

Making Bread.

Farmers will be interested to know that great changes are being made in bread-making. For years physicians have traced diseases of the alimentary canal and its connections to our system of milling wheat and to the puffy style of baking. The passion for white flour obliges the miller to give to cattle the most nutritious part of the berry—viz: the gluten or muscle-making element, without which our common bread loses two thirds of its value, and imposes on the digestive organs double duty. Minnesota takes the lead in the reformation. More than twenty mills are now bleaching the gluten, so that the flour shows very little discoloration. It is claimed that one-third more water is absorbed and baking is made easy. Every one admits that the bread is much sweeter, and dyspeptics find permanent relief. Thus many mills attest the growing popularity of this new flour, and ought to commend the system to Californians. Gluten flour is not bran flour, though bran as now milled includes the gluten. The new system separates the bran from the berry, leaving the gluten. The bran is a mere skin of silex. It is indigestible, and therefore bran bread fails of its purpose.

The French Government has for fifteen years past prepared the army and navy bread by a process kept secret, but effectively it is the same. Now, the United States Government has adopted a system, which, though claiming to be American, is supposed to be French. It commends itself to our farmers, because every family can make its own flour and get bread of greater sweetness and higher nutriment. The grain is first put into hot water and cleansed. Then it is allowed to remain immersed seven hours, or sufficiently to so loosen the filmy corsets of the berry that it is readily detached by agitation and slight friction. The gluten loses most of its dark shade, without loss of substance. The whole mass, being now swelled, is put through rollers, which reduce it to pulp ready for the dough-tough. Its subsequent treatment follows the usual routine.

There is in Chicago a large mill making "attrition flour," which serves the same purpose. "Instead of mill-stones, taking the very life out of wheat by close grinding and heating," fast-revolving blades receive the streaming grain, which in its passage is instantly pulverized without heating. Previously to this the berry is decorticated without being robbed of its gluten. We received a barrel of attrition flour from Chicago and fully tested it. It required some change in mixing the dough, but for sweetness of bread and ease of digestion, it surpassed all other bread; and certainly it made one-fourth more bread than customary. — *San Francisco Chronicle.*

—The *Detroit Post* says—"The Democratic House this winter has demonstrated to the American people that the Democratic party is wholly unfit to be trusted with the control of the Government." The *Chicago Courier* is of a similar opinion, for it says that even with its present limited authority the democratic party "is likely to land the biggest part of the government in the penitentiary."

—A bill has passed both houses of the California Legislature to prevent the exhumation of Chinese remains.

—A decision has been rendered in Philadelphia that the streets belong to the city and not to the telegraph company, and that the right to erect poles depends on the good will of the city. The *St. Louis Globe-Democrat* commenting says, "It is very strange that there should ever have been any question of so plain a proposition, but the notion that the city had any rights in its own thoroughfares was in danger of disappearing utterly."

—The following way of a clever woman seems to be the way of the world generally—"I do not wish anybody to do anything naughty, but if they do, I want to know all about it."

—Mr. T. J. Megibben, of Kentucky, has lost by death the short-horn bull Second Duke of Oneida, bought for \$12,000 at the New York Mills' sale, with the Duchess of Oneida for \$25,000. The Duchess died some time ago, after producing one calf.

SPECIAL NOTICE TO OUR READERS.

SPECIAL CALL. AGENTS WANTED!

To sell the New Patent Improved EYE CUPS. Guaranteed to be the best paying business offered to Agents by any House. An easy and pleasant employment.

The value of the celebrated new Patent Improved Eye Cups for the restoration of sight breaks out and blazes in the evidences of over 6,000 genuine testimonials of cures, and recommended by more than one thousand of our best physicians in their practice. The Patent Eye Cups are a scientific and philosophical discovery, and as ALEX. R. WYETH, M. D., and WM. BEATLEY, M. D., write, they are certainly the greatest invention of the age.

Read the following certificates:
FERGUSON STATION, LOGAN CO., KY., June 6th, 1872.

DR. J. BALL & Co., Oculists.
GENTLEMEN: Your Patent Eye Cups are, in my judgment, the most splendid triumph of which optical science has ever achieved, but, like all great and important truths, in this or in any other branch of science and philosophy, have much to contend with from the ignorance and prejudice of a too sceptical public; but truth is mighty and will prevail, and it is only a question of time as regards their general acceptance and endorsement by all. I have in my hands certificates of persons testifying in unequivocal terms to their merits. The most prominent physicians of my county recommend your Eye Cups. I am, respectfully, J. A. L. BOYER.

ILLIAM BEATLEY, M. D., Salvisa, Ky., writes: "Thanks to you for the greatest of all inventions. My sight is fully restored by the use of your Patent Eye Cups, after being almost entirely blind for twenty-six years."

