		I SAN J
NOTICE TO CREDITORS.	WARDS. BISHOPS.	E Nusan Baran
ate of Theophilus Williams, Decessed	Bountiful, East,	F. A. HAMI
	Bountiful, West,	William Hal
OTICE IS HEREBY GIVEN BY THE undersigned, John P. Isaac, adminis-		William Ada
or of the Estate of Theophilus Williams,	Hooper, South,	WARDS.
used to the creditors of, and all persons ing claims against the said deceased, to	Weber, South,	Bluff City
bit them with the necessary vouchers		Joli C
in tour months after the first publication its notice, to the said administrator at	EASTERN ARIZONA STAKE.	
t South and Seventh West Street, Salt		Burnham,
e City, in the County of Salt Lake.	JESSE N. SMITH, President.	. La Plat
JOHN P. ISAAC, ministrator of the Estate of Theophilus	L. H. Hatch, Oscar Mang, Counselors.	*Mancas Branch
Williams, Deceased.	Apache County, Arizona.	
ated at Salt Lake City, May 5, 1886.	WARDS. BISHOPS.	Moab,
	Alpine,E. A. Noble	
	Amily,	And the second second
KCELSIOR BAKERY	Heber G. C. Williams	SANPE
AUCLOIUN DARENI	Meadow, Peter Isnacson Navajó, Ernest Tautjeu	QARF 5
No. 10 East Temple St.	Nutriaso,	581
No. to East rempte of.	Omer,J. T. Eager Show Low,Hans Hansen	CANUTE PE
, 가슴 가는 것은 <u>2010년</u> 이 것이 있는 것이 같아.	* Snowflake,John Hunt	Henry Beal,
marr anna a	St. John,D. K. Udall	John B. Mai WARDS.
RESH BREAD.	Taylor,J. H. Standidrd Woodruff,J. C. Owens	Chester
OF HER THE CONTRACTOR TO A STATE OF A	Socorro County, New Mexico.	* Ephraim, Tirst W
BUNS, CAKES	Pleasanton,	Ephraint, Second M Fairview,
AND		Fauette
CRACKERS.	the second second second second	Fountain Green,
OTTAOR DIED.	EMERY STAKE,	Indianola,
	Emery County. Utah.	Manti South
RE CANDIES, GROCERIES,	C. G. LARSEN, President.	Mayfield,
Etc		Mount Pleasant, No
Buttercup Cruckers a	Orange Scely, Rasmus Justeysen, Counselors.	Mount Pleasant, So Pettweille
	* Castle Dale,	Pettyville,
Specialty.	Ferron, Fred. Olsen	Wells,
	Huntington,Charles Pulsipher. Moab,R. H. Stewart	
EDWARD SCRACE.	Molen,Lo S. Beach	SEVII
Propric ar.	Muddy,Casper Onristiansen Orangeville,Jasper Robertson	FRANKLIN S
	Price,	A. K. Thurbe
FOOTFO	and the second s	W. H. Seegm
r.FOOTE.Senior.	JUAB STAKE.	. (C. 17)
I UUIL, UUIIIUI,	Called an and a second s	WARDS.
of 190 Lexington Avenue, New York,	Junb County, Utah.	Annabelle,
	WM. PAXMAN, President.	Buriville
why mutions the public NOT to	Joel Grover,	Cainsville, Blainore,
ploy or Communicate With a		Glemoood
styling himself " Dr. Foot, Jr.'	WARDS. BISHOPS. Eureka,John Beck.	Gooseberry,
nous making due inquiry.	Juab Elmer Taylor, P. E.	Invertury,
gifte and the Ball Table Offer	Levan, Neils Aagaard, MonaJ. W. Haws.	Joseph,
is man came to Salt Lake City repre-	Mona. J. W. Haws. * Nephi, First Ward	Redmond,
