stude in his shirt instead of buttons, and stockings are dirt cheap."

This modern woman also gives the club woman a praiseworthy tip in passelub woman a praiseworthy tip in passelub she speaks of her "daring naivete lise She speaks of her "daring naivete lise attacking the gigantic subjects in the stantic age and evidently settling them, to her own satisfaction at least, in the speaminute paper." the five-minute paper,"

The names of participants in the Mil-waukes blennial program are coming out slowly but surely. Among them Mrs. Robert J. Burdette, Pasadena,

Mrs. Mabel Loomls Todd, Amherst, Mass Alice French, Davenport, Ia. Miss Charlotte Perkins Stetson, Chi-

Mrs. Hamilin Garland, Chicago.

One of the latest comers into the general federation is the new Society of American Wamen in London, of which Mrs. Hugh Reid Griffen is president,

peoria club women have given the color line another good rub. It has a

Women's clubs belonging to the gen-Women's caus bringing to the gen-eral federation are entitled to this rep-resentation at the Milwaukee biennial, Every club of fifty members or less is entitled to be represented by its presi-dent and by one delegate for every 100 members above the fifty.

the D. A. R.—are nothing if not patriot-ic. They have offered to the students in their high schools a prize for the best easy on "Women of the American

That there is a good healthy art That there is a good healthy art movement among women's clubs is shown by the announcement of the Massachusetts Federation of Women's clubs for their next meeting. It is to come off at Newburyport April 20 with "Arts and Crafts and Village Industries" as the subject. These are the things that are to be so prominently brought forward in exhibits by the art committee at the Milwaukee blennial. The Brooklyn Woman's club is becom-

The other day it sent out estal cards to members asking if the innual social function of the club hould be an expensive breakfast or luncheon this year, or something less elaborate. Evidently these women do not feel the need of feasting as long as they have the flow of soul. It's a good move in the right direction, just the

Club women in Boston will soon be writing spring poems. As a preliminary they are taking a course of lectures on tree buds and spring flowers, illustrated with specimens from the Russey Institute. The Cantabrigia club to the last one to take up this work. the last one to take up this unique and interesting course.

The schools children of France are orranking savings societies under a law which was made operative in 1898. The which was made operative in 1898. The children deposit two cents a week, one of which goes to a pension fund for old age and the other to a fund for aid in sickness. For every child who contributes during the entire year the government gives a franc or nearly twenty cents ti ine common fund. It also gives a sum equal to the entire amount deposited. The aim of the undertaking is fourfold; to imbue children with the idea of saving; to accustom them to the use of a bank book; to aid their purents to care for them if they are sick; and, since the pension fund cannot be broken into, to hold something in reserve for old age. The savings banks are being overrun with deposits. overrun with deposits.

The Committee of the National Amerdustrial Problems Relating to Women dastral Problems Relating to Volume and Children are Clara Bewick Colby, chairman, Washington, D. C.; Martha E. Root, Boy City, Michigan; Annie E. Diggs, Topeka, Kansas; Margaret O. Shoads, Guthrie, Oklahoma: Annie English Sulliman, Vineland, New Jer-Mary C. Bradford, Denver, Colo-Gall Laughlin, New York City, The committee ask for suggestions and liems from all persons interested in what might be done in this direction.

A daughter of very close Revolution-ary descent is Miss Harriet H. Newman, tow residing in Watertown, Mass., who is a granddaughter of Robert Newman, the daving and patriotic sexton of Christ Church, Salem street, who hung out the lanterns on its steeple on the night of Paul Revere's ride to Concord. Miss Newman, who inherits a goodly stare of her ancestor's patriotism, has recently been admitted to a life membership in the Bostonian society, and is inside. ustly regarded as an interesting acquisition to its list of members, especially on account of her close relationship to one of the historic actors of the revolu-tionary period of our history.

FEMININE FLOTSAM.

About Women.

Mrs. Jefferson Davis is a good Greek scholar and her favorite reading is among the classics of that language, a tume of which she has always at

The first lady student to be received into the Chicago Theological Seminary is Miss Florence Fensham, professor of Old Testament literature in the American College for girls in Constantinople.

Miss Dorothy Bowman, a California woman now in Mexico, has recently climbed to the summit of the voicano of Popocatapeti. She is said to be the first man to reach the actual summit overlooking the crater.

Miss Susan de Forest Day, a wealthy Southern woman, has converted a tramp steamer into a yacht and has loined the New York Yacht club. She is the first woman granted a commission as master of a ship.

