At What Age Is a Man At His Best Mentally?

AN oftrepeated question at all times and in most places has been and is, at what period of a man's life is he at his best, mentally? Than this few subjects have been more extensively talked and written about in recent years. Not long ago was it that Dr. Osler, formerly a professor in the University of Chicago, startled the world by his bold assertion that few men are any good after they are 40 years of age and that all should be chloroformed at 60. With the first part of the statement many speakers and writers partially agree, some going to the extent of saying that most men at 40 have passed the zenith of their career and rarely achieve after that time of life. Opinions on the subject differ, however, quite as widely as do the views of men generally on any question of sufficient importance as to be universally discussed.

Locally, opinion respecting the period of man's best usefulness is perhaps as divergent as elsewhere, as may be seen from the following symposium of views, hurriedly gleaned from busy men of affairs, professional men and educators, not given in the order in which they were approached on the subject:

Prof. W. R. Tibbals (mining man)—Some men are young after they are 60. This was noticeably the case with the late President Fairchild of Oberlin college, who was one of the most active and valuable men in the state of Ohio after he was 60 years old.

J. E. Dooly (capitalist)—The average man passes his prime at 40. However, my prime will not be reached until I am 100.

President L. S. Hills (banker)—Thirty to 50 years, I consider the time in which a man is at his best, and can accomplish the most work. But, of course, this depends largely upon a man's habits as well as upon his health. William H. Mitchell of the City National Bank of Dixon, Ills., has been in active banking for 55 years, and is apparently good for some years yet. The Pennsylvania railroad seems to set the limit of a man's usefulness at 70, at which age employes are retired.

W. W. Riter (banker)—A man ought to do his best licks at 50; but the judgment of a healthy man is best at 70 because of his experience. An unhealthy man cannot be expected to count for much, as his mind is naturally affected and biased by poor health.

Judge E. A. Smith (banker)—To my mind, the period is between 40 and 50 years of age, depending upon a man's personal habits.

Rev. Dr. A. M. Stevenson (president Westminster college)—Between the age of 40 and 60 years, although some men at 60 are better than some men at 30. Habits and good health are strong factors in this matter.

President J. E. Cosgriff (banker)—It depends on the man. Some men develop early, with judgment formed in early life. As a general principle a man's judgment improves as he grows older up to the age when his powers begin to recede. The discipline of early life has a great deal to do with it. Judicial minds grow stronger as they grow older. The mind can be trained as the muscles are trained. But the physical condition, it seems to me, reaches the height of its development at 26. Then, I have noticed that in cold countries the development is slower than in warm countries. The inherent peculiarities of the individual are to be considered—parentage, for instance, ancestral traits. This explains to a degree why at 60 some men are younger than others at 50.

Rev. F. B. Short (First Methodist church)—It depends on the man and on the work. Naturally, in the regular course of events, between 20 and 45 is the physical limit; but in the professions, a man does his best work between 30 and 65 years of age. The preacher and doctor ought to be at their best between 40 and 65 years.

M. H. Walker (banker)—It depends on the man. The average man ought to be in his prime at 45, while some men do not reach their limit until late in life. At 55 I felt better than I did at 45.

Sol Siegel (merchant)—At 21.

L. E. Hall (councilman)About 50.

A Simon (merchant)—It depends on the man. Physically the limit of development is between 30 and 40, though in the best shape at 25 to 35. Mentally, the development limit is 40 to 50.

Joseph S. Wells (general manager Utah Light & Railway)—I would put the period at 40 to 50, although there are exceptional cases. What measure of success is to be attained in life, generally is determined between 30 and 50.

E. E. Rich (business man)—An educated man ought to do his best between 25 and 45; an uneducated man between 40 and 50. It takes five years longer for an uneducated man to get started in life than the educated.

James T. Hammond (attorney)—It depends a great deal on the individual. Some mature earlier than others, and lose their powers earlier in life. A man's habits count for a good deal, as well as whether he overworks while in early life.

Prof. William M. Stewart (U. of U.)—I should say that the average man is at his best between 35 and 45 years of age. There are notable exceptions either way. Some men have wrought mightily at 50, others have reached their zenith at 30. However, as the majority of men are strongest physically during the five years preceding and the five years beyond two score, I should say that period would be their best mentally.

