



There's satisfaction in knowing that what one gives is useful. Such presents not only arouse all the powers of appreciation for the kindness of the giver, but he or she is doubly praised for using good judgment as well.

A Men's and Boys' Store is the place to get sensible Gifts for Men and Boys.

**ONE PRICE J. P. GARDNER 1304 1/2 MAIN ST.**

**THE QUALITY STORE**

## Ground

friends were so surprised at my improved condition after eating Grape-Nuts regularly, that many have benefited by my experience." Name given by Postum Co., Battle Creek, Mich. Read the famous little book, "The Road to Wellville," in pkgs. "There's a rea-

---

## Ground

## Ghira Ground