Mrs. Emma Louise Hitchcock, wife of Professor Hitchcock, of Washington, is organizing an expedition which she will lead to the famous Cocas Island to hunt the fabled thirty million dollar treasure taid to be huried there. sald to be buried there.

While women are only now being adwith worked are only now being admitted to German universities, the doctor's degree was conferred on a young woman named Dorothea von Schlozer as sarly as 1787 at Gottinger after an examination in Latin, architecture, mining and algobra. ing and algebra.

A young woman named Erika Paulasz has applied to the Budapest board of examiners for a certificate to practice as an architect. She already has her certificate as a draughtsman and as a master mason, but now she must demonstrate her ability in practice to control bodies of men, and therefore must undergo a public trial.

For the last fifteen years Professor Maria Sanford, of the Minnesota State University, has been working to preserve the forests of northern Minnesota. Through her efforts, and with the assistance of Colonel John S. Cooper, a tract of virgin timber between the headwaters of the Mississippi and Red River of the North was set apart by the government as a forest reserve and was named Itasca Park, named Itasca Park.

Zitkala-Sa.

A young Indian girl, who is attracting A young Indian girl, who is attracting much attention in Eastern cities, on account of her beauty and many talents, is Zitkala-Sa, the violin soloist of the Carilale Indian band, now on its way to the Paris Exposition. Zitkala-Sa is of the Sioux tribe of Dakota, and until her ninth year was a vertiable little savage, running wild over the prairie and speaking no language but her own. od speaking no language but her own. Her first progress towards civilization was made at a Friends' school in Indiana, and she afterwards attended Earl-ham College in the same State. Here she distinguished herself by carrying off the first prize in oratory, and also a first prize in an inter-State oratorical

A BLACK AND WHITE CREATION.



One of the new silver satin straws woven into an airy lace design and draped in such a manner as to need little trimming. In this case there is only a black velvet knot used and a black lace drapery partly over the brim.

con. She has also published lately a series of articles in a leading magazine on the "Impressions of an Indian Child-bood" and the "School Life of an Indian so that every particle of soap is washed on the "Impressions of an Indian Child-hood" and the "School Life of an Indian Girl," which display a rare command of English and much artistic feeling.

Selecting a Bonnet.

It is rather difficult as one grows old to choose a becoming bonnet. A safe rule to follow is to select a shape long enough at the sides, rather than one of the little round French bonnets, charming with young faces, but incongruous framing those on which Time has set his mark deeply. There should be some trimming in front, but the general effect of the bonnet must be low, unless for a woman of middle age who still wears smart clothes and is socially much in evidence. For her a smaller bonnet with an algrette or stiff ornament at the side is becoming, but it must always be worn with bonnetstrings-a necessity, indeed, for all bonnets for older women.

Fashions for the Middle-Aged.

Fashion is now kinder to elderly women than formerly, for the capricious dame permits them to wear a wide as-sortment of colors, instead of confining them to sober black. Soft grays and purples are quite appropriate for women who are sixty-five and older. The gown may be very effective in design, quite in keeping with the fashion of the day, and yet have an individuality about it that is very charming. Too many flounces and ruffles are out of place, and the plainer the skirt is made, the better. There should be soft folds of the material itself, whether it be of cloth, silk, or of peau de sole, or flat bands of passementerie, with or without beads. Trimmings of lace and even a little applique of cut-work on a skirt are quite permissible; but all trimmings should be laid on flat. The skirts may have the gored front and side breadths, but must be made with a little fulness—not gathers, but fulness—at the top of the front breadth, to allow for the rather larger figure apt to be acquired with the years. A long skirt in the house is altogether the prettiest, but for the street the skirt and the prettiest, but for the street the skirt and may be of walking length.

Scrubbing the Face.

Seventy-five per cent of the women I encounter look at me in holy horror when I insist on their scrubbing their countenances with a scrubbing brush; not such a brush, I hasten to add, as one uses for the kitchen floor, nor yet a nailbrush, but a work of care and science known to the trade under the name of the camel's-hair face-scrubbing brush. With this brush, a pure hygienic simple emollient or tollet cream, and plenty of hot water, I will under-take to cure most of the bad complexions in any community, always except-ing cases of skin disease caused by internal disorders or inherited tendencies

