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"There were considerable stocks of provisions at Port Arthur. The Russian soldiers had a fresh meat ration daily. The reports that Russian officers were subsisting on onions and the stores were still open and the population promulgated the streets.

"The regiments took turns in the trenches. Part of the garrison was resting. The Russian sailors assisted in the defense of the fortress. They made excellent sharpshooters.

"The heat had not been unbearable. The American attaché believes that the Japanese losses have been very heavy, at least 10 times those of the Russians.

"In short, Port Arthur can hold out much longer than people believe. The fortifications explain that the French naval attaché, Lieut. Ducreux, was still there. Entering and leaving the fortress was very difficult, as the Japanese were shelling all the junks.

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## TEA

Anti-nervous prostration.  
A little more tea; take a little more time with your tea.

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## BLUFF INSTEAD OF BULLETS USED

Captain Hitch Explains His Failure to Prevent the Burning of The Negroes Cato and Reed.

### HIS ORDER WAS TO "LOAD GUNS"

He Depended on This Rather Than Firing to Quell the Mysterious Mob.

Savannah, Aug. 26.—Dependence on the order of "Load guns" to quell a mob rather than on the efficacy of bullets to accomplish the same purpose was a reason given today by Capt. Hitch of the Georgia national guard for his failure to prevent the murder of Henry Hodges and family. Militiamen also told the court of inquiry appointed by Gov. Terrell that the sheriff and his deputies aided the lynchers.

The two sergeants on duty at the cell of the negro murderers testified that the sheriff told them to turn over the negroes to the mob as he had seen Capt. Hitch and had been instructed by the captain to let the mob have Cato and Reed.

Capt. Hitch testified that the plans of the mob had been so carefully laid that not even a regiment of soldiers could successfully have resisted them. He said he had not participated in a riot duty and of having observed the moral effect upon a crowd of the command, "Load guns."

This command he had intended to give at the proper time, but just before that time, in his opinion, was reached he was seized by a deputy sheriff and thrown downstairs to the mob, which promptly disarmed him. He was not having any loads in his rifle, were soon overcome and the mob committed his murder without molestation. He said he had no intimation of the purpose of the mob to seize and lynch the negroes as soon as they were convicted.

Capt. Hitch and non-commissioned officers and privates testified to the confusion of the sheriff and some of the deputies with the mob. Some of the soldiers swore that Sheriff Hendrick had himself opened the door of the guard room and pointed out the prisoners to the mob, which was hard on his heels.

Hill and Sheehan Confer.

New York, Aug. 26.—David B. Hill was again in the city today and saw a number of state and national politicians. He had long conferences with Chairman Sheehan of the national executive committee and he also was at the Democratic state headquarters.

Chairman Sheehan took charge of affairs today at the executive committee rooms and received a steady stream of politicians from New York, as well as from other cities.

Col. Henry C. Wood, editor of the Louisville Courier-Journal, was at headquarters conferring with Vice Chairman Delaney, Nicol and Secy. Woodson regarding the coming convention of Democratic editors in New York City. Mr. Watterson and other prominent Democratic newspaper men have taken an active interest in the matter.

Republican League Club. The New Yorker Staats Zeitung, Charles W. Knapp of the St. Louis Republic and other members of the committee having charge of the arrangements, have notified the national committee that they will do their utmost to assist in making the convention a success. It is said that from 1,000 to 1,200 editors will be present.

All Quiet at Shanghai.

Shanghai, Aug. 26.—The navy department today received a telegram from Rear-Admiral Sirling, chief in command of the Asiatic fleet, dated Shanghai today, saying that the situation there is quiet and that he regards the incident of the disarmament of the Russian ships as closed.

Secy. Shaw's Speaking Tour.

Chicago, Aug. 26.—The Republican national committee has arranged that when Secy. Shaw completes his speaking tour of the far west he shall enter upon a similar campaign in the Mississippi valley, beginning at St. Louis on Sept. 17, and continuing at least until Oct. 5, when he will speak at Indianapolis at the proposed meeting of the Republican League club. Between these two dates he will speak in Illinois, Indiana, Ohio, Iowa and Wisconsin. He will give his special attention to close congressional districts.

Meeting of Lumber Men.

Tacoma, Wash., Aug. 26.—Over one hundred mills were represented at the semi-annual meeting of the Pacific Coast Lumber Manufacturers' association held in Tacoma today. United States Senator Foster delivered an address on national legislation affecting

AS EASY

Needs Only a Little Thinking.

The food of childhood often decides whether one is to grow up well rounded and healthy or weak and sickly from improper food.

It's just as easy to be one as the other provided we get a proper start.

A wise physician like the Denver Doctor who knew about food, can accomplish wonders provided the patient is willing to help and will eat only proper food.

Speaking of this case the Mother said her little four year old boy was suffering from a peculiar derangement of the stomach, liver and kidneys and his feet became so swollen he couldn't take a step.

She called a Doctor who said that unless we must be very careful as to his diet as improper food was the only cause of his sickness. Sugar especially, he forbade.

There's a reason for this. The principal food he prescribed was Grape-Nuts and the boy, who was very fond of sweet things took the Grape-Nuts readily without adding any sugar. (Dr. explained that the sweet in Grape-Nuts is not at all like cane or beet sugar, but is the natural sweet of the grains.)

"We saw big improvement inside a few days and now Grape-Nuts are almost his only food and he is once more a healthy, happy, rosy-cheeked youngster with every prospect to grow up into a strong healthy man." Name given by Postum Co., Bude Creek, Mich.

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