

YOUR ENDURANCE Follow the Appetite and Masti-

cate All Food Very Thoroughly.

HOW TO INCREASE

YALE EXPERIMENTS PROVED IT

Prof. Fisher Conducted Them and His Students Made Wonderful Gains.

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New Haven, Conn., May 3 .- Prof. Irving Fisher of Yale has concluded an experiment covering 10 weeks on the relation of endurance to diet, and last night made public the four statements of the result. Nine Yale graduates were selected for experiment and were given one test immediately after the Christmas holldays when they were fresh from vacations and another after a term of hard work,

The experiment consisted in finding a truer food instinct than most persons are said to have. No attempt was made to prescribe a diet or forcibly atter the quantity of proportions of the food. The men were simply asked to follow the plan, eating slowly and thoroughly masticating their food, giving special attention to its taste and following implicitly the dictates of appetite.

A record was kept of the food consumed by each man each day. The proportions of fat, starches, sugars and proportions of fal, starches, sugars and proteid were worked out by means of a mechanical diel indicator dovised for this purpose by Prof. Fisher, It was found that the men had decreased their food 10 per cent, the proteid 15 per cent and the consumption of mean and the consumption of mean and other flesh foods by 40 per cent instinctively.

In order to test the working power of the men, trials of endurance were made at Yale museum, at the begin-ning of the experiment. The same tests were repeated at the end. It was then found that each of the nine men had infproved anywhere from 15 to more than 100 per cent despite the fact that no special physical exercise had been taken.

The average physical endurance was over 50 per cent, Strength tests were also given but

the improvement in endurance was greater than in strength. Mental tests were also given in form of prob-lems and it was also found that most of the men had increased in mental

As every precaution was taken to prevent any disturbing factor to which the improved condition of the men might be ascribed it is believed that the experiment has demonstrated that it is possible for any person in two and a half months' time, by sim ple mastication of the food and follow. ing the appetite to improve the andurance by one-half.

CORRUPTING CHILDREN BY RACE TRACK "DOPE."

Chicago, May 3 .-- Complaints that the minds of certain school children are being corrupted by racetrack "dope," led to the arrest vesterday of J. S. Murray, president of Eentley, Murray & Co., printers of sporting reorecards, Twonty-five charges of the cultural appropriation bill, the ayes and noes being taken on but one para-graph, the provision relating to the con-tinued distribution of garden and flower seeds, which was voted into the bill, 153

Upon the completion and passage of the agricultural budget, the military academy bill was taken up and comacademy bill was taken up and com-pleted, the concluding paragraph of the bill, appropriating \$1,500,000 for addi-tional improvements at the military academy, creating the only debate on the measure. This appropriation was stricken out of the bill on a point of order. Badly Affected With Sores and Crusts-Extended Down Behind

TERRIBLE ITCHING

SCALP HUMOR

the Ears - Some Years Later

Body - Son Also Affected.

skilful treatment of my doctor, con-

esults, and that they were absorbed in

WILL PROSECUTE THOSE

San Francisco, May 2 .- Military and

civil authorities, represented by Mayor Schmitz and Maj.-Gen. Greely, will

nite in the detection and prosecution

helr employment.

their pennies.

A TRIPLE CURE BY

clear as a whistle.

FISHING SMACK SIEZED.

FISHING SMACK SHZED. Galveston, Tex., May 2.--Manager Munn of the Gulf Fisheries company of this city today received dispatches from the Warren Fish company of Pen-sacola, Fla., stating that the firm had just received word from their fishing smack, Saille Stein, seized by a Mexi-can quaboat Thursday last, stating that ten men from the schooner were held in prison and communication with the Amercan consul absolutely denied them. The cargo of fish, in the mean-time, is rotting. Painful and Itching Pustules Broke Out on Lower Part of CUTICURA REMEDIES

time, is rotting. Manager Munn communicated with Senator Culberson and requested him to "About ten years ago my scalp be-came badly affected with sore and itching humors, crusts, etc., and extendreport to the state repartment and se-cure action. All the boats were filled with fish when seized, and the losses ing down behind the ears. My hair came out in places also. I was greatly troubled; understood it was eczema. will be heavy on the cargoes alone.

