

HEALTH IS FOUND IN NEAR CANYONS

Favored Spots Sought by Utahns
For Summer Camping
Places.

OUTDOOR LIFE IS POPULAR

Great Increase in Camping Population
—Many Beautiful Resorts in Moun-
tains at City's Very Door.

By Robert V. R. Reynolds, Forest Su-
pervisor, U. S. Forest Service.

In the days when there was a frontier in the west, when there were flesh-and-blood bad men, cowboys and Indians, picturesque of garb and romantically chronicled in the cheap prints, there was little thought of recreation in the prosaic modern sense. Men were too busy living the strenuous outdoor life forced upon them to care to take their pleasure in that way.

They did not need to tone up jaded nervous systems, and besides, the essence of any recreation, no matter how strenuous it may be, is that there is no compulsion in the matter. Lying out doors was forced on most people at the time. He who had a good house was an envied man and he usually appreciated the fact and stayed near enough to his hearthstone to enjoy its comfort to the full, and at the same time distinguish himself from the common herd who slept on the ground or in wagons and staid their bacon, year in and year out, over an open fire.

When his pent-up youthful enthusiasm needed more safety valve than labor in the open provided, your westerner was human enough not to yearn for diversion lying in his regular line of business. Hence the "double-roll," and the shooting out of the saloon lights and certain historic pastimes performed upon the shrinking persons of inquisitive easterners prospered mainly in the land, and all whiskey was good, but some was better than others. At this time the westerner was a child of nature. The devastating hand of civilization had touched him but lightly. What he needed was not tanning up, but tanning down—a sedative rather than a tonic.

FRONTIER DISAPPEARS.

And as time passed by he got it. The frontier disappeared. Villages grew into cities, more immigrants came from the east, almost everybody who was anybody had a house to live in, and pennies began to circulate. Civilization had come—the west was the east, or largely composed of it. Business competition became strong, the doctors and druggists began to thrive.

Now this was an old story to the easterner. Fifty or 75 years before his father and grandfather had gone through the same experience, of changing from a life of action, out of doors, to the cramping, anaemic, dyspeptic bondage of the shop and the office. His changes from the tent to the log cabin, from the log cabin to the frame house, from the frame house to the flat and the towering office building had taught him the sovereign remedy for dark brown tastes and the all pervading growth.

He had found that to the closely confined business man a vacation out of doors is not a luxury but a necessity. It cannot be counted as time lost from business, for it greatly increases efficiency for the remainder of the year. So when he worried needlessly and lost weight and saw visions of whirling pin-wheels he put on a pair of overalls, slammed the office door and took the first available train for Maine, or the Adirondacks, or the seaside, there to exercise in the fresh air, forget his worries, eat well and catch up his sleep.

VACATION HABIT.

Only a few jumps behind the frontier as it passed on its way west came the vacation habit. Once tasted, like a certain famed remedy, the children cried for it. The habit got foothold and grew, and is still growing apace. The people are relying more and more upon the hunting, fishing, tramping, mountain climbing and camping as recreation during the pleasant months.

Nature has kindly provided Salt Lake City with a magnificent playground at her very doors in the great gorges of the Wasatch mountains. These are ruggedly picturesque, full of dashing streams, grass and firewood and well

The Red, White

And other constituents of your blood are powerfully enriched and vitalized by Hood's Sarsaparilla.

It increases the red corpuscles and makes strong the white corpuscles, and thus protects and restores the health.

It cures scrofula, eczema, eruptions, catarrh, rheumatism, anemia, nervousness, that tired feeling, dyspepsia, loss of appetite, general debility and builds up the whole system.

It effects its wonderful cures, not simply because it contains sarsaparilla but because it combines the utmost remedial agents of more than 20 different ingredients, each greatly strengthened and enriched by this peculiar combination.

Get it today in the usual liquid form or in encoated tablet form called Sarsatabs.

adapted in every way to the wants of the summer camper. All of the best portions of this range north of Provo canyon are embraced in the Wasatch national forest and patrolled by the rangers of Uncle Sam. The object of the forest service is not to keep from the people any such great utility as the canyons afford, but to assist and instruct them in its proper and lawful use.

It is estimated that 12,000 people at least take recreation at one time or another each year in the canyons on the Wasatch forest, from City Creek to American Fork inclusive. Some go for a single day, others for camping trips varying from three days to a month. A number of business men go up to camp or stay at the resorts from Saturday night until Monday morning during the summer.

