## A JEWISH MOVEMENT.

THE latest issue of the Millennial Star that has reached us contains an editorial on "The Return of the Jews to Palestine," and, in connection with it, reproduces the following article from the Liverpool Post, which will doubtless be interesting to many of our readers, who are looking for the literal fulfilment of ancient and modern pro-

A subject more important than all the rest, as far as "talking" is concerned, was last week in London society discussed in every key, and still remains the awe-striking sensation of the moment. It has stirred up the dormant enthuslasm of the Jewish population of London, and created a deep pathetic interest in the minds of every educated Christian in society. By some the event is regarded with the deepest reverence as a fulfilment of deepest reverence as a fulfilment of Scriptural prophecy, and by others as the opening of a new era in the history of the people, whose patience and long-suffering, whose commercial industry and artistic talent, have filled us with admiration great enough to have with admiration great enough to have inspired envy and malevolence amongst every besotted, ignorant community in

There be many people in London, and not among the most ignorant either, who are beginning seriously to exam-

not some charitable people of their own persuasion come to their aid. The Jewish Alliance behaved most gener-

But the interference of Baron Roths-child has entirely changed the aspect of affairs. On hearing of the straits to which his people had been exposed, he sent an agent to visit the japot, with full power to relieve the wants of the cars are overheated in winter. This starchy elements of grain upon the members of the colony—that of entire submission to the rules and regulations laid down by him for their benefit. The greater number of the colonists were at that moment in a cars are overheated in winter. This starchy elements of grain tables, rather supports the complex of the c

state of such misery and destitution that they signed without hesitation their adherence to the baron's decree. To each family was then allotted a monthly stipend of twelve francs per Lead, children included. The few who still possessed ever so small a resource refused, however, to agree to the conditions imposed, insisting on a clear understanding as to the baron's ultimate intentions. But their resources soon failed, and they joined with the rest in due submission to their master's will. As the formal permission of the Turktsh Government to build upon the ground already bought and paid for near Cesarea was purposely delayed from day to day, Baron Rothschild ordered a number of wooden houses to be constructed in Roumann.

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ness of furnishing and ornamentation; and sanitary precautions are made to give way to the multiplied artificialities of existence. Our civilization is becoming overdone. The tendency should be toward greater simplicity. The custom of surrounding dwellings too freely with trees and shrubbery, as often seen in viliage and country homes, is a most pernicions one; and in these damp and sunless rooms, it is no wonder that phthisis, rheumatism, and maiaria find a fertile atmosphere for their development.

Another source of nervons-

phere for their development.

Another source of nervousness and lowered vitality, in
connection with insufficient ventilation, is the extreme degree to
which our houses, places of business,
theatres, churches, hotels and railroad
cars are overheated in winter. This
custom alone is sufficient to prevent
Americans from ever begoming a robust
people.

ning the hands, honesty; to remove stains, repentance; for improving the sight, observation; for improving the voice, civility; Ito keep away moths, good society; a beautiful ring, the home circle.

good society; a beautiful ring, the home circle.

Patent Medicines.—The truth is, when people consult the doctor, they want to get the worth of their money, and they want it in something they can see, taste and smell, in short, in something that will do them good: and their idea of that is, something that will make them sicker before they are allowed to get better. If they do not get it from one doctor, they will from another. Failing to get it, or what is more likely, getting too much, they abandon the doctors, and take to "Kennedy's Medical Discover," "Warner's Safe Kidney and Liver Cure," or "Lydia Pinkham's Cempound," or some other hostrum put up in a quart bottle, advertised in an almanac, and for sale by all druggists. The extent to which these and the many kindred nostrums are used among all classes of people is appalling. High and low, rich and poor, educated and unedneated, servant girls and sewing girls, lawyers, judges, ministers and, I am sorry to say, somethmes doctors, voluntarily tax themselves to build palaces, steamboats and pleasure-yachts, and to buy fast horses and buildog pups for the millionaire proprietors of these health-destroying and disease-producing nostrums in almost every city in this conntry.

Baking Powders and Digestion.—

Vinegar and Indiquestion.—It is the business of the saliva to digest starch, and by its alkalinity, to stimulate the secretion of the gastric juice in the stomach. It is well known that the saliva is unable to act upon starch in the presence of an acid. Experiments nave shown that even so small a quantity of vinegar as one part in 5,000 appreciably diminishes the action of saliva upon starch. One part in 1,000 renders it very slow, and twice the latter quantity arrests it altogether. From this it is evident that vinegar, salads, and other preparations in which vinegar is used are unwholesome, especially when taken with farnaceous food, such as bread and other grain preparations. There is a popular notion that by the use of vinegar a tendency to increase in firsh may be antagonized. The physiological fact that fat is largely formed from the starchy elements of grains and vegetables, rather supports the popular notion; but this method of reducing weight should not be encouraged, as the loss of flesh is secured at the expense of good digestion.

