

able at his loss. The mother naturally being a little nervous, and having suffered so much from United States marshals' raids and rumors of raids, it had quite unstrung her nerves. On this account the boy always remained with his mother in the evenings when his father was gone, and was a great blessing and comfort to her.

WM. C. MCGREGOR.
PAROVAN CITY, Iron County,
September 15th, 1889.

AT PLEASANT VALLEY.

A creditable entertainment was given in Pleasant Valley Ward meeting house a short time ago, the programme for the evening consisting of choice selections of music by the leading talent of the Ward, in glees, solos, duets, trios, sentimental and comic songs, recitations and negro melodies. The proceeds of the entertainment will go to aid in immigrating the family of Brother Thomas Griffiths of this Ward.

Another entertainment was given at the Theatre Hall, Scofield, Sept. 14, 1889, with but little change in the programme. This was to help to defray the expense of making an addition to the Pleasant Valley Ward meeting house, and was not as successful as was expected, for the reason that there was not a stove in the house and it was a cold night.

A glee club will be organized in this ward tomorrow evening, the 16th inst. We have the talent here for a good club.

EVAN S. THOMAS.
SCOFIELD, Utah, Sept. 16, 1889.

SEQUEL TO THE HAWAIIAN REVOLT

The recent attack upon the royal palace at Honolulu has been followed by another struggle between the king and his ministers. The latter, being under the impression that his majesty had prior knowledge of the plan to seize the palace and favored it as a means of throwing off his obligations under the constitution, demanded that V. V. Ashford be made commander of the Hawaiian volunteers. The king refused to sign the commission, and the ministers then presented the king with the following paper:

Before going further, the cabinet desires a thorough understanding with your majesty upon the following point, namely: The government in all its departments must be conducted by the cabinet, who will be solely and absolutely responsible for such conduct. Your majesty shall in future sign all documents, and do all acts which, under the laws and constitution, require the signature or act of the sovereign, when advised to do so by the cabinet, the cabinet being solely and absolutely responsible for any signature of any document or act so done or performed by their advice.

When the king read this he said, "Perhaps we may need to get a new ministry," and the reply was made, "Perhaps we may need to get a new

king." Here was another crisis, and as a matter of precaution the Honolulu rifles, the heroes of revolution which ended in the adoption of the constitution, were ordered out. The king finally proposed that the status of the cabinet, being a constitutional question, should be submitted to the supreme court. This was agreed to, and after full deliberation the court handed down its decision, in which it said: "There can be no dual government. There can be no authority without responsibility. The king is without responsibility. The constitution confirms the responsibility of government upon the cabinet. They therefore have the authority." The king was thus placed where he must fight or yield, and he yielded. If there was any doubt about the hold of the foreigners of the Sandwich Islands upon the government which would be generally recognized, it would be the extension of the postal delivery system to every town and village in the country. Another would be such an amendment in our postal laws as would permit of the sending by mail of parcels that now have to go by express. Such a change would be opposed by the express companies, but it does not follow from that that it would not be one of great public advantage.—*Springfield Republican*.

FRUIT A PERFECT FOOD.

Some people are afraid to eat fruit, thinking that fruit and diarrhoea are always associated, when, if they understood the genuine cause of diarrhoea, they would know that it was caused by eating meat. In the hot weather meat putrefies very quickly, and during this process alkaloids are formed which are very poisonous, acting as emetics and purgatives. 'Tis true that fruit eaten green, or between meals, will interfere with digestion and cause bowel troubles; but use fruit that is perfectly ripe at meal-time, and only beneficial results will follow.

Acids prevent calcareous degenerations, keeping the bones elastic, as well as preventing the accumulation of earthy matters. This is because of the solvent power of the acids; but manufactured acids are not harmless, as are those which nature has prepared for us in the various kinds of fruit. Fruit is a perfect food when fully ripe, and were it in daily use from youth to age there would be less gout, gallstones, and stones in the bladder. Stewed apples, pears and plums are favorite articles of diet. For breakfast or luncheon, in the dining-room or in the nursery, there are few table dishes more wholesome and more delicious than well-stewed fruit served up with cream or custard.

There are many persons, however, who cannot eat it on account either of the acidity of the fruit or the excess of sugar necessary to make it palatable. Sugar does not, of course, counteract acidity; it only disguises it, and its use in large quantities is calculated to retard di-

gestion. The housewife may, therefore, be grateful for the reminder that a pinch, a very small pinch, of carbonate of soda, sprinkled over the fruit previously to cooking will save sugar, and will render the dish at once more palatable and more wholesome. — *Leslie's Popular Monthly*.

MISCELLANEOUS.

THE Omaha *World-Herald* is out with a new complimentary term introduced into journalistic polemics. It describes the Lincoln (Nebraska) *Journal* as a "tripe sandwich."

THE rapid course of empire westward is further signalized by the abandonment of three forts as military stations by the government, one each in Kansas, Wyoming and Colorado. The necessity for maintaining these posts to protect the country from the incursions of the noble red man is disappearing, and it won't be long before it will entirely cease to exist.

THE geysers in Yellowstone Park are giving forth an unusual amount of gas and steam. A slight earthquake has been felt in Pennsylvania. The Atlantic Coast has been suffering in the grasp of a heartless and persistent cyclone. What is the matter with Nature? Her erratic course since the great blizzard of 1888 has caused astonishment even among Weather Bureau officials, who are seldom surprised at anything.

MR. W. H. CROSS, of Maroa, Ill., issues the following peculiar challenge under date of Sept. 10: "I'll challenge any man in the world to sleep with me 142 hours for cash. I can sleep more hours in 142 than any man in the world. I am the original Rip Van Winkle, and will sleep with DeBois or Mackin any time they wish to sleep. I will put up \$1,500 and will sleep in Chicago or in Columbus, O., for the amount and gate money."

NEW YORK *Herald*: It was a question with the Administration whether Noble or Tanner should go. The Secretary, after investigating Tanner's recklessness, gave the President to understand that he could not remain in the Cabinet if Tanner continued at the head of the Pension Department. The President was forced to choose, and he gave his consent to Tanner's suspension and removal because he knew that with the facts in Noble's hands Tanner's position was indefensible.

THE Chicago *Mail* says that President Harrison had a peculiar experience near Deer Park recently. He alighted from his carriage and entered a drug-store with a bottle in his hand. "A pint of alcohol," he said. "Have you a doctor's prescription?" asked the proprietor. "No. I want the stuff for an alcohol lamp," returned the President, who had not been recognized.