RED CROSS RELIEF FUND.

Tried various remedies, so called, with-out effect. Saw your Cuticura adver-tisement, and got them at once. Ap-plied them as to directions, etc., and after two weeks. I think, of use, was Washington, May 2.-The total amount of money raised by the Ameri-can Red Cross up to date for the relief of San Francisco sufferers is \$1,738,000 Of this sum \$409,000 has been sent in or this sum \$400,000 has been sent in each to San Francisco; \$34,000 was spent for blankets, forwarded for the relief work, and \$2,000 was used in buy-ing provisions. The present balance is \$1,302,000, which is being held at the disposal of the San Francisco Red Cross and relief committee. "I have to state also that late last fall, October and November, 1904, I was suddenly afflicted with a bad eruption, painful and itching pustules over the lower part of the body. I suffered dreadfully. In two months, under the

WOOD ALCOHOL.

joined with Cuticura Soap and Cuticura Ointment, I found myself cured. "Six years ago my son was laid up with a severe cold, a hard cough, and finally painful cruption all over the body. I procured the Cuticura Remedies Several People Drank it and Som Are Now Dead. Vancouver, B. C., May 2.-Two per-sons are dead another will die and half a dozen others living near North Bend, B. C. are very III from drinking-wood alcohol. The vietims who died are Mrs. D. Jackson and N. Hurley, and T. R. Hunter's life, is despaired of. Hurley had ordered a supply of provisions and drugs from Vancouver, a gallon of wood alcohol being included in the consign-ment. The liquar was partaken of by a number, who did not realize its ef-fects. soon as possible, and after his faithful use of same was as well as ever in two weeks, as well as I can recall. He has never had a return of the illness, as far as I know. "I have always been pleased to commend the Cuticura Remedies, and testify mend the Cuticura Remedies, and testify as to their efficacy. I am a veteran of the late Civil War, '61-'65, between soventy and eighty years of age. Yours truly, H. M. F. Weiss, Rosemond, Christian Co., Ill., Aug. 31, 1905." Complete Extensil and Internal Treatment for every Humor from Empire. Is Seculity, from Internaty to Ag. consisting of Cuthura Song, Mc, Olitanet, 300, Resol-ent, doe. In form of Checolate Contempt, 300, Resol-ent, and herra and and an every Humor the Ag. Resol-tion on the form of the secular form for the period of the norm of Checolate Contempt, 300, Resol-tion and Idrashing cases when all ever files former to the period a Chen. Corp., None Props., Botton, Mass. "ager Midled Free, "How to Cure Rezents," and "All About the Skin, Scalp, Hando, and Kinit."

SECY. TAFT'S BANGER.

ing's work of distributing the racing sporting topics as a direct outgrowth of

ried in His College Days. New York, May 2.--A special to the Times from New Haven, Conn., says: Secy. Taft, while here yesterday, re-celven a huge "banger," which he car, ried in his college days. The banger is one of the heavy wood-en sticks or canes which were used of yore in class rushes. Secy. Taft's ban-ger has been in the possession of Mrs. George Hotchkiss of Court street. Mr. Hotchkiss and Secy. Taft were friends when the latter was in college. Another "find" of the secretary dur-ing his visit here was a photograph of In several instances actual betting on In several instances actual betting on the races and the ball games was dis-covered in the school precincts and traced directly to the boys employed by the score card company. Some of the boys thus employed are said to have "made books," on the races and

other sporting events, in which other school children were taught to hazard ing his visit here was a photograph of a group of members of the class of '67, of which his brother, Peter Taft, was a

"Banger" and the photograph were sent to Washington. WHO PREY ON HOMELESS.

KANSAS REPUBLICAN STATE TICKET NOMINEES.

