

MENTION THIS PAPER. DEP'T 1078. East St. Louis, Ill,

"KEEP MONEY AT HOME"

By insuring with the

CENTURY MF'C CO.





GONE TO BEAR HEAVEN BY THE MUSHY FOOD ROUTE.

Some little Johnny bears ate too freely of pasty, undercooked oats and wheat-got more starchy food than they could digest.

One had appendicitis and the other bowel trouble. They learned too late that pasty, starchy and half cooked cereals, added to white bread, potatoes and other starch food, makes more starch than the average man or woman can digest. Then follows "starch indigestion," well-known to physicians and a very common complaint.

If the food is not changed, serious bowel complaints set up and all too often appendicitis follows, directly traceable to irritation and disease caused by undigested starch.

These facts caused the invention of

GRAPE-NUTS

In which the starch of Wheat and Barley is transformed by scientific cooking into sugar (shining on the outside of each little granule of Grape-Nuts),

One can have the delicious ready cooked food, enjoy it, obtain the value and energy of the carbohydrates and yet not in the least tax the digestive organs.

Don't let any one deceive you by saying the stomach and bowels need hard and indigestible oats and wheat to give them exercise!!!!

They get too much exercise usually with the other food.

Never fear that the organs of digestion will get weak from lack of exercise.

Tax them a little further than you are doing at present and you may join the Johnny bears, with ears in the daisies and feet to the stars.

There is sober fact worth careful thought in the tremendous mistake made in the selection and use of indigestible food.

Bodily health and increased strength follow the use of

GRAPE-NUTS

Solid proof of its value. There's a reason.

rmy as a private. After the war he studied law h in Democratic politics and was eventually elected attorney general of Tennessee. General Wright was appointed by President McKinley a member of the Philippine commission and by President Roosevelt vice governor of the islands.

born in Tennessee fifty-six years ago and at the age of fifteen entered the Con-

GENERAL LUKE E. WRIGHT, WHO WILL BE GOVERNOR OF THE PHILIPPINES.

General Luke E. Wright, who has been selected to succeed Judge W. H. Taft as governor of the Philippines upon the latter's retirement to assume the office of secretary of war, is one of the ablest lawyers in the south. He was

on July 28, 1899, for which he served a pfleet assembled at Bar Harbor. term of two and a half years in Sing Sing, and was identified at that time by Capt. Colleran of Chicago as Philip Bailey, who, several years before, had been under indictment for steaing a \$10,-000 diamond pin from a jeweler in Chi-

Rev. J. L. Corning Dead.

New York, Sept. 2,-The Rev. Dr James Leonard Corning, the celebrat-ed pulpit orator and historian and di-plomat, is dead in Munich, according to a private dispatch just received here Dr. Corning, who was 72 years old had been active as a minister for the hast 20 years, was one of the most celebrated art historians of the present age, and had lectured both here and abroad on his favorite subject.

He was at one time American consul at Munich. He was an intimate friend of President Lincoln, General U. S. Grant, and Henry Ward Beecher.

CASE OF DRIGGS.

His Counsel Wants Statute of Limitation Liberally Construed.

New York, Sept. 2.-Counsel for exis under indictment in connection with the postoffice frauds has filed in the United States circuit court, Brooklyn, a brief as to the constitutionality under which the indictments were found. The point is made that the statute of Imitations shall be liberally construed in favor of his client. The contention is that Driggs did not qualify as memher of Congress until Dec. 4, 1895, while the money or check from the cash register company mentioned in the case was given in Ma.' of that year,

NEW STEAMSHIP CO.

Will Run Between Peru and Panama, Under Peru's Flag.

New York, Sept. 2.—A new steamhip company has been organized to en-gage in coastwise trade between this country and Panama, under the Peru-vican flag, says a cable dispatch to the Herald from Lima, Peru. Nearly all the stock has been subscribed for and directors have been described. The and directors have been clected. The company is negotiating in Europe for eight steamers, each of 1,500 tons and a speed of 18 knots.

REV. P. J. MURPHY RESIGNS.

Severs His Releations with the Paulist Fathers.

New York, Sept. 2 .- The Rev. Patrick New York, Sept. 2.—The Rev. Patrick J. Murphy, C. S. P., has resigned from the Paulist order in this city. Having been released from the obligations of the New York archdiocese by permission of Father Deshon, superior of the Paulist order, and Archbishop Farley. Father Murphy has affiliated with the Daven-port, Iowa, diccese, and Bishop Cos-grove of that see has appointed him professor of history in his diocesean theological seminary. Father Murphy's resignation is the

Father Murphy's resignation is the culmination of a controversy which has lasted more than a year. It is said to have been brought about finally by the part Father Murphy took in the Jane Morris will case

Morris will case. John Hughes, a nephew of the Rev. John Hughes, assistant superior of the Paulist order was alleged to have in-

"Our immense coast line and our rap-idly increasing world trade," says the admiral, "demand a navy. We must have it for our own protection; and it rests with the Navy league to instill this idea into the minds of all classes of citizens until the pressure of public opinion gives us such a navy as is needed for the country's prestige or safety

prominant

The British fleet-that which is in nome waters alone, forming but a frachome waters alone, forming but a frac-tion o fthe British navy-which would be available as an evolutionary sigual-ren includes 20 battleships and 30 crui-sers. The home French fleet includes 16 battleships and 11 cruisers; the home fleet of Germany eight battleships and five cruisers. five cruisers.



Wm. Sipes, After a Quarrel In Writing, Shot His Wife.

Chicago, Sept. 2.-William Sipes, a deaf mute, had a quarrel in written conversation with his wife last night, and at its climax shot her five times. atticting wounds from which she prob-bly will die.

When the police arrived Sipes atempted to escape and while climbing on the roof of his house was dragged

on the roof of his house was dragged back by detectives. He pointed his re-volver in their faces and pulled the trigger, but all the builets had been discharged at his wife. In the house the police found roughly written notes which had made up the conversation of the deaf man and his wife, and which apparently had led to the attempted murder.

BOLIVIAN CONGRESS.

Pando's Message to it Deals with Relations with United States.

New York, fept. 2 .- President Pando's message, read at the opening of the Bolvian congress, gives consider-able prominence to the relations beween this country and Brazil, the latbeing the only nation with which Bolivia is not now in perfect accor says a La Paz dispatch to the Herald, The president says that Brazil's de and to acquire the Acre territory still holds good, and as the only means of stablishing order among the Brazil-ans and avoiding international complications, Bolivia has agreed to enter into new negotiations.

TROUBLE AT CRIPPLE CREEK

State Troops to be Ready to Turn Out at a Moment's Notice.

Denver, Colo., Sept. 2 .- Adjt.-Gen Sherman Bell is quoted as saying that orders have been issued for the state troops to hold themselves in readiness troops to hold themselves in readiness to turn out at a moment's notice should the strike situation in the Cripple Creek district demand their presence. Several rumors gained circulation to the effect that Sheriff Robertson of Teller county had requested Gov. Pea-body to send troops to his assistance, but both the sheriff and Gen, Bell deny the truth of the stories. The Mine Owners' association of the Cripple Creek district has offered rewards for reek district has offered rewards fo the conviction of the persons guilty of the assaults yesterday and also for the arrest and conviction of the men who burned the shafthouse of the Sunset-