John M. Young (ex-chief of police)—If a man has conserved his physical energy, his mental powers should be at their best at from 45 to 55 years of age. He does not cease to acquire knowledge up to that time, and if he has forgotten anything it is the foolishness of youth and the more or less unprofitable experiences up to the period of 40. Not until he is 40 is a man successful financially, as a rule, the saying goes, and it is perhaps equally true that he best succeeds in other phases of life after that age, and there is no good reason why he should not retain his full mental powers up to, say, 55.

Willard Done—It is impossible to give a general rule as to the age at which a professional man is at his best. I think the nearest statement would be that it is that period when the fire and strength of youth and the ripeness and experience of age are most harmoniously blended. This comes at different ages with different men. If a man has husbanded his resources, and used wisely his opportunities, he may retain his hold on vigor until he has reached the maturity of 55 or 60 years, or even a greater age. Other men are more prodigal of their strength, and their greatest ability may be manifested at 40 or 45. But I think it is exceptional for the greatest efficiency to be reached at an earlier age than 40, or retained beyond 60. If the law of average applies at all in this matter, it might be safe to state that the years between 45 and 55 would embrace the ideal condition in the case of most men.

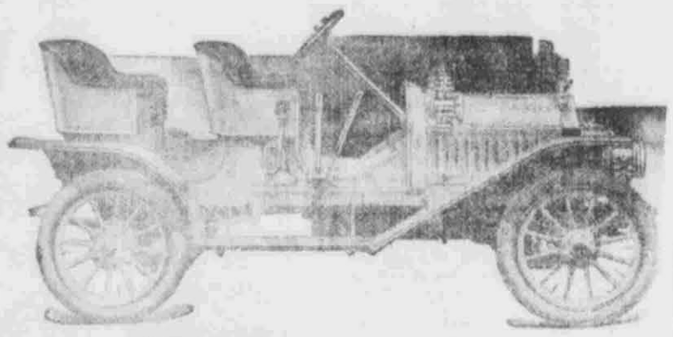
Willard Young (president of the L. D. S. university)—The average man's best days are from 30 to 40 years, I should say, and exceptions to this rule would be comparatively rare.

Judge Charles S. Zane—Well that is a question that I would not care to answer without giving it some thought. It is difficult to answer for the reason that some men at 80 are as good as others at 60. It depends on vitality to some extent, and that depends on conditions of birth, and the care which men take of themselves. It would seem that mental activity rather than prolonged inactivity tends to preserve the mind powers. Freedom from worry and the preservation of calmness also tends to preserve them. But it after all depends a great deal on the equipment given at birth. Some of the brightest legal minds I ever knew were in an excellent state of preservation, and their powers were seemingly undiminished at 70 and even 80.

Captain G. Samuel Paul, (former chief of police)—I would say that the best working period of a man's life is between 30 and 50, though as to what time a man is conscious of failing power would depend, it seems to me, on the kind of life he has led in his young days. For my own part, although I am now approaching 74 I did not realize any weakening until I was past 60.

Ex-Governor A. L. Thomas (Postmaster)—I think it depends on the care a man takes of himself to a great extent how long his powers last. I am now 57 and I feel no suggestion of age. It seems to be I am just as well able to get around and do my work as I ever was.

Joseph William Taylor, (Undertaker)—I think that with care a man's powers ought to last until he is 60 before they begin to wane, providing he is careful to treat his body right. A man would be better able to adapt himself to circumstances up to the age of 40 I would say, than after that period, but his judgment and wisdom is more mature and therefore more perfect between that period and 60.



Ten Carloads BUICKS AND FORDS Will Arrive This Week

There was such a demand for these popular cars we were even forced to sell the cars we had for demonstration purposes.

If you want either a Ford or a Buick from the shipment expected this week, you must not delay your order. Those who make deposits will have first choice.

The "Ford" Consumes Less Gasoline

A prize contest was held in Denver to learn what car would go farthest on one gallon of gasoline. The Ford Touring Car carrying 3 passengers, went 47 and a fraction miles, winning the $1,000 cup offered by the Denver Automobile Club. The "Ford" is an economical car.

We sell Goodyear Detachable Tires.

CONSOLIDATED WAGON & MACHINE CO.

