EDUCATIONAL.

UNIVERSITY OF UTAH.

Yesterday morning, Prof. Boyiance went to Springville, where he visited the public schools. In the evening he took the train for Oasis, where he is conducting the Millard county teachers' institute today.

Prof. Stewart addressed the first year normals and preparatory students yesterday afternoon.

"Pompii, a City of the Past," was the subject ofa stereopticon lecture delivered in the Assembly Hall of the museum building on Thursday evening by Dr. Talmage. This lecture was given under the management of the '04 Bachelor Maids." The large hall was crowded with anxious listeners. Many had to stand up as all the seats were taken. Other features of the program were a violin, solo by Romania Hyde and a tenor solo by Thomas Ashworth.

Elbert D. Thomas was re-elected president of the student body last Wednesday, receiving 215 votes. His opponent, Brigham A. Perkins, received 165. Oscar W. Carlson, the other candidate, withdrew from the race. When the new constitution was adopted a few weeks ago a new election was necessary and Thomas willingly supported the change. The students rewarded him by re-electing him president.

Next Tuesday the college students of the University will discuss the question of creating a college student organization. There are now about 300 men and women doing college work in the university and many feel that the time has come for a separation of the college and preparatory schools.

Coach Holmes has made arrangements with Carlisle Indian school of Pennsylvania for a football game on the Cummings field Christmas day. The Indians are coming west to meet one of the coast teams, on New Years' day at Los Angeles.

Regular classes in indoor physical training began on Monday.

Yesterday afternoon from 4 to 6, the college women entertained the professor and instructors with an informal reception in the college women's rooms. Chocolate and wafers were served by the young ladies. The committee in charge were Claudia Schiemer, June Bintz, Margaret Donellan, Ivy Dix, Helena Critzer.

Last night the freshmen engineers gave a dance in the museum building. Next Friday night the sophomores will give a ball in the same building.

Last night Professors Stewart and Allen delivered their illustrated lecture at Mill Creek.

Tonight Prof. Stewart speaks before the school patrons at Five Points, Ogden, at the invitation of Principal Burdett Smith.

L. D. S. UNIVERSITY.

Next Wednesday morning at 10 o'clock in Barratt hall, Hon. B. H. Roberts will speak before the school.

The third and fourth year classes gave a candy pull on Friday evening in the gymnasium. The affair was largely attended and was thoroughly enjoyed by the guests.

The classes in punctuation, numbering several hundred students in English, met on Friday morning, and the mysteries of correlative expressions and of relative clauses were thoroughly cleared up by the president.

Prof. John T. Miller delivered three lectures last week, before the students of the Oneida Stake academy. President Paul spoke last Sunday in the Seventh ward of this city.

The following students were placed in positions this week, from the shorthand department of this school: Anna Norberg, with the Smith Premier Typewriting company; Abbie Rosenbaum, with Owens, Varney & Green; Myrtle Baddley, with the Remington Typewriting company.

During last week the students of the department of wood work have finished making the following articles: A reading shelf, a door step, a ventilating hood for the department of chemistry, a filing cabinet for the department of typewriting, and music stands for the band. The students are now working at exercises in sawing, planing, mortising and other joints, and in carpenter and cabinet work quite generally.

The address of Hon. C. W. Penrose on Wednesday morning was a clear and comprehensive treatment of the subject of Priesthood as revealed in the Scriptures. On the same day Mrs. Joseph Wood, a pupil of Prof. Kent, sang in beautiful voice, "The Lord is Mindful of His Own," and the "Cradle Song."

The second grand ball of the season will be given next Friday evening in Christensen's hall. Friends who desire invitations should send in their names to the committee, since the number of invitations is limited and many are anxious to attend. On the only other remaining Friday before the holidays there will be the usual matinee in the gymnasium.

Instructor Willard Bean arrived last Monday from California. He had been delayed by the illness of Mrs. Bean. At the invitation of the president, Instructor Bean addressed the students on the subject of physical and spiritual culture. These phases of development, he said, should proceed together, not separately. During the week the physical culture classes for men have been put into operation and now include a majority of the young men of the school.

