

SPORT

ATHLETIC sports on both sides of the Atlantic are humming just now, and for the next few weeks every one who goes in for contests in any outdoor game will be busy. On this side of the pond the most interesting event in the near future will be the competition for the all around

erbocker Athletic club at Bayonne, N. J., on July 4. J. E. Powers, the old Notre Dame athlete who won the championship last year, is getting into shape again at the New York A. C. quarters on Travers Island and hopes to duplicate his victory. He will, however, be up against a

Reuss finished third. Since then, however, the New Yorker has improved very much in almost every event on the programme, and as he has been training faithfully and is in splendid shape a great many well informed people think he stands a good chance to win this year.

The winner of this "all around" is the one who scores the most points in the whole list of events. A very elaborate system of scoring is employed. In each event the world's best amateur record is taken as a maximum, for which 1,000 points are scored. Then a limit is established, and performances are better than this limit score nothing. For performance between the maximum and the limit points are allowed in accordance with a graded scale.

Thus it will be seen that a competitor may go through the whole ten events, not be first in any one, and yet win the championship if he makes a good average score in every test. This very thing happened three years ago, when Clark won the title without being first in a single event. Of course, this is not likely to happen often, and it would be a pity if it should. Although a man may be a fine all around athlete without being supreme in any particular sport, we have been educated to expect such high class performances by old time experts like Malcolm Ford, A. A. Jordan and E. W. Goff that a feeling of disappointment naturally arises when the winner does not come up to the high standard set by these men.

Those who have not closely followed athletics naturally wonder why it is that, while we have today in America a number of athletes who almost daily set up new world's records in the events competed in the all around championship, the performances of the experts of a few years ago were vastly superior

A PUGILIST'S ADVICE TO BOYS.

[The following article is written by George E. McFadden, who by many persons is regarded as being entitled to the lightweight championship of the world for the reason that while ex-Champion "Kid" Lavigne was only outpointed by Erne, he was absolutely knocked out by McFadden. McFadden has fought all of the prominent lightweights and secured draws from all of them whom he has not succeeded in conquering.]

NOW that people have begun to realize the wonderful benefits to be derived from a course in physical culture, thousands of parents, both rich and poor, are sending their sons who are delicate to gymnastics, where they will get plenty of healthful exercise. I have trained many such boys, and their gain in weight and strength is surprising. A boy who comes to me weighing about 115 pounds in three or four years will turn the scales at 150. I have one pupil who came to me weighing 85 pounds, and in two weeks he tipped the beam at 105 pounds.

I find, however, that most of my pupils take more interest in their exercises, and consequently get more benefit from them, if I intersperse with the regular gymnastics, I give them lessons in boxing. The art of self defense is one which every boy should have some acquaintance with, not only because of its great use on occasion, but also be-

