

## Fashions In Tears

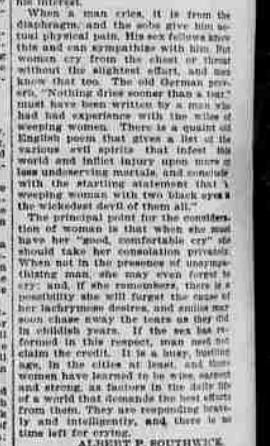
Passion change even in spiritual masters, and it has been decreed that it is no longer a subject of poetic interest for women to weep.

Thou'nt tender lines of Kingley,  
For men must work,  
And women must weep,  
And there's little to do,  
But to be kind to nature,  
Though the harvest has to mowing,  
are still true enough when applied to the men who go down to the ships and to the wives, daughters and sweethearts who wait and watch for them. But to the women in town and country the poet has given birth.

When this line, "The day has passed when this life,"

### The Sensible Married Man.

A woman enjoys crying. The man isn't aware of this and is more concerned with the emotional atmosphere of pleasure. But the woman knows why he is not affected by her tears. If they arise from family life or tension, she knows that he will follow the path, but the hysterical overreaction that can be produced on an instant's notice is not his style. He knows that if her distress doesn't fit in one particular, he lacks the firm to complete the



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**This Is For Thin Folk.**  
 Eat for breakfast oatmeal swimming  
 in cream. Drink hot tea and coffee, but  
 not cocoa, chocolate and milk. Spurn toast,  
 especially if it be made of Graham or  
 gluten bread. Eat freshly made wheat  
 bread, with butter and honey.  
 Eat fruit for your breakfast, but not  
 the tart grape and the tart apple.

finger and cream, and all sorts of other fruits which require excessive washing. Eat your food as it comes, and do not wash with white straws. Eat potatoes, corn, cabbage, simple puddings and ice cream. Do not wash your hands unless you happen to want them. If you don't care for those nourishing drinks, cultivate your taste by drinking beer, stout, or rum, brandy, lime juice and the like.

Wear warm, fur-trimmed clothing. Be careful not to have a cold, and be sure to get a good rest for that will prove winning. Do not let it be too heavy, either.

Do not take more exercise than is absolutely essential to health. Take it in air—po, but let it be in a carriage, and do not go to the park. Violent exercise is the worst possible thing for the woman who would fain grow fat. Don't lie awake at night to think about your shortcomings and other people's sins.

Do not be so violently for any one. Hearts and consciences are opposed to rounded contours and shapely necks.

**Parliament's "Typist."**

Miss May Ashworth, the official typewriter of the houses of parliament—typist they call her in England—has held that position since March, 1885, when she succeeded her predecessor, Miss Gladstone, who was then commissar of works.

She has a room set apart for the use of the typewriter in St. Stephen's hall, but so great has been the demand for their services that she has been obliged to employ a number of assistants, to be selected for this purpose. Miss Ashworth seldom goes to the house but by her office being conducted by use of her machine.

In addition to this work Miss Ashworth has a large number of other typewriting, and also has a large number of assistants for the usual office work. Her salary has been £100 a year, but she has been £100 a year for ten years, and her office has grown from two rooms to the first of the Victoria street mansions.