

Prest. J. M. Grant delivered an interesting address on of the digestive organs, and the laws pertaining to the way of the Isthmus. Hard times in Cal. is said to buy, the kind of pay they intend to offer, and the science of Theology, which was reported by John T. nourishment of the body by means of food-comprising Hardy.

by Professor Ballo.

the Society, and requested them to pay their monthly subscriptions, to defray the expense of lighting and cleaning the room; as in future, only members who had paid up, would be admitted. He gave notice that on Wednesday evening next, Elder George D. Watt would deliver a lecthre on the Deseret Alphabet.

Benediction by Elder W. Woodruff. Choir sung the glee, "Here in cool grot." THOMAS BULLOCK, Secretary.

MEDICAL AND SURGICAL REPORT OF CASES UNDER MY CARE FOR THE MONTH ENDING MAY 31, 1855.

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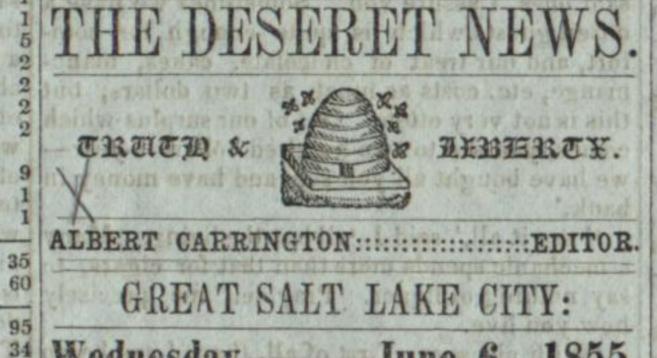
the important subject of diet. That now under considera-

The orchestra performed a new piece of music composed tion is the Anatomy and Physiology of the organs of Respiration-showing how the blood is purified in the Lungs Prest. B. Young reported that 28S persons had joined and the necessity of pure air, for exercise, &c., which

embraces the subject of ventilation of dwellings. Then follows the Skin-showing what it is made of, and the important office it holds in the animal economy-this leads naturally to a treatise on the use of the bath and proper clothing, and so on with all the organs of the body -pointing out, in passing, the diseases to which the va-

rious parts of the body are subject-how those diseases are caused-snd how they may be avoided.

A knowledge of these principles will enable mothers to bring up their children in health, so that they, in their turn may continue a healthy posterity upon the earth. and hitherto mysterious subject of generation, to underand which a previous knowledge of the structure of the rious organs of the body is indispensable.



to be the reason for this reflux movement. Ra- the time they require in which to make the payther singular, is it not? that 'hard times' should ments. The price will be determined as soon as be able to show his grim visage in the land of gold. the colliers and waggoners can learn the cost of If that grim character, and war, and pestilence, mining and hauling, and then it can be decided and plague, and famine, and a few others of that whether coal or wood can be afforded at the dread and wasting brotherhood spread their devas- cheapest rates. But in either event it will be tations a little more upon the broadcast principle, politic to encourage the trade, for though wood as they will ere long, it would certainly be better may be more readily procured by some, still there policy for the wicked to mend their ways, rather are blacksmiths and many others who will doubtthan try to escape the vengeance of an offended less prove coal to be the most economical fuel for God by running hither and thither, still hugging their use, and it is anticipated that in a short wickedness in and to their bosoms.

But agency is a broad principle, when not un-The series of lectures will close with the all-important justly curtailed by human ignorance and oppression, and leaves every one free to do good or evil, or both, (so long as they do not transgress wise laws of civil rights and protection) until their probationary account of this time is footed up.

One of the company stated that the Indians had stolen cattle from the droves going down Mary's river.

#### News from Elders.

By letters to President Brigham Young, per last Cal. mail, we learn that Elder P. P. Pratt was in San Francisco, and enjoying excellent health. Bro. Wm. Mc Bride was to start from of Livingston, Kinkead & Co.'s goods was to Cal., May 1st., with a company of saints bound start on the 15th of May, and other trains were for Great Salt Lake; brother Reddick N. Allred, to follow. Cholera was severe on the Missouri who had arrived from the Sandwich Islands, will river, and that river was very low. A large numprobably return home in the same company. ber of troops was expected to scour the plains Since the new year's conference, about 20 persons have been baptized in San Juan. By the Prospectus for the "Mormon Herald," and the notice of the "Mormon Book Depot," both printed this month left on the 1st. in this 'News,' it will be perceived that Elder Pratt is wide awake, and energetic in the duties of his mission, and will soon be widely disseminating the principles of light, truth, and eternal salvation from another press owned and controled by the Latter-day Saints.

time it will be much the cheapest.