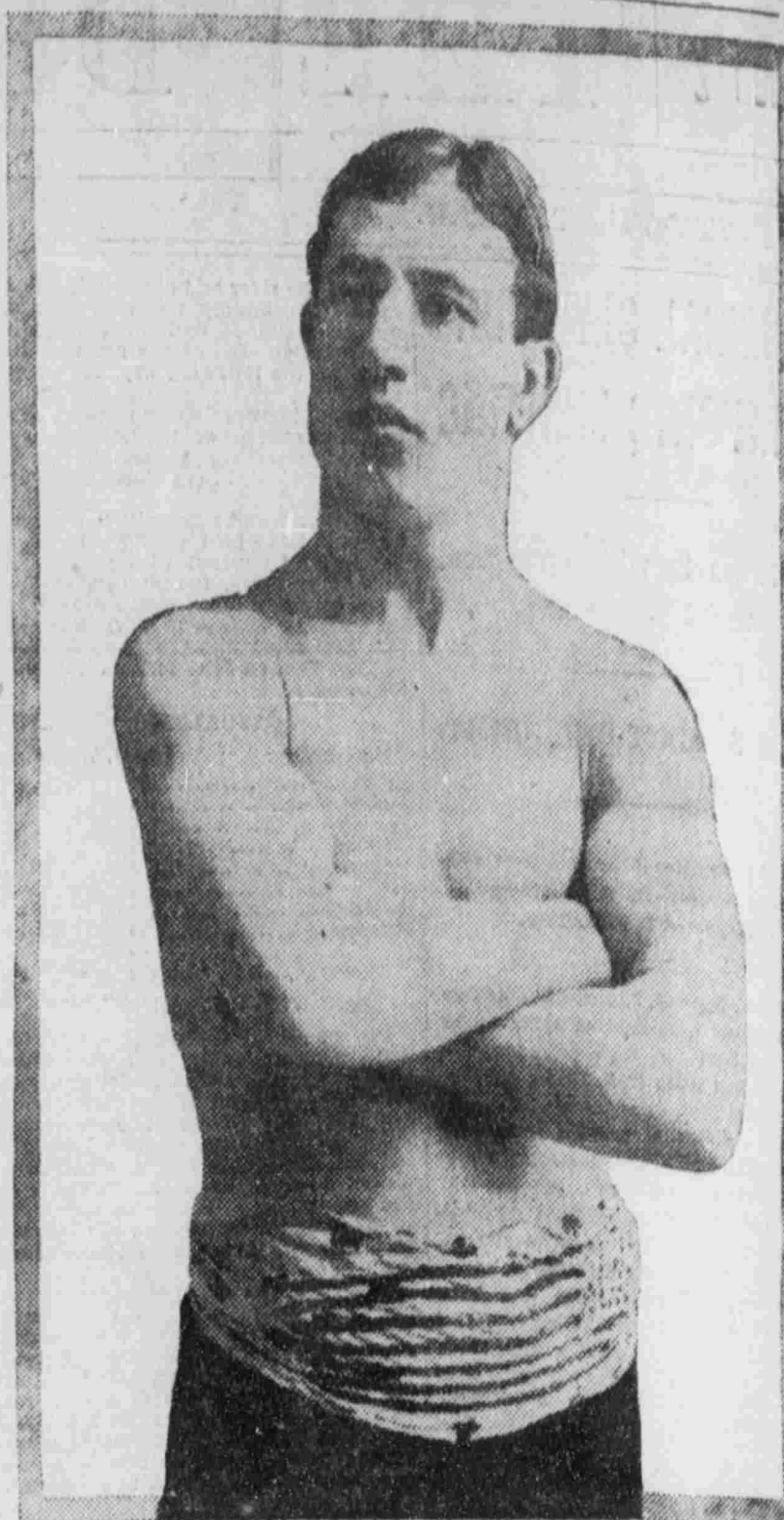
cause the boys the way to block off every lead. As I am pretty well known in the fighting world as a good defensive fighter, many young fellows who want to know how to block off an opponent come to me to learn.

The first thing I impress on a boy is to hit with a straight arm blow. Never swing if you wish to be a good boxer. The man who leads straight will always beat out a boxer who swings wildly. Of course, I know that Tom Sharkey and Terry McGovern both do this very thing, but then you must remember that these two men are phenomenal fighters in their respective classes, which you are not, so that they cannot be cited as examples, but rather as exceptions to the rule. Besides, both these fighters can deal tremendously hard blows at a very short range, which only comes from lots of experience and great strength. Here are some of the principal leads which you must learn first of all:

The first lead is a straight with the left, while holding the right in a position to guard. The second is a right hand blow across the heart, with your left guarding. The third lead is a left blow for the stomach and across for the jaw, while the fourth is a right hand blow for the heart and over for the jaw. In the fifth you lead with your left, and if your opponent comes at your heart you pull your arm back and let his blow land on your elbow. The sixth lead is used when your opponent leads with his left, in which case you push him off with your left and land your right on his jaw. The seventh is the same, except with the blow delivered by the other hand in each case.

Of course, in a sparring match these leads are used in any order, and the idea is to know how to block off any blow aimed at you and at the same time do the most effective work with your own mitts.

Remember, boys, when boxing always



GEORGE E. MCFADDEN.

you practice it every day, in addition to your boxing, you will find your chest measurement increasing very appreciably.

