DESERET EVENING NEWS.

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THE TRAIL ON THE MESA.

Over the mesa, low and brown,
Under the blinding southern sun,
A wong, all dust and dusky dark from the hoofs
To the dwelling of those who toil in shade,
A little cluster of graves, forlorn,
Forgotten, weeds, crumbled and stiff,
While around the sacrum and through the
[illegible]
The narrow trail creeps over the cliff.

Somebody's heart, somebody's friend
Under each wooden headboard lies
Somebody's dreams lie buried in the clay,
Somebody's memories sleeping shade.

Sun and sorrow and sore, sore pain,
Strength to conquer and faith to faith
Were they here? Some, and here, or hence,
The same, and journey over the trail.

The sun is rolling down to its rest,
The pines of the west catch at its edge
The day leads on to the night of the west,
Over the crest of the great divide.

—Florence E. Fleet in Harper's Weekly.

WOMAN AND HOME.

WOMEN AND GIRLS MUST LEARN TO MODULATE THEIR VOICES.

Kindness in the Home—Round Shoulders, How Women Conceal Age—Sights Are for Lions—A Busy Woman—Lady Students at Bedoin.

The girl of today has fallen into the very unpleasant habit of talking loud in public. It seems to have grown gradually upon her rather than to be something which she cannot help. Perhaps the noise and bustle of the streets is responsible for the high pitched tones, for certain it is that her voice rises above all the din, and every one who cares to listen can know as much of all about her own private and particular business as she chooses to be her friends who replies in the same tone.

All know the charm of a soft, well modulated voice, and any one can pronounce it who will take care and watch out for the first symptom of rising pitch and at once lowering it back where it belongs.

It is the harsh, loud voice that the foreigner at once notices in our women when they visit our shores. The foreign certain localities perhaps could scarcely be cured without moving entirely away from a section the possibilities of which are never noticed until brought in contrast with other and different speaking people. It is not the sound but the pitch that offends. A woman with a beautiful face and a high, laughing voice will never seem so charming as the plainer sister with her soothing, well modulated tones.

Putting aside the question of attractiveness, certain it is that it is much more lady-like to keep our voices well under control, especially in public places. Good manners, if nothing else, should tell us not to talk in tones that penetrate far beyond the bounds for which they are intended. It is hard when neighbors rattle, street cars jingle and carriages rumble over the stones to keep up a sustained conversation in soft, pleasing tones, but it is much better to remain absolutely silent and wait for your opportunity to talk or you should then be like every one within a radius of a square into your confidence.—Philadelphia Times.

Kindness in the Home.

Did you ever try being considerate with the people who belong to your own family, and who have to stay with you, no matter how unpleasant you are, or you are with the cook or the housemaid, who can give a week's warning and depart if things don't suit? It pays. It's all very well to talk about being entirely yourself and being natural in your home life, but it's a great mistake. If you get in a rage because things don't go right you don't pitch into your maid or your cabby or anybody like that. Oh, dear, no! It would be an awful inconvenience if they left, so you consider them, and if you do think you've spoken a little too quickly you make up for it by an afternoon out or a pair of gloves or a dollar.

But the man who makes up to his womankind or the woman to her mankind for a moment of that natural uncontrolledness which is so highly prized with a little treat or a present is pretty rare. It is simply ignored, that's all, and we are considered milky if we are not sweet and smiling and everything else that's pleasant when we meet again. If there was a little less informality and unceremonious and that sort of thing in our home life there would be a good deal more solid comfort. Of course our "very own" will forgive these little bits of ill temper and make excuses for us and continue blessedness if that question is bad or that things went wrong yesterday, but why require it of them? Just because they are so great and nice when it is all the more reason why we shouldn't put them so often to the test.

If you know a person will give you a free ticket to the Theater every time you ask for them, you don't, as a general rule, demand them every night. Carry this principle in this room vanished home life for awhile and there will be more reason to be content with it. It is a chain no matter what you say. It may be a very sweet and tender and lovely chain, but if the silken strings keep to bound half a dozen times spot it will chafe and strain some or later.—New York Press.

To Correct Round Shoulders.

One of the most frequent deformities against which women must continually fight, especially mothers with young children, is that of round shoulders and a stooping figure. Just observe how many such there are in any gathering. Even the best natural figures will often show this tendency when some circumstance has prevent, especially if their work is of such a nature as to keep them sitting at a desk all day, bending over a machine or doing many kinds of housework, while this narrow chested women are very likely to stoop before middle age.

Therapeutics of physical culture say this may be entirely rectified by a very simple and easily performed exercise, that of raising one's self upon the toes literally in a perpendicular position, several times daily. To do this properly one must be in a perfectly upright position, with the heels together and the toes at an angle of 45 degrees, stepping the crime for the side. Raising and raising the chest to its full capacity is a part of the exercise, a process which the toes begin to show. The exercise of the muscles of the legs and body are most the very slowly on the balls of both feet to the greatest possible height and then come quite into a standing position without swaying the body out of its perpendicular line. This will be the most difficult part of the exercise, but may be conquered by patience and perseverance. After awhile the toes and be lifted first on one foot, then to the other.

In order to prevent young members in school children from their shoulders should never rock them to fall their arms in front, but rather to place them behind the back, which necessarily is good practice, giving as it does the fullest expansion to the upper part of the body. For this reason more care is taken now than formerly to see that children sit properly with the spine kept straight and their expanded.—Brooklyn Eagle.

SWIMMING A HORSE.

How a Horse and Rider May Successfully Cross a Restless Stream.