CAMPING CONDITIONS.

It is believed that the use of the mountains for recreation has increased by 200 per cent since 1904. This is in part due to the growth of the recreation spirit in this country, and in part to the increase in population of the city, but mainly to the great improvement in the camping conditions under the restrictions imposed upon grazing by the forest service.

The great body of recreation seekers come from Salt Lake City, but a very considerable portion is drawn from the towns extending southward to Provo. They are of all grades of society, but mostly to the great improvement in the camping conditions under the restrictions imposed upon grazing by the forest service.

From July to September is the main season, although many people enter the forest for pleasure as early as June 14, or as late as Oct. 15. A few hunters go later. The chief recreations enjoyed are fishing, camping, motoring, horseback riding, mountain climbing, photography, hunting and target shooting. Points of interest to sightseers are the picturesque gorges of Big and Little Cottonwood, American Fork, and Provo canyons, with the rugged mountain peaks between them. There are also groups of interesting lakes in Big Cottonwood. The mining operations and hydro-electric power plants attract considerable attention. The only prominent hotels are located at Brighton and near the mouth of Little Cottonwood. No liquor is sold on the forest under county license.

WASATCH NURSERY.

One of the most interesting features is the Wasatch nursery, located in the upper part of Big Cottonwood canyon. Here the government has expended a large sum in perfecting a forest nursery of the most approved type which is devoted to the production of seedlings of the most valuable western forest species. About 3,500,000 plants are now in process of growth. These and the succeeding crops will be used in reforesting suitable portions of the city watershed and other parts of the Wasatch forest as well as for planting conducted on other national forests embraced in the large area between Weiser, Idaho, and the Grand Canyon.

The use of the Wasatch forest is increasing so rapidly that it may become necessary before long to place some restrictions upon the way camping is carried on. The presence of 15,000 persons every summer upon the main water supply of the city is likely to result in serious pollution of the drinking water and consequent epidemics of disease unless care is taken in the location and policing of the camps. There are always headstrong persons among such a number of people whose reckless actions make regulation necessary for the safety of others.

But unless the city board of health should some time decide that the welfare of the city demands absolute va-

catting of the watershed, it is probable that hundreds of thousands of weary men and their families, women and children will find the Wasatch forest in years to come a reservoir of health. As their muscles and nerves grow firm with healthful exercise, the cool mountain breezes, the cares of the city will drop from them like a burden laid down, and deep, refreshing slumbers, lulled by the rushing streams, will complete the work of well-worn bodies. In the fragrant odors of the spruce and fir their cheeks will glow with ruddy blood, and strength for the tasks of nature will be drawn from the kindly heart of nature.

ROBERT V. R. REYNOLDS,
Forest Supervisor, U. S. Forest Service.

ONE MORE SCANDAL IN SALOON CIRCLES

Miss Selma Swanson Sues Jim McTernay for \$50,000 Damages for Breach of Promise.

After setting the wedding day for Nov. 22, 1909, James McTernay, the well known saloon man, is accused of breach of promise by Miss Selma Swanson in a suit filed this morning in the Third district court, demanding \$50,000 as damages as a bail for her wounded feelings. For more than three years, she alleges in her complaint, McTernay has lashed his affections upon her. On March 11, 1906, the complaint states, McTernay promised to marry her. Miss Selma declares that on April 22, 1906, he was intimate with her under promise of marriage.

The complaint avers that Miss Swanson went to McTernay on July 15, 1909, and demanded that he fulfill his promise. They talked matters over, according to the complaint, and he set the date of the wedding for Nov. 22, 1909. Although she made arrangements for the marriage, she says that McTernay refused to keep his promise, and that she has suffered mental distress and humiliation since that time.

Miss Swanson sets out in her complaint that McTernay is unmarried and able to make her his wife. She alleges that he is the proprietor of a saloon at 32 west Second South street, and he has an income of \$600 a month from his business. She asks for \$50,000 damages, stating that he is fully capable of paying this amount. According to the directory, Miss Swanson is a domestic and her address is given at 55 east First South street.

SPLendid XMAS NUMBER.