There is more poison in a cup of strong tea than in a glass of ale or beer, and yet many persons who suppose themselves to be good temperance people, are trying to fight the drink demon with the fictitious strength of strong tea and coffee strong tea and coffee.

strong tea and coffee.

Death from Decayed Meat.—The death of the late mayor of Omaha, from eating chicken which had been preserved by freezing, and after being thawed out had become slightly tainted before heing used, has called public attention to the fact that the use of tainted meat is in the highest degree dangerous. The process of decomposition in meat develops poisons known as ptomaines. Cooking does not destroy these poisons. It is probable that many mysterious cases of illness are due to this cause. Sickness from eating canned meat, and from cheese poisoning, are also attributed to the same class of poisons.

Rational Dress.—"The requirements

Rational Dress.—"The requirements of a pericct dress are: 1. Freedom of movement; 2. No pressure over any part of the body; 3. No more weight than is uccessary to warmth, and both weight and warmth equally distributee; 4. Quick changeability; 5. Grace and beauty combined with comfort and convenience; 6. Not departing too conspicuously from the ordinary dress of the time.

Maxim—Clothing sould follow the natural lines of the body.

natural lines of the body.

Indifference Flabout Health.—An old writer has quaintly asked: "Who is ne that values health at the rate it is worth? Not he that hath it; he reckons it among the common ordinary enjoyments, and takes little notice of it, or less regards it than his long worn clothes, perhaps is more careful of his garments, remembering their price; but his health costs him nothing, and coming to aim at so easy a rate, he values it accordingly, and hath little regard to keep it; is never truly sensible of what he enjoyed until he finds the want of it by slekness; then health above all things, is earnestly desired and wished for.

THE CODE OF HEALTH.

### THE CODE OF HEALTH.

The laws which relate to individual health may be concisely summed up as

follows;

1. Breath only pure air.

2. Drink only pure water.

3. Eat only pure food.

4 Take sufficient muscular ex-

crcise.
5. Preserve proper attitudes.
6. Discipline the mind by proper mental excercise.
7. Take proper rest and recreation and sufficient sleep.
8. Restrain the passion and govern the emotions.

6. Discipline the mind by proper mental exercise.

7. Take proper rest and recreation and sufficient sleep.

8. Restrain the passion and govern the emotious.

9. Give due attention to personal cleanliness.

10. Be temperate in all things.

Cess-Pools are Disease Breeders.—House slops may be carried out and distributed over the surface of the ground so widely that evaporation will quickly render them innocuous. If this plan is adopted, the garden should be divided into three or four areas, which should be used successively, one each day.

Editor Deserct News:

A fatal accident occurred at Crafts & Co.'s quartz mill on Saturday evening last, the victim being a boy recently from Salt Lake City.

Mr. Geo. Busky furnishes the following particulars: The boy, named John Webber, who has a father and sister residing in Salt Lake City, was living with Mr. Busby at Lake Town (Ingersol) about 12 miles from here down the river.

Crafts & Co.'s mill is situated about 30 miles northwest of Lake Town. Mr. Busby baving oceasion to visit the mill took the lad, who is about 15 years old, along with him. On arriving one each day.

Surmer Complaints.—The summer complaints of children, which carry off so many thousands of little ones, especially those below five years of age, are almost wholly due to bad feeding. Feeding little children meats and vegetables, and all sorts of such articles as are found on the table in most families, is in the highest degree injurious to children. Many times these articles are fed to little ones whose digestive organs are not prepared to dispose of starchy food of any sort, particularly starchy vegetables and other farinacious foods. Children who are fed properly, bathed every day and given an abundance of out-of-door exercise, will not be likely to suffer from bowel complaints.

Learn to Live Healthfully. — For 10 cents, I will send to any address 25 four page Tracts on health topics, and a list of Health Publications. D. M. McAilister, 66 Centre Street, Salt Lake City.

membership on account of sex, creed or color.