On Thursday afternoon Col. Henry Altman of New York, a representative of the Commercial club of this city, spoke before the students of the Salt Lake and Latter-day Saints' business colleges on the subject of "Manners." The speaker, in a warm and humorous manner, illustrated his remarks with examples in pantomime, taken from actual life. Good breeding, the signal marks of true culture and refinement, the etiquette of the dining table and other topics received clear and vigorous handling by the speaker, who is a man of wide experience in the affairs of society.

SALT LAKE CITY SCHOOLS.

Drummer Hendershot of Rappahannock fame will appear in the Tabernacle on the 18th and 19th inst., under the auspices of the Tabernacle choir and about 12 of the schools of the city. The schools purpose giving the children an opportunity of hearing the major especially on Saturday, 18th inst. Tickets will be sold by the pupils for this occasion. Special rates are offered all students.

The schools participating will furnish the musical part of the program. Supervisor Wetzell, who has this matter in charge, promises to give the public a rare treat, inasmuch as the pupils are receiving excellent training for the occasion.

Supt. Christensen held a meeting at Bryant east side high school last Wednesday afternoon. The subject of "Reading" was discussed. Fifth grade teachers were present.

The initial parents' meeting of the year was held at the Washington last Friday afternoon. Parents took advantage of the opportunity to visit the school during the afternoon. At 4 o'clok the visitors met and held a very instructive meeting. Mrs. Emma J. McVicker addressed the parents on "Food and Rest." This method of holding parents' meeting is in accord with the sentiment expressed some time ago in the principals' meeting, viz: That definite programs should be arranged for parents' meetings in order to make them valuable to all participating.

Mrs. McMannis, whose copy-books are now being used in the city schools, is visiting here from Colorado. The lady spent two days at the Washington. Her principal mission is the inspection of the writing.

The schools will close on Wednesday, 23rd inst., for the holidays and re-open on Jan. 4.

Supervisor Wetzell held a meeting for third grade teachers at the Fremont, Tuesday afternoon, and one for fourth grade teachers on Friday afternoon.

Mr. Parratt met second grade teachers, Tuesday afternoon and third grade teachers Thursday afternoon at the City and County building.

Miss Pollock's meeting for first grade teachers was held Wednesday last.

The following meetings are scheduled for the coming week:

For fifth grade, Tuesday, 4:15 p. m., Supervisor Wetzell.

Fourth grade, Tuesday, 4:15, City and County building, Mr. Parratt.

Second grade, Wednesday, 4 p. m., City and County building, Supervisor Pollock.

Fifth grade, Thursday, 4:15 p. m., City and County building, Mr. Parratt.

Sixth grade, Thursday, 4:15 p. m., Fremont, Supervisor Wetzell.

Third grade, Thursday, 4:15 p. m., Fremont building, Supervisor Pollock.

The subject of Reading will be presented to sixth and seventh grade teachers by Supt. Christensen next Wednesday at 4:15 p. m. at Bryant school.

The junior class of the High school gave a dancing party at the Ladies' Literary hall, last Friday evening. School and class colors adorned the walls. Punch was served in the basement.

Some dramatic adventures will soon be made by certain departments of the senior division of the High school.

Miss R. Pollock gave an interesting and helpful talk on "How to Teach Reading," to the teachers at the Sumner school in their teachers' meeting Monday afternoon.

Miss Rachel Edwards is teaching the eighth grade pupils at the Sumner school a Japanese drill for physical culture.

Miss Pollock was a visitor at the Riverside last Friday. She inspected the reading in third and fourth grades.

Hereafter the most progressive students in reading, addition, spelling and writing, at the Riverside will wear an engraved silver pin—a gift of the principal. Any pupil who is successful in winning the pin four times claims it as his own. Great interest has been awakened, especially in reading and addition.

