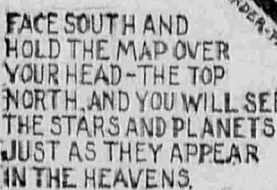


NORTH

APRIL MOON PHASES.
LAST QUARTER, APRIL 5.
NEW MOON, APRIL 12.
FIRST QUARTER, APRIL 20.
FULL MOON, APRIL 28.



HOW TO STUDY OUR SPRING FLOWERS

CONSIDER THE LILIES.

The only book on our western flora is Coulter's "Manual of Rocky Mountain Botany." It is good as far as it goes, but is entirely inadequate to our needs. A book that illustrates our species would truly "fill a long-felt want." We hope that Prof. M. E. Jones will soon decide to publish his work, now long overdue.

FIRST THE LILIES.

The first of our wild flowers to appear in spring are two beautiful yellow lilies. They grow on the mountain in rich, moist soil, and are now in bloom. The children call them "snowdrops," possibly because they bloom so soon after the snow disappears and are often found near snow banks. One of them has the more usual common name—the dog-toe violet. They may be called yellow lilies, but I think when you see them, their scientific names *Erythronium grandiflorum* and *Fritillaria pudica*. They happen to be the

best kind of flowers to begin with, being beautiful of form and color, simple of structure, fragrant, easily found and abundant. The first grade, therefore, and beginners generally, should include these regular and delicate beauties, including the so-called "Calochortus Nuttallii" with flowers of a warm red color, leaves parallel-veined (endogens) and springing from bulbs at their roots. These with the poison sago (*Zygadenus* (*Eris* *maritima*), the wild flower de luce (*Eris* *maritima*), the Solomon's seal (*Smilacina* *amplexicaulis*), the wild onion (*Scilla* *sessilifolia*), and the wild onion (*Althum* *acuminatum*), would be the best spring studies for the beginners in the first and second grades in school.

THIRD GRADE FLOWERS.
The third grade takes up several flowers that have five parts. Of those the spring beauty (*Claytonia Caroliniana* and *Claytonia perfoliata*) is one of the first to appear, and is as attractive as its name indicates. The pink sweet William (*Phlox longifolia*), the blue wild flax (*Linum perenne*), and the scarlet mallow (*Malvastrum munitanum*) are all early, pretty, and abundant, as well as of regular and simple structure. Wild roses also (*Rosa*)

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THE STARS AND CONSTELLATIONS

forget-me-not type, of which the flower-parts are in fives, and the fruit parts in fours. The common and most showy is the sickleseeded thimbleweed (*Thalictrum flavum*), a branching, many-flowered daisy, blue and white species common on the hills, with a smaller hairy species, *Echinopernum* Redowsky, often seen in the woods. The water-leaved (*Hydrophyllum capitatum*), with large, leaved mertenia of the high mountains (*Mertensia Siberica*); the shepherd's purse (*Capsella bursa pastoris*), the showy yellow wall-flower (*Erysimum*), the mustard (*Sisymbrium*), and the water cresses (*Nasturtium*), and others of the mustard and poppergrass family belong here, as do also the un-

Cleome maculata) with a poisonous root like a divided parsnip, are interesting species.

THE FLOWER IN FIVES.

The fifth grade may consider all the five-parted flowers that the third and fourth grades have not taken. This large list would include many of the plinks, some of the buttercup family, the geraniums, the roses, many of the saxifrage or currant family, the true primroses (*Primulaceae*), the milk-

THE IRREGULAR FLOWERS.

The sixth grade might take up the leguminous plants and the irregular and spurred flowers. Leguminous plants are those of the type of the clover, the flowers being very irregular and generally staminal, with one broad, veined, axillary or standard

two narrower ones, the wings which cover an inferior pair forming the keel, a boat shaped part at the base. We have many interesting native species of this order—the wild pea (*Vicia americana*) the red-purple hedsyars (*Hedsyarsum McKenli*), the blue lupines (*Lupinus perennis*) with silvery foliage, the pink and purple lady-gingers (*Astragalus Utahensis*, the white, silvery mat, and a *Jodanthis*, the green mat with blue flowers, desert species and the cultivated lucerne, clover, pea, bean, locust, catalpa, etc. The leguminous plants are interesting because they gather nitrogen and fertilize the soil.

The seventh grade may consider the compositae, especially the oxeye daisies (*Weythia Arizona* and *Halsamorrhiza sagittata*), the first with leathery green leaves, the second with white arrow-shaped leaves. Both grow low on the ground and have large blossoms like sunflowers. Asters, erigerons, daisies and senecios, or groundels, and

papers under a weight, or better, in a press of heavy wire screen bound with straps. The paper must not be collected merely as specimens, but as the means of illustrating a special idea, or problem, in each grade.

LILIES AND PRIMROSES.

Thus, the first grade may preserve a few of the lilies—the flowers in three— including several grasses for the sake of variety, since they are easily dried and look beautiful when afterwards mounted on white paper. But the grasses collected should be those from certain fields or still growing.

MATWEEDS, UMBRELLAS AND

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the diseased membrane.
It cures catarrh and drives
away a cold in the head

The illustration shows a man's head in profile, facing left. Various ailments are written on different parts of his face and neck:

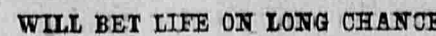
- Nose: CATARRH
- Throat: SORE THROAT
- Neck: STOMACH ACHES
- Shoulder: RHEUMATISM
- Head: HEADACHE
- Forehead: BRUISES AND SWELLINGS
- Eye area: EYE BROODS
- Ear area: EAR ACHES
- Mouth area: MOUTH SORES
- Chin area: CHIN SORES
- Neck area: CROUP AND HOARSENESS
- Back of neck: BACK PAINS
- Side of neck: NEURALGIA
- Base of skull: MIGRAINE
- Top of head: DIZZINESS
- Temple: TEMPLE PAINS
- Jawline: JAW PAINS
- Lip area: LIP SORES
- Upper lip: UPPER LIP SORES
- Lower lip: LOWER LIP SORES
- Under chin: UNDER CHIN SORES
- Between eyebrows: BETWEEN EYEBROWS
- Between nose and mouth: BETWEEN NOSE AND MOUTH
- Between mouth and chin: BETWEEN MOUTH AND CHIN
- Between chin and neck: BETWEEN CHIN AND NECK
- Between neck and shoulder: BETWEEN NECK AND SHOULDER
- Between shoulder and back: BETWEEN SHOULDER AND BACK
- Between back and waist: BETWEEN BACK AND WAIST
- Between waist and legs: BETWEEN WAIST AND LEGS
- Between legs and feet: BETWEEN LEGS AND FEET
- Between feet and toes: BETWEEN FEET AND TOES
- Between toes and fingers: BETWEEN TOES AND FINGERS
- Between fingers and hands: BETWEEN FINGERS AND HANDS
- Between hands and arms: BETWEEN HANDS AND ARMS
- Between arms and torso: BETWEEN ARMS AND TORSO
- Between torso and head: BETWEEN TORSO AND HEAD

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