Topeka, Kan., May 2.-The ticket ominated by the state Republican conall persons who have preyed the homeless and hungry of San Franvention today follows: Governor-E. W. Hoch, Marion. After a conference with Gen. Greely Lleutenant Governor-W. J. Fitzger-Dodge City.

At Yale, He Receives the One He Carried in His College Days.

illegal employs made against Mr. Murphy. The prose-cution was instituted by Edgar T. Da-vies, chief of the state bureau of fac. tory inspection.

Two weeks ago a truant officer re-Two weeks ago a truant officer re-ported to the compulsory education de-partment of the board of education that certain boys who had some under his observation showed evidence of demoralization caused by their employment to distribute race and haseball result cards. The boys, who were said to be under 14 years of age, were employed it was found, by the Bentley-Murray The instructors of the youths in ques-

tion testified that the boys were fist-less in their school work, that their minds were fixed only upon the even.

STOP, WOMAN!

ACCUSES BROTHER-IN-LAW.

That in address-C.S.S. ing Mrs. Pinkham you are confiding your private ills to a womana woman whose experience with women's diseases covers a great many years.

Mrs. Pinkham is the daughter - in - law of Lydia E. Pinkham, and for many years underherdirection, 法派的理律 and since her de. cease, she has been advising sick women free of charge. Many women

AND CONSIDER THE ALL-

IMPORTANT FACT

suffer in silence and drift along from bad to worse, knowing full well that they ought to have immediate assistance, but a natural modesty impels them to shrink from exposing themselves to the questions and probable examinations of even their family physician. It is unnecessary, Without money or price you can consult a woman whose knowledge from actual experience is great.

Mrs. Pinkham's Standing Invitation.

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham, at Lynn, Mass. All letters are received, opened, read and answered by women only. A woman can freely talk of her private illness to a woman; thus has been established the eternal confidence between Mrs. Pinkham and the women of America which has never been broken. Out of the vast volume of experience which she has to draw from, it is more than possible that she has gained the very knowledge that will help your case. She asks nothing in return except your good-will, and her advice has relieved thousands. Surely any woman, rich or poor, is very foolish if she does not take advantage of this generous offer of assistance.

If you are ill, don't hesitate to get a bottle of Lydia E. Pinkham's Vegetable Compound at once, and write Mrs. Pink-ham, Lynn, Mass., for special advice.

When a medicine has been successful in restoring to health so many women, you cannot well say, without trying it, "I do not believe it will help me." this afternoon Mayor Schmitz an-nounced than any one discovered obtaining uninwfully large quantities of supplies, or of repeating in the lines at relief stations, would be prosecuted

at relief stations, would be prosecuted upon a charge of obtaining money un-der failse pretenses. The mayor, at the request of Gen. Greely, will today look up the law under which such an of-fense may be prosecuted. "Several instances of accumulating relief supplies in large quantities for private purposes have been reported to Gen. Greely. Parties knowing of such instances are requested to comsuch instances are requested to com-municate them to Gen. Greely in writing, with the assurance that such re-ports will be treated with the strictest confidence as to source from which they emanate. General statements must naturally be received with suspion; exact details as to time and place re desired. Anonymous communica. ons cannot be considered."

Says He Robbed Her of Gold and i Jewelry.

San Francisco, May 2.-Mrs. Leah Wiseman complained to the police to-day that she had been robbed of \$150 in gold and jewelry valued at \$100. She accuses her brother-in-law, G. Robino, of the crime. Mrs. Wisemann lived in the district suburbs and cave abattar in actuates her brother-in-iaw, G. Robino, of the crime. Mrs. Wisemann lived in the district suburbs and gave shelter to Robino and his wife when they were hurned out. She said that this mornburned out. She said that this morn-ing Robino brutally assaulted her and ture from her person the money and jeweby while his wife was a spectator of his actions. She said she raised an alarm after Robina's hurried departure and that he escaped. An officer of the uational guard, who was attracted by her outcries, took Mrs. Robino into sustedy. Detectives this afternoon stated that Robino and his wife had secured tickets for Chicago and were to have gone there today. have gone there today.