Miss Bailey, of the Lincoln, visited the fourth grade at the Riverside last Wednesday.

Mr. Earnest Taylor has been transferred from the Webster to the Riverside, and Miss Clay of the Riverside, to the Jackson.

The very liberal offer of Supervisor Witzell, to give free instruction in music to city teachers, has been met by a hearty response from the teachers. Steps will be taken at once by the instructor to organize two classes; one Saturday forenoon and one Saturday afternoon. Notice will be given the 115 applicants regarding time and place of first meeting.

The following are the words of the Riverside school song:

"There is no school that can excel,
Riverside, our Riverside,
Our duties we perform full well
At Riverside, our Riverside,
When we are grown and far away,
We'll not forget each happy day,
That we have spent in toil and play,
At Riverside, our Riverside,

"We're loyal to our teachers dear,
At Riverside, our Riverside,
For labors hard we have no fear,
At Riverside, our Riverside,
That we may be good men and true,
And do the work we'll have to do
Shall be our aim our whole lives through,
Riverside, Oh Riverside."

These words are sung to the tune of "Maryland, my Maryland."

It is estimated that a chorus of one thousand pupils will greet the public on the 18th and 19th inst. at the Tabernacle.

AGRICULTURAL COLLEGE.

Logan.—Capt. Styer has asked the war department for 50 more arms to supply the students desiring to take military drill.

The uniforms for the cadets have arrived. The cadets now make a fine appearance.

A certain number of positions as officers of lower rank, in the regular army, will be filled in future from the colleges with military departments. This will add new interest to this work in the agricultural colleges.

Capt. Styer will organize a signal corps and an artillery detachment at an early date.

The United States government has just sent to the college 6,000 rounds of ammunition for the spring target practise.

Mr. B. F. Cummings, Jr., New York representative of the Deseret News, gave an excellent address at chapel last Tuesday.

Mr. V. L. Forgeon has moved to Logan with his family that they may have the advantages of the college. Miss Mildred is now living at home.

President Kerr went to Salt Lake on Wednesday.

The mid-term examinations were given in the department of mathematics during the week.

Efforts are being made to arrange a series of football games on the Pacific coast during the holiday recess. Coach Campbell has his team in good shape and feels sure that they will acquit themselves creditably if the games are arranged.

Misses Millie Lee and Orpha Hunsaker, former students came up from Brigham recently to visit the college.

Ray West, a senior engineer, was in Oregon on railroad work during the Thanksgiving recess.

The college orchestra will give a series of Saturday matinees in the gymnasium.

Misses Martha Welker and Janette Joyce, teachers in the Ogden schools, visited Miss Wyant during the Thanksgiving recess.

Prof. Wilson spent his vacation in Ogden.

Warren Swendson was at Boise during the Thanksgiving vacation on engineering business.

Farmers' institutes were held at Smithfield and Hyde Park last Monday evening. Professors Clark and Peterson spoke at the former place, and Professors Hutt, Langton and Cotey at the latter.

The poultry building is completed and Prof. Dryden has had the fowls moved into it. The building is one of the finest for this purpose in America; it is 230 feet long and 25 feet wide with 50 different pens and a four foot alleyway down the center. The building is fitted with a modern brooder section and an incubator basement, and is heated with hot water. It has a capacity of 600 hens and 1,000 chicks. The front is 19x24 feet, and contains an office, weighing rooms etc.

Professors Bexell and Yoder in company with Rev. Gilpin and family enjoyed the hospitality of Dr. and Mrs. McCausland on Thanksgiving day.

Profs. Merrill and Bexell conducted a very successful Farmers' Institute meeting at Newton on last Monday.

Inter-communication work has begun between a number of foreign college banks and business offices and the local offices of the commercial department.

Prof. Bexell has received a number of framed charts showing the relative production of late years of the principal raw products of the United States. They will be of great value in the work of industry.

