THE DESERET NEWS.

Dr. Hall's Hints upon Health.

'Many persons are daily ruining their eyes by opening them in cold water of mornings. Cold We also learn that wheat, corn, potatoes, water will harden and roughen the hands, and much more will it do so to the manifold more delicate covering of the eye; or, the eye will, in self-defence, become scaly, in the manner of a fish: that is, the coats of the eye will thicken, The wild rye and grass seed upon which the constituting a species of cataract, which must impair the sight. That water, cold and harsh as it is, should be applied to the eye for curative purposes, in place of that soft, warm lubricating fluid which nature manufactures just for such purposes, indicates great thoughtlessness

Nothing stronger than lukewarm water should medical advice, and under special medical supervision; for we have only one pair to lose.

· Even warm water should be applied only by fingers touch the lid. This cools the eye more rapidly than cold water does, and without the shock, while its soothing effect is delightful, dissolving or washing out the yellow or other matter which may have accumulated over night, in half the time required by cold water.'

'Men talk about 'hardening the constituton,' West, a sketch of the labors and travels of the and with that view, expose themselves to summer's sun, and winter's wind, to strains and over efforts, and many unnecessary hardships .--To the same end, ill-informed mothers souse their little infants in cold water day by day; their removed to what they consider a safe home. The correskin, and flesh, and bodies, as steadily growing rougher and thinner, and weaker, until slow fe-MESSRS. JENNINGS & WINDER A STEP FOR- ver, or water on the brain, or consumption of the bowels, carries them to the grave; and then they administer to themselves the semi-comfort and rather questionable consolation, of its being a mysterious dispensation of Providence, when, in fact, Providence had nothing to do with it; He works no miracles to counteract our follies.

and costing not one twentieth part as much .--This should be kept under a shed, or some outbuilding. It should be kept moist; and it may be applied wherever offensive odours are gen erated, with the assurance that it will be effective to purify the air, and will add to the value of the manure much more than it costs. It would be well for every farmer to prepare a quantity of this, and have it always on hand.

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V OLCANIC PHENOMENA IN NOVA SCOTIA .- A COTrespondent of the St. John's News says that, quite a commotion had been excited among the people in the vicinity of Digby, upon the south-west coast of Nova Scotia, by a series of convulsions of the earth which have recently taken place upon the south east side of Granville mountain. On the day of the earthquake, which occurred several months since, the mountain was considerably shaken, and a small opening was made upon its slope, whence a great quantity of smoke immediately rushed forth, and continued to issue throughout the remainder of the day. This manifestation at length ceased, and all remained quiet until about a fortnight ago, where suddenly the ground in the vicinity was violently agitated, and a chasm opened, from which not only a dense volume of smoke, but great quantities of dust and small stones were ejected. The agitations of the surface continued from day to day, until, in a short time, a portion of the sloping ascent was converted into a small level plain, which is so shaken up that at a little distance it presents the appearance of a well-ploughed field. Shortly after the opening of the chasm, a huge fragment of rock was thrown from it with such force as to penetrate the side of a neighboring cottage, the inmates of which have since spondent of the News says that eruptions are still constantly taking place, and no person has yet dared to venture close enough for a minute examination of the phenemena.

This probably accounts in part for the murky THE DESERET NEWS. atmosphere that has beclouded our city during the past few weeks.

> and garden vegetables look remarkably well at Hawe's ranch, where they have been properly irrigated, when he left on the 5th August.

> Indians have hitherto lived, are a total failure on account of the excessive drouth.

THON. GARLAND HURT, U. S. INDIAN AGENT, returned on the 22d inst., from a very pleasant or great mental obliquity. and successful visit to the Indians on Mary's river. The short time intervening between his re- ever be applied to the eye, except by special turn and the departure of the next Eastern mail, and the amount of his official correspondence, prevented Dr. Hurt from personally furnishing closing the eye and flapping it against the lid an account of his trip, but he very courteously with the hand, patiently, scarcely letting the requested his clerk, Mr. Craig, to furnish an account thereof, with which he promptly and acceptably complied; and our readers will be edified in perusing it as published on page 200.

MISSION TO INDIA .- We have been kindly furnished, at our request, by Elder Chancey W. missionaries sent to India, about two years ago. It will be continued in several numbers, and will be found full of interest to the Saints.

