

a hot dish; pour over each a dessert-spoonful of hot butter and a tablespoonful of boiling mushroom ketchup, and serve immediately.

The candy habit is another growing evil. Stomachs clogged with sugar cannot do their work properly, and the result is a good deal more injurious to the race than a man's tobacco consuming proclivities—always excepting cigarettes; they are beyond any vice a woman can contract, unless she smokes them.

#### To Country Girls.

If your lives have fallen into some quiet, unpretentious place, do not complain that it is dull and commonplace, and that "there is nothing to live for here," as I have heard so many do. Why, dear heart, there is no place on God's earth so bleak and barren, so quiet and lonely, so wind-swept and rain-beaten, but that there is a great deal to live for right there, and when you have grown a little older you will see it with clear eyes; and you will, perhaps, look back to the country village and wish—oh, how you will wish!—that you had been happy and contented in that simple life. You will know, then, that it is nobler to live well a humdrum life, than to wear out body, mind and soul in a fever of gaiety and frivolity and to stretch out your empty hands always to something you cannot seize.

Better to sing babies to sleep in the soft twilight that folds down over the cottage home, than to loiter in carriages and laugh at the brainless nonsense that men of the world whisper into your jeweled ears. And better—far better to dwell forever away from the lights and the roar, and the temptations, and the sins of the city, with a clean heart and a pure soul, than to let the city's passionate unrest creep into your pulses, and set them beating in a mad chase after—death.—*Godform.*

#### The American Girl's Voice.

During my travels in America, writes Marie Roze in an exhaustive article on "The Girl With a Voice," in the November *Ladies' Home Journal*, I made the acquaintance of a great many young women who possessed fair voices and were ambitious to earn their living on the stage in opera or in concert. Looking back over my own career I would like to give a few hints to those who think of embarking in a work that brings many trials, but also rewards and honors, rich and thick. The first thing for a girl to do is to find out if she has a voice. This cannot possibly be ascertained until she is fifteen or sixteen years of age. If she possesses a voice and is ambitious to go on the stage, she should at once put herself in the care of a teacher who knows how to develop the voice without straining it. I have known so many girls who were fitted by nature with good voices, and who might have become famous if they had only begun right, but through carelessness when they were young their voices were strained, and before they were twenty years of age were cracked and metallic-like. There was no melody in them, and yet a practiced ear could now and then detect a note or two of such sweetness as to attest the fact that if they had been properly trained, their voices would have been grand and beautiful.

#### Developing a Girl's Voice.

A naturally beautiful voice is a beautiful thing, and a gift to be appreciated and cared for "reverently, discreetly and advisedly," but it is a gift which is not given to every one, writes Clara Poole in a helpful article on that most important of subjects, "The Culture of the Voice," in the November *Ladies' Home Journal*. Proper cultivation, however, and what is synonymous with it, a right method, can do as much and more, without much natural voice, than the most beautiful voice without them. The moral of all this is, therefore, secure a good teacher, and then work with your teacher. The best teacher is not the one who, at the first lesson, will give you a solo and teach you to sing, after his fashion, "twenty songs in ten lessons." It is, rather, the one who, commencing with tone production, develops, one by one, the notes of your voice until each one is perfect, of even quality and quantity, and under your complete control. This will be a work of time, of patience and of care, but the result will fully justify your pains. Having your voice under control, solo and part singing will be a matter merely of reading and of attention with you.—*New York Record.*

#### Women on School Boards.

Woman has a hard time defining her position in the world. The civilized family of which she is a part is taught by a series of interesting object lessons. Civilization itself is a great awkward, bungling infant who hasn't yet learned to walk, who hasn't yet a right to the name it bears, and who will learn only when woman herself is the teacher. This sounds broad but it's true—Civilization indeed—the word is a misnomer—uncivilization would be more to the point.

It was the divine wisdom of the Creator that relegated to the finer nature of woman the office of mother of the human race. Then He left her to work out the problem. Of all the dilatory, procrastinating, ought-to-be-ashamed-of-themselves-people on the face of the earth women lead the van. The Creator endowed woman more richly than any work of His hand. He made her higher than the angels, and in her heart He planted the only memorial to Himself, the only spark of divinity on earth—a mother's love—absolutely the one imperishable, immortal thing that exists—the one thing incorruptible.

How has she worked on in his plan?

The way seems to have been draughted for her and her position has been a relative one—realistic to the draughtsman. She has been wife and mother but not woman. When she began to thirst for education she found obstacles in her way. Only courtesans were educated. It was one of the innovations of the century when women began to teach school. But, pahaw!—you all know about these things—how the girls in Boston were allowed to play the role of eavesdroppers while the boys in the High School recited their lessons. It's a very old story. Civilization has kept pace with the development of woman and that's the reason we are not so civilized as we profess.

It was another innovation when women were put on the school boards. Progress said to the brethren, "Here is

your pill—take it—it's a specific for grievous ills." It was a hard lump for the brethren to swallow, but it had to go down. These women voted for school commissioners. Not here in New York—but in several places. The result was good.

Here is the problem. The Creator deputized woman to be the mother and the natural teacher of the human race. He gave her an unencumbered field. When is her work done? When she turns the babies out of the nursery? Say, rather, that she is a creature of growth, the same as those babes themselves, and wherever they are, her interests are and there she belongs.

#### TOOELE STAKE CONFERENCE.

Oct. 23 at 10 o'clock a. m., President Gowans called the assembly to order; present on the stand of the Apostles were F. M. Lyman and H. J. Grant; Presidency, Bishops and leading men of the Stake.

President Gowans briefly reviewed the Stake, reporting the condition financially and spiritually as progressive—a marked increase in faith with corresponding good works.

Bishops Thos. Atkin of Tooele and Jas. L. Wrathall of Grantville, reported their wards favorably.

Apostle Lyman instructed the Bishops and officers in their duties and callings, as also the members, by showing respect to those placed in authority.

Apostles Grant and Lyman addressed the large assembly of Saints, giving words of encouragement, counsel and instruction on a number of subjects closely allied to our temporal and spiritual interests, impressing the importance of our liberality in contributing to the completion of the Salt Lake Temple and the blessings we expect to receive therein.

Bishop F. D. St. Geor of Clover, Israel Bennion of Vernon and Jno. G. Shields of Lakeview, gave satisfactory reports of the condition of their wards. A. G. Johnson, superintendent of the Sabbath schools for the Stake, highly applauded the superintendents and teachers in their respective schools for the good work being accomplished with the youth of this Stake.

Counselors G. H. Richards and C. L. Anderson corroborated the report given by President Gowans and the Bishops of the wards and gave good advice for adoption in our future lives.

President Gowans presented the general authorities of the Church and local officers of the Stake for the approval of the conference, all of whom were unanimously sustained.

Apostles Lyman and Grant occupied the afternoon in their earnest, impressive and instructive manner, treating upon subjects suited to the condition of the Saints, applauding them for their liberality in past demands that have been made in the interest of the Church.

The Tooele ward choir contributed largely to the enjoyment of our conference. The weather was delightful and a goodly number of the Saints from all parts of the Stake participated in the rich flow of the Spirit of the Lord made manifest through His servants.

H. S. GOWANS, President.  
GEO. ATKINS, Clerk.  
TOOELE, Oct. 25, 1892.