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BSALT LAKE CITY, - JUNE 29, 1904

THE GOSPEL OF HEALTH.

One of the most important subjects for the consideration of the people of Utah, and indeed of the whole country, is presented in the paper on Tuberculosis, by Dr. T. B. Beatty, and issued by the Board of Health of which he is the very efficient secretary. It contains much that is new to the general public, and perhaps also to practitioners who do not keep pace with the developments of modern medical science and investigation. We hope the article, which appears on another page of the "News," will receive the careful attention of the health boards and of the leading men and women among our people. And it is of the utmost importance that the rules and regulations concerning quarantine and disinfection shall also be rigidly carried out.

The three chief points set forth are that the disease commonly called consumption is infectious, that it is preventible, and that it is curable. These may be called new because they are different from the common ideas concerning the disease which has carried off so many of the fairest of our race. It has been demonstrated to the entire satisfaction of the faculty that tuberculosis is infectious; to a very large number that it is also preventible; and, further, that it is curable. The infection is not conveyed by con-

tact; nor by inhaling the breath of the afflicted; nor usually carried in the clothing worn by them. The germs have been completely identified and it is known that they are carried in the sputum only. They are as distinct from typhoid germs-which are carried in the excreta-as sheep are from goats and the difference is more greatly marked. This suggests that the laws and or-

dinances as to expectoration in the streets should be complied with, and

which multitudes of even intelligent people are uninformed. To destroy the germs that break down the human system is a comparatively easy task, so far as they are known and recognized. The rules issued by the Board of Health sink again slowly, slowly, with all of us, into the depth of the sea-this time should be enforced to the letter. The reports required by law from the counfor all eternal ages.' ty boards and also the local registrars That story is told among the Russian should be furnished to the State board, insophisticated populace, Others, equal-The attention of influential persons ly plous, are undoubthedly also circushould be aroused to these important lated, for the purpose of encouraging matters, and there should be a general the soldiery to face death and defeat. awakening to their vital consequences. The obvious lesson is, that the domina-A healthy body is necessary to the proper action of an intelligent spirit. tion of Asia by a people that can be led Mind and matter are intimately assoon by such means, is far from desirable. ciated in this lower world, and true religion comprehends all that is essential to man as he is, as well as to that raphy.

which he will be. Let there be a united and continued effort to promote health and life, for these bring happifeet? ness and progress and salvation.

St. Louis.

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Dorking, either,

connote everything.

What will Senator Beveridge call the

No matter how often the Japs best

Circuit Attorney Folk is getting to be

the greatest father confessor in the

move northward. Kuroki will prob-

for Reggie Vanderbilt, but Reggie re

the Russians the Russians are no bet-

sequel to his "The Russian Advance?"

A LADY'S OPINION.

There has been so much said through the press about Senator Reed Smoot that we suppose the public has had a surfeit of it. The following, however, which appeared recently in the Chicago Daily News is somewhat different to the usual run of such notices, and we give place to it in our columns believing it will be of interest to many of our readers:

"Last evening I had the pleasure of listening to a religious discourse given by Apostle Reed Smoot of the Church of Jesus Christ of Latter-day Saints of Sait Lake City at the branch of that Church on Oakley boulevard in this city i must easy that I have payer Wisconsin's war governor. Bell might make a ringing speech. Church on Oakley boulevard in this city. I must say that I have never before heard the gospel explained with such simplicity, sincerity and earnest-ness. At the same time he explained the Mormon doctrine in its true sense, which means the teaching and lying up er." will be a phrase of the future. which means the teaching and living up to let the other party hammer at them.

which means the teaching and hving up to the scriptures as taught by Christ in His time upon the earth. "There has always been, and is still, a wrong conception of the teachings of a wrong conception of the teachings of the Mormon doctrine. I suggest that others who are prejudiced should but read the Mormon church literature, which fully explains all the Mormons believe. Read their Bible (which is our own Bible) and study it as the Mor-mons.do. Live up to its teachings as they do, and the feeling of prejudice which now exists would drift into more brotherly kindness, less selfishness. brotherly kindness, less selfishness, charity and a clear conscience, whereby each of us would be the means of sav-

ing other souls as well as our own, in every day life along with business af-fairs, as is their mission. "No one who is not a grand charac-ter and a good moral Christian (as the Bible teaches it) could talk as did Apostle Reed Smoor last evening. Our country would certainly be greatly benefited by having such a man in the United States senate.