THE EASTERN MAIL, due the last of May, arrived at 7 p.m., of the 5th inst. It was said to have been detained at Fort Karney waiting for an escort. All the mail matter put aboard at Independence was brought thro' and some belonging to a former trip.

Dr. Bernhisel was the only passenger. SEBASTOPOL was where, and as, it has been; and the prospects for a speedy peace were dull.

EMIGRATION, GOODS, &c .- Mr. Dotson, who passed the mail 70 miles east of this city, brings word that there is no overland emigration on the route for California and Oregon. The first train between Fort Laramie and the frontiers. One of the mail wagons will start back on the 7th inst., but will not take the mail, as the eastern mail for A STREET STREET

Total Discharged, cured, or relieved Dead Remaining under treatment

Remaining under treatment April 30

Total 129 G. S. L. City, June 1, 1855. Editor of the Descret News:

129

86

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Dear Sir: I send you enclosed my monthly report, which shews rather a tendency to increase in the number of cases, especially of liver complaints, skin diseases, and also diseases of the womb. You will observe likewise a few cases of fever, one of which (an interesting child of ten years) I regret to say, has died.

Inasmuch as the cause of this increase of sickness, at the present season, is sufficiently evident; and, in my few remarks concerning the bearing of the "Word of Wisdom" on this subject, in order to shew the saints how these "season complaints," as they are called, are more justly to be attributed to errors on our part, in not properly regulating our diet, clothing, &c., according to the peculiar season, than to any direct influence of the weather in causing disease.

It is a well ascertained fact, that food, in proportion to its richness and nutritive qualities, increases the heat of the body. A well-fed person, for instance, requires less clothing to keep the body warm than one that is spare and ing out. lean. This important law of the system plainly indicates the necessity of adopting the quantity and quality of our food to suit the season of the year. If we use the same kind of food, and in equal quantity, during hot weather, which we are in the habit of using in cold weather, sickness is sure to result; and then we blame the weather, when, in reality, the fault is our own.

The word of the Lord has plainly declared unto us that certain things are good for us only "in the season thereof," and that it is not pleasing in his sight that they be used pockets. at any other season. Other things, again, are pronounced not to be good at any season, but I wish at present to confine myself to the improper or untimely use of good things. crease in destructiveness as they increase in size, the Holy Spirit." The "Word of Wisdom" declares that all grain is good for and, besides their allies the crickets, the locusts man, and especially wheat. Bread then being the staff of life is good all the time, but, even in this respect, the way in which we prepare our bread often renders it hurtful to us. As a general thing, unbolted wheat bread is better than that made from fine flour, and hot saleratus biscuits are positively injurious. At this season of the year, in particular, the use of coarse bread, and an occasional change to other grain (as corn meal, oat, rye, or barley meal) would be very beneficial in obviating constipated bowels, and thereby prevent congestion of the liver and other causes of fever. In respect to animal food, the injunction is positive; it blesome at Provo, turning their horses into the is not good except in cold weather, and in times of scarcity of other food. As to all other articles of diet, fruits, destroyed, and endeavoring to drive off and shoot and vegetables, they are to be used "in the season thereof," and not by pickling and preserving to contrive to have such things continually in use, and at such seasons as they are not required, simply to gratify the palate. Attention to these matters-judiciously regulating the diet and clothing, according to the season, bathing the entire body to remove impurities from the surface, at night as well as in the morning, and taking especial care to ventilate our sleeping rooms-would very soon banish firm of Hyde & Price. these "season complainte" from our midst. The use of the bath and free ventilation are subjects of such vital importance, especially as regards the health of the rising generation, and are so imperfectly understood and so little appreciated by the saints generally, I intend shortly to give to the public a few ideas thereon, as they are now forming the subject matter of my second course follow the practice and counsel of President Brigof lectures .- Yours, respectfully,

# <sup>34</sup> Wednesday-----June 6, 1855. Wheat and San Bernardino. The past and continued wide spread devasta-

tion of our crops renders the prospect for bread stuff in Utah very uncertain. In the meantime we understand that the crops are very promising at San Bernardino, and their market rather tight. Under these circumstances, the brethien and other settlers in that place will doubtless find it to their pecuniary interest, aside from philanthropic principles, to raise and carefully secure all the wheat they possibly can.