Two more former students of the commercial department have found lucrative positions. Miss Anna Mortison is employed by the Consolidated Wagon and Machine company at its offices in Ogden as head stenographer, and Miss Edna Hess holds a similar position under the same firm at Montpelier, Idaho.

BRIGHAM YOUNG UNIVERSITY.

Provo.—President Cluff lectured on his South American expedition experiences at the Cannon ward last Sunday night.

Miss Weggeland of the University of Utah was visiting friends in this institution, one day last week. She expressed herself as being much delighted with what she saw and heard.

President Cluff will meet with the Church Board of Examiners in Salt Lake City next Saturday, and has engaged to lecture in the Twenty-second ward on Sunday night.

Souvenir booklet of photographs, containing pictures of the present and past members of the faculty, and of the most prominent of our alumni, is being gotten up for general distribution during the holidays.

Elder Bench of Fairview, one of the students during the last year that Doctor Maeser was in charge of the institution, visited the school last week, and spoke to the students in Sunday evening's meeting.

Owing to the increased number in the peparatory school, the missionary students have been obliged to give up their room in the Training building, and take their old quarters in room four of the High School building.

The studends of the commercial school are contemplating a grand class social to be given on the night of December 11. The program has already been outlined and various committees have been appointed to insure the success of the evening.

For two weeks Prof. Maw has been visited by his mother and sister, Mrs. Green of Plain City. They have been interested visitors at the Sunday normal school and also at various classes during the week. They left for home last Wednesday.

Part of room nine, which hitherto has been a general office, has been partitioned by a neat counter surmounted by a comb of office railing, for the exclusive use of the registrar and his assistants. The work, which was done by students in the woodwork classes, receives many a compliment on the score of its neatness and artistic finish.

About three hundred students and visitors listened to the reading of Bishop O. F. Whitney's masterly Epic Monday night and Wednesday night respectively. The last reading comes tonight. Mr. Whitney held his listeners spell-bound, no less by the sublime thoughts of his poem than by the dramatic excellence of his reading.

The library of the Training school, consisting of some 300 volumes, has been transferred to the main library; but whether it is to be incorporated as part of the general library, has not been decided. The change became necessary owing to the need of using the room for purposes of telegraphy.

A fine full-page half-tone of Miss Arvilla Clark adorns the pages of the last White and Blue. Her concert last night was largely attended by the students and teachers. They especially enjoyed the duet between her and Oscar Kirkham, both favorites during the past years in the music school of the institution.

School was dismissed for two days last week, as a Thanksgiving holiday. About half the students left Provo, either to be at home or with friends elsewhere in the state on this auspicious occasion. The Literary society was postponed, but the Sunday normal school, also the Sunday evening meetings, were held and largely attended by the student remaining.

Two of our boys, Fred Richmand and Robert Miller, both of the Commercial school, were compelled to join their company for duty at the coal mines. Both belong to company G of Provo. The boys write that they don't care how soon they leave, as they wish to go on with their studies.

One of the busiest classes in school is that devoted to dress-making, under the tuition of Miss Lucile Young. There are thirty young ladies in the class, and such is the amount of custom work given them, both by the school in general, and by the people of Provo, that they have had to refuse orders, and are far behind with work already undertaken.

Until now, the chief concern of the students managing the White and Blue, has been to come out at the end of the school year without debt. Consequently they have published such a paper as they could, not such as they would. The present management, having increased the subscription price twenty-five cents, have concluded to use the extra money so collected in improving the quality of the paper and increasing the size. The last number came out Thursday, with fine, extra-heavy laid paper, a parchment quality or bond for cover, and a unique design for the frontispiece especially drawn by Prof. Eastmond. With these changes the students' paper reflects credit on the school.

BEAVER B. B. Y. UNIVERSITY.

Beaver.—Principal Anderson and Lizzie Workman attended the teachers' institute at Milford last Friday and Saturday.

Last Wednesday there were photographers here on the grounds. There were photographs of different groups of the school taken. They were as follows: The primary, the preparatory and the high school. The class of 1906 also had their's taken separate from the rest.

