

Dat can be mixed therewith is the beef from which it was made, reduced to a powder. In two, at least, of the Lon-don hospitals the mixing of powdered beef with the beef ten has long been ptacticed; and there the pat ents get strong on a beef ten diet. It is worth amembering, too, that the objections to the use of beef ten apply equally to the preparation described as Extract of Meat, with the further disadvantage that the extract is always stale.—Chamthat the extract is always stale .- Chamrs' Journal.

young man, poor and dejected.



FRANCE. General news.