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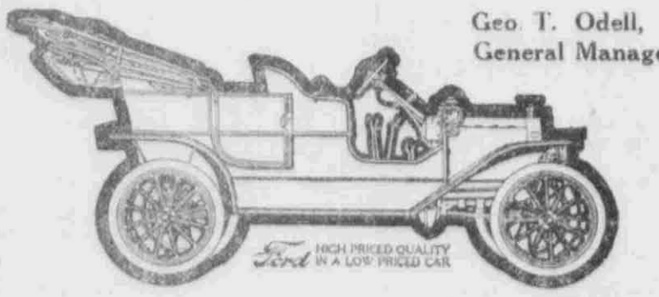
Geo. T. Odell, General Manager



CONFERENCE MONEY

The conference people are coming in and many of them are paying their debts. All of the following clients received money from us this last week:

George R. Edwards, Cedar, Utah.
Rocky Mountain Bell Telephone Co., city.
Robert H. Scadden, Pocatello, Ida.
C. H. Lashbrook, Bingham Canyon, Utah.
C. W. Anderson, Mt. Pleasant, Utah.
Henry E. Meyer, 61 South West Temple, city.
Independent Home Co., city.
R. E. Hollands, Parsons, Kan.
Dr. J. E. Smith, Logan, Utah.
Oscar J. Harrell, Meadon, Utah.
Cooperative Fuel Co., city.
Empire Theatre Co., city.
H. U. Bender, Bristol, Utah.
R. H. Lindsay, 169 West First North, city.
George Mullett & Co., city.
Utah Electric Co., city.
Co-op. Furniture Co., city.
Utah Light & Railway Co., city.
B. Salmenson, 6 Hawkes Court, city.
J. J. Williams, Jr., Sandy, Utah.
D. P. Pell, manager Davis County Argus, city.
J. M. Loveridge, Scofield, Utah.
F. H. Merryweather, Scofield, Utah.
T. J. Wright, general delivery, city.

Turn in your claims and we will collect some for you. Red streaks of honesty exist in everybody.

Merchants' Protective Association

SCIENTIFIC COLLECTORS OF HONEST DEBTS.

Rooms 71 to 300, Commercial National Bank Bldg., Salt Lake City, Utah. Francis G. Lake, General Manager. 'Tis said, "Some People Don't Like Us."

HIGH PRESSURE DAYS.

Men and women alike have to work incessantly with brain and hand to hold their own nowadays. Never were the demands of business, the wants of the family, the requirements of society, more numerous. The first effect of the praiseworthy effort to keep up with all these things is commonly seen in a weakened or debilitated condition of the nervous system, which results in dyspepsia, defective nutrition of both body and brain, and in extreme cases in complete nervous prostration. It is clearly seen that what is needed is what will sustain the system, give vigor and tone to the nerves, and keep the digestive and assimilative functions healthy and active. From personal knowledge we can recommend Hood's Sarsaparilla for this purpose. It acts on all the vital organs, builds up the whole system, and fits men and women for these high-pressure days.

Pure Drugs and Prescriptions our specialty. Halliday Drug Company.

MAKING AN ACQUAINTANCE.

In illustration of the ways of the east side of London the following true story is told: A certain club of working girls in the east end of London had recently elected a new member, and one day the secretary happened to look out of the window and was surprised to see the new member rush up to a strange lad in the street, punch him violently on the head and then run away. The secretary remonstrated with her sharply, to which the new member made reply: "I'm very sorry. I won't do it no more if it's agin the rules, but perhaps you won't mind telling me, then, how am I ever to get engaged?"

Mr. F. G. Fritts, Oneonta, N. Y., writes: "My little girl was greatly benefited by taking Foley's Orino Laxative, and I think it is the best remedy for constipation and liver trouble." Foley's Orino Laxative is best for women and children, as it is mild, pleasant and effective, and is a splendid spring medicine, as it cleanses the system and clears the complexion. F. J. Hill Drug Co. (the never substitutors), Salt Lake City.

SQUEEZED THE SQUEEZERS.

It is said that when Mr. Yerkes began to make money some of the banks from which he had borrowed thought to "squeeze" him by demanding instant repayment or a large consideration for further time. He was invited to call on one of these "bankers" and there met the others. Their demand was made and their victim seemed at their mercy. They did not, however, know the resourcefulness of Mr. Yerkes, who retaliated by remarking:

"Well, I owe a lot to all the banks here, and I'll just publish a statement tomorrow in the papers, giving the full amounts and stating my inability to pay. This will make such a run on the banks that they will soon be as broke as I should, and therefore I shall not be the only sufferer."

The "squeezers" recognized the truth of this and so withdrew their demand. Mr. Yerkes, however, refused to withdraw his threat unless they lent him another $50,000. They did so.