rn of New York, the well known	Nephi, Second Ward,David Udall.	* Richfield, First W Richfield, Second H
alist, as abundantly proved by affida- As rumors came into Salt Lake City	Chine of the state	Salina
Dakota and Montana from an expose	KANAB STAKE.	Teasdale,
e there, he changed his base and repre- ed himself as the son of a more noted		
ialist in New York City than Dr. E. B. rs, the well known author. Mr. JOHS	Kane County, Utah.	Blace Wolling
ROW, of the well known Trow's Direc	E. D. WOOLLEY, JR., President.	Blue Valley,
in New York City (forty years in the fory business), Ex-Governor FEANE	W. D. Johnson, jr., (Counselors.	Grass Valley
LER, of Gtah, and the Hon. ABRAN	WARDS. BISHOPS.	Thurber
York Lity also Supers Postmaster in	Factory	teste finite
LER, of Utah, and the Hon. ABRAN LEMAN, for many years Postmaster in York City, also Surveyor of the Port, their affidavitts that there are no other	Glendale,	ST. GEO
ors in new lorg of the name of FOOT	* Kasab	J. D. T. MCAL
OOTE, excepting Dr. E. B. FOOTE, the anthor of "Medical Common , Sense," and h s two sons, Dr. E. B. FOOTE, JR.,	Lee's Ferfy,W. M. Johnson. Moccasin,Alvin Heaton.	Henry Eyrin
and h a two sons, Dr. E. B. FOOTE, JR.,	Mount Carmel,	D. D. McArt
Dr. HURE T T. FOOTE. The genuine SOOTE, Jr., will hereafter always em- the initials, E. B. in Jesignating his	Orderville,	Washin
the initials, E. B. in Jesignating his	Ranch,J. W. Seaman.	WARDS.
at home bus wherever his publications been circulated, by the name of Dr.	Upper Kanab,R. S, Bobinson.	Bellevue,
been circulated, by the name of Dr. TE, Jr. Greater care will be taken	No. of Concession, Name of	Duncan, Grafton,
after, in view of the fac that an un	LITTLE COLORADO STAKE,	Glen Edwin, Gunlock
cipled person has assumed to profit by nd his father's reputation.	Apache County, Arizona.	Hamblin,
ose desiring farther and more detailed		Harmony,
mation in respect to this matter, will we it by addressing Box 414, Salt	LOT SMITH, President.	Hebron,
e City Utah.	John Bushman, T. W. Brookbank, Counselors.	Leeds,
rsons having information of advantage laints s will kindly communicate the	WARDS. BISHOPS.	Mountain Dell,
laints s will kindly communicate the s to J. W. Ivey, with Sutherland & Mc.	Moan Coppy A. L. Farnsworth.	Pine Valley.
e, sait I ska City.	St. Joseph,J. H. Richards. "SunselP. W. Nelson.	Price,
onally or to order remedics should ad	Touto Basin,	Kockville,
E. 3. FOOTE, Sr., or Dr. E. 8.	James.	Shonesberg
FOOTE, Jr.,	and a second	Springdale,
20 Lexington Ave., New York.	MARICOPA STAKE,	St. George, Second
naultation, Eree, in parson or by latte	The second of second second second	St George, Third I