ALEX. R. WYETH, M. D., Atchison, Pa., writes: "After total blindness of my left eye for four years, by paralysis of the optical nerve, to my utter astonishment your Patent Eye Cups restored my eyesight permanently in three minutes."

Rev. S. B. FALKINBURG, Minister of M. E. Church, writes: "Your Patent Eye Cups have restored my sight, for which I am most thankful to the Father of Mercies. By your advertisement I saw at a glance that your invaluable Eye Cups performed their work perfectly in accordance with physiological law; that they literally fed the eyes that were starving for nutrition. May God greatly bless you, and may your name be enshrined in the affectionate memories of multiplied thousands as one of the benefactors of your kind."

HORACE B. LURANT, M. D., says: "I sold, and effected future sales liberally. The Patent Eye Cups, they will make money, and make it fast, too; no small catch-penny affair, but a superb, number one, tip-top business, promises, as far as I can see, to be life-long."

MAYOR E. C. ELLIS wrote us, November 16th, 1869: "I have tested the Patent Eye Cups, and I am satisfied they are good. I am pleased with them. They are certainly the greatest invention of the age."

HON. HORACE GREELEY, late Editor of the New York Tribune, wrote: "Dr. J. BALL, of our city, is a conscientious and responsible man, who is incapable of intentional deception or imposition."

Prof. W. MERRICK writes: "Truly, I am grateful to your noble invention. My sight is restored by your Patent Eye Cups. May Heaven bless and preserve you. I have been using spectacles twenty years. I am seventy-one years old. I do all my writing without glasses, and I bless the inventor of the Patent Eye Cups every time I take up my old steel pen."

ADOLPH BIERNBERG, M. D., physician to Emperor Napoleon, wrote, after having his sight restored by our Patent Eye Cups: "With gratitude to God, and thankfulness to the inventors, Dr. J. BALL & Co., I hereby recommend the trial of the Eye Cups (in full faith) to all and every one that has any impaired eyesight, believing, as I do, that since the experiment with this wonderful discovery has proved successful on me, at my advanced period of life—90 years of age—I believe they will restore the vision to any individual if they are properly applied." ADOLPH BIERNBERG, M. D., Commonwealth of Massachusetts, Essex, ss.

June 5th, '73, personally appeared Adolph Biernberg, made oath to the following certificate, and by him subscribed and sworn before me, WM. STEVENS, J. P.

LAWRENCE CITY, Mass., June 9, 1873.
We, the undersigned, having personally known Dr. Adolph Biernberg for years, believe him to be an honest, moral man, trustworthy, and in truth and veracity unspotted. His character is without reproach.

M. BONNY, Ex-Mayor.
S. B. W. DAVIS, Ex-Mayor.
GEORGE S. MERRILL, P. M.
ROBERT H. TEWKSBURY, City Treas.

Reader, these are a few certificates out of thousands we receive, and to the aged we will guarantee your old and diseased eyes can be made new; your impaired sight, dimness of vision and overworked eyes can be restored; weak, watery and sore eyes cured; the blind may see; spectacles be discarded; sight restored; and vision preserved. Spectacles and surgical operations useless.

Please send your address to us, and we will send you our book, A GRM WORTH READING!

A DIAMOND WORTH SEEING!
Save your eyes and restore your sight; throw away your spectacles!

By reading our Illustrated Physiology and Anatomy of the Eyesight, of 100 pages, tells how to restore impaired vision and overworked eyes; how to cure weak, watery, inflamed and near sighted eyes, and all other diseases of the eyes. Waste no more money by adjusting huge glasses on your nose and disfiguring your face. Book mailed free to any person. Send on your address.

AGENTS WANTED

To sell the Patent Eye Cups to the hundreds of people with diseased eyes and impaired sight in your county.

Any person can act as our agent. To Gentlemen or Ladies \$5 to \$20 a day guaranteed. Full particulars sent free. Write immediately to

Dr. J. BALL & Co.,
No. 91 LIBERTY STREET,
(P. O. Box 957) NEW YORK CITY, N. Y.

Do not miss the opportunity of being first in the field. Do not delay. Write by first mail. Great inducements and large profits offered to farmers during the winter months, and to any person who wants a first class paying business.

THE LARGEST COMMISSION ALLOWED TO AGENTS BY ANY HOUSE IN THE UNITED STATES.

GRAEFENBERG MARSHALL'S UTER N.

CATHOLICON.—This world-renowned medicine has performed some of the most startling cures on record of cases of Female complaints of long standing. It has the endorsement of leading members of the faculty, and should be in every household to relieve and permanently cure the diseases to which the female sex are peculiarly liable.

