys, and a good, faithful and zealous memand all healthy-looking, swelling out and bid- ber of the Church of Latter-day Saints; was ding fair for an early hatching. In the same loved and respected by a large circle of friends ratio there would be enough to fully cover the and acquaintances. He left a wife and large ground when grown two deep and some to family of children to mourn the loss of a kind

FROM MONDAYS DAILY.

SABBATH MEETINGS .- Elder A. P. Rockwood treated briefly on the interesting subject of training children, touching on the kindness, care and affection which the husband and father should manifest towards his wife and the prospective mother.

Elder G. B. Wallace spoke upon the operations of the Holy Spirit in those who in sincerity and hotel keeper had offered to find the public in with full purpose of heart render obedience to tarines, 16 to 18 ft. each way. the gospel and receive the ordinances thereof; brotherly love which are enjoyed by those who obey its monitions and live according to them. He referred to gold digging, and the tendency to from 8 to 14 ft. each way in the row, according to run after the glittering metal, and quoted from the experience of the Saints in these mountains, showing the evil results which have ever attended the taking such a course. Those who have done so have not gained the object they had in view; they have not become rich; but they have remained poor, perilled their life and ft. apart for the garden. salvation, and many have made shipwreck of their faith and have laid their bodies down in the earth far away from the home of the Saints. tains 43,560 square feet.) Afternoon.

principle of calling and being chosen of the and their product will be the number of square Lord, and the work we have to perform when It. for each plant; which, divided into the numchosen, to do His will in the aiding to bring to pass His righteous purposes. He urged upon the acre will contain; thus: the congregation the necessity of family and and private prayer, and of keeping the Sabbath day holy. He treated at length upon practical duties, giving much valuable instruction on various matters connected with every-day life and well-being. And advocated the claims of Farnsworth, we are informed that an excellent | the poor, to the liberality of their brethren and sisters who are better endowed with this world's goods.

> BLOCKED UP .- No through mail from the west has arrived for two days, the railroad being again blocked up with snow. A few days recently there was reported ten feet of new snow in the vicinity of Cisco.

WFLLS FARGO & Co .- We have seen, in an exchange or two intimation of somebody desiring to "pitch into" Wells Fargo & Co., for derelection of duty in carrying the mails and running their coaches on the vast stretch of road Fork at 11 a.m. to day, where they dired and over which their stages pass. Twelve months continued their journey at 1 p.m., reaching ago, the DESERET NEWS, in the performance of what it deemed a public duty, called frequent attention to the non-arrival of mails at the schedule time, and the permitting canvas sacks with paper and periodical mail matter to acoffered by the agents of the Company at that and six days. time were,-high waters, marauding Indians, dead, having been gone nearly three years. Willis and they having taken the line at a period so has lived in the Rocky Mountains twenty years, late the previous Fall as to preclude their stockinches high and weighs 140 lbs. He says he has secure the transit of the mails "with safety, and 3 days. travelled over the United States and has never celerity and dispatch." They called attention been beaten in a foot race. On the Long Island to the service on the western and northern track he made a mile in four minutes and portions of their lines, and asked the public to nineteen seconds. He holds himself ready to wait for another winter and see if the mails run with any man for the distance of from two would not be put through in a style that would not only be satisfactory, but beyond the cavil of the most captious who would speak honestly. That winter has passed, spring has come again and Wells Fargo & Co. have kept their promise. The mails have been earried in the most unexceptionable style; the stages have run with a Petit, wife of James Petit, deceased, and daughregularity which, considering the difficulties of ter of Zera and Mary Pulsipher, aged 51 years traveling through the Rocky Mountains in and 6 months. She embraced the gospel in 1862 Winter and Spring, speaks in the very highest and has been with the church through its varied manner for the resources and energy of the scenes; was an industrious, faithful wife and Company and their servants. With these facts affectionate mother, and beloved by hosts of in view, it seems difficult to believe that the friends that now mourn her loss. She died as "pitching in," is not actuated by some motive a glorious resurrection. other than a regard for the public interest and the correcting of a public evil.

TRYING To.-Several attempts have been those which passed overhead here winging their made recently in Cheyenne to burn down houses, occupied by lewd women, in the busithey hatched out in such vast myriads last year, ness portion of the city but thus far they have been unsuccessful. The Cheyenne Leader calls upon the authorities to have such places at least removed away from the business portion of the city and upon the police to exercise as much vigilance in looking after them as in looking after ordinary "drunks." Better rid the city of them altogether, and of all their concumitants. The "social evil" is not a "necessary

