## DESERET EVENING NEWS: SATURDAY, JANUARY 17, 1903.



One Scientist Thinks the Ancient People Antedated the Great Lava Flow and Were Very Numerous.

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"From all that I have seen of the | his investigations, as illustrated by prehistoric ruins of Southern Colora- the following remark: do, New Mexico, and Arizona, I am compelled to believe that they are the relics of a civilization that numbered many millions of human beings; that this civilization cannot be dated closer to our own time than 1.000 years, and that the various classes of people indicated by the different forms of dwellings were contemporaneous and related."

This is the scientific opinion of Dr. Henry Mason Baum, the eminent archeaeologist, who has just returned from the most extensive surveys of the prehistoric southwest ever under-taken by investigators. While the tour was made in less than three months, its importance consists in its having been systematic and with the purpose of laying the foundation for the most detailed and perfect research the most detailed and perfect research the doctor intends to pursue next sum-mer and during the succeeding season. He has mapped out in such a way the ground over which he has traveled ground over which he has traveled from which point I entered southern that his notes will make it easier in Utah, examining the ruins and geo-the future for scientists to cover the post of logical formations as far as Salt Lake teritors. He is very enthusiastic over. City, Then I turned back to Taos, in teritory.

"I consider the Canon de Chelly, in Central Arizona, the most interesting historic spot in the world."

Dr. Baum arrived Saturday night, and consented to give out the first deand consented to give out the first de-tailed interview upon his recent trip. Since he left Denver, in July, he says, he has traveled more than 700 miles on horseback, to say nothing of his journeys by rail. He was accompa-filed on his tour by six other men, among them Dr. Farks of St. Louis, and Clark McAdams, a son of Dr. Mc-Adams, authority on the mound build-ers of the Mississippi valley.

"I left Mancos during the latter part ern and ancient Pueblo ruins on the Moqui reservation. After journeying west and up the western part of Arl-zona I made a detour back to Mancos,

The expedition probably covered more ground than any other single one of the kind, the object being to get a view of the whole field and draw broad conclusions from this wide survey. I do not suppose that I covered ten miles any day that I did not see evidences of prehistoric civilization. The Southwest must have had a popu-lation of several million, for I my-self saw enough dwellings to accommodate 2,000,000.

## BEFORE THE LAVA FLOW.

"One thing is firmly settled in my overflow of the southwest. There are numerous evidences of lava, covering old irrigation ditches and old ruins of New Mexico.

New Mexico. "I am also firmly convinced that the cliff dwellers and the mess and val-ley dwellers were the same people, the pottery, stone implements, and the skulls of all being identical in charac-ter. The celebrated 'white house' pueblo in the Canon de Chelly, is im-mediately under the cliff dwelling, and they must have been connected.

mediately under the cliff dweiling, and they must have been connected. "The cliff dweiling could never have been built for refuge and de-fense, for they could never withstand selge, and the inhabitants had to come out to set water. It would have been possible for an enemy to defeat them by rolling stones down the sides of the cliffs. The only house with portholes that I discovered was in Bear Canyon, a tributary to the Canon de Chelly. de Chelly.

## PERHAPS AN EARTHQUAKE.

"I cannot escape the conclusion that this prehistoric race was destroyed by a selamic disturbance similar to

New Mexico, and later visited the Ca-vate ruins near Espanola, IMMENSE POPULATION. IMMENSE POPULATION. It do not believe there is an Indian in America that can claim descent from the second drink large quantities of that beverage at least twice a day. No one can be well who does that. Almost every be man allowed to collish

America that can chain observe from these peoples." The great investigator spent some time among the Cavate ruins, near Espanoia. It is commonly supposed that Cavate dwellings are among the oldest type of houses in existence, but he expresses the opinion that those people in New Mexico were contemporaneous with the cliff dwellers. He also suggests that the climate condi-tions of the Southwest were different at the time of this prehistoric civilization.

antion. The results of this trip of Dr. Baum are these: He will return next sum-mer with a larger expedition; he will ask Congress to establish an archaeological survey for the Southwest, and he will ask that the Mesa Verde in Colorado, the Chaco Canon in New Mexico, and the Canon de Chelly in Arizona be set aside as govern reservations.-Denver (Col.) Post. government

WHY BE SICK.

"If you are suffering from physical ills, ask yourself if it is not your own fault," says Ella Wheeler Wilcox, 1

am not critic enough to judge of the literary value of Ella's writings. It seems, however that the great popu-

larity she has achieved is due more to the vein of strong common sense runthe vein of strong common sense run-ning through much of what she says than to her power or elegance of ex-pression, says an exchange. It is just for this plain good sense that I love to read her current contributions to the press. The foregoing quotation is from one of her latest efforts. She continues:

There is scarcely one person in 109 bo does not overeat or overdrink. know an entire family who complain of

man aliment can be traced to foolish diet." A person cannot be happy and contented with a deranged stomach; cannot have good digestion unless he lives on good, wholesome food taken in moderate quantities. Coffee and tea especially are poisons when taken in large doses. I know whereof I speak. large doses. I know whereof I speak. I have quit the coffee and tea drinking habit, using these beverages only on rare occasions, and confining myself mostly to cereal drinks, and my whole being seems to be changed for the bet-ter. I have no more stomach troubles, no more sick-headaches, no troubles in any of my bodily functions unless I commit gross errors in diet otherwise. in any of my bodliy functions unless I canmit gross errors in diet otherwise. Indeed, I don't beleve it Is necessary to be sick, Ella's recipe for bodily atments is as follows: "Eat only two meals in 24 hours. If you are not en-paged in active physical labor, make it one meal. Drink two or three quarts of milk at intervais during the day, to supply good blood to the system. You will thrive upon It, and you will not miss the other two meals after the first week. And your ailment will gradually disappear."

## Unconscious From Croup.

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