An "edition de luxe" is the Christmas number of "The Theater," a local dramatic publication issued by Jones and Hammer, of this city. The magazine contains page after page of high class three-color engravings of leading members of the dramatic profession, as well as a number of Salt Lake managers, including Geo. D. Pyper, manager of the Salt Lake Theater, J. A. Grant, manager of the Colonial, Geo. W. Derr, manager of the Shubert; C. N. Sutor, resident manager Orpheum; J. C. Clark, manager Mission, John Cort, general manager of the Grand Opera House, and Martin Beck, general manager of the Orpheum circuit, and countless splendid color plate halftones of well known actors and actresses. The publication also contains much information of interest to the theatrical readers, and a digest of what is going on in the theaterland. The number is one of high credit to its compilers and publishers.

COURT NEWS

CRIMINAL COURTS.

Two Grand Larceny Cases and One of Perjury Up Today.

A. R. Struthers, a railroad man, charged with grand larceny was arraigned before Judge T. C. Lewis this morning and entered a plea of not guilty. In the information he is accused of stealing \$550, a watch and some clothing from Otto Stark, another railroad man, on Oct. 23, 1909. Struthers was arrested in Grand Junction at the request of Sheriff Joseph C. Shattuck.

Joseph Noriega, a Mexican, charged with grand larceny, withdrew his plea of not guilty, and entered one of guilty this morning in Judge Lewis' court. He was sentenced to 18 months in the state prison. With the assistance of another man who escaped, Noriega robbed P. J. Harrington on Commercial street last October.

David Johnson of Sandy, who was charged with perjury, was discharged this morning by Judge Lewis at the request of Diet. Fred C. Loebow and the complaint dismissed. In his statement to the court, Mr. Loebow said that the evidence was not sufficient to convict. It appears that Johnson was a witness in a civil suit at Sandy involving some property in Sandy. He declared that he had an interest in the property and it was charged that he perjured himself on the witness stand.

FUREY HELD FOR TRIAL.

Is Charged With Robbing Finch Cafe Last October.

John Furey, charged with being a party to the robbery of the restaurant of Finch-Rogers and Mulvey, on Oct. 12 last, when four men were held up at the point of revolvers and compelled to stand with their faces toward the wall and their hands high in the air while one of the robbers secured \$112.35 from the cash register, was ordered held to await the action of the district court by Judge Bowman this morning.

The case was prosecuted by Asst. County Atty. Bowman, while Atty. Newton represented the defense. E. H. Baughman and George Shattuck, waiters at the restaurant, were the main witnesses. They told in detail the story of the hold-up and robbery, but neither would positively identify Furey as one of the robbers. Joe Sands, night manager of the restaurant, who was one of the number held up, and who identified Furey at the time of the latter's arrest, has since died. Judge Bowman held that the prosecution had made out a case of probable cause and Furey was bound over. In default of \$1,000 bail he was committed to the custody of Sheriff Sharp.

Frank Williams, accused of robbing the Paris Cleaning company shop, took until Thursday morning to plead. A complaint was filed today against a young woman named Florence Barrett, charging her with stealing some articles of clothing from Rose Jones. The police claim the young woman has stolen a number of articles from places where she has worked recently. She was arrested by Patrolman Gillespie and will be tried before Judge Bowman.

USED "FREEZE."

In Justice of the Peace Bishop's court Tuesday afternoon, Albert Smith and son, grocers at Eleventh South and State street, were found guilty of using "freeze" in their store. It is a preparation of sodium sulphate and will keep hamburger steak a bright red and apparently fresh for an indefinite period. The defendants were assessed \$25 which was paid.

BOYS ON PROBATION.

Judge McMaster of the Juvenile court disposed of a dozen cases Tuesday

Gifts of Quality

Give unlimited pleasure to giver and receiver alike. Splendid variety— toilet sets, maniere sets, military brushes, beveled mirrors, jewel cases, perfumes, etc., etc., the best qualities at very reasonable prices. Come in and see them.



The Pure Drug Dispensary
112-114 South Main Street.

afternoon. One boy was placed on probation for requesting a pool train, another was committed to the training school under suspended sentence and a third was allowed to apologize for swearing in school.

Pioneer Roofings.
Sold, laid and guaranteed by
LAMBERT PAPER CO.

BUS PASSENGERS

The hotels are filled with outsiders who are temporarily stopping here on their way home for the Christmas holidays. Many sleepmen from the wool country are spending their time in Salt Lake hosteleries, prior to the big wool growers' convention which will be held in Ogden, Jan. 6-8.

John Parkinson, the Los Angeles architect who has been stopping at the Knutsford, while perfecting plans for the Hotel Utah and Kearns building, left for southern California today.