The Constitution for Local Assembles of the Order provides, in section three, article one (if I remember rightly), that no person who either sells or makes a living or any part thereof by the sale of intoxicating liquors or derives any benefit therefrom either directly or through any member of their family; and no banker, broker, lawyer or professional gambler can be admitted. Prior to the meeting of the general assembly of the Order, which couvened in Hamilton. Ontario, last iall. Some self-righteous individual songht to amend the foregoing section, by adding the words: "and no bigamist or polygame."

Jollowed to the grave by many whose eyes were moist with sorrow for the fate of the little stranger, as also for the stricken parents and slater. Mr. Busby was very much affected while rectived a day or two previous to his death from his sister younger than he, wherein she had counseled him to be a good, obedient boy and God would gold his footsteps.

Mr. Busby telegraphed a friend in Salt Lake City to

FIND THE FATHER

and apprise him of the fatality, as also to get his wishes with regard to the disposition of the body—whether to

ist; or those who believe in bigamy or polygamy, can be admitted."

When the proposed amendmental came before the local assemblies for consideration, myself and other two, were appointed a committee to draft a protest against the foregoing amendment, which protest, after being approved by our assembly, was forwarded to the delegates who represented district assembly 82 and by them to the general assembly, and to the credit of the latter body be it said the change in question was promptly quashed.

It seems to me that for a local, or even a district assembly to tryito do by resolution what the general assembly.

even a district assembly to tryito do by resolution what the general assembly nas specially refused to do, is only deserving of a smile of contempt. For myself I think it is quite time to punish a man when he is guilty of an infraction of the law.

The order at large must not be held responsible for the vagarles of a small section thereof. So far as my observation has gone, there are cranks in all organizations (the Church of Jesus Christ of Latter-day Saints not excepted) who would deprive those of their fellows whose faith and practice falled to touch high water mark of all the amenities of civilized life.

Your supposition that the number of

Your supposition that the number of Mormons who have identified them-selves with the Knights of Labor could selves with the Knights of Labor could be counted on the flagers, is erroneous, as I personally know enough of them to require several repetitions of the operation, the standing of many of them in the Church being beyond question. Farther than that there are many members of the Church who are identified with labor ornganizations other than the one in question, and I believe that so long as any members of the Church can be found identified with capital and the grinding process adverted to in your article, complete segregation of your membership from the labor movements of the age will be found an impossibility.

Trusting that you will pardon this prolix intrusion on your valuable space, I am, yours truly,

VINDER,

### A BOY KILLED.

FATAL CASUALTY IN A QUARTZ MILL IN MILLARD COUNTY.

DESERRY, Millard County, September 6th, 1886.

Editor Deseret News:

# THE BOY WAS CAUTIONED

by Mrs. Busby about the danger of getting into the machinery, and Mr. Busby intended to take him into the mill and point out to him the dangerons places, and in the mean time requested him to go in to supper, while Mr. Busby assisted a frlend to unharness the horses. The lad hastily swallowed a few mouthfuls and, unknown to Mr. Busby, went over to the mill. Mr. L. Crafts, the engineer, noticed the boy standing near the supply pump watching immovements, and turned to inspect the water gauge. A few feet from the pump the driving belt was running at a great speed, connecting the drive wheel of the engine with the battery. Mr. Crafts was startled by the instant stopping of the stamps, and thought the driving belt had broken and struck the steam pipe a few feet above the engine. Turning quickly he saw the boy lying on the floor a few feet from where he last saw him, in a

# FEARFULLY MANGLED CONDITION.

THE KNIGHTS AND THE

"MORMONS."

SALT LAKE CITY,
Sept. 10th, 1886.

Editor Deseret News:

In your issue of the 3d inst., I notice an article entitled "The Knights and the Mormons," in which you state that the Knights of this section have passed a resolution excluding from membership persons who pelieved in the rightfulness of plural marriage.

Now, sir, it is expressly declared in the preamble and declaration of principles of the Order of Knights of Labor that no person shall be debarred membership on account of sex, creed or color.

The Constitution for Local Asseme. It is surmised that the little fellow

His remains were brought to Deseret last evening and interred to-day. The people here did everything in their power to assist Mr. Busby in preparing the body for burial. The funeral service was conducted under the anapices of the ward anthornies, and was followed to the grave by many whose eyes were moist with sorrow, for the fate of the little stranger, as also for the stricken parents and sister. Mr. Busby was very much affected while relating the incidents and especially so when he spoke of a letter the boy, had received a day or two previous to his death from his sister younger than he, wherein she had counseled him to be a good, obedient boy and God would guide his footsteps.

Mr. Busby telegraphed a friend in