## [From the Journal of Commerce. Reply to one who asks what Subjects he should Choose for Poetry.

BY WILLIAM ROSS WALLACE.

You ask, what subjects for your seng? O, do but look around, And see the earth, the waves, the sky With love and beauty crowned: My friend, yes, look, and ask of THEM, For they the great themes keep Of Him, the sole Creator, who But looked upon the deep And straight-from chaos gone the curse-Up rose the poem of the Universe.

II. Would'st sing of Beauty? Woman woos; The forest's garland blooms; The moon goes up; the eternal stars Pass through the shadowy glooms: There is a wonder in the sky-See yonder rainbow curled In lines that make a visible song O'er our rejoicing world, While murmurs sweetly low the sea Of beauty beaming through infinity.

III. Would'st sing of Strength? Lo! Man appears: But gaze on him, and thou Must see the Image, although dimm'd, Still glorify his brow. Strength! look upon the thunder's lair; Or hear his terrible voice When all the black clouds close their ranks, And all the floods rejoice: Strength even in the calm when they To giant-slumber softly sink away!

Would'st sing Religion? See the earth, The air, the sky, the main, With all their painting, music, light, Make one majestic Fane. Dost thou not hear the ceaseless bymn? Ah! if unheard by thee, Then know that thou wast never made For poet-ministry; With lips untouched by holy fire, How dar'st thou sweep the universal lyre?

IV.

So, ask not ME for poet-themes, Dear friend, but look around, And see all earth, all waves, all sky With love and beauty crowned; If thou their voices and their looks Canst understand, then know Thou wast a power, a splendor writ By destiny long ago-To charm, to beautify, command, And give another laurel to thy land.

## The Village Prize.

In one of the loveliest villages in old Virginia, there lived in the year 175-, an old man, ed by the old man who at last became a bye-word of the young men. for his obstinacy among the young men of the | "May be, stranger, you think that you can village and neighborhood.

his charming daughter, who was as amiable and arena, "if you can leap beyond Henry Carroll modest as she was beautiful, arrived. The morn- you'll beat the best man in the Colonies." ing of that day, her father invited all the youth of the country to a haymaking frolic. Seven- by a general murmur. teen handsome and industrious young men assembled. They came not only to make hay, but this pasttime," inquired the youthful stranger, also to make love to fair Annette.

In three hours they had filled the father's comher own brewing, which she presented to each one of the judges. enamored swain with her own fair hands.

they so much coveted, as leaning on the iron with interest, his youthful ardor rising as he surmy gal as any man in the country. But I want at her and make your trial." her to marry a man of my own grit. Now, you | The officer glanced at the trembling maiden know, or ought to know, when I was a young- about to be offered on the alter of her father's way of leaping. I got the old woman by beating girl looked at Harry, who stood by with a troubled evidence:the smartest man on the Eastern Shore, and I brow, an imploring glance. daughter, who stood timidly behind him, by the decide the happiness or misery of Annette. hand. Now, the one that jumps the farthest on "Twenty-two feet and an inch!" shouted the call on their employer for necessary clothing. a "dead level" shall marry Annette this very judge. night.

cast a glance of anticipated victory back upon were more nearly interested in the happiness of the object of chivalry. The maidens left their the two lovers. prophesied and wished that it would be young true patents of nobility. and the fair Annette. Carroll had won the re- pale and distressed. no ordinary honor.

and near the centre of a grass plat reserved in the fairly."

by previous exercises of a similar kind, and a her father, while her drooping eyes sought the hard surface of sand more befitting for which it form of her lover. His brow grew dark at the was to be used, supplied its place.

The father of the lovely. blushing and withal "I have won you, my pretty flower, to make happy prize, (for she well knew who would win) | you a bride. Tremble not so violently; I mean with three other patriarchal villagers, were the not myself to wear so fair a gem next to my judges appointed to decide upon the claims of heart. Perhaps," and he cast his eye inquiring- your own round you. several competitors. The last time Carroll tried ly, when the current of life leaped jo, fully to his skill in the exercise, he "cleared," to used the her brow, and a murmur of surprise ran through leaper's phraseology, twenty-one feet and one the crowd, "perhaps there is some favored youth abuse, be humble. inch.

men stepped into the arena.

his judges. The youth had done his utmost; he though one could not well strive for a fairer, but tart. was a pale, intellectual student, but what had in- from love of the manly sport in which I saw you tellect to do in such an arena? Without a look engaged. You are the victor, and as such, with wood makes a woman angry. at the maiden he left the ground.

laugh, turned away and replaced his coat.