United States senate. "MRS. C. W. RHODES, "A Non-Mormon."

Chicago, June 20.

WORD OF WISDOM IN NATURE

Colonel Bryan will deliver a Fourth A Chicago butcher is of the opinion of July oration. Here is a chance to that food has a great deal to do with make Rome howl. the characteristics of different nations. The English, he says, eat enormous In his letter to Mr. John G. Wooley, quantities of meat. Morning, noon and General Miles has set himself write night, they'll set before you the best on the prohibition question. meat in the world, but no vegetables to speak of, no deserts, no entrees; Tennyson never realized what a meat only. The consequence of all this hackneyed phrase-to-be he coined when meat-eating is that many an Englishhe talked about the "sweet girl graduman is "worse than a bear to have ate.' around the house." The French, according to the same Just for the sake of sentiment, if authority, eat little meat. They connothing else, Secretary of the Navy sume much fruit, vegetables, salads, Morton should make his name Paul and some fish and chicken. The consequence is that they are polite and Jones Morton.

from the bed of the sea with us all, and Admiral Makaroff will hold a review of his fleet and command it to go to the Japanese capital to dictate peace to the vanquished foe. And the whole fleet will bounds, and while wheat and vegetables still cost a little more than some of us would like, the farmer is happy, and even the city consumer is getting a "let-up" in certain directions. If the building boom will only bring the rents sail past the Petropaviovsk with music, 'God Save Our Czar.' Then, when the fleet has passed, the Petropavlovsk will down a bit we all of us may have much to be grateful for on Thanksgiving day.

RECENT PUBLICATIONS.

The "Arena" for July appears in an entirely new make-up, and contains twice the usual amount of reading-matter. Under the new management the "Arena" has become a most artistic magazine and the content-matter shows magazine and the content-matter shows improvements quite as great as those that mark the mechanical work. One striking feature of interest is the new department, "In the Mirror of the Pres-ent," where Mr. Flower discusses briefly

the leading events and happenings of importance throughout the world. Among the contributors to this issue Thought transference-wireless teleg-Among the contributors to this issue nre Edwin Markham, Joaquin Miller, Professor Edwin Maxey, F. Edwin El-well, the Curator of Ancient and Mod-ern Statuary in the Metropolitan Mu-seum of Art, F. F. Mackay, the well-known actor and Director of the Na-tional Conservatory of Dramatic Art, Hamlin Garland, Albert Bigelow Paine, Irving Bacheller, Will Allen Dromgoole, Capt. W. E. P. French, U. S. A., Daniel L. Cruice, Frederick W. Nicholls, and Mr. Dan Beard. The latter contributes Do Hanna's shoes pinch Cortelyou's This day week there'll be doings at

What do France and Germany want Mr. Dan Beard. The latter contributes a full-page original drawing, satirical in character and wholly suggestive. It is entitled "A Cold Snap in the Middle The beef trust injunction doesn't Among the literary papers are Ages." Among the literary papers are "The Little Brown Men of Nippon," by Joaquin Miller, and "The Tendencles of Recent Fiction," by Frederick W. Nicolls. "The Problem," Ralph Waldo Emerson's poem, by Charles Malloy, President of the Boston Emerson So-clety, will also appeal to all admirers of the Concord philosopher. "Uncle Nad's Christmas," is Miss Dramgoolo's Ages. A campaign keynote is supposed to Governor La Follette proposes to be Ned's Christmas" is Miss Dromgoole's winning contribution. Among the time-If not otherwise occupied, General winning contribution. Among the time-ly social and politcal discussions are "The Chicago Election," "Tibet, Russia and England on the International Chess-Board," written by Professor Maxey, LL. D., of the University of West Virginia; "A National Art Thea-ter for America," and "A Socialism in our Midst."-5 Park Square, Boston. "As rotten as a Slocum life preserv-One of the chief uses of platforms is