In places the crickets are now coming to the opinion, is entirely within our control; I wish to make a aid of the grasshoppers, and being much the largest require more at a meal, which has a tendency to discourage further efforts; but the people are carefully watching the movements of the depredators, destroying them, laying new plans for their destruction, and taking advantage of such localities as they have vacated. What the result will be is yet unknown, for both classes o these devouring insects are still constantly hatch-

> Eight hundred miles is some distance to haul wheat, but we know of no nearer place than San Bernardino from which to procure it, in order to help out the great deficiency now in prospect; hence it is expected that the farmers at that Rranch will double their care and diligence, and reap the reward thereof both in their feelings and

May 3d, Elder Amasa Lyman was well, and busily engaged in the duties of his Presidency.

that elder Daniel Spencer was in London on the cure the above named kinds of grain for the pur-2nd of March, on a visit to that Conference, and pose of replanting and re-sowing, as they require enjoying good health and spirits. By the counsel but a short time for ripening. Those who have of Prest. F. D. Richards he will tarry in Eugland such grain would do well to preserve it for seed, another year. He writes, "it is with pleasure and inform the public where it can be had, for that I am able to state that if you were here to there is much inquiry after it. Spanish corn will witness the power which your son William man- ripen when planted as late as the 4th of July. ifests, and the wisdom with which he administers to the wants of the saints, you would happily realize your best expectations as to his conduct in

his mission." Elder G. D. Grant writes from Liverpool, Feb. 27th, that his health and spirits were good, and that he had heard elder Joseph A. Young preach four times, and that "he spoke by the power of HOME ITEMS .- In places the grasshoppers in- God, being filled with the light and intelligence of [From Minutes by R R. F pkins.] A CONFERENCE was held in San Bernardino on the 6th, 7th, and 8th of April, 1855, at which the company, and whereabouts of children, but it Patriarch were unanimously sustained, and also the following local authorities :- Amasa Lyman and Charles C. Rich, Presidents of the Church in Southern California. David Seely, President of the Stake at San Bernardino, and his counselors, Samuel Rolfe and Simeon Andrews. Theodore Turley, Jefferson Hunt, B F. Taylor, Charles ards is, 36 Islington, Liverpool, England. Crisman, William Matthews, Joseph Matthews, Sidney Tanner, Daviel M. Thomas, Andrew Lytle, William J. Cox, Alfred Bybee, J. H. Rollins, members of the High Council. William though a few are still selling at 6\$ a hundred, in Crosby, Presiding Bishop, and his counselors, Albert W. Collins and Robert M. Smith. Nathan Tinney, Bishop of San Bernadino Ward, and his a long continued convulsion of nature has hardly counselors, Orlando H. Carter and John S. Harris. Richard R. Hopkins, Recorder of the Stake. But in the midst of all, every Saint is aware Daniel M. Thomas, Historian of the Stake. The sacrament was administered during the afternoon of the 8th. During the conference 13 nearly 300 of the inhabitants. Although the were re-baptized; the weather was pleasant, and the attendance general. Adjourned to the 6th of next September.

ARRIVAL .- The Hon. John M. Bernhisel, late Delegate from Utah, arrived on the 5th inst. in good health and spirits, and highly gratified with the privilege of again greeting his family and friends, and enjoying the rest and quiet of his peaceful mountain home.

SPANISH CORN AND BUCKWHEAT .- Owing to the From letters to Prest. H. C. Kimball we learn destruction of crops, many are wishing to pro-

MELANCHOLY ACCIDENT .- On Saturday last, June 2nd, a little boy between nine and ten years of age, son of br. John Lane, was drowned while bathing in Mill creek near its outlet. This creek empties into Jordan a few rods above the bridge which crosses that river on a line with North was blessed and rejoicing in his mission. He adds Temple street it G. S. L. City. Soon after the accident some lads who were fishing in that neighborhood drew the body to laud in their seine, which was the first intimation they had that the little fellow was drowned. There is probably but little use in multiplying comments upon being careful as to the conduct, First Presidency, the Twelve, and the Presiding does seem, at times, that it is almost impossible to be too careful where children and deep water are liable to be found together.