Thanksgiving program rendered Thursday at 11 o'clock a. m., it consisted of Thanksgiving speeches, musical selections, and drills. The afternoon was devoted to a baseball game, the '04's and '05's, against the '06's and '07's. The latter came out victorious. A dance was given in the evening, in which all took part.

Friday was regular field day. The '04's and '05's contested against the '06's and '07's. The latter won by a majority of many points.

A Thanksgiving party was held in the hall Saturday evening. After an interesting program lunch was served and dancing engaged in.

BRIGHAM YOUNG COLLEGE.

Logan, Dec. 3.—President Linford entertained the members of the board on Tuesday night.

The Philomathic Literary society holds a regular session on Friday night in the college assembly hall. Following is the program arranged: Piano solo by Miss Anna Egbert, lecture by Professor Hutt, vocal solo by Miss Farr.

School re-opened on Monday morning with a full attendance, after a brief Thanksgiving vacation. Quite a number of new students were added to the registration list.

David Henderson, president of the Athletic association, went to Salt Lake last Saturday and attended a meeting to arrange for basketball games during the coming season.

The president's report is out and has been mailed.

Debates have been going on in the college quite extensively of late. Members of the rhetoric class debated the question, "Which has done more for Mankind, reformation or invention," on Tuesday. On Thursday the same class debated the question, "Resolved, That there is truth in omens, dreams, signs, etc."

The class in cooking two has discontinued the work in fruit and is now taking up lecture work.

The girls in cooking one are busy in the study of cereals, and the making of spice cakes, Christmas cakes and steam puddings.

Five new desks, accommodating 10 students, will be added to the kitchen furniture soon. This became necessary on account of the large classes in cooking.

B. F. Cummings lectured to the students in devotional on Wednesday. His advice was extremely interesting and valuable to all present.

The Usona society met on Tuesday evening in the assembly hall, where an interesting program was rendered.

Elias and Joseph Kimball visited the college on Tuesday.

Three of the numbers in the recent Sunday school concert were given by members of the college musical faculty —Professor Robinson, vocalist; Professor Harris, violinist, and Miss Oliver, pianist.

During the Thanksgiving recess, many students went home and enjoyed the company of their parents and friends. The students who remained in Logan came out to a splendid dancing matinee given in the gymnasium last Saturday afternoon, and all present had a very good time.

Preparation is being made for a winter course to begin in the college Jan. 4. The purpose of this course is to accommodate all those who can only attend school during a few months of the year, and who are at a disadvantage in entering upon courses that may have been half completed.

A. B. Wright, our instructor in art, has recently painted a picture which has been accepted for exhibition in the Great French Salon in Paris. It is said that this painting is one of the very best pieces in that section.

Instructor Kemp, who is coaching the basketball team, is endeavoring hard to get the team in proper shape to meet the several contests that are arranged and tabulated for the coming season.

BRANCH NORMAL.

Cedar City.—A committee of students and teachers appointed Wednesday to draft resolutions of respect and sympathy to be sent to the parents of Ella Bentley, one of the students of last year. She died of typhoid fever on Thanksgiving day.

The second lecture of the series for 1903-4 will be given Saturday evening by Instructor T. W. Jones. His subject is "Co-education of the sexes."

Principal Porter leaves for Beaver Friday afternoon to deliver a lecture before the students of the branch academy. Mr. Ward will accompany him.

An ordinance regulating absences from class was presented to the students by the city council Wednesday. It was unanimously adopted.

After reading a chapter from "Proverbs" Mr. Anderson filled in the remainder of chapel period Monday by giving two piano solos. The program was much enjoyed.

A number of new students have appeared since the Thanksgiving holiday.

WEBER STAKE ACADEMY.

Thanksgiving recess commenced Wednesday evening. School re-opened Monday morning.

Some of our old students, as well as some new ones, have been enrolled this week.