J. Adam Bede, "the humorist of the House of Representatives," has written a genial comparison of Speaker Cannon and John Sharp Williams, the Democratic leader, for the July number of Leslie's monthly Magazine. There Leslie's monthly Magazine. There is also an interesting article on "The Men Who Will Control the Next National Political Conventions, and a study of Senator Fairbanks, and one of Mons Monnsen, the hero of the Missouri. The last installment of the personal story of the immigrants is in this number, as well as a thrilling arti-cle on icebergs, and the true history of cle on icebergs, and the true history of Radisson, the real discoverer of the great northwest. There are eight sto-General Kuropatkin has decided to ries in the magazine this month. A number of short articles and poems make up the twenty-six contributions of this number.—Fifth Avenue, New York.

Attorney Jerome continues his hunt In the July McClure's ex-President Cleveland tells the story of "Tthe Govrnment in the Chicago Strike of 1894." Mr. Cleveland's insistence that the pro-The Salvation Army has captured tection of interstate commerce and the United States mails was the natural function of the Federal government, a London; and there was no battle of position later sustained by the supreme court, marked a new way for the guid-ance of the nation. How this end was reached he tells clearly. Ray Stannard Baker, in his study of the labor prob-lem, finds that today "Organized Capltal Challenges Organized Labor." He describes the new Employers' Associa-He



their violation punished. Also that the afflicted shall be careful as to the disposal of that which is coughed up from the lungs and throat, as provided for in the regulations given in the article from the Board of Health. That matter is usually left upon the ground where it dries and mingles with the dust, which is carried in the air and breathed into lungs that are susceptible to the infection, and there they find lodgment and pabulum for fructification. Unless the system is in a condition to reproduce them, the germs lie dormant or are cast off from the body.

The prevention of tuberculosis is chiefly in maintaining a generally healthy condition, and in measures to destroy the bacilli as already explained. There need be no fear about association with the afflicted, unless those germs are received from the sputum expectorated. Nor does it follow that the children of the consumptive must inherit the disease. They may inherit an enfeebled condition of the body, and therefore a predisposition to contract the disorder when the noxlous baccilli are taken into the lungs in the way described. But that condition may be changed and the susceptibility be overcome by proper distary and hygienic observances, and the deliverance of the mind from the fear of the supposed inheritance.

The cure of consumption is stated to be principally open air living and occupation, with nourishing food and cheerful society. And also freedom from the old notion that the patient is doomed; that the disease is fatal; that rapid death is but a question of a little time, and that when the lungs are once on the road to destruction nothing can avert the speedy end. It is now certain that many consumptives are and can be cured and their lungs made sound and strong. This is the gospel of modern science-the good news of physical salvation. It should be proclaimed to all the world. Fresh air and clear sunshine are at once curative and preventive. They are foes to those powers of darkness-the bacilli of destruction. Of course there are rules of living that must be observed and habits and foods that should be avoided. These can be learned from personal experience and sound medical advice,

Now as to the determination of the disease. It can be certainly discovered whether a patient is or is not afflicted with tuberculosis. The microscope in skilful hands is necessary to this demonstration. Physicians in this State can have tests made from the sputum of the patient by sending a sample to the secretary of the Board of Health, under regulations furnished by the Board. The test will be made free of charge. The germ theory is so thoroughly established by competent use of the microscope, with the precautions used as to the exclusion of everything foreign to the specimen examined, that it may be considered cer-There are as great differences tain. between the bacilli which cause various diseases, as there are between the animals of the several species and the flora that grace the earth. They can be seen and grouped and cultivated

and destroyed. The doctrine of disinfection is one of

good-humored. They are noted all over

the world for these qualities. A still more striking illustration is furnished by the Japanese. The mass of this people, we are told, live on rice, fruit, sweetmeats and fish. They don't touch meat from one year's end to another. And their temperance and delicacy at table gives them the best dispositions in the world. On the streets of Japan there is never any fighting or

quarreling. You never see a disturbance of any kind among that people. Tolerance, courtesy, high-bred and ceremonious manners are as prevalent in Japan as grumbling in England. It has often been said that the meat-

tions.

