

FOOD CURE.

Ripe fruits and berries, slightly acid, will remove the ordinary diarrhoeas of early summer.

Common rice, parched brown like coffee, and then boiled and eaten in the ordinary way, without any other food, is, with perfect quietude of body, one of the most effective remedies for troublesome looseness of bowels.

Some of the severest forms of that distressing ailment called dysentery, that is, when the bowels pass blood, with constant desire, with vain efforts to stool, are sometimes entirely cured by the patient eating a heaping table spoon at the time of raw beef, out up very fine, and repeated at intervals of four hours, until cured, eating and drinking nothing else in the meanwhile.

If a person swallows any poison whatever, or has fallen into convulsions from having overloaded the stomach, an instantaneous remedy, more efficient and applicable in a large number of cases than any half a dozen medicines we can now think of, is a heaping teaspoon of common salt and as much ground mustard, stirred rapidly in a teaspoon of water, warm or cold, and swallowed instantly. It is scarcely down before it begins to come up, bringing with it the remaining contents of the stomach; and lest there be any remnant of poison, however small, let the white of an egg, or a teaspoon of strong coffee, be swallowed as soon as the stomach is quiet; because these very common remedies nullify a larger number of violent poisons than any medicines in the shops.

In case of scalding or burning the body, immersing the part in cold water gives entire relief, as instantaneous as lightning. Meanwhile, get some common white flour, and apply it an inch or two thick on the injured part, the moment it emerges from the water, and keep sprinkling on the flour through any thing like a pepper-box cover, so as to put it on evenly. Do nothing else, drink nothing but water, eat nothing, until improvement commences, except some dry bread, softened in very weak tea of some kind. Cures of frightful burns have been performed in this way, as wonderful as they are painless. Erysipelas, a disease often coming without premonition, and ending fatally in three or four days, is sometimes promptly cured by applying a poultice of raw cranberries pounded, and placed on the part over night.

Insect bites, and even that of a rattlesnake, have passed harmless, by stirring enough of common salt into the yolk of a good egg to make it sufficiently thin for a plaster to be kept on the bitten parts.

Neuralgia and toothache are sometimes speedily relieved by applying to the wrist a quantity of bruised or grated horseradish.

Costive bowels have an agreeable remedy in the free use of tomatoes; at meals—their seeds acting in the way of the white mustard or figs, by stimulating the coats of the bowels over which they pass, in their whole state, to a creased action.

A remedy of equal efficiency, in the same direction is cracked wheat—that is, common white wheat grains, broken into two or three pieces, and then boiled until it is as soft as rice, and eaten mainly at two meals of the day, with butter or molasses.

Common sweet cider, boiled down to one-half makes a most excellent syrup for coughs and colds for children—is pleasant to the taste, and will keep throughout the year in a cool cellar.

In recovering from an illness, the system has a craving for some pleasant acid drink. This is found in cider which is placed on the fire as soon as made, and allowed to come to a boil, then cooled, put in casks, and kept in a cool cellar. Treated thus, it remains for many months as good as the day it was made.

We once saved the life of an infant which had been inadvertently drugged with laudanum, and was fast sinking into the sleep which has no awaking, by giving it strong coffee, cleared with the white of an egg, a teaspoonful every five minutes until it ceased to seem drowsy.—*Hall's Jour. Health.*

SIMS REEVES IN A NEW CHARACTER.—A late English paper says:

On Friday night, at the Leeds Amphitheatre, Mr. Sims Reeves appeared as Captain Macheath in *The Beggar's Opera*. There was a crowded house, and the play was proceeding very satisfactorily until about the middle of the second act, where a song had to be sung by one of the subordinate characters. This was attempted by one of the stock company, who, however, made a bit of a hash of it. Mr. Reeves became annoyed, and as the members of the chorus (who were specially engaged) were making their exit from the stage, he struck out at one of them named Scholes, hitting him on the shoulder and sending him sprawling against a table. Mr. Reeves also gave another man, Edward Stobbs, a lift with his foot as he was going off. All this the audience saw and were astonished. Two or three hisses were raised, whereupon the great tenor came forward and, addressing the assembly, said, "Of all the unbecomingly ruffians I ever met with these are the worst." Some of the audience appeared to agree with him, for there were plaudits after this speech. Among the chorus singers, however, there was great indignation, and Mr. A. J. Atkinson, the chief of them, sent the following epistle to Mr. Sims Reeves during the evening:—"Sir,—On behalf of the chorus singers at the Amphitheatre, I request you will make an ample apology for the unbecomingly assault you made on two of the members this evening, or we shall take other proceedings.—Yours, etc., J. Atkinson." No reply was given to this, and a summons was accordingly taken out against Mr. Reeves. The matter, however, was arranged out of Court, and when the case was called on Monday no appearance was made on either side. Mr. Bruce said the ordinary rule of the Court was to require an appearance with regard to any summons which may have been granted, unless there is some special circumstance known to the Court; but as in this case the assault had apparently been of a trivial character he should not enforce an appearance.

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