LEPERS SEND SYMPATHY.

Honolulu. May 2 .- The lepers at the thement of Molokal have held a mass eating at which they adopted lengthy ad eloquent worded resolutions in the the sufferers from the San neisco fire. They also ruised a re-tund, representing the subscription the personal who gave from 5 cents The resolutions prepared by the ily religious ton even are of a provide for the forwarding of the resolutions to Mayor Schmitz of San Francisco. The money has been sent to the Honolulu board of health.

RELIEF WORK TURNED OVER TO GOVERNMENT.

San Francisco. May 2.—All the relief work undertaken by the Los Angeles charn's of commerce was this after, noon usued over to the United States evernment

The authorities felt that continued ee meals for any who applied for them ight tend to make paupers of many blebodied men. W. S. Voorsanger the military officers. The Los Augeles relief committee has

een feeding 30.000 persons daily, and dispather has brought 160 cars of upplies into the city.

AGRICULTURAL APPROPRIATION.

Washington, May 2 .- The house to-Washington, May 2.5 The house for day completed the agriculture bill and massed the military academy bill as it passed the house carried \$7,44,440, The military academy bill carries in carries 663.115

There was little debate on the agri-

Secretary of State-C. E. Denton, At-State Auditor-J. M. Nation, Erie. State Treasurer-Mark Tully, Inde-

Attorney General-F. S. Jackson,

Greenwood. State Superintendent of Public In-struction-E. T. Fairchild, Ellsworth. Justices of Supreme Court for six-year terms-W. A. Johnson of Minea-polis: R. A. Burch, Salina. For four-year terms, Silas Porter of Kansas City, Kan.; C. B. Graves, Emporia. Railroad Commissioners-George W. Kansyel Frank Ryan C. A. Byker Kanavel, Frank Ryan, C. A. Ryker, Insurance Commissioners—Charles W. Barnes of Osage county. State Printer—T. A. McNeal, Topeka,

CONGO FREE STATE CONSUL.

Washington, May 2 .-- The senate committee on foreign relations today re-ported favorably a bill establishing a consul generalship of the Congo Free State with an annual salary of \$5,000.

CHARGED WITH MURDER.

San Francisco, May 2 .- A warrant was issued this morning by Judge Gra-ham for the arrest of John Steinman, a member of the national guard, charg-ing him with murder. He is accused of killing Joseph Meyer, and a brother of he dead man swore to the warrant. The deceased was keeper of the chil-Iren's playground at Golden Gate park. Four witnesses were present in court this morning to testify that the killing of Meyer was not provoked.

CHARGED WITH ARSON.

Johnstown, Pa., May 2.—Charles H. Shank, president of the Windber local, United Mine Workers, was arrested to-night, charged with arson. Shank, it is alleged, set fire today to a tenement house in Windber owned by the Ber-wind White company wind White company.

A DISASTROUS CALAMITY.

It is a disastrous calamity, when you lose your health, because indigestion lose your health, because indigestion and constipation have sapped it away. Prompt relief can be had in Dr. King's New Life Pills. They build up your di-gestive organs, and cure headache, diz-ziness colle, constipation etc. Guaran-teed at Z. C. M. I. Drug Store 112-114 South Main Street; 25c.

If your grocer does not carry MOUNTS HOME Industry Pickles put





For Los Angeles visistors Utah's most popular road will sell round trip excursion tickets from April 26th to May 6th inclusive, good to return until July the 31st. Owing to the large number that will take advantage of these rates it is important to secure reservations early. Lowest rates also via the Salt Lake Route from Wyoming. Idaho and Montana Points. Be sure and specify the San Pedro, Los Angeles & Salt Lake when asking for rates of any railroad agent in your territory, or write for full information to J. L. Moore, D. P. A., Salt Lake City, Utah,

FINEST TRAINS OUT OF SALT LAKE CITY.