BOOK, JOB, AND CARD PRINTING executed te order.

REBEREY.

ADVERTISEMENTS to ensure insertion in the current number, must be handed in previous to 1 o'clock, p. m., on Tuesday.

ALBERT CARRINGTONEDITOR.

GREAT SALT LAKE CITY:

Wednesday-----August 29, 1855.

* CEBBAS

The California Mail arrived on the 27th inst., at 10 p.m., too late to furnish the news in this number, but it will be carefully prepared for our Rext.

Excursion to Fillmore,

BY HON. JOHN M. BERNHISEL, ACCOMPANIED MY LIEUT. GEN. D. H. WELLS .- Our delegate, and Gen. Wells left this city, Tuesday, 21st inst., and drove to Springville. On the 22nd they reached Nephi, and on the 23rd arrived at Fillmore, 152 miles south of this city.

They visited the south wing of the State House, whose walls are of red sandstone, where they found the workmen busily engaged in placing the flagging in the basement story, laying the floors in the first and second stories, and arching the ceiling of the large hall in the upper story, preparatory to lathing and plastering.

The sash were all in, and outside doors all hung, and a temporary entrance stairway finished.

for the plasterers and painters, who it is expected will be immediately sent from this city; and all efforts are being made to complete the rooms so far as to comfortably accommodate the Library, and the next Legislative Assembly, which adjourned to meet on the second Monday of December at that place.

Corn and potatoes at Fillmore, and at other places between here and there, look promising for a fair crop; but grain and hay are an entire failure, except at Springville and Provo, where they will probably have wheat sufficient for their own consumption; there is considerable hay cut at Pleasant Grove and American creek.

Kanoshe and all the Indians met with on the route were very friendly, tho' as usual, very burdensome upon our young settlements, in their affectionate method of constant begging, and supplying themselves liberally with corn and potatoes from the fields.

After tarrying over night at Fillmore, and finishing the transaction of such business that devolved upon them, they started on their return numbers 26 and 27 of "Zion's Watchman," pubon the 24th, and reached this city about half past lished at No. 103, Parranatta street, Sydney, 11 a. m. of the 26th, in excellent health and Australia, January 15, 1855, containing the

Home Manufacture.

WARD IN THE RIGHT DIRECTION .- We have been shown sole leather, cowhide, calf-skin and dogskin, from the tannery of Messrs. Jennings & Winder, which we have never seen excelled in the quality of tanning and excellence of finish .--The work on the building will soon be ready This is decidedly cheering and encouraging to all lovers of home manufactured articles, and what is still more to the purpose, Messrs. J. & W. proffer to sell their splendid leather at prices lower than asked for the imported, and still further offer boots and shoes at store prices, with the additional great advantage of warranting them to the purchaser.

> To a sensible community, it is doubtless unnecessary to dwell upon the advantages to be derived from encouraging home manufacture. Suffice it to say that all who patronize cur friends, tity as well as quality, to the wants of the sys J. & W., to the extent of their ability to supply tem. the demand, will soon discern the wisdom and reap the advantages of so doing.

Let all lovers of good leather, boots and shoes, pay their cash and other equally good pay where they can not only procure the best articles, but where by so doing, our circulating medium will do the most good, and the longest sustain a healthful vitality in our markets.

IFBy the California mail we have received minutes of the general conference held at Sydney on the 7th January, and much other valuable

'Dieting is not starvation; it is living on substantial, nourishing food, in amount sufficient to satisfy the wants of the system. A man is in little danger of eating to much, if he will confine himself to two or three articles of diet at any one meal: this is a secret which every man and woman ought to know. Living exclusively on cold food will soon engender disease, especially in cold weather. And as certainly will a scant diet do the same if preserved. Disease will as certainly be engendered by little food as by too