Harry Preston, nineteen feet and three inches. rou have tried hard for the acres and homestead. nette was weeping for joy upon his shoulder .-Harry also laughed, and swore he only jumped The welkin rang with the acclamations of the defor the fun of the thing. Harry was a rattle lighted villagers and, amid the temporary excitebrain fellow, but never thought of matrimony. ment produced by the act, the stranger withdrew He loved to walk and talk with Annette, but from the crowd, mounted his horse, and spurred afford. sober marriage never entered his head. He only him at a brisk trot through the village. jumped for the fun of the thing. He would not have said so if he were sure of winning.

rah for Charley! Charley'll win! cried the crowd rustic beverage. good humoredly. Charley was the cleverest fel- In process of time was born unto the married low in the world. His mother advised him to pair sons and daughters, and Henry Carroll had stay at home, and told him if he ever won a wife become Colonel Henry Carroll, of Revolutionary | tiresome woman. she should fall in love with his good temper rath- fame. er than his legs. Charley, however, made the One evening, having just returned home after cese.

His eyes glanced with confidence around upon same widely extended army. the villagers, and rested, before the bound for- That evering, at the table, Annette, now beward, upon the face of Annette, as if to carch come the dignified, matronal, and still handsome therefrom that spirit and assurance for which the Mrs. Carroll, could not keep her eyes from those the spot, your feelings. occasion called. Returning the encouraging of her illustrious visitor. Every moment or two glance with which she met his own, with a proud she would steal a glance at his commanding feasmile upon his lip, he leapt forward.

"Twenty-one feet and a half!" shouted the multitude, repeating the announcement of one of the judges, twenty-one feet and a half! Henry Carroll forever!-Annette and Harry.

Hands, caps and handkerchiefs waved over the heads of the spectators, and the eyes of the delighted Annette sparkling with joy.

When Henry Carroll moved to his station to whose daughter was declared, by universal con- strive for the prize, a tall, gentlemanly man, in a sent, to be the loveliest maiden in all the coun- military undress frock coat, who had rode up to try around. The veteran, in his youth, had been | the inn, dismounted and joined the spectators, unathletic and muscular above his fellows; and his perceived while the contest was going on, stepbreast, where he always wore them, could show | ped suddenly forward, and, with a keen eye, measthe adornment of three medals, received for his | ured deliberately the space accomplished by the victories in gymnastic feats when a young man. last leaper. He was a stranger in the village. -His daughter was now eighteen, and had been His handsome face and easy undress attracted the sought in marriage by many suitors. One eyes of the village maidens, and his manly and brought wealth, another fine person, another sinewy frame, in which symmetry and strength this and another that. But they were all refus- were happily united, called forth the admiration

beat that," said one of the bystanders, remarking At length the nineteenth birthday of Annette, the manner in which the stranger scanned the

The truth of this observation was assented to

"Is it for mere amusement you are pursuing

"or is there a prize for the winner?"

"Annette, the loveliest and wealthiest of our mand, and she had brought the malt liquor of village maidens, is the reward of the victor," said

"Is the list open to all?"

Now my boys, said the old keeper of the jewel "All, young sir," replied the father of Annette, pitchforks, they all assembled, in the cool of the veyed the proportions of the straight-limbed evening; now, my lads, you have nearly all made stranger. "She is the bride of him who outleaps 1832, in the progress of the trial of an action beproposals for my Annette. Now, you see, I Henry Carroll. If you will try you are free to don't care anything about money or talents, book | do so. But let me tell you Henry Carroll has no learning nor soldier learing. I can do as well by equal in Virginia. Here is my daughter, sir, look

have took the oath, and sworn it, that no man | Placing his coat in the hands of one of the snall marry my daughter without jumping for judges, he drew a sash, which he wore beneath, interest of his employer, and that he will on no her. You understand me, boys. There's the tighter round his waist, and taking the appointed occasion commit unnecessary perjury. green and here's Annette, he added, taking his stand, made without effort the bound that was to

The shout was repeated with surprise by the

This unique address was received by the young spectators, who crowded around the victor, fill-

men their arm chairs and long pipes, to witness prouder of him than if he were a prince. Phys- belief.

mored youth in the country, and all knew that eye the prize, although nameless and unknown,

hated him for his success.

