DESERET EVENING NEWS: TUESDAY, DECEMBER 6, 1904,

THE PRESIDENT'S MESSAGE.

(Continued from page 9.)

of Honolulu should be dredged. The marine hospital service should be empowered to study leprosy in the islands. I ask special consideration for the report and recommendations of the govrnor of Porto Rico.

FOREIGN POLICY.

Must be Considered in Connection With Army and Navy.

In treating of our foreign polley and of the altitude that this great nation should assume in the world at large, it is absolutely necessary to consider the army and navy, and the Congress, through which the thought of the nation finds its expression, should keep ever vividly in mind the funda-mental fact that it is impossible to treat our foreign policy, whether this policy takes shape in the effort to secure justice for others or justice for ourselves, save as conditioned upon the attitude we are willing to take toward our army and especially toward our navy. It is not merely unwise, it is contemptible, for a nation, as for an individual, to use high-sounding lan-guage to proclaim its purposes, or to take positions which are ridiculous if unsupported by potential force, and then to refuse to provide this force. If there is no intention of providing and of keeping the force necessary to back up a strong attitude, then it is far better not to assume such an attitude

VARIOUS KINDS OF PEACE.

The steady aim of this nation, as of all enlightened nations, should be to strive to bring ever nearer the day when there shall prevail throughout the world the peace of justice. There are kinds of peace which are highly undestrable, which are in the long run as destructive as war. Tyrants and oppreservative many times made a wil-derness and called it peace. Many umes people who were slothful or tim id or shortsighted, who had been ener-vated by ease or by luxury, or misled by false teachings, have shrunk in un manly fashion from doing duty that was stern and that needed self-sacrifice, and have sought to hide from their own minds their shortcomings, their ignoble motives, by calling them love of peace. The peace of tyrannous terror, the peace of craven weakness, the peace of injustice, all these should be shunned as we shun unrighteous war,

NATION'S GOAL.

The goal to set before us as a nation the goal which should be set before all mankind, is the attainment of the peace of justice, of the peace which comes when each nation is not merely safeguarded in its own rights, but scrupulously recognizes and performs its duty toward others. Generally peace tells for rightcousness; but if there is conflict between the two, then our fealty is due first to the cause of right-Unrighteous wars are coustless. common, and unrighteous peace is rare; but both should be shunned. The right of freedom and the responsibil-ity for the exercise of that right can not be divorced. One of our great poets has well and finely said that freedom is not a gift that tarries long in the hands of cowards. Neither does it tar. ry long in the hands of those too slothful too dishonest, or too unintelligent exercise it. The eternal vigilance which is the price of liberty must be exercised, sometimes to guard against outside foes, although of course far are often to guard against our own selfish or thoughtless shortcomings.

DUTY OF NATION. If these self-evident truths are kept

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Itself and of doing good to others must have a force adequate for the work which it feels is allotted to it as its part of the general world duty. Therefore it follows that a self-respecting, just, and far-seeing nation should on the one hand endeavor by every neans to aid in the development of the various movements which tend to pro-vide substitutes for war, which tend render nations in their actions to vard one another, and indeed toward their own people, more responsive to the general sentiment of humane and civilized mankind; and on the other hand that it should keep prepared, while scrupulously avoiding wrongdoing itself, to repel any wrong, and in exceptional cases to take action which in a more advanced stage of international relations would come under the head of the exercise of the international police. A great free people owes it to itself and to all mankind not to sink into helplessness before the powers of evil.

ARBITRATION.

All Possible Being Done to Further the Cause.

We are in every way endeavoring to help on, with cordial good will, every movement which will tend to bring us into more friendly relations with the rest of mankind. In pursuance if this policy I shall shortly lay before the senate treaties of arbitration with all powers which are willing to enter into these treaties with us. It is not possible at this period of the world's development to agree to arbitrate all matters, but there are many matters of possible difference between us and other na-tions which can be thus arbitrated.

PEACE CONFERENCE.

Powers Asked to Join in a Second

One.