Dieting consists in adapting the food in quan-

"A bad cold like measels, or mumps, or other similar ailments, will run its course of about ten days, in spite of what may be done for it, unless remedial means are employed within forty- or drills, is about thus: eight hours of its inception. Many a useful life may be spared to be increasingly useful, by cutting a cold short off, in the following safe and simple manner. On the first day of taking a cold, there is a very unpleasant sensation of chilliness. The moment you observe this, go to your room and stay there; keep it at such a temperature as will entirely prevent this chilly feeling, even if it requires a hundred degrees of ref Fahrenheit. In addition, put your feet in watar, half leg deep, as hot as you can bear it, ad- CORN SOWN BROADCAST .- E. Lawrence, ding hotter water from time to time for a quar- Esq., of Ann Arbor, informs us that having a ter of an hour, so that the water shall be hotter piece of land containing about two and a half information. The arrivals from that place are when you take your feet out than when you put acres, which had never had a crop on it, after them in it; then dry them thoroughly, and put properly preparing it, on the 10th of June, 1854, on warm, thick woolen stockings, even if it be summer, for summer colds are the most danger- at the rate of two and a half bushels to the acre, ous; and for twenty-four hours eat not an atom and dragged it in. The product of the field was of food; but drink as largely as you desire of at the rate of one hundred and twenty five bushany kind of warm teas, and at the end of that els of ears of sound corn per acre. The land was time, if not sooner, the cold will be effectually a very rich piece of what is usually termed broken, without any medicine whatever.'

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How much Seed to the Acre?

This question connot be answered definitely, as the opinions of the farmers differ materially; and then the climate and soil have much to da with the quantity. The quantity of seed sown broadcast to the acre, is about as follows:

Wheat, : : : 11-2	to 2 bushels
Barley, : : : 1	to 21-2 do
Oats, : : : 2	to 4 do
Rye, : : : 1	to 2 de
Buckwheat, : : 03-4	to 11-2 do
Millet, : : I	to 11-2 do
Indian corn : : 1	to 2 do
Beans : : : 2	to 3 do
Peas, : : : 21-2	to 31-4 de
Hemp, : : : 1	to 13-4 do
Flax, : : : 01-2	to 2 do
Timathy : : : 12	to 24 quarts
Mustard. : : 8	to 20 do
Herd grass, (redtop) 12	to 16 do
Flat turnips 2	to 3 pounds.
Red clover 10	to 16 do
Wh te clover 3	to 4 do
Kentucky blue grass 10	to 15 do
Orchard grass 20	to 30 do

The quantity per acre, when planted in rows

Broom corn .	1	to	11-4	bushels
Веаня	11-2	10	2	do
Peas	11-2	to	2	do
Pea Nuts	1	10	2	do
Onions	4	to	5	pound
Carrots	1	to	21.2	do
Parsnips	4	to	5	dø
Beets	4	to	6	do
Our readers will	do well to	keep	p this	table for
ference[Ohio	Farmer.			
inn	mann	nn	·	
~ ~ m	a la companya	-	T E	

spirits.

THE BIG COTTONWOOD CANAL .- This work is progressing, several sections being about finished. All the heavy jobs north of Big Kanyon Creek very irregular. have been let by bro. John Sharp to hands enployed in hauling rock from the quarry.

canal yet to dispose of for labor thereon. It is consist of a general assortment of groceries, dry expected that the brethren who have taken con- goods, hardware, paints, oils, and the usual vartracts will be diligent in fulfilling them, as the liety of merchandise. They express their detercanal is designed to be finished early in the en- mination to keep up a permanent business in this suing season, so that granite can be rolled into the city, and with this object in view, they inform us city from the foot of the Twin Peaks, and the they have selected their stock with extra care. works on the Temple thereby facilitated. It is well known also that the water is much needed for irrigating purposes.

The lands on the line of this canal are remarkably well adapted for the raising of fruit trees, being of a quick soil, and not so subject to early and late frosts as the lowlands are. All persons wishing to cultivate peaches, apples, grapes, and other fruits, will shew their wisdom in selecting izens in Boston. the choice lands along the line of this canal, which

FIRE .- We understand by Mr. Hawes, recently One great advantage this cannon has over the lime with the water, putting on more water than sprinkle some dry meal, and a little salt to make from Mary's River, that the country on the north ordinary gun consists in the fact that it can be will dry-slack it, so much that it will form a it palatable, in the same. As soon as they will side of the road has been recently burned over, loaded and fired fifteen times a minute, and very thick paste; this will not take all the water. come by calling, direct their attention to it, they only requires three men to work it, while the Put on therefore a little of the remainder daily will learn to eat it very readily. I increase the destroying the grass and timber; we also learn guns now in use in our navy want ten or twelve until the lime has taken the whole. The result quantity of meal daily, till I give them all they that the fire has extended north from Bear River men. A patent for the manufacture of this kind will be a sort of impure chloride of lime, but a will eat. This, with the sour milk and a good over 400 miles, destroying grass and timber and of cannon has been taken out for the United very powerful deodorizer, equally good for all pasture will make bouncing calves, and with every thing in its way in the eartern part of States, England, France, and Belgium .- [N. Y. out-door purposes with the article which is very little labor. The meal may be continued lought under that name at the spotheeary's, through the fall and winter, if it can be afforded. Paper. Oregon.