The Academy opened the series of dances to be given under the Stake Amusement Committee last Friday evening at the Parry hall. The event was of a high social order and was very well attended.

In the practice game of basketball last week, the Academy team defeated the team from the school for the Deaf and Dumb.

With very few exceptions the students are doing excellent work.

At devotional this week Bishop Shorten addressed the school on the importance of a knowledge of the Bible, and Judge Dee upon the business phase of life.

The choir is making excellent progress under the direction of Prof. Balhantyne, and delights the school with some very good singing.

Classes for the winter course in arithmetic will be organized next Monday.

The Lecture Calendar for this year is now in the press. The course is an exceptionally strong one this season and more satisfactory results, if possible, are expected this year than were realized last season.

The following is one of the many gems given by Judge Dee last Thursday: "Many who start in businness are like the slothful servant with but one talent, you may find them sitting on the fences, or congregating on street corners telling how the government of the United States should be controlled, or the Union Pacific railroad should be run."

"Choose a vocation for which you are adapted, and remember that two elements of success are (1) integrity and (2) industry."

Bilious Colic Prevented.

Take a double dose of Chamberlain's Colic, Cholera and Diarrhoea Remedy as soon as the first indication of the disease appears and a threatened attack may be warded off. Hundreds of people who are subject to attacks of bilious colic use the remedy in this way with perfect success. For sale by all druggists.

PLEADED GUILTY.

James R. Muck, the attorney, tells this reminiscence of his law practise in Ohio: 'One Sam Johnson, a negro, was indicted in Cincinnati, charged with the theft of a ham. Johnson was stiffnecked, for the only witness against him was a man of his own color, and 'one nigger's word is as good as 'nuther's,' said Sam. 'He'll swar I did, an' I'll swar I didn't.' The case came up for trial, and the indictment was read: 'The State of Ohio against Samuel Johnson, defendant,' etc.

"As he listened, Johnson grew nervous, and at the demand for a plea rose to his feet, ignoring the counsel assigned to him.

"'Youah honah,'' said Johnson, 'I'se not been treated right, nehow. I t'ought dar wuz only one nigger 'gainst me, an' heah's de whole State of Ohio. I wuz not 'feared ob dat nigger what seen me hook de ham, but I'se got no show now. De whole blame state gainst me's too much. Yessir, I took de ham. I pleads guilty. But I'd like to know whar all de watchers wiz hidin', I suttinly would.'—Philadelphia Ledger.

WHAT TO EAT.

Valuable Suggestions for the Kitchen and Dining Room.

This matter will be found to be entirely different from and superior to the usual run of food articles, in that every item is a nugget of culinary wisdom and eminently practical.

Conducted by Katherine Kurtz, Marquette Building, Chicago, to whom all inquiries should be addressed.

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Menus for Next Three Days.

SUNDAY.

BREAKFAST.

Cereal Mush — Stewed Fresh Figs
Tripe Fried in Batter, Oyster Sauce
Creamed Potatoes
Yorkshire Turn Cake" — Coffee

DINNER.

Consomme
Old Fashioned hCicken and Pork Pie (reheated)
Baked Potatoes — Stewed Tomatoes
Grape and Banana Salad
Floating Island — Coffee

SUPPER.

Jellied Tongue, Sauce Tartare
Cottage Cheese — Brown Bread
Fruit — Cream Cake
Tea

MONDAY.

BREAKFAST.

Baked Apples — Cream
Crisp Bacon, — German Fried Potatoes
Milk Biscuit — Coffee

LUNCH.

Vegetable Ragout — Rice
Banana Fritters, Lemon Sauce
Cocoa

DINNER.

Cream of Corn Soup
Mutton Chops, Breaded, Tomato Sauce
Scalloped Sweet Potatoes
Green Pepper Salad
Greening Pudding — Liquid Sauce
Coffee

TUESDAY.

BREAKFAST.

Fruit
Cereal — Cream
Bacon — Cream Potato Mince
Flannel Cakes, Maple Syrup
Coffee

LUNCH.