Some of my pupils wish to reduce their weight instead of increasing it. In their case, of course, I employ somewhat different methods, though the diet is the principal means of reducing flesh. If you wish to lose flesh, drink very little water, as it is very fattening. If you are thirsty, take half a cupful of weak tea. Eat no potatoes, as they contain a great quantity of water, and no pastry. A young fellow recently came to me weighing 235 pounds. When he left, he was down to 170 pounds. He was a ball player, and the exercise he obtained on the diamond naturally aided him in taking off the superfluous flesh.

A good many young fellows who have acquired some knowledge of boxing are anxious to get a line on their abilities and enter the amateur or professional ranks. One of my pupils, Danny Murphy, is the national amateur featherweight champion. He has entered six amateur tournaments and won in all. He recently turned professional and won his first bout in three rounds. Another of my boys boxed Joe Gans, the well known colored fighter, a six round draw.

If you think of going in for boxing, either as an amateur or professional, I think I can give you a few pointers that will be useful to you. Don't underestimate your opponent either before the contest or when you meet him in the ring. By this I mean don't neglect your training for the bout, and don't get careless when boxing with your man. These two things have turned the tables against many a good boxer. Tom Sharkey is one of the most conscientious boxers in these respects that I know of. He prepares just as faithfully for a six round go with an unknown or little thought of man as he would for a championship fight with Jim Jeffries. Don't think because you have easily bested a man once that you can necessarily do so again. The second time you meet him he will know your style of boxing and will have a defense for every one of your attacks and probably some new tricks ready for you up his sleeve.

Geo E. McFadden

TREMENDOUS AUTOMOBILE SPEED. Word from Paris comes that the speed with which automobiles are being driven through the streets and chiefly through the suburbs of that great city is bringing about condemnation, and policemen have been specially ordered to look after all offenders. The speed which is reached in some of the distance races there is nothing short of marvelous, and rivals express trains that run safely along on steel rails. In a recent race of 200 miles the winner, Rene de Kyrff, made the distance at an average of close to 44 miles an hour on country roads, and one stretch of 34½ miles he did in 33½ minutes.

Troops had been stationed along the road to maintain proper surveillance, but when one considers what a tremendous rate of going that is for even a locomotive held to a straight line on the rails by the flanges on its own wheels, it can be seen what a feat it is to guide a carriage weighing a ton running at the rate of a mile a minute with only the hand on the steering lever to prevent its going off from a true course.

If one has ever steered a bob sleigh down a long, steep incline on the icy surface, where he knows that the slightest weakening on his part would bring about results it would be difficult to describe, or if he has been bicycling coasting where, if the hands did not hold the handle bar absolutely steady, going down a long hill—say, at the rate of 25 or 30 miles an hour—he may imagine what it is to hold the lever of a 2,000 pound automobile, guiding its destiny and incidentally his own at the rate of over a mile a minute. It is surely a hair lifting thought.

rowed from Dickens' "A Tale of Two Cities."

It has been decided that the new Theatre Francaise, building in Paris, shall be exclusively devoted to the use of the theatre. The space formerly occupied by shops or rented to private individuals will be used for exits and entrances.

Minnie Seligman is to be leading lady of the new Greenwall castle company, which is to replace the Castle Square

THE JOCKEY AT HOME.

People who see a popular jockey at the post, skin like velvet, muscles like steel and weighing scarcely more than a good sized doll, hardly ever pause to reflect on what has to be gone through to attain this result.

The only time when a professional rider can really venture to enjoy himself is in the winter, during which period he puts on perhaps from 25 to 30 pounds of flesh. All this has to come off, and come off quickly, as soon as the first days of spring herald the approach of the flat racing season. A man who understands his business can throw off 30 pounds of superfluous tissue in 20 days. This operation is known in turf argot as "wasting."

Different jockeys adopt various methods of "wasting." Fred Archer, the famous English jockey, used to spend entire days in his private Turkish bath, eating nothing meanwhile but a little dry toast and drinking every half hour or so a steaming glass of hot water flavored with gin in order to increase the perspiration.

John Osborne once relieved himself of seven pounds of flesh in a single week, but the walk in question covered 10 miles and lasted nine hours. His diet on this occasion was a hard biscuit purchased at a roadside public house and a poached egg served in vinegar. John Arnall, again, once ate nothing but an occasional apple for eight consecutive days in order to reduce himself to ride a particular horse for the Prince of Wales. Benjamin Smith, who rode the gamut jockeys on record, who rode and won a race with a broken leg, used to live for days in front of an enormous open fire, eating practically nothing and drinking huge quantities of sena tea.