NEW ARRIVAL OF MERCHANDISE .- A new estabgaged on the Public Works, who are temporarily lishment is about opening in the store formerly thrown out of their usual avocations in conse- occupied by Holladay and Warner on South quence of the failure of grass for the cattle em- Temple street, by Messrs. GILBERT & GERRISH, who have already received 45 wagons, and are There is much good land lying west of the expecting another train in a few days. The goods

> exhibition, in Wall street, in front of the Merch- to try it on. ants' Exchange, on Tuesday, a large cannon of mammoth dimensions, and apparently of tremen- because you mentioned that 'his son Bob,' was half to three feet apart, dropping at the rate of dous death-dealing propensities. It is the invention of John P. Sheukl, a Ger- brickbats-dont worry, but tell him that you row. The yield of fodder is generally from ten

where the invention was projected and completed, red tape and sealing wax. under the auspices of a number of wealthy cit-

look after their own interests, and by so doing conical ball weighing nine pounds, was thrown Nash says, take one barrel of lime, and one twelve hours old, and when a few weeks older hasten the building of the Temple. a distance of 4 5 8 miles, with three pounds of bushel of salt. Dissolve the salt in as little they will learn to take sour milk. I prefer a powder. water as will dissolve the whole. Slack the trough where it can be kept dry and clean, and

you criticised Professor Drawl's lecture on the cut it up by the ground. onion question, dont worry-but tell him to go Mr. Booth, of Lodi, informs us that he has insulting letter, saying that if you dont stop writ- corn and fodder.

BREECH-LOADING CANNON .- We saw on you with a law suit-dont worry, but dare him are likely to be deprived of their usual crop of hay

sent to the Tombs for pelting a street lamp with thirty kernels to the foot, covering with the harman, now a resident of East Boston, Mass., so love the law, you, dine on a salad made of to fifteen tons per acre, and frequently when

If Mr.Silk approaches you with a horse pistol will always be obtained. 'that kicks,' and offers to blow your brains out

he sowed broadcast, the eight rowed yellow corn, "swale," containing a portion of marl. The practical object which Mr. L. had in view at the 'DONT WORRY.'-This is the first thing an time of sowing, was fodder; but owing to the editor should get by heart. If Mr. Slocum great growth and quantity of ears set, with the threatens to withdraw his patronage, because promisingly warm weather, he let it ripen and

ahead and do it. If Mr Bullion writes you an sown corn broadcast with good success, as to

ing about the Diddleton Railroad, he will ruin Farmers, who from accident or other causes may sow expressly for fodder, the earlier the If Mr. Smith threatens to 'cave your head in,' better, on good soil, or plant in rows two and a the frost holds off late, considerable good corn N.

·mananan

The cannon is about six feet in length, and if you ever again allude to his visits to Mrs. De-ON REARING CALVES .- What is the best plan weighs in the vicinity of 1300 pounds. Its qual- mures, dont worry about it, but teh him to blaze of raising calves by hand, is a question often will insure a certainty of the means of irrigation. ities have been thoroughly tested, and the inven- away. presented, and perhaps as often answered; each Bro. David Wilkin is on hand to accommodate the tion pronounced one of the most important of Again we say, never worry. If you do, you one having a patent of his own, and, as he thinks, brethren with every information on the subject, the 19th century, so far as relates to naval war- are no more calculated for an editor than a Qua- better than all others. I submit my plan, and faring, for which this instrument is peculiarly ker is for marine hornpipes. and will personally assist them in their selections. will back it by showing calves, bill of fare. It would be well therefore for the brethren to adapted. expense, &c. I feed new milk a few days ti 1 At a recent trial of this gun, it is stated that a HOME-MADE CHLORIDE OF LIME .- Professor the calf learns to drink, then skim the milk wi en