The arena allotted for this hymenial contest "Annette, my pretty prize;" said the victor, was a level place in the front of the village inn, taking her passive little hand, "I have won you

midst of the village, denominated the "greer." - Annette's cheek became paler than marble; she The verdure was quite worn off at this place, trembled like an aspen leaf, and clung closer to stranger's language.

among those who has a higher claim to the jew-The signal was given, and by lot the yourg el. "You, sir," he continued, turning to the sur- side yourself. prised Henry. "I think you were the victor in the rermission of the large and worthy assembly, "Dick Doulden, nineteen feet. Dick, with a you receive from my hand the prize that you have so well and notly won.

The youth sprang forward and grasped his Well done, Harry Preston! cried the spectators, hand with gratitude, and the next moment An-

That night Henry and Annette were married, and the health of the mysterious and noble-heart-Charley Simms, fifteen feet and a half. Hur- ed stranger was drank in overflowing bumpers of

trial of the latter capabilities and lost. Many a hard campaign, as he was seated with his famrefused to enter the lists altogether. Others ily on the gallery of his handsome country house, will say so of you, when you're gone under. made the trial and only one of the leapers yet an advance courier rode up, and announced the cleared twenty feet. Now, cried the villagers, approach of Gen. Washington and suit, inform- tification is very slow. let's see Henry Carroll. He ought to beat this, ing him that he should crave his hospitality for and every one appeared, as they called to mind the night. The necessary directions were given paring you with them; be easy. the mutual love of the last competitor and the in reference to the household preparations, and sweet Annette, as they heartily withed his suc- Col. Carroll, ordering his horse, rode forward to meet and escort the distinguished guest, whom for you. Henry stepped to his post with a firm tread. he had never yet seen, although serving in the

> tures, and half doubtingly, half assuredly, shake her head, and look again to be still more puzzled. Her absence of mind and embarrassment at length became evident to her husband, who inquired affectionately if she were ill.

I suspect, Colonel, said the General, who had obseving the lady's curious and puzzled survey of ladies. his features, that Mrs. Carroll recognizes in me an old acquaintance. And he smiled with a mysterious air as he gazed upon both alternately.

The Colonel started, and a faint memory of the past seemed to be revived as he gazed, while the lady rose impulsively from her chair and bending eagerly forward over the tea-urn. with clasped hands, and an eye of eager inquiry fixed full upon him, who stood for a moment, with her lips parted.

"Pardon me, my dear madam, pardon me. Colonel, I must put an end to this scene. I have become, in spite of camp-fare and hard usage, too unwieldy to leap again twenty-two feet and one inch. even for so fair a bride as the one I wot of."

The recognition, with the surprise, delight and happiness which followed, are left to the imagination of the reader.

General Washington was indeed the handsome young leaper whose mysterious appearance and disappearance in the native village of the lovers is still traditionary; whose claim to a substantial, bona fide flesh and blood was stoutly contested by the village story-tellers, until the happy denouement which took place at the hospitable mansion of Colonel Carroll.

Court Rules .- The following rules of court, says the Nashua Gazette, were introduced by a member of the bar in Hillsborough county in tween a citizen of New Hampshire, living in R-, and a citizen of P-, State of Massa-

general, there are too many litigants, who to a

1. It is expected that every witness will tell the truth on all occasions, where it will advance the

2. All witnesses shall be washed and shaved at their own expense, but they shall have a right to

3. All articles of clothing which may be furnished to witnesses to enable them to appear before the jury, shall be returned to the owner as men with applause. And many a youth of trial, ing the air with loud murmurs from those who soon as the cause shall be submitted to the jury.

4. It is considered the duty of all witnesses to

impartiality to which he will adhere.

[For the Deseret News.

## About Marriage.

Suppose you want your wife to changeher religion; let the teachers of the religion do the arguments, don't you.

If she is too extravagant, be a little niggardly yourself, never grumble.

If she don't keep the company you like, look

black at them, not at her. If you are vexed with her relations, gather

When you are jealous, don't talk about it. If you go home late, be very sorry, take a little

When you walk out with her, take the road

Always celebrate the anniversary of your Edward Grayson, seventeen feet, cried one of the lists before me. I strove not for the maiden, wedding day, if you can only afford a penny

> Be careful that the kindlers are prepared; green See that the stove don't smoke.

If you don't like your dinner, say so; don't preach about it.