CAREY ACT LANDS.

10,000 acres of choice bench lands open to settlement under the Carey Act in Millard county, Utah, 134 miles south of Salt Lake City, at $40.50 an acre for land and perpetual water right. Payments covering a period of ten years. Excursions every Tuesday and Friday from Salt Lake City, $5.75 for round trip. Write or call and have reservations made.

BURTNER IRRIGATED LANDS COMPANY,
622 Judge Building,
Salt Lake City, Utah.

Drs. Shores Wonderful Success

DR. A. J. SHORES.

The public marvels at the enormous practice and wonderful success of Drs. Shores & Shores—but the reasons are plain and simple.

EXPERT SKILL, SEVENTEEN YEARS CONTINUOUS PRACTICE IN ONE LINE IN SALT LAKE, 10,000 CASES TREATED, THOUSANDS UPON THOUSANDS OF HOME CURES—AND LOW FEES AND SQUARE DEALING WITH ALL HAVE BUILT FOR DRS. SHORES THE GREATEST PRACTICE IN THE UNITED STATES.

Fraud is Short Lived—Honesty and Square Dealing Flourish.

Old timers will recall that during the past ten years Salt Lake has had its share of frauds and fakirs. Smooth "Clairvoyants" have fooled the people a short time and vanished—Street Fakirs, some and hurriedly leave with the people's cash—"Brass Band Fakirs" and "Boy Phenomenals" last only as long as credulous dupes furnish them a living—and leave between two days—"Quack Medical Companies" and "Fake Institutes" hiring cheap Doctors on salary spring up and flourish for a time, and then close their doors leaving the public sadder and wiser because fraud and deceit cannot continue for long—But honest successful and skilful Doctors continue year after year making new friends and scoring victory after victory over disease and gain the respect and confidence of the fair minded public.

These are Undisputed Facts Easily Proven.

Drs. Shores have maintained permanent offices in Salt Lake City for many years—and each year their practice is larger and better. They have treated over 10,000 cases of Chronic, Nervous and Private Diseases, giving them an experience seldom if ever equaled by Medical Men. They have always done business in the open over their own names because they have nothing to hide. They established the popular rate of $ a month for Catarrhal Chronic diseases, medicines included, sixteen years ago, and have always maintained it—thus giving the poor as well as the rich a chance to be cured. Their business with the Post office and Express Companies is by far larger than all other would-be competitors combined—proving the strength of their Home Treatment system. Drs. Shores' parlors are visited daily by the best people of the City and State—Business men, working men, ladies and children all seek the aid of these Reliable Specialists. It is private and always respectable and no one need feel ashamed of coming to Drs. Shores for treatment. Drs. Shores give each and every case careful personal attention, expert examination and free advice, and if the case is incurable you will frankly be told so. Drs. Shores have positively published more testimonials of genuine Cures than any and all Doctors and Specialists combined in the Intermountain country. Prices and terms are always low and uniform, and terms can be arranged to suit your convenience.

STAY BY THE KNOWN AND RELIABLE ALWAYS—TAKE NO CHANCES.

You know Drs. Shores are reliable—some of the other fellows MAY BE ALL RIGHT, but you will have to take your chances and spend your money finding it out. If you are sick, if you need counsel and advice, Drs. Shores offer you their services freely. Don't hesitate—don't doubt. COME AND SEE FOR YOURSELF what your trouble is and what can be done for it. It will cost you nothing to talk with the People's Doctors. Why not come today?

DR. G. W. SHORES.

HOME TREATMENT CURES

Every mail brings scores of letters telling of the splendid cures effected by Drs. Shores and Shores' perfect Home Treatment. It cures others and will cure you at your home and without loss of time.

$5.00 A Month All Catarrhal Diseases Medicines Included

We Treat and Cure.

CATARRH—Deafness, nose and throat troubles, eye and ear diseases, bronchial and lung troubles, asthma, stomach, liver and kidney diseases, bladder troubles, female complaints, chronic diseases of women and children, heart diseases, nervous diseases, chorea (St. Vitus Dance), rickets, spinal trouble, skin diseases, sciatica and rheumatism, diseases of the bowels, piles, fistula and rectal troubles, goitre (or big neck), blood diseases, tapeworm, hay fever, hysteria, epilepsy, insomnia, etc., and all curable nervous and chronic diseases. Prices and terms low and uniform, and can be arranged to suit your convenience.