Furthermore, at the request of the interparliamentary union, an eminent body composed of practical statesmen from all couldries. I have asked the powers to join with the government in a second Hague conference, at which it is hoped that the work already so happily begun at The Hague may be carried some steps further toward ompletion. This carries out the desire expressed in the first Hague conference itself.

AMERICAN NATIONS.

Assured United States Has No. Land Hunger.

It is not true that the United States feels any land hunger or entertains any projects as regards the other nations of the western hemisphere save such as are for their welfare. All that this country desires is to see the neighbor-ing countries stable, orderly, and prospercus. Any country whose people con-duct themselves well can count upon our hearty friendship. If a nation shows that it knows how to act with reasonable efficiency and decency in social and political matters, if it keeps order and pays its obligations, it need

like ours, which in spite of certain very obvious shortcomings, neverthe-less as a whole shows by its consistent practise its belief in the principles of civil and religious liberty, and of orderly freedom, a people among whore even the worst crime, like the crime of vnching, is never more than sporadic o that individuals and not classes ar colested in their fundamental rightst is inevitable that such a nation hould desire eagerly to give expresto its horror on an occasion like shenef, or when it witnesses suc ystematic and long-extended cruelty nd oppression as the cruelty and oppression of which the Armenians have been the victims, and which have won or them the indignant pity of the civillzed world.

AMERICAN JEWS.

Russla's Conduct Towards Them Very Irritating.

Even where it is not possible to seonce in other nations the observance of the principles which we accept as axiematic, it is necessary for us firmly to insist upon the rights of our own citizens without regard to their creed race: without regard to whether ey were born here or born abroad. has proved very difficult to secure om Russia the right for our Jowish low-citizens to receive passports and vel through Russian territory. Such orduct is not only unjust and irritat-ag toward us, but it is difficult to see wisdom from Russia's standpoint No conceivable good is accomplished by it. If an American Jew or an Amer-ican Christian misbehaves himself in Russia he can at once be driven out: but the ordinary American Jaw, like the ordinary American Christian, would behave just about as he behaves here, that is, behave as any good citizen ought to behave; and where this | the case it is a wrong against which we are entitled to protest to refus im his passport without regard to his conduct and character, merely on racial nod religious grounds. In Turkey our lifficuities arise less from the way in which our citizens are sometimes treat d than from the indignation inevita-oly excited in seeing such fearful mis-

THE NAVY. Necessary to Have a Big and Powerful One.

menia and Macedonia.

is has been witnessed both in Ar-

The strong arm of the government in nforcing respect for its just rights in nternational matters is the navy of the Inited States. I most earnestly rec ommend that there be no halt in the work of upbuilding the American navy. There is no more patriotic duty befor us as a people than to keep the navy adequate to the needs of this country's position. We have undertaken to build the isthmian canal. We have underaken to secure for ourselves our just share in the trade of the orient. We have undertaken to protect our citizens from improper treatment in foreign from improper treatment in foreign lands. We continue steadily to insist on the application of the Monroe doc-trine to the western hemisphere. Un-iess our attitude in these and all sim-flar matter is to be a mere beastful sham we cannot afford to abandon our naval program. Our voice is now po-tent for many and is so potent because ent for peace, and is so potent because we are not afraid of war. But our protestations upon behalf of peace would neither receive nor deserve the slightest attention if we were impotent

make them good. LESSONS FROM FAR EAST.

lesson

The war which now unfortunately rages in the far east has emphasized in striking fashion the new possibilial warfare

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> Pole-Naptha ladelphia

armament where disarmament was proper. By law our army is fixed at a maximum of 100,000 and at a maximum of 100,000 and a minimum of 60,000 men. When there was insurrection in the Philippines we kept the army at the maxi-inum. Peace came in the Philippines. and now our army has been reduced to the minimum at which it is possible to keep it with due regard to its efficlency. The guns now mounted require 28,000 men, if the coast fortifications are to be adequately manned. Relatively to the nation, it is not now so large as the police force of New York Chicago relatively to the population of either city.

MORE OFFICERS NEEDED.