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Dr.

SAN JUAN STAKE. F. A. HAMMOND, President.	EVENING NEWS.
민화 연물 변성 집에서 집에 집에 올랐다. 지수는 것이 없는 것이 않는 것이 없는 것이 없이 않이 없는 것이 없는 것이 없는 것이 없이 않이	and the second s
William Halls, William Adams, Counselors.	Saturday - June 12, 1886
WARDS. BISHOPS.	
of Cuy,Jens Nelson	THEMAILS
Ioli County, New Mexico.	WHEN THEY ARRIVE AND
ham,Luther C. Burnham La Plata County, Colorado.	DEPART.
as Branch,Albert S. Farnsworth	MAILS. ABRIVE. CLOSE.
Emery County, Utah.	
b,	Eastern
(Ogden, Utah 105 am
SANPETE STAKE,	Park City, Utah
Sanpete County, Utah	Tooele, Utah 400 pm7 am. Alta, Utah
CANUTE PETERSON, Presiden	Southern Utah 6 50 pm 6 20 am.
John B. Maiben, Counselors.	The above is standard mountain time.
WARDS. BISHOPS	WM. C. BROWE, Postmaster.
enter	And the owner of the owner of the owner of the
hraim, Second Ward,C. C. N. Dorins irview,	THE WORD OF WISDOM.
ountain Green,James Yorghson unnison,C. A. Madsen	CONFIRMED BY PHYSICIANS AND SCI-
dianola,John Spencer	ENTISTS.
andi, North	Editor Descret News:
orani,	If any person, who has read the pre- ceding chapters on "narcotics," still
nunt Pleasant, South, Wm. S. Seeley.	ceding chapters on "narcotics," still maintains the opinion that either of
ring City,J. L. Pescock	the articles condemned therein are good, I think his case is almost hope
lls,	less. Testimonies of physicians and
SEVIER STAKE.	scientists might be added by the hun- dred, but to the person who does not
I AND PARAMETERS CONTRACTOR AND	want to believe, or whose intellect is
FRANKLIN SPENCER, President. A. K. Thurber, Commenter	obtuse, it would be but wasting time to continue submitting such facts
A. K. Thurber, W. H. Seegmiller, Counselors.	even though sustained by The Author of all Truth. I will, therefore, close
Sevier County, Utah.	this part of the evidence confirming the
WARDS. BISHOPS. napelle,J. S. Staker, P. B	Divinity of the Word of Wisdom, feel- ing assured that enough has been said
urora,	to convince the readers, whom it is
aineville,G. S. Bust, P. F. ainore,J. W. Sylvester,	possible to convince, that tea, coffee tobacco, and strong drinks are "not
sucood	good for man," woman or child, and their use, to any extent, should be
oseberry,A. J. Russell, P. K. cenwich,	abandoned.
seph,G. A. Murdock	With your permission, I will now submit one more chapter, showing medial and scientific reasons why the
onroe,	medial and scientific reasons why the habitual, daily, eating of flesh is in-
Richfield, First Ward,Paul Poulson Nchfield, Second Ward,J. S. Horne	jurious to human beings, and why grains, fruits and vegetables are the
lalinaJens Jensen. Feasdale,	grains, fruits and vegetables are the best foods for mankind, in these par-
ermillion,Peter Gattfredson	ticulars also clearly substantiating the
Pinte County, Utah.	divine origin of the Word of Wisdom. D. M. McA.
ius Valley,	· · · · · · · · · · · · · · · · · · ·
rass Valley,J. H. Wright. "hurber,	CHAPTER IVFOOD.
	I quote the following from a prize essay, by Dr. Frederick R. Lees, F. S. A. of Scotland:
ST. GEORGE STAKE.	A. of Scotland : "There is nothing in the tissue of the
J. D. T. MCALLISTER, President.	animal which was not in the plant-
	save the excrementitious elements of itself. 'All flesh is grass,' and some-
D. D. McArthur, Counscious.	thing more; otherwise all grass would
Washington County, Utah.	be flesh, which it is not. The three kinds of aliment-1. The inoganic; 2.
WARDS. BISHOPS. ellevue,James Sylvester, P.B.	The fat constituents of fuel and organ- ization; 3. The nitrogenized, or plas-
nuncan,	tic nutrient substances which are
en Edwin,Edwin Hamblin, F. E	originally contained in the products of the field and orchard. To procure
nlockJ. S. Huntaman mblin,G. O. Holt; P. E	them through the blood and interces-
armony,	sion of an ox or a hog, after months of feeding and fattening, during which the
lebron,T. S. Terry	hody of the beast has been many times

...Oliver Demill, P Ward,.....Thomas Judd. Ward,... Walter Granger

June 12, 1886 EMAILS HEY ARRIVE AND DEPART. ARRIVE. | CLOSE. pm... am... am...

he above is standard mountain time.

ED BY PHYSICLANS AND 50⁻⁻ conditions and general social depar-target from the normal state. Queckelor to mouncated to the child. And the mother is as of the optimized there are the social depar-target from the normal state. Queckelor to mouncated to the child. And there are social depar-target from the normal state. Queckelor to the mouncated to the child. And there are social depar-tion of the social department of the mouncated to the child. And there are social department of the mouncated to the child. And there are social department of the mouncated to the child. And there are social department of the mouncated to the child. And there are social department of the mouncated to the child. And there are social department of the mouncated to the child. And there are social department of the mouncated to the child. And there are social department of the mouncated to the social state of the mouncated to the mouncated to