I never advance this theory to a group of wor, en that I am not met with "Ohs" and "Ahs" and tales of professional beauties and great-grandmothers who never allowed even warm water to come in contact with their faces. But I remain obdurate. I say: "Produce your unwashed beauty or your remarkable great-grandmother," and they never do. The four most emphatic representative types of protracted and persistent

tive types of protracted and persistent feminine beauty and perpetual youthfulness of our day at present are acknowledged to be Sarah Bernhardt, Lillian Russell, Lily Langtry and Ade-lina Patti. I know all these women personally, and they are, without excep-tion, the greatest scrubbers of my acquaintance. Mme. Bernhardt fairly acquaintance. Mme. Bernhardt fair! revels in hot water, brushes and soar Lillian Russell comes from her daily soap and brush scrub looking like a Venus. Adelina Pattl spends an hour a day washing and scrubbing her countenance, and Mrs. Langtry is a veritable

water nymph.

There is nothing for it; if you want a good complexion you must first have a clean skin. How long do you think your

THE TEMPLE

ON A STERLING SILVER FRIENDSHIP HEART FOR 35 CENTS.

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contest among several Western colleges. She became a tencher at the Carlisle bled them with a little wet rag once a day, or gingerly tapped them every herself to the study of the violin in Bos-

> out of the pores (for it is just as injuri-ous to clog the pores with soap as any other matter); a little tollet cream, in the skin is chafed or irritated; time and patience-and you have the secret of a fair, fresh skin, despite all and every argument to the contrary, says the New York World.

The only real cure I know of for blackheads is the use of the camels hair face-scrubbing brush with warm water and a pure hygienic soap. Use the camels hair face-scrubbing brush every night. Immerse the brush in warm water, rub the soap on until you get a good lather, scrub the face for a moment or two, rinse thoroughly with clear warm water, then apply a good cold cream or skin food. All this should be done at night, just before going to bed. If you have the correct brush it may make the face a little tender for a day or two, but not longer.

TALLIES TO TRY.

Key Chains, Bracelets and Other Trifles at Progressive Card Parties.

Recently at a smart card club in New York bracelets and key rings were made to do service for tallies. The idea was Ingenious. A jeweler had been taken into the scheme and for the women had simply bent heavy copper wire into the shape of bracelets. At the ends they twisted in a similar way to hooks and eyes and so fastened about the arm. For the men key rings were made also of copper wire somewhat lighter in weight. When the party began, therefore, the guests were respect-ively presented with these trinkets; and as the game progressed little bells were passed about to be hung on those of the winners, while those that were so unfortunate as to lose the games had given then; small brass charms in the shape of clowns and little pigs. They were also slipped at once upon the rings. Throughout the evening the jingling of these little things made a merry sound nor was the idea an ex-pensive one to carry out. Over seventy cople were present at the mentioned arty and the whole of the tallies only

cost a little over \$10.

Another pretty idea is to make bin cushions for tallies. Those for the women are fashioned of bright red cloth men are fashioned of bright red cloth and are in the shape of hearts and diamonds. They should be quite four inches long and suitable to do after service on the bureau. Clubs and spades are used as models to be made into small, flat pocket pincushions for the men. For them black cloth is used. Good sized china headed pins are then passed about to record the sames. passed about to record the games. White ones are used for those that win and black ones are given to the losers.
After an exact patiern of these cushlons is secured they can be quickly and
simply made at home and their cost is very small in comparison to their pret-

It is also known that neck and watch It is also known that neck and watch chains will be used a little later for tailies at fashionable card parties. They need not of necessity be those that are expensive. Light weight silver ones are wise to choose, or dainty gilt ones. But it is essential that those given to the women for the neck should have good strong classe and only reach about women for the neck should have good strong clasps and only reach about three inches below the collar. Upon them very large and brilliantly colored Venetian beads are strung every time a game is won. Equally large and opaque white ones are given to those that are unsuccessful. For the men to string on their watch chains rather small deep blue and black beads are chosen, or even coral ones. Any selections of the strong the strong three chosen, or even coral ones. chosen, or even coral ones. Any selec-tion of them can in fact be made so ong as two distinct sorts are used to

Miniature tambourines and banjos are again in favor to be used for such purposes, and become before the close of the evening gally decked with bright ribbons, usually red and yellow, which denote the successes and failures of the players. The custom seems to be to give the tambourines to the men and to have painted upon them fastastic pictures of bailer girls. The banjos are given to the girls and are often decorated with wreaths and enois. Each ted with wreaths and cupids. Both long loops of ribbon that they may be slipped over the shoulders and worn. It is always a nulsance on such occa-sions to have to carry things about in

BREATHING TO GET BEAUTY How Practice With the Lungs Will Improve One's Appearance.

the hands.