We need more officers; there are not enough to perform the regular army work. It is very important that the officers of the army should be accus-comed to handle their men in masses, as it is also important that the nation al guard of the several states should be accustomed to actual field maneu. vering, especially in connection with the regulars. For this reason we are to be congratulated upon the success the field maneuvers at Manassas last fall, maneuvers in which a large number of regulars and national guard took part than was ever before assembled together in time of peace.

ARMY NEEDS PRACTISE.

No other civilized nation has, relatively to its population, such a diminu-tive army as ours; and while the army so small we are not to be excused if we fail to keep it at a very high grade of proficiency. It must be incessantly practised; the standard for the enlisted men should be kept very high, while at the same time the service should be made as attractive as possible; and the candard for the officers should be kept even higher-which, as regards the opper ranks, can best be done by intro ducing some system of selection and rejection into the promotions. We should be able, in the event of some sudden emergency, to put into the field one first-class army corps, which should be, as a whole, at least the equal of any body of troops of like number belonging to any other nation.

COAST PROTECTION.

Great progress has been made in protecting our coasts by adequate fort-ifications with sufficient guns. We should, however, pay much more heed than at present to the development of an extensive system of floating mines r use in all our more important harbors. These mines have been proved to be a most formidable safeguard against hostile fleets,

MEDALS OF HONOR.

Law Regarding Them Needs Amendment.

I carnestly call the attention of the Congress to the need of amending the existing law relating to the award of congressional medals of honor in the avy so as to provide that they may be awarded to commissioned officers warrant officers as well as to enlisted men. These justly prized medals are given in the army alike to the officers

government. But if they act with wisdom and self-restraint, if they show that they are capable of electing a legislature which in its turn is capable of taking a sane and efficient part in the actual work of government, they resp. rest. assured that e full and horrent. can rest assured that a full and increas-ing measure of recognition will be given them. Above all they should remem-ber that their prime needs are moral and industrial, not political.

WHAT IS BEST FOR THEM.

It is a good thing to try the experiment of giving them a legislature; but it is a far better thing to give them schools, good roads, railroads which will enable them to get their products to market, honest courts, an ho efficient constabulary, and all that tends to produce order, peace, fair dealing as between man and man, and babits of inteiligent industry and thrift. If they are safeguarded against op-pression, and if their real wants, material and spiritual, are studied intelligently and in a spirit of friendly sym-pathy, much more good will be dong them than by any effort to give them political power, though this effort may In its own proper time and place be proper enough,

OFFICIALS OF HIGH CHARACTER,

Meanwhile our own people should remember that there is need for the highest standard of conduct among the Americans sent to the Philippine is-Americans sent to the Philippine is-lands, not only among the public ser-vants but among the private individ-uals who go to them. It is because I feel this so deeply that in the ad-ministration of these islands I have positively refused to permit any dis-crimination whatsoever for political reasons and have insisted that in choos-ing the public servants consideration ing the public servants consideration should be paid solely to the worth of the men chosen and to the needs of the islands. There is no higher body of men in our public service than we have in the Philippine islands under Gov. Wright and his associates. So far as possible these men should be given a free hand, and their suggestions should receive the hearty backing both of the executive and of the Congress. together," said Mr. Carter, "and of that number in about 50 cases there have been charges filed, backed by affidavits of corrupt practises. The exposi-

Unfortunately hitherto those of our

claimed to be the champions of the Fil-ipinos have in reality been their worst enemies. This will continue to be the case as long as they strive to make the Filipinos independent, and stop all industrial development of the islands by crying out against the laws which could bring it on the ground that cap italists must not "exploit" the islands such proceedings are not only unwise but are most harmful to the Filipinos, who do not need independence at all, but who do need good haws, good public servants, and the industrial develop-ment that can only come if the investment of American and foreign capital in the islands is favored in all legit-

imate ways. FOR FILIPINOS' GOOD.

Every measure taken concerning the islands should be taken primarily with a view to their advantage. We should certainly give them lower tariff rates on their exports to the United States: if this is not done it will be a wrong to extend our shipping laws to them. I earnestly hope for the immediate en-actment hato law of the legislation now pending to encourage American capital to seek investment in the islands in railroads, in factories, in plantations, and in lumbering and mining. THEODORE ROOSEVELT.

