

# IN WOMAN'S SPHERE.

CONDUCTED FOR THE "NEWS" BY MRS. FRANCES M. RICHARDS.

### The Food We Eat.

The quality of meals, which is to be discussed in this column every week, will be one of simplicity, and the evidence will be, not to invent new and surprising dainties, but to talk over in a quiet, rational way, some of the many sensible ways of preparing wholesome and suitable food for the dear families who look to the mother hands for their daily sustenance.

But just now I am very anxious to see myself understood you all in regard to the matter which was made in last week's column—that of the plum pudding. I sincerely hope no youthful housekeeper repeated my own sad experience of many years ago by taking that trifling muddled recipe as her guide, and thus spoiling her temper, the material and the dinner. I don't know when to put the blame on the printer or my own rather poor handwriting, but I hasten to correct the material and the dinner. I don't know when to put the blame on the printer or my own rather poor handwriting, but I hasten to correct the material and the dinner.

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### The Clothes We Wear.

The sensible fashion of wearing large and comfortable shoulder capes has remained in vogue this winter. It is a very wise and practical fashion, and those who have purchased expensive capes will hope that the custom will remain long in good taste.

The long leather box, which look so pretty but are so tiresome because of the moulting qualities of that same article, are being favored. So likewise are the long boots of all descriptions. Coats are now trimmed in fur, lined near the edge and with fur collars and cuffs.

The dealers in furs are showing pretty little collars of fur, with the head and even the claws of the tiny animal as an ornamental clasp. The collars, of feathers, especially of cockle feathers, is neither pretty nor in good taste.

Muffs are still popular, and are still made so small, and therefore so comfortable as they might be.

There seems to be the greatest latitude in the matter of choosing one's winter wraps that could well be imagined. In years gone by all the stylish people had a certain size and very well wrap, cut much in the same form, while the would-be stylish people were straining every nerve to get one of those swell affairs that were just going out with the cloak of three winters back.

Queen Victoria is said to be endeavoring to master the East Indian language. How can the good old lady Hindoos it?

### Our Children.

Can anything be more discouraging at times than a mother's experience with a household of noisy and restless boys? More especially is this the case with mothers who have not the art in fact of government.

Well, what is to be done? It is considered absolutely necessary for a young man to get some sort of an education for his work and the boy who would seek to build a house before he had spent years at the bench would be properly reared.

Let them learn bookkeeping, can hear children somehow, can rear them up somehow, and if they turn out well, it is because they had such a good father; and if they turn out ill, it is because they had such a poor mother.

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### Our Ailments.

There are many small ailments as well as larger complaints which can be discussed between us, and prove of mutual benefit. I was particularly struck with the remarks made by "an ex-soldier" in his "Talks" in this paper last Saturday night in which he spoke of the increasing number of doctors in the world.

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### Physical Culture.

There is such a wide and deep interest in this subject of physical development among all the women of enlightened nations that you and I, dwellers in Zion, cannot shut our eyes and ears to the importance of its teachings.

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### Interests Outside the Home.

The work we do day by day, who can judge of its importance? Here is a small army of women working quietly and unobtrusively, week by week, meeting, talking one to another, creating, each other up, exchanging experiences, doing charity in sweet humility, and yet how few of them remember that they are making history, and that, too, of the most important kind.

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**SALT LAKE THEATRE**  
CASA & BURTON, MANAGERS.  
**TO-NIGHT**  
LAST PERFORMANCE  
Special Engagement of the Italian Opera Company.  
**James T. Powers,**  
Proprietor of the Best Musical Comedy Company in America, in "MAD BARGAIN" and "A MAD BARGAIN."

**A MAD BARGAIN**  
Tories with the Most Brilliant Powers in the American States.  
**LEONA FOREST,**  
In a Most Dramatic and Original Comedy.  
Special Engagement of the Italian Opera Company.  
Proprietor of the Best Musical Comedy Company in America, in "MAD BARGAIN" and "A MAD BARGAIN."

**WORDERLAND**  
A New and Original Musical Comedy.  
Proprietor of the Best Musical Comedy Company in America, in "MAD BARGAIN" and "A MAD BARGAIN."

**WANTED**  
A woman to undertake a part of the work of the Salt Lake Theatre.

# ZION'S :: SAVINGS :: BANK :: BUILDING,

## Nos. 1, 3 and 5 EAST TEMPLE STREET.

### HISTORY.

ZION'S SAVINGS BANK & TRUST COMPANY was organized August 6th, 1873. A meeting for the purpose of considering the subject of the formation of such a bank was held at the President's Office, July 1st, 1873, President Brigham Young acting as chairman. At that meeting the name now borne by the institution was adopted and the articles of association considered. The organization was perfected on date named above, George A. Smith being elected president. On death of President Smith, he was succeeded by Daniel H. Wells, and he in turn by President John Taylor. President Woodruff who was one of the original incorporators, and at that time elected a director, succeeded President Taylor as President of the Bank, and holds that position at the present time. The present officers are:



### DIRECTORS.

**WILFORD WOODRUFF,** - - - President.  
**GEORGE Q. CANNON,** - - - Vice-President.  
**Joseph F. Smith,** - - - George Reynolds,  
**T. G. Webber,** - - - Hobert J. Grant,  
**Angus M. Cannon,** - - - Lorenzo Snow,  
**James Jack,** - - - Francis M. Lyman,  
**H. E. Clawson,** - - - Anthon H. Lund,  
**Leonard G. Hardy,**  
**GEORGE M. CANNON,** - - - Cashier.

### OBJECTS IN FORMATION OF THE BANK.

All communities of intelligent human beings the thrift of the mass of citizens is one of the most important factors of the well or woe of the individual members of society. Among savages very little care for the future is shown. Among those who are addicted to the use of liquor or the enjoyment of vicious habits all restraint and self-sacrifice for future happiness or the happiness of those dependent upon them is thrown aside for the pleasure of present gratification. The drunkard, as a rule, does not save his earnings. Statistics show that wherever a community is noted for its sobriety, there the savings bank grows fastest. With this knowledge before them, the original incorporators of Zion's Savings Bank felt that in a short time such an institution would be a most important factor in adding the wage-earners among us to the ranks of those who are able to provide for their old age.

The growth of the bank has shown that its promoters were not mistaken. More than 11,700 people have attested this by depositing their wages, or their wealth, as the case might be, in this institution. The bank receives deposits in any sum from one dollar up, and pays interest thereon quarterly, or four times each year. If this interest is not drawn when due it is compounded or added to the principal, and accrues interest from that time as if it were an original deposit. Have you ever considered what a little saved each day or each week and placed at interest would amount to? Five dollars a week, for fifty years, and placed in a Savings Bank at five per cent. per annum interest, compounded quarterly, would at the end of that time leave the depositor a sum greater than that left by any of the pretentious citizens of Utah at time of his death, with the possible exception of a half score of our wealthiest men.

Zion's Savings Bank & Trust Company, aims to give its depositors: First, a safe place in which to store in seasons of prosperity that which will protect and sustain life in times of depression. Where those who are full of vigor and energy may provide for these days when peaceful rest should happily follow a youth and manhood of earnest toil. Second, To pay the highest rate of interest consistent with conservative banking.

For the accommodation of those who are busy until after usual banking hours, the bank is open for deposits every Saturday until 5 p. m. In addition the institution has strong and ornamental auxiliary Savings Banks, which it lends to depositors, and which they are allowed to take home with them, returning same to the parent bank when they are to be opened to deposit their contents.

**SAFETY DEPOSIT BOXES in our BURGLAR PROOF VAULT for Rent at a Reasonable Figure.**