If a woman only knows how to if a woman only knows now to breathe correctly she can breathe into her face and figure and practically make of berself what she will a young woman told the Rainy Day club last week—and as she herself had a fresh, clear complexion and attractive figure. the club women present listened with attention, and most of them decided to at least make a short trial for the sake of a round waist and extra chest devel-

of a round waist and extra chest development.

"Beauty of form and carriage, as well as of voice and manner, depend upon the intelligent control of the breatning apparatus," said Miss A. L. Fairchlid, the speaker. "It is our duty to do more than breathe correctly; we must become breath gymnasts of such power and ability that we may apply our strength to every day uses. In short, we must breathe as our wills de-

cide we ought, not as we happen to

feel. "For a practical application of breathing we will say that we wish to gain two reasons—that we may save gain two reasons—that we may save wear and tear and to improve our personal appearance. Our backs are too broad, our chests too narrow, our throats and necks too thin. Time, patience and hard work will remedy all these and will give you a sense of freedom and power equal to the triumph of the moment when you found you need not tumble off your bicycle unless you chose.

breathing are the modern rollar, the new corset and resting one's weight on the heels. To mention only the third of these evils it is necessary that we keep our weight off our heels, at least while we are practicing breathing ex-ercises, and let it all rest on the balls of the feet. We shall gain power and self-respect if we do this habitual-ity.

If we have not been breathing well. "If we have not been breathing well, our figures and our clothing have conformed to our bad habits, so we begin our exercises wearing only light under-clothes or a night dress. The first organs we are to deal with ere the lungs, and we will get to them by the shortest and most direct route, through the mouth—that is, we will consider our. mouth-that is, we will consider our-selves vocalists and breathe as though

selves vocalists and breathe as though we were going to produce a tone. "With our libs parted, we will draw slowly into our lungs every particle of air they will hold, then closing our lips take a firm grip of ourselves—to use a slang phrase—part our lips and breathe out the air as slowly as we took it in. This should take from one to three minutes: It probably will not take half a minute. It is not at all material that one chokes, that one's ears seem full to bursting, or the head material that one chokes, that one's ears seem full to bursting, or the head swims. We must keep at it until we can inhale and exhale with ease, standing, sitting or flat on our backs, letting out so little breath at a time 'that it can barely be felt on the back of he hand placed before the mouth. We must breathe in the air, not swallow it in sulps. How much better in case of

must breathe in the air, not swallow it in gulps. How much better in case of fire if we can 'slowly exhale instead of breathing in the hot air.

"I know that the chest can be expanded an inch and a half by regular practice. It is a good practice to place the hands at the waist, the thumbs overlapping in the back, and breathe until they separate. By inhaling until the hollows in the neck are filled the neck will gradually fill out and become round if not plump. Twist and turn the body and breathe it into any desired condition. Proper breathing is a great beautifier, but it must not be practiced spasmodically."—New York practiced spasmodically."-New York

Wash Chamois Gloves in Cold Suds

To clean chamois gloves make a strong suds with white castile soap, and to two quarts of the suds add two tablespoonfuls of borax that has been previously dissolved in hot water. Let the suds get cold. Put the gloves on the hands and wash them carefully, as if washing the hands. Rinse in clear water, romove gently and put into a shady place to dry. When they are nearly dried pull them into shape, Rub the hands when the dry, to soften them.-New York Trib-

The Question of the Nose.

Mothers should care for the noses of the children and see that they grow properly. The soft tissues of the organ can be moulded in early life. The thick nose can be made thinner by regular treatment, such as compressing it daily, either with the fingers or with instruments made with springs and padded ends so as to clasp the nose. A clotheapin has been used and so adjusted as to bring about the right amount of compression. Many noses are wrung and twisted out of shape by the vigorous use of the handkerchief. The delicacy of the structure of the nose is not appreciated.

preciated, The shape and size of the nose are often of a character to cause great dis-tress to the person, and the deformity to this—is bern's with fortitude and res-ignation as something which cannot be remedied. The importance of the nose in its relation to appearance has been appreciated by the modern surgeon, and he does not regard it as beneath his dig-nity to perform operations for the im-provement of this feature. Noses which are naturally misshaped and those which have been made so by blows and accidents, are restored or modified to assume a proper shape. Usually a deformed nose interferes with the air passages, narrowing or blocking them, and the operation is a matter of necessity as well as of appearance. Person do not hesitate to spend time, money and much endurance to have their teeth straightened; it is often quite as imant to the looks, to have the nose straightened or to have it restored to a more desirable form.