The White House.

utor Carter, who is now in Helenn, when asked this evening about the meaning of the letter to Panghorn, said it was purely explanatory, in re-ply to Maj. Panghorn, who, acting for the exhibitors, was desirous of knowing when the awards would be officialannounced.

"There were about 35,000 awards al-

Penn Avenue, Minneapolis, Minnesota, When first I commenced taking your remedies I had been for four months under treatment of a well-known specialist in this city for catarrh and stomach trouble, rapidly getting worse. Got so had that I could not eat anything that did not distress me terribly and I was obliged to stop taking the doctor's treat-ment entirely. I was greatly reduced in flesh. As a last resort I wrote to you and stated my case, and after receiving your instructions I followed them closely, After taking five bottles of Dr. Pierce's Golden Medical Discovery and one vial of his 'Pleasant Pellets' I commenced to improve, and decided to continue the medicines and observe your instructions regarding hygienic treatment. It is now nearly six months since I commenced your treatment and I can say that I am well and never felt better in my life. Am very grateful to you for what your medicine has done for me." A man who lives close to nature in God's free air, on the sea or in the woods, is usually a healthier man than the one confined in factory or workshop. Nature's remedies are always best for eradicating disease, and by this we mean a medicine made of plants and herbs. Get as near to Nature's way as you

can. There's a reason. Vegetable foods are the best for the body in health. The human economy digests and assim-ilates them best. In disease, remedies made entirely of botanical plants and roots are best and safest for the system. hey are assii mach and

taken up by the blood and are, therefore

the most potent means which can be em-

Dr. R. V. Pierce, consulting physician to the Invalids' Hotel and Surgical In-

tion company has not yet dollvered the list of awards to the national com-mission, I presume for the reason that it is investigating the charges that have been filed." people here at home who have specially AMERICAN NAVY.

Germany Watches its Growth With Keen Interest.

Berlin, Dec. 5.—The keen interest with which Germany is watching the growth of the American navy and the growth of the American havy and the high opinion entertained by naval man in Gormany of American naval tech-nique, is shown by the inclusion in the naval budget of an item specifically covering the cost of sending officers to the United States to states the covering the cost of sending officers to the United States to study methods of building and arming warships and other matters that may be applied to the betterment of the German navy. The recommendations of Secy. of the Navy Morton in his annual report to the president are published prom-inently, and it appears that American plans are much preferred to those of Great Britain in nuval circles here.

Cis-Pacific Congress.

Portland, Or., Dec. 6 .- A ClaPacific congress of commercial interests is pro-posed as one of a series of practical in-stitutions to be held during the Lewis and Clark centennial. The proposal had and Charg centennial. The proposal had its origin independent of the exposi-tion, and if not possible of acheva-ment next year it may be hold during the year following. It is highly desira-ble that the representatives of the va-rious CisPacific countries gather and exchange tobas. The Pan-American bureau, supported by the American re-publics, has done much of late years to promote confidence and increase to promote confidence and promote between the United States and the Atlantic coast of South Amer a, and a like benefit should be derived

on the Pacific coast.

December 5, 1904. World's Fair Awards. Helena, Mont., Dec. 5 .--- Former Sen-

before us, and only if they are so ke before us, we shall have a clear idea of what out foreign pollcy in its larger aspects should be. It is our duty to remember that a mation has no more right to do injustice to another nation. strong or weak, than an induvudual; that the same moral applies in one case as in the other. But we must also remember that it is as much the duty of the nation to guard its own rights and its own interests as it is the duty of the individual so to do. Within the nation the individual has not delegated this right to the state, that is, to the representative of all the indi-viduals, and it is a maxim of the law that for every wrong there is a rem-But in international law we have not advanced by any means as far as we have advanced in municipal law. There is as yet no judicial way of en-forcing a right in international law. When one nation wrongs another or wrongs many others, there is no tribunal before which the wrongdoer can. be brought. Either it is necessary su-pinely to acquiesce in the wrong, and thus put a premium upon brutality and aggression, or else it is necessary for the aggressed nation valliantly to stand up for its rights.