SPORTING EVENTS OF THE WEEK. The tennis players of the two extremes of the country will be busy during the coming week. The Pacific states championship in singles will be decided at San Francisco. The middle states championship at Orange, N. J. The results of these two tournaments will enable one to get a good line on the probable form of the cracks of the east and west in the big events to be played later in the season.

Jimmy Michael, the "Jack the Giant Killer" of the cycling world, is shortly to race against one of the giants of the race against one of the giants of the sport. Michael stands 5 feet one-half inch in his stocking feet, while his opponent in the coming contest, Floyd McFarland, the lanky California racer, measures 6 feet 3½ inches in height, or measures 5 feet 5 inches in height. Michael weighs 100 pounds and his opponent nearly twice as much. The race will be held at the Manhattan Beach track, New York, on the fourth of July.

The golfers will be in the amateur championship tournament which will be held at the Garden City links on Long Island. Last year the first time this popular event was won by a home bred player in the person of Herbert M. Harriman, and the cranks are all rooting for another American born player to carry off the honor this year.

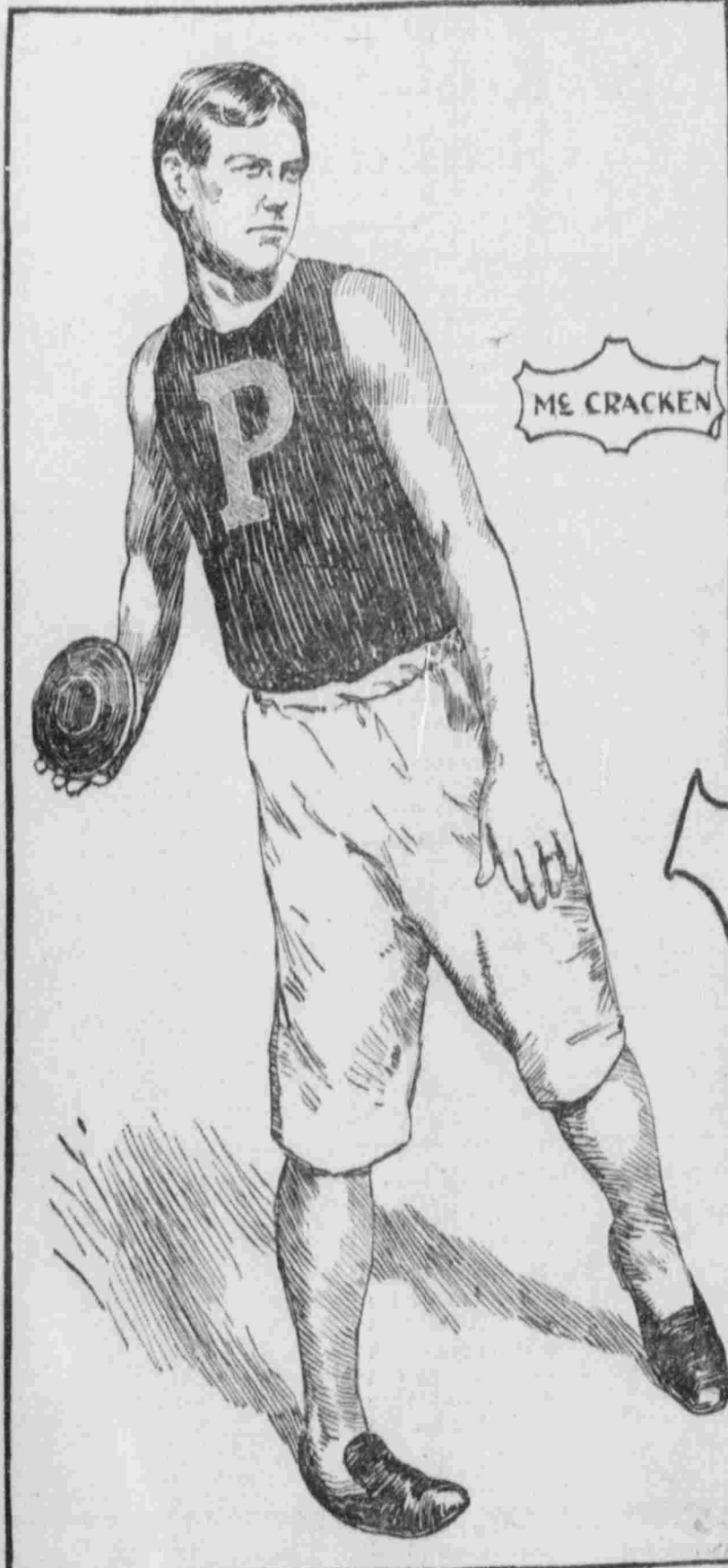
SIGNALLED WITH THEIR FEET. At a recent whist meeting two women, hailing from a small village and before unknown to fame, were having some what better success in the contests than their ability seemed to warrant. One lady, with powers of observation quickened by long experience with the game, solved the riddle by calmly stating that the pair had foot signals, tapping on the floor always resulting in a trump lead from the opposite side of the table. The charge was so astounding that no action was taken, but the next team to play the suspected pair were confirmed in their belief. Nothing was said, but soon the lady who had made the charge, with the lead at her left, a strong tenace trump suit, and established suit with her partner, tried the tapping on her own account. A shower of trumps and a gain of four tricks followed, and the tapping couple were left in a dazed condition, and their exit from the meeting soon followed.