GRAEFENBERG CHILDREN'S PANACEA

is the only safe and reliable medicine for children. It is purely vegetable.

GRAEFENBERG VEGETABLE PILLS are milder than any others. They cure Headache, Biliousness and all diseases of digestion.

The above medicines are sold by Zion's Co-operative Mercantile Institution and by all druggists throughout the country. w37 ly

NOTICE!

RIO VIRGEN MANUFACTURING COMPANY wants a good Loom Manager for one or more years, capable of managing twenty-two looms and making all sorts of patterns, to be ready for work by the 15th of April. Anyone wishing to engage with us please address me immediately at Washington, Utah.

T. J. JONES, Supt.

FRUIT CANS!

Fruit Cans! Fruit Cans!

WHOLESALE AND RETAIL.

Agents for Rumsey's Celebrated

ENGINE FORCE & LIFT PUMPS.

TINNERS.

Gas, Water and Steam Fitters.

HOSE, GALVANIZED AND IRON PIPES.

And Fittings for same kept in Stock.

Orders by Mail Promptly Attended To.

MITCHELL & JAMES,

Box 306, Opposite City Meat Market,

West Temple St., Salt Lake City.

TO Merchants and Others.

DO NOT IMPORT WOOLLEN GOODS

When you can buy them in GREAT VARIETY and at Prices that Defy Competition, at

PROVO WOOLLEN FACTORY.

See Samples at Z. C. M. I. and at Taylor & Cutler's, Salt Lake City, also at the Factory.

200,000 lbs. WOOL WANTED.

Special Rates and attention given to the Trade.

JAMES DUNN, Supt.

BAIN WAGONS,

With the improvements I have now put on them, are conceded by all who see them to be ranked as the Leading Wagon of Utah.

OLIVER CHILLED PLOWS

Are now known in every settlement, and I have sold over FIVE HUNDRED in the last six months. Farmers are actually laying away good steel plows and buying the Oliver Chilled Plow, it being such a saving both on team and man. The longer you use them the better they are. No wear out to them.

WALTER A. WOOD'S REAPERS AND MOWERS!

Have taken the front rank of all machines for their durability, ease of running, and handling, cutting close and clean, less cost for repairs, which can always be had. SEE THE IMPROVED WOOD'S.

WISNER'S TIGER SELF-OPERATING HAY RAKE

Farmers who have not yet seen this self-dumping hay rake should call early. It is perfect and well made, has wrought iron axle, second growth spokes and good material throughout. YOUR LITTLE GIRL CAN OPERATE IT.

Concord Cuggies and all kinds of Spring Wagons,

Hardwood and Wagon Material a Specialty,

Agricultural Implements of all Improved Styles.

ADDRESS

HOWARD SEBREE,

Bain Wagon Depot,

SALT LAKE CITY, UTAH.

Notice to the Public!

During a greater portion of the past season, the demand for the

FISH BROTHERS WAGONS

Has been so great, we have been unable to supply all our customers. This has been especially

the case since CONFERENCE, we having sold out during its continuance, every 3½ and 3

Wagon we had on hand.

We are aware that our being out of WAGONS as above mentioned has frequently been a source of great annoyance to our friends and customers who have come a long distance to get a

FISH BROTHERS WAGON,

And have been compelled to take some other wagon which they did not want, or go home without.

We desire to say to our friends and the public generally, that we have perfected arrangements by which we will be able to supply the demand for these wagons. We have just received a letter written by Mr. T. G. FISH, the senior member and founder of the firm of FISH, BROTHERS & Co., in which he assures us positively that we shall be kept supplied hereafter at all hazards.

We have this day received a Car of 3½ and 3½ wagons; we have another car on the road between here and Omaha, and still another car will be shipped in a few days. These shipments will be kept up with sufficient frequency to supply the demand. Thanking our friends and the public for the excellent trade they have given us, and soliciting their further favors,

We remain, yours very sincerely,

JOHN W. LOWELL & CO.

Salt Lake City, Nov. 5th 1875

DR. WM. H. GROVES
DENTIST
Office.—Second South Street, Salt Lake City, east of Elephant Store. Office hours: 9 a.m. to 5 p.m. w34

TO JOHN HUTCHINS.

YOU WILL PLEASE TAKE NOTICE that we have expended in labor for you Eighty Dollars (\$80.00) on the Midway mine in Ophir Mining District. That unless the same is paid within ninety days from the date hereof, together with our costs, your interests in said mine will be forfeited to us by law.

H. D. CONVERSE.

CALVIN KIRK.

I. I. GREENEWALD.

Ophir Mining District, Sept. 20th, 1875.