FOLLY OF DISARMAMENT. Until some method is devised by which there shall be a degree of inter-national control over offending nations, would be a wicked thing for the most civilized powers, for those with most sense of international obligations and with the keenest and mose generous appreciation of the differences between right and wrong, to disarm. If the great civilized nations of the pres-ent day should completely disarm, the result would mean an immediate recrudescense of barbarism in one form or Under any circumstances another. sufficient armament would have to be kept up to serve the purposes of international police; and until interna-tional cohesion and the sense of international duties and rights are far more advanced than at present, a nation destrous both of securing respect for

"Don't scold me," pleaded Kettle, "it's cook's fault. She used stale water instead of filling me with fresh, when she built the fire. She should know that water which has been boiled two or three times will spoil even you, my high grade Mr. Golden Gate."

Nothing goes with GOLDEN GATE COFFEE but satisfaction. No prizes-no coupons-no creckery. I and 2 lb. eroma-tight time. Never sold in bulk.

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ear no interference from the United Stater.

POSSIBLE INTERVENTION.

Chronic wrongdoing, or an impotence which results in a general loosening of the ties of civilized society, may in America, as elsewhere, ultimately quire intervention by some civilized. nation, and in the western hemisphere the adherence of the United States to the Monroe doctrine may force the United States, however reluctantly, in flagrant cases of such wrongdoing or impotence, to the exercise of an inter-national police power. If every country washed by the Caribbean sea would show the progress in stable and just civilization which with the aid of the Platt amendment Cuba has shown since our troops left the island, and which so many of the republics in both Americas are constantly and brilliant Americas are constantly and primati-ly showing, all question of interfer-ence by this nation with their affairs would be at an end. Our interests and those of our southern neighbors are in reality identical. They have great na-tural riches, and if within their bor-ders the reign of law and justice obtains, prosperity is sure to come to them. While they thus obey the primary laws of civilized society they may rest assured that they will be treated by us in a spirit of cordial and helpful sympathy.

WHEN WOULD INTERFERE.

We would interfere with them only in the last resort, and then only if it became evident that their inability or unwillingness to do justice at home and abroad had violated the rights of the United States or had invited foreign aggression to the detriment of the en-tire body of American nations. It is a mere truism to say that every nation, whether in America or anywhere else, which desires to maintain its freedom, its independence, must ultimately realize that the right of such independence cannot be separated from the re-sponsibility of making good use of it.

MONROE DOCTRINE.

Its Assertion Has Been in American and Humanity's Interest.

In asserting the Monroe doctrine, in taking such steps as we have taken in regard to Cuba, Venezuela and Panaand in endeavoring to circumseria

the theater of war in the far east, and to secure the open door in China, we have acted in our own interest, as well as in the interest of humanity at large. There are, however, cases in which, while our own interests are not greatly involved, atrong appeal is made to our sympathies. Ordinarily it is very much wiser and more useful for us to con-cern ourselves with striving for our own moral and material betterment here at home than to concern our-selves with trying to better the condition of things in other nations,

SINS OF OUR OWN.

We have plenty of sins of our own o war against, and under ordinary ircunastances we can do more for the general uplifting of humanity by strivng with heart and soul to put a stop to civic corruption , to brutal lawless home than by passing resolutions about wrongding elsewhere. Never-theless there are occasional crimes committed on so vast a scale and o such recullar horror as to make us doubt whether it is not our manifest iuly to endeavor at least to show our disapproval of the deed and our sym-outhy with those who have suffered by The cases must be extreme in which course is jistifiable. There must be no effort made to remove the note from our brother's eye if we refuse to remove the beam from our own. But in extreme cases action may be justinable and proper. What form the action shall take must depend upon the circumstances of the case; that is, upon the degree of the atrocity and upon our power to remedy it.