WM. FRANCE, Surgeon.

P. S .- It has been intimated to me that I ought to have on Midwifery, &c.

Gould, and Elijah Elmer were chosen to fill vathat they possibly can. in less than a minute overthrew mosques, houses, Social Hall-present, President B. Young, Elder Phineas cancies in the High Council at Parowan, and were and bazaars in one vast ruin. RETURNING CALIFORNIANS .- A pack party of Young, Dr. Levi Richards, Dr. Sprague, Dr. Williams, set apart to that office under the hands of elders and a goodly number of the most intelligent Ladies in the from 8 to 12 persons arrived from Cal. on the 4th J. M. Grant, W. Woodruff, and J. C. L. Smith. city, including the wives of the First Presidency, the inst., on their way to the States. They came by the whole city has escaped some damage. Twelve, and other leading members of the community. the northern route, crossed the mountains the Coal. The number of members attending both classes is conlatter part of April, and had much cool, snowy, tinually increasing, and many who are now taking ont As some of the brethren in Sanpets are now prevented them doing so at the commencement. this place. They report 50 more returning emi- soon be hauling coal into this city for sale, all inmates. The patient and undivided attention of so large an augrants between here and Ogden, and that from who wish to purchase are requested, at the earldience evidences the deep interest which is felt in the subjects brought under consideration. The subject already route this season, and a ve y large number by | nor Young's Office, with the quantity they wish to be 1,200 years old, is unhappily destroyed. reated upon, in the Second Class, relate to the structure hognunco bua bi 1、1913年6月11日11日月日日日

are reported as hatching out quite numerously at the eastern base of the west mountains. Should the three classes of kindred devourers league against the present efforts of re-sowing and replanting fields and gardens, and destroying them, the crops will not only be very late, but will stand a slim chance of coming to maturity.

In addition to this, within a few days Tintick's band of Utes are becoming very saucy and troufields to eat up what little the insects had not cattle.

Wheat and flour are becoming rather scarce, small quantities to accommodate the brethren, and among those honorable and considerate dealers in produce it may not be amiss to mention the

that perseverance, faith, and obedience pertain to his calling, and the issues are in the hands of the Almighty, who guideth all things for the welfare of Israel. Therefore it is presumed that all wil ham Young, and continue to re-plant and re-sow,

(though but few have seed; and very many are already out of breadstuff) and watch and improve

#### Parowan.

### [From Elder W. Woodrufi's Journal.]

announced through the 'News' the opening of my classes May 21st, elders John P. Hall, Charles Hall, sional thunder. At 3 o'clock the sky became every means and opportunity for raising and suddenly overcast, a strong smell of sulphur was securing all the sustenance for man and beast Priddy Meeks, Horace M. Alexander, Samuel perceived, and the first shock took place, which, The Lectures commenced on Tuesday, May 1st, at the

IP May 25th, elder O. Hyde and company were on Goose creek, all well, and progressing rapidly. TThe address of President Franklin D. Rich-

## A Fearful Earthquake.

We have already had partial accounts of a terrible earthquake-up-heaval as geologists would call it-at Broussa, in Asiatic Turkey. A Constantinople letter, dated March 8th, says:

The accounts from Broussa are terrible. Such been heard of in the history of the world. The earthquake had lasted five days, and shocks were of constant occurrence when the last news left.

The great shock of the 28th of February destroyed a part of the town, and killed or mained shecks were only felt at Constantinople during two days, they lasted at Broussa for four succeeding days, not without causing serious damage to the already shaken houses.

The commencement of the convulsion was preceded by torrents of rain, which lasted more than 24 hours, accompanied by a high wind and occa-

Nearly 80 mosques have been so much injured that their speedy fall is expected, while not one in The khans, or large buildings which served either as ions or places for transacting business, are mostly injured, and five of them were completely stekets are regretting that prejudice and misrepresentation and rainy weather until within four days travel of mining in the newly discovered coal bed, and will destroyed, crushing scores of their unfortunate The bazaars, with their heavy arches, are flat 600 to 1000 will return home by the overland jest opportunity, to leave their names at Gover- Jon-Monastir, a Greek ecclesiastical edifice, said on the ground. The aucient mo-ques of Davoul-