Help her family what you can.

If she has some settled failing, once a month is enough to mention it.

Be patient if the baby cries while you are saying prayers.

Give your wife all the amusement you can

If the children love mother best, put up with it. Never argue, it never pays. If you are vexed out, go home cheerful.

Narse your children now and then, a mother

Never praise another woman.

Never threaten how you would serve some

Don't speak against your wife's parerts. If she is a widow and talks of her "poor dear soul, that's dead and gone," take comfort, she

If you wish to improve her, take it slow-sanc-

If she admires other men, she is merely com-

If she talks of her first love, who died, poor fellow, be sorry, of course, but say it made room

If any of her relations got caught at anything, never dwell on that subject.

If you are away on business, write frequently, refer occasionally to your first meeting, the time,

Take home something rice to eat now and then

-something recherche, only for her, you know ... Never speak against women. What you can't do now for her, speak about it

often, show you mean to do it. If she wants you to stay at home and neglect

public duties, don't.

A woman values her husband's position; been for some time with a quiet, mearing smile, there's a little pride commuddled with love in the

I must now close. Yours, very affectionately.

[For the Deseret News.

## Dyspepsia

Is a condition of the stomach which disqualifies it from properly performing the process of digestion. This distressing disease afflicts the sufferer with severe headaches, frequently accompanied with general weakness and slow fever. It usually affects the sight, small particles appear to float before the vision. The bile rises unpleasantly in the mouth, furring the tongue and sometimes slightly cracking it. This disease is frequently hereditary; it can be very much aggravated

by rich food, beer and ardent spirits, severe mental labor, exhaustion from any cause. The usual means of cure, independent of medicines, are coarse bread, very tender meat free from fat, stewed fruit. Sometimes a hearty appetite accompanies this complaint; in this case a dietary table should be conformed to; seven ounces of grain food and two of tender

meat, or fruit, &c., is enough for one meal. Gluttony in food or drink is one of the seven cardinal sins in the catholic faith.

"Nowhere," says Dr. Andrew Combe, "does man hurry off to business so immediately as in the United States, and nowhere does he bolt his food so much as if running a race against time. The consequence is, that nowhere do intemperate eating and dyspeysia prevail to the same enormous extent. Rapid eating almost invariable leads to overloading the sto-If such rules are not adopted by courts in mach, and when to this is added a total disregard of the quietude necessary for digestion, ster, I could beat anything in all Virginia in the monomania, with an admiring eye. The poor greater or less extent, observe them in procuring what can be expected to follow, but inveterate dyspepsia." In this case the stomach must perform the office of the teeth, which is well calculated to derange it.

THREATENED FAMINE. - The people of Bruce county, which border on the east shore of Lake Huron, Canada West, in consequence of the failure of crops last year, are said to be in a destitute condition as to food.

The Kincardine Commonwealth says:-

"In the adjoining townships there are hundreds understand the cases of their employers, in order of families verging on starvation; and God only looms and quilting frames, the children their The old man approached, and grasping his that they may be able to testify to facts enough knows where the end will be, or what is to benoisy sports, the slaves their labors, and the old hand exultingly, called him son, and said he felt to get the same: and in such manner as to gain come of them. Many of our best and thriftiest farmers are destitute of the wherewithal to carry and triumph in the success of the victor. All ical activity and strength were the old leaper's | 5. All witnesses from B - and P - from them through till another harvest the crops of their superior advantages of acquiring information, the past year having almost proved a total failure. Carroll. He was the handsomest and best hu- Resuming his coat, the victor sought with his shall be entitled to precedence on all occasions. We could enumerate instances where, even al-6. All witnesses shall be true to their employ- ready, families are subsisting on a few boiled turstrong mutual attachment existed between him so fairly won. She leaned upon her father's arm, ers, and shall on no account desert to ther oppo- nips, others on bread and water alone, and the nents, unless it be for the purpose of getting a supply so small that it cannot keep body and soul putation of being the "best leaper;" and in a Her lover stood aloof and mortified, admiring larger bribe; nor shall this be done in any case hanging together for many weeks longer. Some country where such athletic achievements were the superiority of the stranger in an exercise in until the witness has received from both parties have consumed everything in the shape of vegethe "sine qua non," of man's cleverness, this was which he prided himself as unrivalled, while he the price stipulated, that he may determine with tation, and, as their last resort, have slaughtered their oxen, which form their whole substance."