Opera company at the American theater, New York, in the fall.

James E. Hackett made such an enthusiastic success with "The Pride of Jonathan" that he will probably continue to play that piece all next season.

Theatrical people apparently believe in long engagements but short marriages.

John E. Kellard is to star next season in a new play written by Charles Klein.



THREE REPRESENTATIVE AMERICAN ATHLETES.

championship of the A. A. U. This is the "blue ribbon" event of the athletic season. It is one of the hardest competitions known and takes a well trained athlete to go through the ten events on the list. The contests will take place, as usual, on the grounds of the Knickerbocker A. C. of New York. In 1897

harder proposition than he faced a year ago. E. H. Clark of Boston, who won the championship in 1897, will compete, and so will E. C. White, the Cornell man who captured the title in 1898. A dark horse is Dan Reuss of the Knickerbocker A. C. of New York. In 1897

to those of our present day world beaters. A little thought, however, will easily explain this apparent anomaly. In the days when Ford and his rivals were in their prime, although record making and breaking were desiderata, the English idea of giving preference to all around development over specializing held sway. Most of our finest athletes are trained at college, and it is to the interest of the professional trainers to make a man supreme in the one event at which he is particularly good.

Of course, in opposition to these views the great work recently done by A. C. Kraenzlein may be cited. But, then, Kraenzlein has never entered an all around championship, and it is by no means certain that he would be a winner if he should compete. It is all very well to enter two or three events of an afternoon, but when it comes to a grind involving ten, most of them much more wearing than the Pennsylvania's specialties, it is a very different matter.

At the intercollegiate games in New York Kraenzlein strained a muscle of his ankle, and it is a very noticeable fact that college athletes are generally trained so fine that if they have two or three hard races in one day they are apt to get strained in some way. Bernie Wefers, the champion 100 yard runner, hurt himself in this way two years ago. Maxy Long, the crack quarter mile of Columbia, has had to give up training for the same reason, and many similar cases might be mentioned.

On the other side of the ocean athletes are having just as much sport as we are. On the last three days of the coming week the far famed Henley regatta will be held. This is the blue ribbon event of the rowing world. It is hoped that the Poughkeepsie regatta on the Hudson river will in a few years be a formidable rival to it in popular interest and favor.