CUBA'S CASE CITED. The cases in which we could inter-

fere by force of arms as we interfered to put a stop to intolerable conditions in Cuba are necessarily very few. Yet It is not to be expected that a people

aught are both strategic and tactica and are political as well as military. The experiences of the war have shown in onclusive fashion that while sea-go ing and sea-keeping torpedo destroy-ers are indispensable, and fast lightly armed and armored cruisers very us ful, yet that the main reliance, the main standby, in any navy worthy the name must be the great battleships beavily armored and heavily gunned Not a Russian or Japanese has been sunk by a torpedoboat, or by gunfire, while among the less protected ships, cruiser after cruiser has been de-stroyed whenever the hostile squadrons have gotten within range of one another's weapons. There will always be a arge field of usefulness for cruisers, specially of the more formidable type.

BATTLESHIPS NEEDED.

We need to increase the number o orpedobbat destroyers, paying less need to their baying a knot or two ex-1088 tra speed than to their capacity to keep the seas for weeks, and, if necessary, for months at a time. It is wise to build submarine torpedoboats, as under certain circumstances they might be very useful. But most of all we need to continue building our fleet of battleships, or ships so powerfully armed that they can inflict the maximum of damage upon our opponents, and so well protected that they can suffer a severe hammering in return without fatal impairment of their ability to fight and maneuver.

PERSONNEL.

Ofe course ample means must be proided for enabling the personnel of the navy to be brought to the highest point of efficiency. Our great fighting ships and torpedoboats must be ceaselessly trained and maneuvered in squadrons The officers and men can only learn their trade thoroughly by ceaseless practise on the high seas. In the event of war it would be far better to have no ships at all than to have ships of a oor or ineffective type, or ships which, however good, were yet manned by un trained and unskillful crews. The hest officers and men in a poor ship could do nothing against fairly good opponents; and on the other hand a modern war ship is useless unless the officers and men aboard her have become adepts in their duties.

MARKSMANSHIP BETTER

The marksmanship in our navy has improved in an extraordinary degree during the last three years, and on the whole the types of our battleships are improving; but much remains to be done. Sooner or later we shall have to provide for some method by which there will be promotions for merit as well as for seniority, or else retire-ment of all those who after a certain age have not advanced beyond a certain grade; while no efforts must be spared to make the service attractive to the enlisted men in order that they may be kept as long as possible in it. Reservation public schools should be wherever there are havy. provided yards.

THE ARMY. United States Has Set an Example

In Disarmament. Within the last three years the Unit-

HOSTETTER'S GET

notice any of these symptoms, Poor Appetite, Belching, Heartburn, Sick Headache, Costiveness or Sleeplessness and ache. Costiveness of Sieepleasness and you'll save yourself a lot of unneces-sary suffering. Nothing else can take its place, so we urge you again to in-sist on having Hostetter's with a Pri-vate Stamp over neck of bottle. It also cures Dyspepsia, Indigestion, Chills, Colds and Malaria. Try it and see.

HOSTETTER'S STOMACH BITEERS, all further effort to advance them and give them a greater share in their own

and the enlisted men, and it is most unjust that the commissioned officers and warrant officers of the navy should not in this respect have the same rights as their brethren in the army and as the enlisted men of the navy,

THE PHILIPPINES.

At Present Inhabitants Incapable Of Existing in Independence.

In the Philippine islands there has been during the past year a continua-tion of the steady progress which has obtained ever since our troops definitely got the upper hand of the insur-gonts. The Philippine people, or, to speak more accurately, the many gents. tribes, and even races, sundered from one another more or less sharply 30 10 go to make up the people of the Philipine islands, contain many elements of good and some elements which we ave a right to hope stand for progress At present they are utterly incapable of existing in independence at all or of

uilding up a civilization of their own I firmly believe that we can help them to rise higher and higher in the scale of civilization and of capacity for selfgovernment, and I most earnestly hope that in the end they will be able to stand, if not entirely alone, yet in some such relation to the United States as Cuba now stands. This end is not yet in sight, and it may be indefinitely postponed if our people are foolish nough to turn the attention of the Filipinos away from the problems of achieving moral and material prosperity, of working for a stable, orderly and just government, and toward fool

sh and dangerous intrigues for a com plete independence for which they are as yet totally unfit. WHY WE STAY.