nothing in the tissue of the h was not in the plant-rementitious elements of lesh is grass,' and someotherwise all grass would hich it is not. The three nent-1. The inoganic; 2. tituents of fuel and organhe nitrogenized, or plas-substances which are ntained in the products of ad orchard. To procure h the blood and intercesor a hog, after months of. attening, during which the circumstances. 'Diseases of the Brain. The small number of cases of apoplexy, I at-trioute to the New Zealanders not using wine, spirits, or peer as common dirfuse, the mass of versus the result of cerebral disease, is almost auknown. "The exemption of the New Zealander ers from epilepsy is worthy of the most particular attention. From the the ythe level to impocence and total a length of rolden version primitive food of while ythe lived in innocence and total a length of rolden version primitive food of the the species of the sworthy of the most particular attention. From the the species of apoplexy, we may inter that a length of rolden version primitive food of the species of the sworthy of the most particular attention. From the the species of the system of the system of the system of the species of the streng of the system body of the beast has been many times over buint up and dissipated in the process of combustion and waste, is certainly a circuitous - and -wasteful method, which would demand yery weighty compensations to vindicate it. As a matter of clear calculation, to se-lect a medium example, it can be shown that £3 worth of wheat would restore as much the waste of the body as £12 worth of English beef. 88.8 84.0 87.3 87.0 87.0 87.0 87.0 is to be found in the use of a vegetable diet, without any stimulants. Many of the attacks in Great Britain arise from eating and drinking too much. * * It may be said that the Polynesian race are little liable to disease of the brain, but this is not the case; for among the Malays in Cey-len-a similar race-apoplexy, epilepsy, mania, paralysis, and detirium tre-mens, are all to be seen; but if they do not drink alcohol [which they do in toddh] then attribut they do in 100. 100. 114.3 11 OF toddy], they stupity themselves with opium: 'The exemption of the New Zealanders from dropsy and kidney disease, may be chiefly attributed to their abstinence from spiritaous liquors; and in part to scariatina being as yet al-most unknown among them.' Such facts are proper to remind us 10.0 114.5 1 that our sufferings as a nation are Solid Matter. self-inflicted-not the result of some .0000000000 inscrutable Providence, but the penal-ty most wisely and justly attached to our wilful persistence in evil. Amongst the ethical reasons for pre-ferring vegetable to animal food is the fact, that while a free flesh-diet tends bs. of each of the Articles of Diet. to intemperance in liquor, the use of vegetable-oils, or the constituents of fat (starch and sugar), give a distaste Carrots. Potatoes Butcher's Meat White Bread (st Peas Barley-meal Whett-meal Corn meal for alcoholics since the two substances retard each other's combustion. Veg-etarianism, therefore, is a physiologi-cal guarantee of fidelity to temper-ance. (Those who take much fat, but-ter or oil cannot take wine, and feel no design for the boot design.) 8 The intimate bond which exists be-tween the lood, the blood, the nerves and the brain is never questioned by reflecting men. Nay, even physicity desire for it.-Prof. Gregory's Organic By adapting the production of our soil to the wants of man as indicated soli to the wants of man as indicated by instinct and demonstrated by the analyses of science, we could support an increasing population in compara-tive affluence, add prodigiously to the industrial wealth of the country at large, and give at once a new direction and a vast impetus to its agricultural improvement reflecting men. Nay, even physiolo-gists will admit the truth of our theory in relation to certain persons or dasses, but make some door of escape for men in general. For want of lu-didity, they cannot be made to see the improvement. Moleschott, who confounds a vege-tal diet with a diet of green vegetables (1), concedes, sgain and again, both the positive and negative basis of our absoluteness of a tendency or the essence of a principle. The fact of the relation between creatine (or gravy-essence) and caffein has been already stated; and to snow how impossible it is to rank such the positive and negative basis of our plea. "The legumes,' says he, 'are superior to meat in the abundance of solid con-stituents they contain; and while the amount of albuminous substances may surpass that in meat by one-half, the constituents of fat and the salts, are also present in a greater abundance. "Meat, bread and leguminous seeds are serviceable in supporting the nutrition of the brain. " Blood flesh, milk, et2., are abundantly formed by peas, beans, lentils: and for this reason they are the comfort of poor people, to whom flesh is so seldom and so sparingly alletted. " Potatoes, combined with a certain proportion of white of egg (albumen) become as nourishing as milk or flesh. " The growing youth should be provided with constituents of the acertain proportion of white of egg (albumen) become as nourishing as milk or flesh. " The growing youth should be provided with constituents they contain the acertain proportion of the should be provided with constituents they are oblight the providence over recognized nutrient that even in distress they are only the create ally formed to the secape with the ex-terts." The order segment of severe severe in discusses into are severe into an excluse severe in discusses into are severe into an excluse severe into a transmitter are severe into an excluse severe into an excluse severe into an excluse severe and interval and areas and interval and areas and interval and areas a