The Art of Dining Out.

If the hostess can catch no comet she must be content with meteoric wits, who make up for real brilliancy by saying what they do say quickly and spon-taneously-with the punsters, in short and such hair-trigger intellects. Failpositive are those well-meaning diners out who load themselves with storles for a dinner as a soldier goes into an engagement with a belt full of cartridges. They may not get a chance for a shot very often, but, given an opening, their fire is accurate and dead-ly till the last round is gone, when they are at the mercy of a more inventive wit. Yet even these welterweights have their place at the table, for we must have bread as well as wine.

It was one of Lewis Carroll's pet fan-cles to have a dinner table in the shape of a ring, and half the guests seated in-side, upon a platform which revolved slowly around the circle till each one had possed opposite every guest sented on the inside of the table. But this would break up many of the little secret schemes for which the modern din-ner is planned, and many a young man would find himself flirting with the wrong lady across the board.

TO DRESS THE BABY PROPERLY The Clothing That Will Keep Him Comfortable and Healthy.

"A baby's clothing should be drawn over its feet and not slipped over its head," said Miss Marianna Wheeler, suerintendent of the "Babies' Hospital of New York City," whose long experience in training nurse maids makes her an authority on all subjects pertaining to the care of infants.
"Nothing is more awkward than to

attempt to dress a young baby in a sit-ting posture. It should lie on the nurse's lap until quite able to sit alone. If the cicthes are put on as I describe there will be no fighting and crying, but, instead, the child will be fond of being dressed. For the first four months there should be a saug flannel band over its bowels. Later this should be replaced by a ribbed knitted band of wool, of course, and made like the top of a sock. It must be drawn over the feet and should be worn through the second year.

"I am sure that nearly all intestinal troubles in young children are caused by their bowels getting cold. It is the one place which must be protected if you would have a healthy child. There are three weights of these bands which recommend, medium, thin and gauze The very heavy should never be put on

So Many

of these \$3.00 shoes for men and tell of them so often that we sometimes overlook the fact that \$ we build many more kinds for I men, \$1.50 to \$5.00.

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under the arms, where any pregularity will be least felt by the child.
"I disapprove very decidedly of putting veils over a baby's face. When the weather is so cold or so windy as to render a veil necessary no young child should be sent out of doors. Dut child should be sent out of doors, but instead, given its airing in a well ventiliated nursery. Vells affect the eyes and are as a rule uncleanly. In the majority of instances a mother never thinks of baving the baby's vell washed. They wear one vell for an entire winter, so you can imagine the condition. Then, aside from this, a child's face is all the better for being exposed to the air, not only because it

light wraps may, and as a rule should, be kept on them in the early morning and late afternoon, in the middle of the day they should be removed. A com-mon mistake among mothers, especial-ly in furnace heated city homes, is using excessively heavy clothing for child. ++++++++++++++++++++++++ ren. They usually live in a warm nur-sery, their circulation is active and they perspire more freely than a grown person. For these reasons the heaviest flannels should never be used, even in very cold climates, but extra heavy wraps be put on when they are taken

allows her to breathe more freely, but it is healthy for the complexion.

"I am in favor of covering a child's feet and legs and prefer stockings to the fancy bootles so much used. Stockings are snugger, warm enough and should be fastened to the diaper. This latter also is a garment for which is have reasons to differ from the majority of mothers and nurses. Cotton is the best and only material which should ever be used. Linen and silk are too cold, while wool is too irritating. A soft cotton cloth, not too large, is about the best material. Bables' bones are soft, and if a mother wishes her child to have straight legs she must see to it that its diapers are not too large.

"The greatest care should be taken not to keep children too hot, and while light wraps may, and as a rule should, he here on them in the scally mornial." ****** | clothing, she should be allowed to have fancy; and in the third place, she is prepared in the should happen to be thrown upon her own resources."

De not leave home on a fourney with-out a bottle of Chamberlain's Colle. Cholera and Diarrhoea Remedy. It is almost certain to be needed and cannot be procured while you are on board the cars or steamship. It is pleasant safe and reliable.

Parfect digestion is the only founda-tion for perfect health. The food we eat make all the blood we have, which in turn feeds every nerve, muscle and "Because a girl's father happens to be well off financially is no reason why she should not have a business traiping," is the emphatic position taken by the should not have a business traiping." Is the emphatic position taken by the should not have a business traiping. issue in the body. HERBINE quick-

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