DRS. Shores & Shores, Expert Specialists
Houston Block, 249 SOUTH MAIN ST. Salt Lake City.

If You Live Out of Town WRITE for their new symptom list and get their advice free.

Special Department for MEN

The same wonderful skill and experience that has enabled Drs. Shores to cure chronic diseases, enables them to cure all private ailments. Prices the lowest. Terms the easiest,—either small weekly or monthly payments, as the cure progresses, or you MAY PAY WHEN CURED

An Exclusive Treatment.

Drs. Shores long ago discovered that nearly ALL cases of so-called WEAKNESS in men was caused from DISEASED OR ENLARGED PROSTATE GLAND. Drs. Shores are the originators of their treatment for this common, yet little understood, trouble—and their treatment is not given or EVEN KNOWN by any "Quack Doctor" or "Fake Medical Institute" in the world. By their original methods Drs. Shores CURE these so-called cases of WEAKNESS quickly, surely and cheaply.

Home Treatment Cures. Write for Free Sympton List if you cannot call.

OFFICE HOURS: 9 a. m. to 5 p. m. Evenings, 7 to 8. Sundays and holidays, 10 a. m. to 12. Consultation and examination free.

KNEW THEIR WAYS.

Walter, aged seven, is a wise son who knows not only his own father, but his mother as well.

"Now, Walter," said the teacher, "if your father can do a piece of work in one hour and your mother could also do it in one hour, how long would it take both of them to do it?"

"Three hours," answered Walter, "counting the time they would waste in arguing about how it should be done."—Chicago News.

Grand ball, Saltair tonight.

Hanger & Son, Phone 4441-k, for painting, paperhanging and tinting.

HONORS FOR UTAH STUDENT.

Dr. Clarence Openshaw Takes Third Place Over 397 Competitors.

Dr. Clarence Openshaw, a Utah student of the Northwestern university, won high honors at an examination for new internes for the Cook County hospital. In competition with 400 others, he won third place in the test, and first place among the college graduates. The two who outranked him were practising physicians.

DR. CLARENCE OPENSHAW.

In his college class he gets the "golden key," a high distinction. After enjoying a vacation at home, Dr. Openshaw will return to Chicago to take up hospital work. The honor that he has won gives distinction to the University of Utah, where he took his first two years' medical course.

Salt Lake Photo and Supply Co. Kodaks, finishing, vending. 142 Main St.

For a good time, Saltair tonight.

It is better to buy your diamonds of us than to wish you had.

Our large stock, buying facilities and habitual reasonable prices make possible "a larger stone for the same money, or the same size for less money" when you buy of us.

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The Best Plaster

A piece of flannel with tapes attached for holding it in position, slightly dampened with Chabmerlain's Liniment and bound on over the seat of pain is superior to any plaster.

HIDDEN DANGERS.

Nature Gives Timely Warnings That No Salt Lake City Citizen Can Afford to Ignore.

DANGER SIGNAL NO. 1 comes from the kidney secretions. They will warn you when the kidneys are sick. Well kidneys excrete a clear, amber fluid. Sick kidneys send out a thin, pale and foamy, or a thick, red, ill-smelling urine, full of sediment and irregular of passage.

DANGER SIGNAL NO. 2 comes from the back. Back pains, dull and heavy, or sharp and acute, tell you of sick kidneys and warn you of the approach of dropsy, diabetes and Bright's disease. Doan's Kidney Pills cure sick kidneys and cure them permanently. Here's Salt Lake City proof.

Mrs. M. J. Steven, living at 1217 West Third South St., Salt Lake City, Utah, says: "For over thirty years I suffered from Kidney complaint, and there have been times when I really thought I would have to give up. My back ached almost constantly, the secretions were irregular in action and I suffered from headaches, being often so dizzy that I could not attend to my household duties. At last I learned of Doan's Kidney Pills and procured a box at Hill's drug store. I am now feeling better than I have in a long time and I trust that others may learn of the curative powers of Doan's Kidney Pills through my endorsement."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the U. S.

Remember the name—Doan's—and take no other.

RHEUMATISM makes a man lose courage. It is almost impossible to work while racked with pain.

Sloan's Liniment

gives relief at once, stops the pain, quickens the blood and draws out all stiffness and soreness. You don't need to rub — It penetrates.