noble tenderness of heart and pacific meekness of the pastoral tribes, with the milk and the fruits whereon they subsist?' It is an established fact, familiar to observation, that not only does beef with its abundant creatine (or gravy) neimarily excite the heart and vacuular in the soundant creatine (or gravy)

primarily excite the heart and vascular system at large, but it exercises, secondarily, a very sensible narcotic number of cases I came to the conclu-sion that the languor and faintness Free Press. which occurred about 11 and 4 o'clock was due to poisoning by the products of digestion of breakfast and lunch. I effect, disinclining to mental effort, and inducing an almost irresistible drowsihave seen the conclusions to which .

ness. This is evidently a frequent con-dition of the carnivora, but one hardly indicated as proper to man. What must be the effect of such a morbid, and therefore excessive stimulus, upon the blood and brain of man? [Experi-ment will show, in nine cases out of ten, that a generous dinner of flesh in-disposes for mentau efforts. But if have seen the conclusions to which i been made by professor. Albertoni, of Genoa, and by Dr. Schmidt-Mulhem, in Prof. Ludwig's laboratory at Leip-sic."] (We have seen, now and then, a foolish attempt to show that alcohol is a good thing as food, because it has ness. This is evidently a frequent conthe blood and brain of man? (Experi-ment will show, in nine cases out of ten, that a generous dinner of flesh in-disposes for mental efforts. But if Interary men persist in their pursuits, under the stimulation of alcoholics, and of flesh suppers conjoined, a most fatal disturbance of the mental balance will compating follow. The late Harsh is a good thing as food, because it has been found in some parts of the human body generated by some chemical change in the products introduced! The case above is an answer; to which we may add the further illustration sometimes follow. The late Hugh ller is a melancholy illustration. that marsh-gas and that powerful pro-toplasmic poison, sewer-gas (sulphur-etted hydrogen) are both often gener-Punch illustrates the influence of h-eating and wine in breaking down paralyzing prematurely the organic need not scrub the floor till your wood-work is all cleaned.

ated in the human system.) "It is no empty prejudice to state— nay, it is a real belief in the general prevalence of a demonstrated natural law—that the nature of the mother is tem. So do many great novelists.) One fact will serve te show the essential connection between the material conditions and general social departures from the normal state. Quetelet has shown that the stimulation of the ommunicated to the child. And there

exist for the sake of sportsmen, and

The exciting causes are excess in eating food, often bad in itself (as matter and potaties in a state of decay) and the fact as a mark of barbarism not yet instead with the civilization, and to regard the fact as a mark of barbarism not yet instead without stopping to defend the "rights" of "dumb-driven cattle"—to the lowest quarter of the city and invited six noor, dilapidated, half-to the control of the day at her seaside home. These particulars show that their exemption from other disorders cannot of easily slaughter, and all the horrid is easily slaughter, and all the horrid is easily slaughter. These particulars show that their exemption from other disorders cannot of easily slaughter to their generally happy circumstances. 'Diseases of the Brain. The small number of cases of apoplexy, I attribute to the New Zenerally, I attribute to the New Zeneral to the New Yeneral to the New Zeneral to the New Yeneral to the New Yen

TO YOUR Hints on House-cleaning. There are several things that I want to remind you of to make the disa greeable part of our work easier. It greeable part of our work easier. If you must(as sometimes happens) take up a carpet without carrying out your stove, do not get down on your knees and lift till you "see stars" and every bone in your body cracks. Do not try to lift the stove with one hand and pull the carpet out with the other; but Horse's Feet



OOK WEL

at all that way, and a little child can draw the carpet out for you, if you tell him just how. After your carpet is out, sprinkle the floor pleatifully with wet sawdust, or damp earth. This will clean the dirt up so (when you sweep it all out together) that you ⁴ The above drawing was made from a showing the lamination of Iron in the Rolled and Shearing process.



save you time, soap, and "elbow-This drawing was made from the mail own in Figs. I and 2.

BOSTON, MASS.

