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portion of the nutritious part than is desirable. For this reason they should be placed in boiling water, if intended to be cooked by this medium. The water in which they are boiled is not used as food, as it is, or should be, nearly destitute of nutritive matter, and is believed to contain substances which are injurious to health.

Stewed potatoes should be put in a large pot, with a little water and thickened with the vegetable not be well cooked. They require a moderately hot steady oven from first to last.

Stewed Potatoes.

Chop cold boiled potatoes rather fine, but not mushy and put them into a shallow pudding basin, sprinkle with salt and pepper and add just enough milk to cover the potatoes and a large tablespoonful of butter broken into bits. Lay the basin in a larger one containing boiling water and set in the oven and stir occasionally while cooking. Do not let them brown. Let cook slowly for an hour until creamy.

German Potato Cakes.

Grate raw potatoes and add to each cupful of potato, grated, one egg, a level tablespoonful butter and sufficient flour to make them hold together, season

to taste with salt, sugar and cinnamon and fry in a saucapen or on a hot brick like hamburgs, until nicely browned on both sides.

Potato Timbale Cases.

After mashing potatoes in usual manner and seasoning with salt, pepper, butter, and a little onion juice, add to each cupful, one beaten egg, stir over the fire until the mixture leaves the side of the saucapen, then flour some little plain mould cups and line them to the depth of half an inch with the potato mixture, then fill with the smooth filling; turn out carefully and brush with egg and set in the oven to brown. When done carefully turn them over and fill them with any creamed meat, fish, oysters, or vegetables, sprinkle a very little minced parsley over the top and serve.

Princess Potatoes.

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