should refrain from water as well as food, we may say that the occasional fasts designated are usually expected to be of that character. These do not continue for long, nor are they frequent. The fast requires a measure of eacrifice, and in the half-day, or the occasional full-day fasts appointed for the Saints there is not an unressonable amount of self denial in the requirement to refrain from food and drink,

That the term fasting has a wide scope in its meaning in the Scriptures, both ancient and modern, may be learned by reference thereto. For instance, it is said in Isaiah chapter 58,

verges 5, 6 and 7.

Is it such a fast that I have chosen? a day for a man to afflict his soul? is it to day for a man to affect his sour is it to bow down his bead as a bullrush, and to spread sackcloth and ashes under him? wilt thou call this a fast, and an accepta-ble day to the Lord? Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy hurdens, his head as a bulrush, and to and to let the oppressed go free, and that ye break every yoke? Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy bouse? when then seest the naked, that thou cover him; and that they hide not thyself from thine own flesh?

In the Doctrine and Covenants, section 59, with reference to the keeping of the Lard's day, it is said in verses 13 and 14:

And on this day thou shalt do none other thing, only let thy food be prepared with singleness of heart that thy fasting may be perfect, or, in other words, that thy joy may be full. Verily, this is fasting and prayer; or, in other words, rejoicing and prayer.

In these references a fast is referred to that includes the partaking of food. There are other fasts which require abetention from food; all being appointed in their order and for special purposes as shall be given in the word of the Lord, by His voice and through the instructions of those whom He has appointed to declare His will to the people.

THE INDIAN DIFFICULTIES.

The latest reports from the scene of Indian troubles in northwestern Wyoming give assurance of an early settiement of the difficulties which have existed. These reports, coming from authentic sources in the immediate vicinity of the disturbance, confirm the i.i.a formerly expressed by the NEWS that there was much exaggeration on the part of excited or designing white men, which tended to increase the alarm awakened by the real danger known to exist.

The situation as described in these accounts does not show that all trouble is past. There yet may be hostile demonstrations and even AVOR bloodebed if there be any rashpease or inconsiderate action on the part or white settlers. At the same time the indications are that by the exercise of a moderate amount of caution and tact the whole business can be settled without the loss of another life. The Indians are very sore at what they conceive to be an injustice in driving them from bunting grounds they have enjoyed so long; they are imbued with a desire for vengeance upon those who have slain some of the aborigines, including squaws and pap-

pooses. But the Indians are drawing a distinction which formerly they did not make in cases of this kind; they are not seeking reven e upon any white person who may appear, but manifest a kindly disposition towards white settlers who are known not to have arranged themselves in opposi-

tion to the red man.
In this sepect of the case there is good reason to believe that the worst is past. The fact that the Indianhave sent word to settlements that they need not be alarmed, as no barm is intended, cannot be construed as ruse of an enemy. In the situation there, it is an act of friendship which means that the officials, militiry or otherwise, will be able to hold consultations with the Indian chiefs, and no doubt will induce the hostiles to abandon the warpath. Hence surther news of an alarming character is merely a possibility; the probability is that white-winged peace will soon settle lown in Jackson's Hole country and

GET THE STORY STRAIGHT.

"One story is good till the other is told," is an old saying that has many illustrations in human experience. The remark may have direct application to the oft repeated assertion made by by those unfriendly to the Mormon people that the calling of the Mormon Battalian was intended as an act n kindness to the Saints just expelled from Nauvoo, and was a response to their request. This kind of a story may seem plausible to many upon a partial statement of the events of 1846. but when the whole facts are made known it will be found to be thoroughly at variance therewith. Even among residents of Utah there appears to be some misinformatin on this subject, as may be seen in the following letter:

Hooper, Utah, July 25, 1895.—The forty-eighth anniversary of the settlement of Utah was properly observed at Syracuse, Davis Connty. The orator of the day made the statement that while the Mormon people were outcasts in Iowa in 1846, the United States made a demand upon them for 500 able bodied men serve in the war with Mexico. noon recess, a controversy arose between the writer and his old friends, the orator, Bishop David Cook, and others whom I have known since 1861. We mutually agreed to submit the question to the Desener News, and ask in the cause of truth and justice, that you reply through

your non-partisan paper.

The question is this: Did the U.S.
make the demand these make demand upon these persecuted outcast in hopes that the old men, women and children might perish by the Indians or

starvation?

My contention is that Col Jesse C. Little, etc., as agent of the Mormon com-munity, went to Washington, D. C., and proposed to the President of the United States to furnish thousands of men to protec. the Pacific coast, if the United States would arm, equip and pay them as enrolled soldiers of the United States. The rolled soldiers of the Uni ed States. The large number of men offered caused suspicion to arise. The President and cabinet, knowing that the Mormons had them not in this land, concluded they would only accept five hundred men.

Truth is truth wherever found, On heathen or on Christian ground.

According to promise, I have stated he question fairly and briefly.

As a matter of fact it is almost immaterial to the writer, as like the public Pioneers our toes will soon all be turned to the stars. But in the interest of the to the stars. But in the interest of the future, and the rising generation, and thousands who have come to manhood in these mountains, it is time this historical fact, or fiction, was settled beyond con-troversy. Yours respectfully,

EDWARD F. MUNN. Hooper, Utah, July 25, 1895.

The main questions involved in the torevoing communication may be bri-fly stated and replied to as follow

1. While the Mormon people were outcasts in Iowa, did the government demand 500 men to serve in the war with Mexico? Yes.

2. Din the Marmons offer men if the government would fit them out and pay them as soldiers? No.

As to whether there was a hope that the old men, women and children might perish, that must be judged by the circumstances and expressions of he time. The government did not officially state such a hope, and many leading government officials would have abhorred the idea had it been presented to them in that form; but there were others, and those the designing ones, who had no such acruples.

There was an offer made on behalf of the Mermon people. Col. Little requested government aid for the people to get to the west, and it was thought the national authorities might wish to employ the Mormone in freighting provisions and naval stores to Oregon and the Pacific coast. This was before the war broke put. There was no ut-ering of thousands or men in a way to create suspicion, and none existed such number of Mormons already on the way; he also stated the number wish. ing to gather from the British isler; and he pledged his honor that it, in their new home, that territory should be invaded, they would hold it for the United States and against the enemy.

This offer was not accepted, nor Was. anything skin to it, although President Polk expressed himself as friendly. Pending the proceedings, war broke-ut. President Polk and cabinet. assented to a proposition that when that inveterate foe to the driven. and persecuted Saints, Senstor Thomas H. Bent p, of Missouri, interposed, and by bis influence the whole plan was changed into the demand that was a tremendous burden on the exiles instead of the aid they had been led to expect. The Mormons were startled expect. almost dismayed. There had been threate relative to disarming and dispersing the Saints, and subsequent. information that Senator Benton had ohtained from the President a pledge. that if the Mormons refused to responds to the call United States troops would be sent to disarm and would be sent to disarm and disperse them. The very fact that Seuator Benton thought the Mormons might refuse shows that he well knew that the call made was the opposite to that which had been sought by Col. Little.

Further detailed and accurate information may be gained on this aubject in Whitney's History of Utab. If our correspondent cares to pursue the subject farther, But from what her been stated he can readily see that