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N. R. Fawoett O. N. Smith J. G. Hafen

to excess or habitual moderation, on the function of the liver, are now well known.

absence of epilepsy, we may inter that the proper treatment for that maiady blood, bl A stranger to the savage arts of life, Death, rapine, carnage, surfeit, and dis-

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Put a little aqua ammonia in the

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Case-The Lord, and not the tyrant of the world. THOMSON.

Starting in search of the regimen which would best promote the sound mind in a sound body; examining into the authority and significance of Na-ture's testimony; carefully consulting the archives of a bread and varied exthe archives of a broad and varied experience; analyzing the conditions and lawsof diet in their man form aspects; observing the histological methods of nutrition and the contrasted pathologi-cal symptoms; entering into the has a charming summer place at Brainobserving the histological methods of nutrition and the contrasted pathologi-cal symptoms; entering into the economics as well as the character of supply and demand; and, finally, pur-suing the relations of food to the ultimate purpose and highest aspirations of human life; we come to the clear conviction, not only that Vegetarian regimen is compatible with bodily strength and mental vigor, but that a return to the tree, Mass, and every summer she has

mental vigor, but that a return to the normal diet of mankind, 'Woven with sunshine and ethereal fires.'

would be a return to a state which is would be a return to a state which is most consonant with the greatest amount of enduring toil, with the deepest reach and clearest perceptions of the human intellect, with the high-est purity of moral feeling, the utmost serenity of temper, the completest mastery of passion, and, by conse-quence, accordant with the truest de-velopment of moral feeling, and the

Union are widely different. There is an affinity between the young ladies and gentlemen of Baltimore that does not exist so extensively among the best people of the other citles of the cast. A Baltimore girl will go to a ball alone with a man with every sence of propriety and without shocking any-body's sensibilities, while a girl of the same sociol position in New York would not.

WOMAN AND HOME.

I have many times observed the su-perior tact with which woman adapts herself to circumstances. Indeed, her impulse in that direction is instinc-tive. He must be a wise man who shall tree her must be a second of the shall

tive. He must be a wiseman who shall teach us why that is so. We know the migratory habit of birds. The assump-tion is that the Creator endowed them with a knowledge when to fly southward and of the time to fly porth-ward. I assume, also that the creation theory is applicable to women in her desire to fly from base surroundings. It is not worth while to argue that there are many debased women. We all know it, but the reason for it is found in arti-ficial circumstances.

but the reason for it is found in arti-ficial circumstances. Debasement is unnatural to woman. Even in that condition, however, she illustrates a kind of superiority that seems to be inherent. The outcast is, perhaps, reckless of her good fame lost; but it is only in the last stage of her descentinto the social sheed that she becomes indifferent to those re-finements which make her sttrac-tive. Thus foo deal merely with the small facts of the case) she is fond of

MIEG. OOO, and a dinner, with plenty of good beef -BUILDERS OFand vegetables and a pudding after that one tot, whose eyes were bigger than her capacity, cried because she couldn't eat any more of. This is in-FINE CARRIAGES, deedia nodie charity, for the \$ind and IUGGIES & SPRING WAGONS generous heart that, provides for these children and makes no fuss about it, and would be much surprised to hear it spoken of as an unusual act of kind-FARM, PREIGHT, ness. Another lady who formerly ilved in Boston, now of New York, does even more for the children in vicinity. She tre and Traveling Wagons.



Curated, out the one shadow on the picture is the despair they show when obliged to go back to their homes in the city. That is saddening; some are indifferent to the change, or they do not appreciate what a good time they've had till it is gone.—Albany Journal. Lamps Cloth,

The ideas and customs of society beoplein the different cities of the Union are widely different, There is ALSO REPRESENTING I. Case Threshing Machines, Steam Engines, Saw Mills

and Horse Powers, McCormick Steel Harvesters,

same social position in New You would not. A New York girl will only go to and Twine Binders, ball when she is properly chaperoned. Ikdow of a young lady in this city who was even timid of the comments of lowers and Reapers,

South Bend Chilled Plows, Weir Steel Plows,

Sulky Plows and Harrows, Hollingsworth Hay Rakes, MACHINE EXTRAS.

33 and 35 Main Street, SALT LAKE CITY, UTAH. DESERET NEWS

BOOK AND JOB Printing Establishment.

STREET DESCRIPTION OF PLAIN AND FANCY

JOB PRINTING