Mr. J. P. Evans, Mt. Airy, Ga., says: "I suffered with rheumatism in three years. One leg was badly swollen from my hip to my knee. I used Sloan's Liniment and it cured me well and sound. One-half bottle took all the pain and swelling out."

All Druggists keep it. Price 25c., 50c. & $1.00.

Dr. Earl S. Sloan, Boston, Mass.

MOVE THE BOWELS AND WORK OFF A COLD WITH THE ORIGINAL BEE'S LAXATIVE COUGH SYRUP. BEST FOR A COUGH

GEO. T. BRICE DRUG CO., 209 Main—Keyron Pharmacy.

GOGGLES

The lightest most effective and sanitary. Phone 65 for the correct time.

Phone 65 For the correct time

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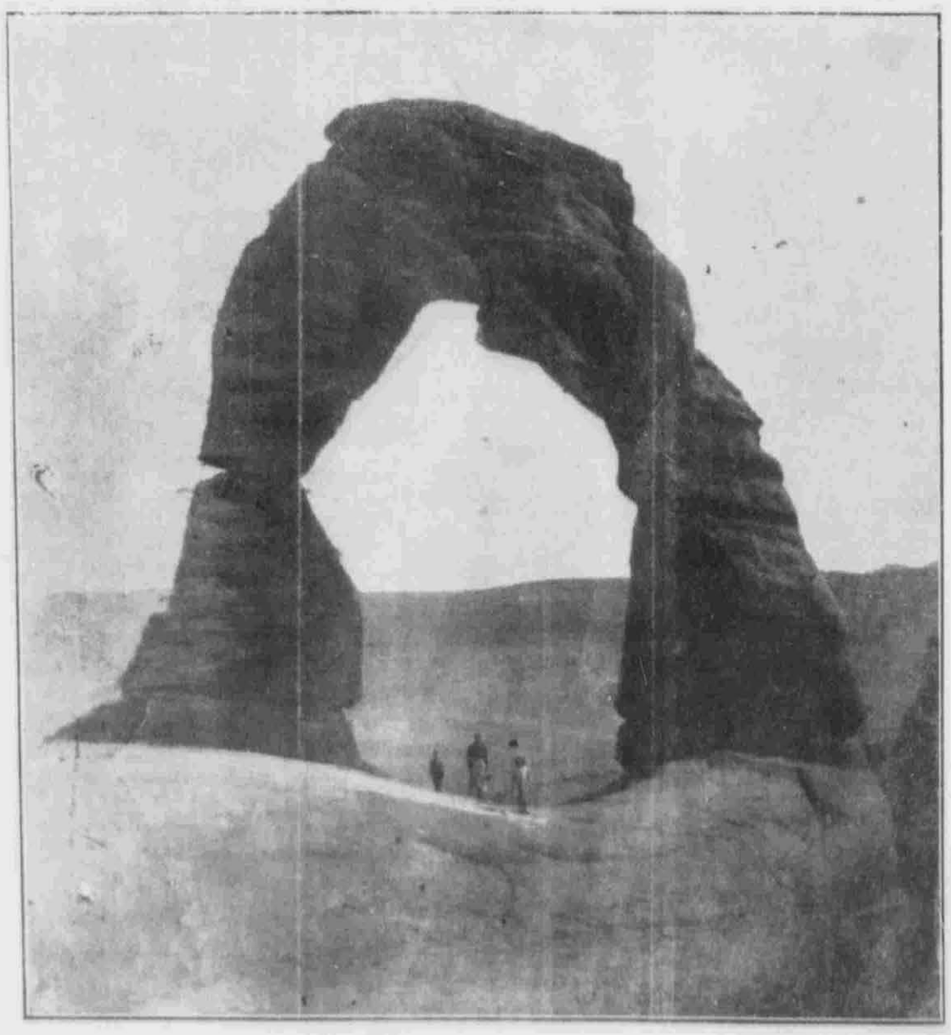

NATURAL ARCH IN EASTERN UTAH.

Freak of Nature Situated on the Grand River Twenty Miles North of Moab.

William Howard of Huntington contributes a picture of what he believes discounts the natural bridges of Utah and the stella features of Colorado's much-advertised Garden of the Gods. The half tone reproduction is from a kodak photo and shows the natural arch beneath which are standing a woman and two children. The owner of the picture says that the woman is exceptionally tall. The arch, base and foreground are solid rock. This strange freak is situated some 20 miles north of Moab in a section of the country but little traveled, and it is believed that this is the only picture of the natural arch in existence.