eating nations have been, and are, the standard-bearers of civilization, the leaders of progress among all the na-Hitherto this assertion has appeared incontrovertible. The carnivorous Europeans have certainly had the best of the vegetarian Aslatics. But the Japanese seem destined to overturn this theory, too. Notwithstanding the fact that they are principally vegetarians, they show staying qualities which

all the world must admire. Among the animals, too, there is marked difference between the carnivora and herbivora. Lions, tigers, leopards are fierce and treacherous. They are agile and swift, when roused to action, but they are not able to perform work that demands long-sustained effort. They love repose, sleep. Elephants, camels, oxen, horses are entirely different. They are strong, persevering, good natured, faithful The philosophy of it all is, that na-

ture herself teaches man the great lesson laid down in the so-called "Word of Wisdom." It proves that the Author of nature is also the author of that reve lation.

RUSSIAN SUPERSTITION.

A story is told by the London Chronicle, which shows how the leaders of the Russian campaign are endeavoring

to keep up the courage of those who are fighting their battles, and also the superstitious ignorance of the common people.

The story purports to be the experience of a diver who went down to inspect the sunken battleship Petropavlovsk, He claims that he saw Admiral Makaroff and his officers and sailors all standing on the deck of the ill-fated ship, together with Father Alexis, the priest, who went down with her. They were singing and praying for the Czar, crying, "Lord have mercy upon Thy people." Then they all vanished, and

the diver was left alone with Father Alexis, who drew nearer to him and said: "Go back to daylight. Be silent for three days and three nights, and then tell everything you have seen and heard. Tell them that we are praying in the wilderness of the ocean. The Lord will hear our prayer and give strength to our Czar. Then the Petro-paviovsk, battered and crippled, will rise

Sharks have reappeared in the Baltic sea, where they have been unknown since 1759. It must be that they scent the battle from afar.

The Japs have got Kuropatkin going north. Being on the other side of the world, it is just as good as though they had him going south.

The cattle barons of Wyoming are after the lands thrown open by the Kincald law. They should not be allowed to "gobble" them up. and doubtless will not be, but they will have to be closely watched.

It would be quite impossible to conceive of a greater piece of vandalism than was perpetrated on Santos-Dumont's airship. It was wicked wantonness, and the perpetrators of the outrage, if they can be found, should receive the severest punishment the law allows in such cases.

THE COST OF LIVING. New York Herald. Government report says the cost of lying is reduced and gives these instances: Up, Cattle, Wheat, Down. Mess pork Pig iron, Leather, Copper, MENU. Corn, Oats, Butter. Spelter. Sugar,

Springfield Republican.

Dun's and Bradstreet's price index numbers, each calculated on a different basis, both show a higher range of com-LEAVE SALT LAKE No. 2, 10:00 a No. 4, 10:45 a basis, both show a linker hange of con-modity prices prevailing than was the case at this time last year. But the bureau of statistics at Washington has fixed up a table which shows, or pre-tends to show, that prices are generally lower than a year ago. The trouble with the Dun and Bradstreet figures is that they were not prepared under the stress of an approaching presidential campaign.

Boston Globe. Secy. Shaw will, of course, be sadly depressed by the figures of the bureau of statistics just published, showing that the cost of living in May this year was less than it was in 1903.

Rochester Post-Express, The cost of living has declined stead-ily since last March.

Washington Post. The beef trust has thanked Secy. Shaw for his hint, and has advanced prices again, just for the pleasure it gives working people to spend their wages.

Brooklyn Standard-Union. Aside from farm products and a few articles imported for use in manufac-tures, there is an appreciable failing off in prices. The principal articles which show a decline are family beef, mess pork, lard, tea, rice, steel and iron, tin plate, coke, clothing, raw silk, mohair, leather of all grades, etc., though farm products have slightly advanced. It is cheering, at any rate, to know that our prosperity is not absolutely one-sided; that while business is good and wages generally well maintained, though not just now advancing with leaps and Brooklyn Standard-Union.



REAL ESTATE DAY,

ARRIVE SALT LAKE

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Jung 19th, 1904.

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