On the other hand our people must keep steadily before their minds the fact that the justification for our sta Philippines must the ulti mately rest chieffy upon the good we are able to do in the slands. I do not overlook the fact that in the development of our interests in the Pacific ocean and along its coasts the Philippines have played and will play an important part, and that our interests have been served in more than one way by the possession of the islands. But our chief reason for confinuing to hold them must be that we share of the w ld's work, and this

particular piece of work has been im-posed upon us by the results of the var with Spain.

THE PROBLEM.

The problem presented to us in the Philippine islands is akin to, but not exactly like, the problems presented to the other great civilized powers which have possessions in the orient. There re points of resemblance in our work o the work which is being done b British in India and Egypt, by the French in Algiers, by the Dutch in Ja-va. by the Russians in Turkestan, by the Japanese in Formosa; but more distinctly than any of these powers we are endeavoring to develop the tives themselves so that they shall take an ever-increasing share in their own government, and as far as is prudent we are already admitting their representatives to a governmental equality with our dwn.

FILIPINO OFFICIALS.

There are commissioners, judges, and vernors in the islands who are Filipinos and who have exactly the same share in the government of the islands as have their colleagues who are Americans, while in the lower ranks, of course, the great majority of the pub-lic servants are Filipinos. Within two years we shall be trying the experi-ment of an elective lower house in the Philipping largeature. It may be that Philippine legislature. It may be that the Filipinos will misuse this legislature, and they certainly will misuse it if they are misled by foolish persons here at home into starting an agita-tion for their own independence or into any factions or improper action. In such case they will do themselves no good and will stop for the time being

srian Woening

A tonic alterative is needed to digest and ployed for the regaining of lost health. MANY LIVES SAVED assimilate the food. "About four months ago I contracted

THROUGH A LIFE-PRESERVER a severe cold, which terminated in a stitute, at Buffalo, N. Y., in many years hacking and most annoying cough," of extensive practice, found that he N eminent physician of this hacking and most annoying cough," of extensive practice, found that he writes Christian Woehlck, President Cal. could pin his faith to an alterative excity recently said : "Very ifornia 'Bruder Sam Fund,' 350 Fifth St., tract of certain plants and roots for the thin people live from hand San Francisco, California, whose like- cure of all blood diseases. This he to mouth, and have little ness is given above. "I also suffered called Dr. Pierce's Golden Medical Disreserve for emergencies." severely from catarrh, which affected my

Of course we know of per-sons whose nature it is to be thin—"born that way," some say, but there is a healthy standard by which a person who knows himself can gauge his good health or poor health. If for any reason he or she is below his or her began to be very anxious. A friend who normal weight, then it is wise to look called on me, said she had a bottle of out for trouble. In case the germs of Dr. Pierce's Golden Medical Discovery grippe, typhoid, or consumption gain an in her home, and that she never would gruppe, typhoid, or consumption gain an entrance to the body they find a fertile field and develop immediately. We can only compare this sudden taking on of disease germs by the thin body, to the fertile field which lays fallow until an unfortunate wind carries the seeds of some wild and worthless plant there and they quickly root and flourish. Almost any grave change in health is a tonce any grave change in health is at once the congested feeling in my head was betrayed by the loss of flesh, which relieved, and within ten days I was well shows most often in the face. This con- once more. I am thankful and happy dition almost always co-exists with im- that my attention was called to Dr. poverished blood. A gain of fiesh up to a certain point means a rise in other Another experience, showing the life-

A chemical test of the water from the human body will tell whether the kidneys are in good health or not. These tests of health are conducted by expert chemists every day without cost. This is only a very small part of the work of the staff of physicians and surgeons under the direction of Dr. R. V. Pierce, of Buffalo, N. Y., the founder of the Invalids' Hotel and Surgical Institute of that city To build up the body that has been weakened by an attack of grip, pneumonia or typhoid, write Dr. R. V. Pierce for advice, giving all your symptoms, and he will give you the best medical advice, and without cost. For those who are weak-

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