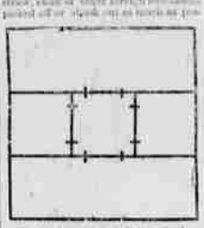
There may be regions who run a chance of having to cross a restless stream and it may be to swim. The safety of both rider and horse may depend on the action of the rider in such an emergency. Picture are often seen representing horsemen sitting bolt upright in their saddles while swimming their horses across a stream, the whole loss of the horses backs being visible above the water. The artists who make these pictures can hardly have ridden a horse while the animal was swimming or seen the thing done.

A French cavalry officer in a military journal of Paris gives this account of the way a horse should be ridden and the way he should be ridden in swimming a stream. To begin with, it must not be supposed that a horse always swims naturally and with ease the moment he is off his feet in the water, the animal under such circumstances has but one notion, to keep his head out of the water and to lift his shoulders as high as possible. In fact the hind quarters sink and he finds himself nearly up almost on the tail, or in a position three-quarters erect. In such a position, if the driver drawn upon his rein, it throws his body back to the hind, the animal's hind quarters will sink more and more, his body will take a vertical position, and hoisting the rider entirely with his fore feet he will sink.

As soon as his toes get off his feet in the water let the rider grasp a handful of the animal's mane, leaning at the same time well forward upon his shoulder, but without touching the horse's head. The rider's knees should be pressed tightly to the horse's sides, otherwise he will find it a power of no the water. This is the only position that will enable a man to remain in the saddle and the horse to swim at the same time. The reins must be held loosely, and each will be on one side of the horse's neck, guided in the water give the horse rein a little jerk in the direction desired. But it is in the hitting or degree important never to pull on the rein.—New York Farmer.

Tying Up Wood.

No part of preparing wood for market adds more to its presentability than proper tying. In the first place neatness but just wood should be brought into the tying board. All wet or soiled ends should be chipped off, and no stick, shall or other foreign substance passed off or stuck out as much as possible.



POLESTAR BOARD FOR TYING WOOD. (Sticks in edge of board are for holding tones.)

Then the fence, with the finish side down, should be drawn together closely, so that when it is folded but much of the inside will not be exposed. Two strings each way is simple and as little as will keep the fence together in best shape, less rather than more should be used, as a string lot of wood fairly makes a bad impression upon the market. Each fence should be tied up separately and compactly, but not close enough to give it a suspicously saggy, heavy feeling.

This is very apt to impress the buyer with the idea that the fence contains too much oil or dirt, making it liable to heavy shrinkage—the bugbear of all wood buying. There are various kinds of presses and other mechanical devices for doing up wood, but the simple flat folding board, which with eight common hinges any farmer can make, is nearly always preferred by the busy storekeeper.

The center board should be about twelve inches square, also the two end boards, while the two sides should be just as long as the three. A little practice will soon teach any one how to do up the fence in the neatest manner.

The value of exports of breadstuffs from the United States for the year ending June 30 will reach $200,000,000, perhaps more, being nearly or quite three times as much as was exported last year. Farmers ought to be prosperous. At any rate they are better off than they were a year ago, even with the low prices of wheat much of this year.

"August Flower"

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From Ogden, Portland and the Pacific coast ..... 6:00 a m
From Park City and Cache Valley ..... 10:30 a m
From all points West ..... 12:30 p m
From Cache Valley and Logan ..... 7:00 p m
From Ogden, Morgan and way intermediate points ..... 10:00 a m
From East and Provo ..... 6:15 p m
From Portland and Pacific coast ..... 9:15 p m

DEPART.

For all points East ..... 6:00 a m
For Ogden and intermediate points ..... 8:00 a m
For Boise, Portland, the Transcontinental Cache Valley ..... 10:05 a m
For Cache Valley and Park City ..... 5:30 p m
For all Eastern points and the Pacific coast ..... 6:30 p m
For Provo, East and Intermediate points ..... 7:00 p m
For Ogden, Butte and Montana ..... 8:00 p m
For Provo and Thompson ..... 5:30 p m

Sunday excepted.

For the Intermediate Point and Midland do not work Sundays.

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SALT LAKE CITY.

No. 1—For Denver, Colorado Springs and Pueblo ..... 8:00 a m
No. 3—For Denver, Colorado Springs and Pueblo ..... 8:00 p m
No. 5—For Provo, Eureka and Intermediate points ..... 6:00 p m
No. 7—For Ogden, Logan, Montpelier, Pocatello, Butte, Helena, Minneapolis, St. Paul, Duluth, Winnipeg, Omaha and Chicago ..... 8:00 a m
No. 9—For Provo, Eureka and Intermediate points ..... 10:00 a m
No. 11—For Ogden and Intermediate points ..... 4:00 p m
No. 13—For Ogden and Intermediate points ..... 6:00 p m
No. 15—For Ogden, Logan, Montpelier, Pocatello, Butte, Helena, Minneapolis, St. Paul, Duluth, Winnipeg, Omaha and Chicago ..... 8:00 p m
No. 2—From Denver, Colorado Springs and Pueblo ..... 11:00 a m
No. 4—From Denver, Colorado Springs and Pueblo ..... 11:00 a m
No. 6—From Provo, Eureka and Intermediate points ..... 10:00 a m
No. 8—From Provo, Eureka and Intermediate points ..... 6:00 p m
No. 10—From Ogden and Intermediate points ..... 10:00 a m
No. 12—From Ogden and Intermediate points ..... 3:00 p m
No. 14—From Ogden, Logan, Montpelier, Pocatello, Butte, Helena, Minneapolis, St. Paul, Duluth, Winnipeg, Omaha and Chicago ..... 4:00 p m

GLENWOOD SPRINGS.

No. 1—From Denver, Colorado Springs and Pueblo ..... 11:00 a m
No. 2—For Denver, Colorado Springs and Pueblo ..... 8:00 a m

Trains leave Salt Lake City for Park City at 10:00 a m and 5:00 p m, and arrive at Park City at 12:00 m and 7:00 p m.

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