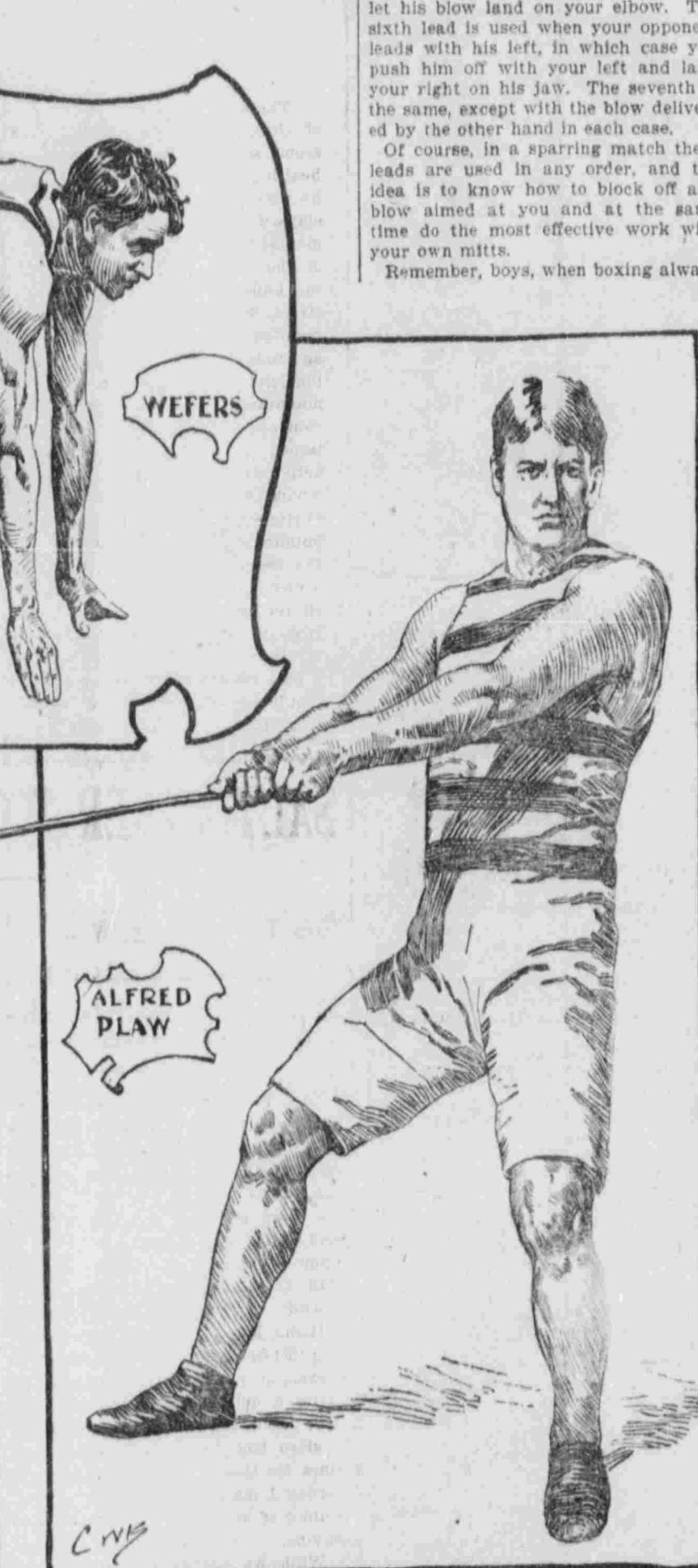
The British track and field championships will take place on the well known Stamford Bridge grounds, near London, next Saturday. These games are particularly interesting to Americans this year because teams from two of our most prominent universities are to take part in them. The champion athletes of the University of Pennsylvania, strengthened by the addition of some of her recent graduate point winners, expect to carry off a few of the events, while the Princeton boys, who have stopped over in London before going on to the Paris games, hope to bring some of the remaining championships back with them when they return from the Olympian games. The Britishers are a good lot this year, except in the weight events, but they will suffer a severe loss if Hugh Welsh, their champion mile runner, sticks to his expressed determination not to compete. Welsh has a record several seconds faster than Cogan, the Princeton captain, who is the best American over there at that distance.

LEO ETHERINGTON.

hill possesses an additional advantage—she can sing.

Walter Perkins, the discoverer of De Souheer, is to tempt fortune again as a star in a dramatization of Mary Wilkins' novel, "Jerome, a Poor Gentleman."

China is making progress in some respects. It has produced a woman dramatist. Her name is Wipow. She is under 30 years of age and has already written several plays. She is



cause it brings into play every muscle of the body.