PHONOGRAPHY SOUTH .- By letter from Mr. George A. Burgon, St. George, to Mr. Charles B. McGregor, Corresponding Secretary of the Deseret Phonographic Society, we learn that Bro troublesome this year. We are sorry to say that Burgon called at the settlements between this unknown in print, among his friends and acthe 'signs' are that those fears are not ground- city and St. George, on his way south, advoca- quaintances his vein of wit and humor was not less, The grasshopper army reached Boise and ting the importance of the art of using the excelled by the great "Artemus;" but unlike the Fayette valleys late last fall, but not too late to "winged words." He found practical phono- latter, his mind treasured up those inestimable lay the ground full of eggs. We are informed graphers in many of the settlements, who were principles of salvation that feed the soul and that in some localities the soil is literally filled | willing to teach it; and in other places the Bish- | pave the way to exaltation. He caught a severe with them. That there will be an abundant ops and leading citizens were anxious to see it cold while sliding timber in the mountains, crop, there is little doubt; but will they hatch introduced as an important branch of educa- followed with chills, which resulted in death out and go before they take everything? It is tion. Apart from its superiority over every eight days subsequently. His remains were hoped so. The Utah papers complain of the other known system of stenography for report- followed to their final resting place on the 12th same plague and predict its recurrence this year. ing purposes, its value in aiding the obtaining inst., by a large procession, consisting of twenty-Some farmers we hear are almost determined of an advanced education, and in a hundred five carriages. He leaves an excellent wife and not to sow or plant in view of the impending ways to which it is applied by professional and five children to lament his departure. mountains will permit, up Blacksmiths Fork danger. We do not think that will be a good business men, is incalculable. There is no one Hundreds of friends of the deceased, will, with kanyon into Bear Lake valley, and thence east- practice. Put in crops. Some of them may es- who understands the art and can use it freely, the writer, condole with the widow and the ward. We wish them success; but apprehend cape if they do not all, and in case of a general but delights in it, and would like to see it in as fatherless, and pray the Lord to comfort them they will find no scarcity of snow and mud at and wide spread pestilence, a half a crop pre- common use as the ordinary and cumbrous in their affliction.

FROM ENGLAND. - By letter from Elder Franklin D. Richards to President Young, dated February 26th, we learn that about a week previous to date of writing thirty persons were baptized in Birmingham in one day. The same week nineteen persons were baptized in the Staffordpassing traveler plucks their fruit and enjoys Preston had gone on a short mission to Land's

BR. CRAIG'S DEATH .- By the Dixie Times of the 11th, we learn that Bro. James Craig, the Bugler of the Pioneers, whose death we chronicled some time ago, died of typhoid fever in GRASSHOPPER EGGS.-Bro. Harrison Sperry Santa Clara, on the 2nd, after an illness of two

"Bro. Craig was one of the pioneers to these husband and gentle father."

DISTANCES FOR PLANTING TREES.

We are indebted to Bro. John Reading, 13th Ward, for the following valuable information and calculations:-

Standard Apples, 30 ft. each way. Standard Pears and free-growing Cherries, 20 ft. each way.

Standard Duke and Morello Cherries, 16 to 18 it. each way.

Standard Plums, Peaches, Apricots and Nec-Pyramid Apples, Peas, Cherries and Plums, 10

to 12 ft. each way. Dwarf Pears, 8 to 10 ft. each way. Grapes; rows from 14 to 16 ft. apart and planted

variety. Currants, Gooseberries and Raspberries, 4 ft. each way, in rows according to variety.

Blackberries, 8 ft. each way. Strawberries; rows 3 ft. apart and plants 1 ft. apart in the rows, for field culture, and 2 ft. by 1

Rules for ascertaining the number of plants or trees required for one acre of land, (which con-

Multiply the distance in ft. between the rows President D. H. Wells reasoned upon the by the distance the plants are apart in the row, ber of ft. in an acre, will show how many plants

Blackberries, etc., 8 ft. by 4-32)43.560(1,361 plants. Apples, 30 ft. by 30-900)43,560(48 trees. And so on for any distances that may be desired to plant.

Number of trees or plants on an acre: 30 ft. apart each way,..... 48 134 170 435 6801210

In this city, March 18th, 1868, of inflammation, William Andrew, son of Thomas and Pernecy F. Williams, aged I year, 4 months and 4 days. Mtll. Star please copy.

At Spanish Fork, of whooping cough, March 16, 1868, Mary Georgiana Anne, daughter of John cumulate at points on the way. The reasons Henri and Mary Frost, aged 2 years, 5 months

Mill. Star please copy.

Mill. Star please copy.

In Fountain Green, Feb. 29th, 1868, the infant and is now twenty-seven years old, five feet six ing it in the manner they designed to do, to son of Peter and Mary Oldroyd, aged 7 months Mill. Star please copy.

At St. George, March 22d, 1868, Hosea Isaiah,

infant son of Isaiah and Elizabeth Ann Cox, aged I year, 9 months and 11 days. In South Cottonwood, Feb. 25th, 1868, Charles Godfrey, aged 38 years, 10 months and 20 days.

In the 17th Ward, on the 8th inst., Almira 'somebody" referred to, who is desirous of she lived-a Saint, with a hope and assurance of

> Dear mother thou hast passed away And paid the debt which nature claims; Thy spirit's gone to endless day; The earth's received thy cold remains.

'Twas hard to part with one so dear From our home, so lonely now; For thee we shed the bitter tear; But to God's will we humbly bow.

We feel thou art happy in the change; Thy spirit's numbered with the blest; We know our loss is heaven's gain; We feel, we know, thou art at rest. JACOB CRANDALL.

W7-1

At Pondtown, Utah county, U. T., on the 11th inst., SAMUEL HARVEY CLARK, of pluropneumonia; aged 37 years and 7 months.

Deceased was a man of firm integrity, beloved and respected by all who knew him. Although

J. C. R.

Alabama papers please copy.