Dainty Egg Toast — Shrimp Salad
Brown Bread — Grape Juice

DINNER.

Puree Maigre
Breaded Veal Cutlets — Cream Sauce
Mashed oPtatoes — Spinach
Fruit Salad
Cheese — Wafers
Coffee

Savory Carrots.

Prepare and cook the large carrots. When tender drain and cut into quarter inch slices, across the grain, then take out the hard centers with a small sharp cutter. Put some butter in a saute pan and add a tablespoonful of minced onion and fry a light brown; then skim out the onion and brown the carrots, season with salt and pepper and when all are done place them in a saucepan and add flour and some beef broth to butter in the pan and when it boils up smooth strain over the carrots, let simmer ten minutes and serve.

Glazed Carrots.

Cut the pulpy part of large carrots into balls or take very small young carrots, all one size, parboil in water, then finish in a little wel lseasoned stock, adding a little butter and sugar; when the carrots are tender let the liquor boil down rapidly to reduce quickly to a glaze; roll the carrots about in this until well covered and used for a garnish for mutton.

Carrot Croquettes.

Scrape four or five large carrots, clean and boil tender in salted water, then put the pulpy part through a ricer or sieve ad measure. For each pint take a tablespoonful of butter and when hot stir in two tablespoonfuls of flour and when smooth, one cupful of milk. Cook and stir until smooth and thick. Season the mashed carrot with salt, pepper and onion juice to taste, add a tablespoonful of chopped parsley and the sauce. Mix well ad turn out to cool, then form into cork-shaped croquettes, dip in beaten egg, then into bread crumbs and fry in deep fat until a golden brown. Use as a garnish for boiled or stewed beef or serve as an entree with ham sauce.

Carrots a la Maitre d'Hotel.

Pare enough small carrots to make a pint; cut in quarters. Parboil them for five minutes, then drain and put into a saucepan with seasoning of salt a little sugar and two ounces of butter and enough white broth to cover. Boil and cook down to a glaze, then add two tablespoonfuls of veloute (white stock sauce), chopped parsley and two tablespoonfuls of butter cut into bits. Toss carefully until very hot, then turn into a heated dish and garnish with fried bread croutons.

Carrot and Celery Salad.

Boil one or two large carrots; when tender cut them into fine shreds and mix with an equal quantity of white celery cut into dice. Add a few tablespoonfuls of green peas or a few capers; mix with mayonnaise and garnish with cress.

Fricasse of Carrots.

Pare and cut some small carrots in slices, put them into a saucepan and barely cover with boiling water, add a little sugar, salt and butter, cover and cook for an half an hour, stirring occasionally. Then add three egg yolks—to two cups of the carrots—mixed with half a cup of cream, or rich milk and a tablespoonful of butter. Last of all, add a little chopped parsley and serve.

SHE SCORES ROOSEVELT.

Rev. Margaret Brennan, pastor of the Universalist church at Victor, N. Y., has suddenly leaped into fame by decrying, in a recent sermon, the methods of President Roosevelt in conducting the White House. Rev. Brennan compares the way of doing things there now unfavorably with the style which prevailed during past administrations, notably with that of President Cleveland, whose guest she was.

TO DESIGN STATUE.

Duchess of Argyll, better known as Princess Louise, daughter of the late queen Victoria, who has been commissioned to design a bronze monument in memory of all the colonial troops who gave up their lives in South Africa in the Boer war. The statue will have a place in Westminster abby.

The Dishes that please the Eye, the Palate and the Reason are made with Shredded Wheat.

Suggestions for Serving SHREDDED WHOLE WHEAT BISCUIT

Send For Vital Question Cook Book FREE

My family has never tired of Shredded Wheat. It can be served in so many different ways as to seem a new dish every day, both delicious and nourishing. Our physician recommended it in his carefully arranged system of diet.—Mrs. E. R. PENDLETON, Tioga Center, New York.

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Niagara Falls
New York