When a lad first comes to me for boxing lessons, I give him a couple of pieces of sticks, such as athletes use when running on the track, to hold in his clinched fists. Then I teach him a few of the principal leads. After about 15 minutes of this I let him practice what I have just taught him with a punching bag for an opponent. I have devised a bag especially for use in homes. Its main feature is its simplicity, as it can be put in place in 20 seconds and taken down in ten. It weighs but six pounds and will not loosen even if put up against a weak partition wall. Its best point is that it makes no noise when in use, and will not even interrupt an ordinary conversation carried on in the same room.

When the pupil has been for 15 minutes or so at the bag, I make him lie down on a backboard. Holding his legs out stiff, I make him raise the upper half of his body to the perpendicular slowly and down again flat. This he repeats a dozen times.

The next exercise is for the legs, and is also splendid for the muscles of the stomach and abdomen. Still lying on the backboard, with legs stretched out, he raises them up slowly about two feet, then stretches them apart so as to form a V, slowly bringing them together again and then down to the board. Repeat this also about 12 times.

After a short rest we spar for a few minutes, in which I find out how much of the lesson he has remembered. If he is very bright and quick to learn, he may catch on to half a dozen leads in the first lesson, though I don't like to give too many at a time, as in trying to learn them all the boys are apt to forget everything. While sparring I teach

block off a blow with your hand open, as thereby you cover so much more territory, and when delivering a blow keep your hand open until just on the point of landing. Then close your fist. If your hands are shut tightly all the time, you will soon feel a strain on the muscles of the forearm.

The leads that I teach at one lesson I tell the boys to practice at home with the little pieces of sticks in each hand. When a pupil has had a few lessons, I put him up against another about equal to him to see what they can do. While they are sparring I watch them both closely, and immediately one makes a false move, either with his arms or legs, I stop them and make them go through the motions until they get them correct. I lay particular stress on blocking, as I consider that the most difficult part of boxing to learn properly. A man who knows how to reply to every lead an opponent may make can stand up for an hour before an adversary and not get hit more than two or three times if he confines his attention to warding off the other's blows.

Exercising with the heavy dumbbells, slowly graduating from 20 to 30 pounds, is good for putting muscle on the arms and shoulders, while the long iron bars with weights at each end help to develop the back and loins. A splendid exercise is to stand with your hands on the backs of two chairs placed back to back about four feet apart. Lean forward as far as you can, holding on to the chairs, and then pull yourself back to your original position. Do this slowly for about a dozen times. You will soon feel a pain across your chest, as if there were not enough room for you to breathe. This is your lungs expanding from the unwonted exercise. If

by James A. Herne, written about ten years ago, is being made over by the author to meet the demand which is believed to exist for dramas of that period in the country's history.

Many of the German actors announced to appear in Paris during the exposition have decided not to undertake that rather risky experiment.

E. S. Willard purposes reviving "Herminie" and "The Highwayman" next season. "Minute Men," a Revolutionary play, was



ALICE NIELSEN, THE DAINTY PRIMA DONNA.

There may be women on the comic opera stage who sing better than Alice Nielsen, and there are others, doubtless, who are better actresses, but it is safe to assert that there is no woman connected with the lighter forms of amusement in the United States who has in the same period of time won a warmer place in the affections of the theater going public than this little woman with the undefinable charm that seems to enable her to captivate the "coldest" audience imaginable. Miss Nielsen will probably have a new opera next season, but in any event she will make a trip to London at the close of her tour. In the British capital she will appear in some of her tried successes, and many good judges are of the opinion that she will become a great favorite there as she is here.

AMONG THE STAGE FOLK.

Lulu Glaser's place with Francis Wilson will be taken next season by Minnie Ashley, who made quite a metropolitan success in the "Runaway Girl" and "The Geisha."

The late Charles F. Coghlan intended to produce the drama of "Vatje" made by Mrs. Elizabeth Campbell Winner upon the basis of Victor Hugo's famous novel of "Les Misérables."

Coghlan actually began rehearsals of it. Mrs. Winter has now written a drama on "It Is Never Too Late to Mend" under the title of "A Lover and His Lass."

Marie Cahill, who will play one of the leading roles in the company supporting the Agost family, possesses real ability as a comedienne. A genuinely funny, refined artiste is rare. Miss Ca-