Earl, Christian and Charles Jensen, brothers, and J. F. Haycock, all wealthy stockholders of Magnolia, Alberta, are guests at the Cullen.

J. B. Thompson, a local mining broker and promoter, returned from New York after a four months' business visit in the east, and registered at the Knutsford today.

Victor Talbot, an American mining engineer in charge of several big German properties, who has been inspecting the Utah camps, is stopping at the Knutsford. He gives his residence as Berlin.

Lyron Cobb, son of Calvin Cobb owner of the Idaho Daily Statesman, in Boise, is spending the holidays here. He may be found at the Knutsford.

C. E. Jullin, a mining engineer of Benton, Cal., who has been inspecting the mines in the Tintic district, is at the Knutsford.

J. B. Stone, a government official of Washington, D. C., and Mrs. Stone, are registered at the Knutsford.

PERFECT PROTECTION FOR \$2.50

We have Safe Deposit Boxes for rent in our absolutely Fire and Burglar Proof vaults of sufficient size to hold a large number of papers and documents which may be rented for \$2.50 a year. It is usually an unexpected thing that happens. You can never know when your home may require the attention of the fire department. Friends can carry out the furniture but only you can save your personal papers of value. If you keep them in a safe deposit box in our fire and burglar proof vaults you can know they are safe not only from fire but also theft or loss.

UTAH SAVINGS & TRUST CO.
NO. 235 MAIN STREET
IN THE BUSINESS HEART.

HOLIDAY RATES.

Via Salt Lake Route. On sale 23rd, 24th, 25th, 31st and Jan. 1st. Round trip to all Utah points. Visit the old folk at home and use the superior trains of this line.

LATE LOCALS

Chance for Santa Claus—The Salvation Army finds it will require \$1,000 to suitably entertain on Christmas day, the number of children it has in prospect.

She is a Girl—J. R. Carson of the Continental National bank is viewing the present and future with calm composure. It is a future social favorite, who is doing well.

McNicol Promoted—D. McNicol, formerly local manager of the Postal Telegraph company, who resigned some weeks ago, now holds a position in the office of the electrical engineer of the company in New York, a position for which he is pre-eminently qualified.

New Architect in Town—Architect Rutherford of this city doesn't care much today, whether there are any more buildings going up this week or not. His entire attention is engrossed in the advent of a healthy young architect who is already drawing plans for Salt Lake's future development.

Provo Dividends—Checks are reaching this city today, from the Provo Commercial & Savings bank which declared Tuesday, a 10 per cent dividend, or \$10 per share. This has been a very prosperous year with the banks. The new Citizens' State bank of Bingham began business Tuesday, with excellent prospects. The idea of a third bank there has been given up.

New Irrigation Concern—The Snowville Land and Water company of Boxelder county filed its articles of incorporation this morning with the secretary of state. The concern has a capital stock of \$10,000, divided into shares of \$10 each. John S. Bingham is president; C. M. Peterson, vice president; William Hurd, secretary, and James Cottam, treasurer.

Oh, Mama!

—don't forget to lay in a stock of CASCARETS with your Xmas purchases. It is the world's best candy medicine for little folks and big folks during Xmas week. CASCARETS will keep the tummy and happy—don't overlook the grownups. They are all bound to overeat and stuff—so be ready with a Cascaret at bed time. Buy a box CASCARETS—week's treatment—and have it handy to use every night, Xmas week.

FUNERAL NOTICE.

The funeral of John P. Sorenson will be held Thursday at 2 p. m. from the S. D. Evans mortuary chapel, 48 South State street, today, Dec. 22, at 2:30 p. m. Interment in Mt. Olivet.

DIED.

SHOWAKER—In this city, Dec. 20, 1909, William J. Showaker, in his 68th year. Funeral services were held from the S. D. Evans mortuary chapel, 48 South State street, today, Dec. 22, at 2:30 p. m. Interment in Mt. Olivet.

EMERY—At Clifton, Tooele county, Utah, Dec. 15, 1909, of pneumonia, Edward Emery, aged 70 years; born in Monroe, Me., Colorado and Nevada papers please copy.

BRAM—Stewart, aged 4, son of William Bram of Mill Creek, died at the Groves L. D. S. hospital Tuesday, of appendicitis.

The funeral will be held from the residence, Thursday noon, with interment in Mill Creek cemetery.

BOAM—Stewart, the 4-year-old son of Wm. M. and Mary L. Boam, died Dec. 21, at the Groves L. D. S. hospital, following an operation for appendicitis. Funeral Thursday from residence in Winder ward, at 12 o'clock noon.

R. E. Evans, Florist, 36 S. Main St. Floral designs a specialty. Phone 961. STOCKHOLDERS MEETING.

The annual stockholders' meeting of the Metal Extraction Company will be held at the company's office, 39 Main Street, Salt Lake City, Utah, on Saturday, Jan. 11th, 1910, at 9 o'clock a. m. Business to be considered: Election of officers, consideration of reports and the changing of the articles of incorporation to make the stock non-assessable. R. R. ROMNEY, Secy. Dated Dec. 22, 1909.

FINE XMAS TREES.

From \$1 up. Both 'phones 922.

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212 MAIN STREET.
HONEST WORK
HONEST PRICES

Painless extraction of teeth or no pay. All work guaranteed.

REMEMBER US.
We Treat You Right

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An immense variety of wearables for men and women—for Christmas giving

GRAY BROS. & CO.
258-260 South Main

We Want You to Hear the Wonderful Victor and Edison Talking Machines.

Consolidated Music Co.
GIFT-GIVING SALE

A Sale Worth While. New Goods Priced to Move

We believe in Gift-giving to the same degree as you do and to show this disposition we are going to actually assist you in buying your Christmas presents. Select what you may from the items below and we will contribute either, 25c, 33 1-3c or 50c on every dollar toward the regular selling price, making it possible for you to save that much on the purchase. We give the price and make it easy for you to give the gift. ANY DAY FROM NOW 'TILL CHRISTMAS. Store open evenings.

<p>Violins</p> <p>Including Case, Bow and "Instructor"</p> <p>Worth \$10.00, \$15.00, \$20.00</p> <p>WE PAY HALF</p> <p>So the Violins will cost you \$5.00, \$7.50, \$10.00.</p>	<p>SHEET MUSIC</p> <p>We have the only complete stock of sheet music, studies and books between Chicago and the coast. Department presided over by a thoroughly competent force of salespeople and instrumentalists.</p>	<p>VIOLIN CASES</p> <p>Worth \$8.00 to \$20.00</p> <p>All leather, Nickel Trimmed Some Plush Lined Some Velvet Lined Some Flannel Lined</p> <p>WE PAY ONE-FOURTH</p> <p>You pay only three-fourths</p>
<p>MANDOLINS</p> <p>Worth \$8.00, \$10.00, \$12.00, \$15.00, \$20.00.</p> <p>WE GIVE ONE-HALF</p> <p>So you pay \$4.00, \$5.00, \$6.00, \$7.50, \$10.00.</p>	<p>NEW IMPORTED ACCORDEONS</p> <p>Worth \$5.00 to \$20.00</p> <p>BUT WE PAY ONE-FOURTH.</p> <p>And you only pay three-fourths</p>	
<p>BANJOS</p> <p>Worth \$6.00, \$8.00, \$10.00, \$12.00, \$15.00, \$20.00</p> <p>WE GIVE ONE-HALF</p> <p>So you pay \$3.00, \$4.00, \$5.00, \$6.00, \$7.50, \$10.00</p>	<p>\$4.00 and \$5.00 METRONOMES</p> <p>Absolutely Indispensable for Accurate Time-Keeping.</p> <p>BUT WE PAY ONE-FOURTH</p> <p>And you only pay three-fourths</p>	
<p>Band Instruments</p> <p>High grade, Standard Makes. Imported and American.</p> <p>Worth \$5.00 to \$150.00</p> <p>Cornets, Flutes, Clarinets, Trombones, Baritone, Basses, Drums</p> <p>WE PAY ONE-THIRD</p> <p>You pay two-thirds</p>	<p>Guitars</p> <p>Worth \$10.00, \$12.00, \$15.00, \$20.00, \$25.00</p> <p>You pay \$4.50, \$5.00, \$10.00, \$13.65, \$17.50</p> <p>WE PAY THE DIFFERENCE.</p>	<p>Music Rolls and Bags</p> <p>Worth 50c to \$10.00</p> <p>All fine leather, some machine stamped; others beautifully hand carved. Plain leathers in black, tan, brown and maroon.</p> <p>WE PAY ONE-FOURTH</p> <p>You pay only three-quarters.</p>

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